



ANTELOPE VALLEY COLLEGE

Community Services

3041 West Avenue K, SSV 126, Lancaster, CA 93536
Phone: (661) 722-6300, Ext. 6584 Fax: (661) 722-6583

How to Feed a Family for \$10 or Less! Become a 99¢ Gourmet!



Learn how to feed your family high-quality, good tasting, well-balanced, and nutritious meals on a tight budget.

Wednesday

7/28/10

6:30 p.m. – 9:30 p.m.

FA4 182

Fee: \$39 (Material Fee: \$20 due at class)

Instructed by: Mike Rounds

Register with Corporate & Community Services for this course.

Upon request three days before the event, reasonable accommodation will be provided to facilitate the participation of covered individuals with disabilities. Call (661) 722-6360 (voice) or (661) 722-6362 (TDD).