

TO: BOARD OF TRUSTEES

FROM: SUPERINTENDENT/PRESIDENT

COMMUNICATION NO. 220-2008/09-SSV  
Prepared by the Vice President-Student Services  
For Presentation to the Board of Trustees  
June 8, 2009

SUBJECT: HEALTH SERVICES 2009-2010

A. BACKGROUND

Since 2002, we have partnered with Visiting Nurse Community Services to provide health-related and direct medical service to AVC students every Thursday that classes are in session through the *Care-A-Van*. The *Care-A-Van* is now affiliated with the Antelope Valley Community Clinic. Over the years, over 800 students have received treatment and academic-related physicals. During the 2009-2010 academic year, we will continue to provide services to uninsured students free of charge, and a \$10 co-pay for students with insurance. There is a need for more funding, due to the increase in the number of athletes who require sports physicals and drug testing, and to the local hospital's change in policy, which requires drug testing and immunizations for all Allied Health students: (RN, LVN, EMT, Respiratory Care, Nursing Aid and Radiologic Technician).

B. BUDGET IMPLICATION

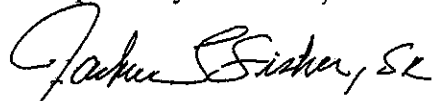
The current budget is not-to-exceed \$131,500

- 45 visits at \$1,200 for weekly *Care-A-Van* visits, = \$54,000
- Immunizations and drug testing for Allied Health students = \$30,000
- Drug testing for athletic physicals – approx. 300 students x 35 = \$10,500
- Health-related educational programs, staffing and on campus services = \$37,000

C. RECOMMENDATION

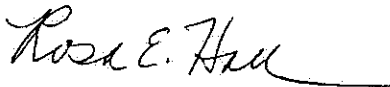
The Board of Trustees approves the Memorandum of Understanding (Attachment A) with the Visiting Nurse Community Services to provide “*CARE-A-VAN* Mobile Health Clinic” services on-campus for the 2009-2010 academic year.

Respectfully submitted,



Jackie L. Fisher, Sr., Ed.D.  
Superintendent/President

Prepared by:



Rosa E. Hall, Ph.D.  
Assistant Superintendent/  
Vice President – Student Services

Office of Student Services  
Communication No. 220-2008/09-SSV  
HEALTH SERVICES 2009-2010

June 8, 2009

**Antelope Valley**  
**Community Clinic**

Antelope Valley Community Clinic  
Care-A-Van Mobile Health Clinic

MEMO OF UNDERSTANDING  
with Antelope Valley College

**VISION:** The *Care-A-Van* Mobile Health Clinic of Antelope Valley Community Clinic is a model of providing services using the strengths of each collaborative partner.

- GOALS:**
- To improve the health status of the Antelope Valley Community.
  - To continue to identify the barriers for access to preventive, primary, acute, and restorative health care by underserved and rural residents in established networks of care.
  - To work with state, local and county agencies, and with established health care organizations to develop ways to overcome barriers to access.
  - To continue to provide a mobile health clinic to the rural residents of the Antelope Valley providing preventive and primary care services, as well as education, screening, and referral services to residents not otherwise able to access these services.

**OBJECTIVE:** The continuing objective of the mobile health clinic is to increase access to preventive, primary, acute and restorative health care services for underserved populations to include, but not limited to the following communities:

Neenach  
North Edwards  
Lake Los Angeles

Littlerock  
Palmdale  
Mojave

Lancaster  
Pearblossom  
Rosamond

**SERVICES:** See Appendix A

**TIME PERIOD:** July 1, 2009 through June 30, 2010

This Agreement may be terminated by either party, unilaterally, with a minimum of 60 days notification.

**Care-A-Van Mobile Clinic**

**Antelope Valley College**

**Care-A-Van Mobile Clinic (CAV):**

Will provide minimum service to AVC of one (1) clinic day per week, noted in Appendix A, 45 weeks per year, and attendance at one additional AVC event. Hours of operation will be Thursday, 0830 - 1330. CAV will notify AVC in a timely manner regarding any changes or cancellations of clinic visits.

Will provide episodic visits, health screening, mental health assessment, and necessary diagnostic testing without charge for AVC students who are uninsured, with income below the federal poverty level. Students who have health insurance, or uninsured students whose income exceeds guidelines for billable health assistance programs noted below, will pay the Care-A-Van a co-pay of \$10 per visit for episodic care and health screening visits. The co-pay will be paid to the Care-A-Van by the student at the time of the visit. Insured students requiring diagnostic tests will receive a requisition for the test and will be referred to the lab or radiology service that is contracted with the student's health plan. The Care-A-Van will be responsible for collection of all fees from students.

Will bill out for all patient visits that are financially and geographically eligible for the following public health assistance programs: Unassigned Medi-Cal, Expanded Access to Primary Care (EAPC), Public Private Partnership (PPP), Cancer Detection Program (CDP), or Family PACT (PACT).

Will invoice AVC monthly providing details of the costs including names and services provided. Will provide AVC with quarterly reports of site visits that will include number of students seen, as well as, other basic clinical and demographic information that can be utilized to assess the effectiveness of this program and the need for additional services or modification of existing services.

Will maintain licensure and prepare reports to state and local agencies as required by law and standard requirements, have health clearances for CAV Staff in accordance with state and federal regulations, and all new hires will be fingerprinted.

Maintain vehicle in accordance with State and Federal regulations and maintain liability insurance in the amount of \$1 million per occurrence.

Understands that the delivery of services will proceed based upon availability of resources and renewal of existing contracts with payors. The target population is students who are enrolled in AV College.

**Antelope Valley College (AVC):**

Agrees to pay Care-A-Van Mobile Clinic \$1,200 for each CAV of the 45 clinic visits. If extended clinic time or personnel are requested by AVC, the CAV will bill AVC \$100 per hour. Extended clinic hours or staffing will be pre-arranged with the CAV clinical director. If the Care-A-Van is not fully staffed or if it is unable to come to campus, the weekly amount will be adjusted which will be agreed to by both parties.

Services are free of charge for uninsured students and underinsured students. Students with insurance will be required to pay \$10 co-pay at the time of services to the CAV. Some academic programs require students to have physical examinations and laboratory testing. These academically required physical exams will be offered by the CAV without charge. The cost of the immunization and drug testing (\$50 each) for Allied Health students will not exceed a total of \$30,000 and the cost of the required drug testing for athletes (\$35 each) will not exceed a total of \$10,500.

Will designate a site coordinator at AV College Student Services who will assist with scheduling, outreach and general coordination of clinic site visits. AVC will assist CAV in receiving and maintaining any Fire Marshall clearance for the clinic site.

Will ensure that the clinic site is available and ready for the clinic visit by providing an electrical outlet within 25 feet of CAV.

Will ensure that clinic staff is aware of issues that may impact staffing. AVC will schedule patients ahead of time and will fax or email the schedule with names of patients to CAV office by 2pm the day prior to clinic visit. (Fax 661-723-3769)

Will assist with marketing, outreach, educational, and direct care materials for Care-A-Van services and programs related to AV College clinics.

Will participate in efforts to continually improve the services of the CAV, AVC will communicate any quality assurance and/or patient satisfaction issues directly to CAV Clinical Manager.

Will send all payments and correspondences to the Care-A-Van/Antelope Valley Community Clinic Administrative office located at 1122 W. Ave L-12 Lancaster, CA.

I have read and agree with the statements of the preceding page of the Memorandum of Understanding between Antelope Valley community Clinic and Antelope Valley College in regards to the operation of the *Care-A-Van* Mobile Health Clinic to serve the students at Antelope Valley College.

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James A. Cook  
Chief Executive Officer  
Antelope Valley Community Clinic

\_\_\_\_\_  
Date

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Dr. Jackie L. Fisher Sr.  
Superintendent/President  
Antelope Valley College

\_\_\_\_\_  
Date

**Appendix A: List of Medical Services Provided by the Care-A-Van Mobile Health Clinic**  
**2009-2010**

Primary Care and Preventive Care for Antelope Valley College enrolled males and females of all ages including:

- Complete Physical Examinations to include pap smears, and laboratory testing as indicated for the individual
- Academically required physical examinations
- Breast examination and mammograms for women qualifying under the CDP Program
- Diagnosis and management of Acute illness and infectious disease
- Mental Health assessment and appropriate referral
- Family Planning and Enrollment in the Family PACT Program
- Diagnosis, monitoring, and management of chronic diseases such as asthma, diabetes, arthritis, heart disease
- Vaccinations for uninsured children under the age of 18 of AV College Students
- Academically required vaccinations for adults to include, Hepatitis B, Tetanus, Rubella, Varicella, Influenza
- Prescription of medications and devices needed to treat illnesses
- Diagnostic testing performed on the van for blood sugar, hemoglobin, urinalysis, pregnancy, EKG, pulse oximetry, peak expiratory flow metering
- Diagnostic laboratory services through Antelope Valley Hospital as ordered by the Care-A-Van Nurse Practitioner
- Diagnostic radiology services through Antelope Valley Hospital as ordered by the Care-A-Van Nurse Practitioner
- Education of patients for management and prevention of diseases and for health promotion
- Patient Assistance Program referrals for prescription medications as individuals qualify
- Referral to appropriate medical resources as needed, including Los Angeles or Kern County Medical Services, or to the student's private nurse practitioner, physician or physician assistant.
- Bilingual staff on the van
- Services Not Provided by the Care-A-Van includes but may not be limited to: MRI, CT scan, Nuclear Medicine, casting
- Payment for medications, diagnostic laboratory tests, and medical devices for students with private health insurance, Medi-Cal or for those who exceed the financial guidelines established Public Private Partnership, Expanded Access to Primary Care qualification, Cancer Detection Program Every Woman Counts, or Family PACT.

**Care-A-Van Clinic Dates**  
**July 1, 2009- June 30, 2010**

**2009**

July 8, 9, 23, 30  
August 6, 13, 20, 27  
September 3, 10, 17, 24  
October 1, 8, 15, 22, 29  
November 5, 12, 19  
December 3, 10

Subtotal = 22

**2010**

January 7, 14, 21, 28  
February 4, 11, 18, 25  
March 4, 11, 18, 25  
April 1, 15, 22, 29  
May 6, 13, 20, 27  
June 3, 17, 24

Subtotal = 23

Total Clinic Dates = 45 x 1,200 = \$54,000