



ANTELOPE VALLEY COLLEGE

**Academic Affairs
Course Outline of Record**

Academic Affairs Only

<input type="checkbox"/>	New Course
<input type="checkbox"/>	Effective Date (for articulation)
X	COR Revision 4/10/2008
X	Pre Req/Advisories 4/10/08
X	Other Changes 4/10/08

COURSE SUBJECT & NUMBER: AH 101 AH 101 CL

COURSE NAME: *Pre-Nursing: Introduction to Nursing

COURSE UNITS: 2 **COURSE HOURS:** 17.5 lecture and 22.5 lecture/laboratory hours.

COURSE REQUISITES: (*Follow format of similar courses found in the college catalog.*)

Advisory: Completion of BIOL 100, or BIOL 201, or BIOL 202, and Eligibility for ENGL 099, READ 099, and MATH 070.

Corequisites: Concurrent enrollment in AH 101 and AH 101CL

COURSE DESCRIPTION: (*Write a short paragraph providing an overview of topics covered. Be sure to identify target audience--transfer, major, GE, degree/certificate, etc. If repeatable, state the number of times at end of description.*)

Optional course that introduces the aspiring nursing student to the role of the registered nurse and the licensed vocational nurse in both theory and clinical practice within the various settings in today's healthcare system. Students assess their own learning styles using a learning assessment tool and compare their abilities to those required in nursing. Basic nursing skills and the use of nursing theory and the nursing process are introduced. Written, verbal, and math skills are emphasized, along with the use of learning resources, study strategies and stress management. There is an introduction to critical thinking skills used in the care of patients. (AVC)

COURSE OBJECTIVES: (*Use Bloom's taxonomy to formulate concise, performance-based measurable objectives common to all students. Objectives must be closely aligned with course content, assignments, and methods of evaluation.*)

Upon completion of course, the successful student will be able to:

1. Compare the Registered Nurse role to the Licensed Vocational Nurse role in relation to education, licensure, and practice requirements.
2. Compare and contrast various nursing theories.
3. Summarize the role and requirements of a student nurse within the Antelope Valley College Associate Degree Nursing and Vocational Nursing curricula.
4. Identify Antelope Valley College campus resources available to aid student learning.
5. Demonstrate effective verbal and written communication skills including therapeutic communication, interviewing techniques, and assertiveness.
6. Demonstrate basic nursing skills (vital signs and positioning along with safety and standard precautions).
7. Demonstrate competency with basic math skills and basic medical terminologies and equivalencies.
8. Apply the scientific steps of the nursing process and critical thinking to situations given in class and on examinations.
9. Identify the environmental safety issues affecting nursing practice.
10. Implement study strategies and explain how these strategies promote student nurse success.
11. Explain how positive coping methods are useful for stress reduction.
12. Identify own learning style and abilities and compare these to the characteristics of an effective nurse.

Course Subject & Number: AH 101 AH 101 CL
Course Name: *Pre-Nursing: Introduction to Nursing

COURSE CONTENT: *(Enter course content in terms of specific topics or a specific body of knowledge that each instructor must cover. Put topics in outline form with major and minor headings. Each instructor must cover all material listed below.)*

I. Overview of Nursing

- A. History of Nursing
- B. Health Care Team
 - 1. Registered Nurse
 - 2. Vocational Nurse
 - 3. Other Members

II. Nursing Profession

- A. Nursing Process
- B. Nursing Theory
- C. Safety Issues in Nursing Practice
- D. Medical Terminology

III. Math for Nurses

- A. Metric System
- B. Equivalencies
- C. Abbreviations

IV. Interpersonal Skills

- A. Therapeutic Communication
- B. Learning Styles
 - 1. Study Techniques
 - 2. Campus Resources
- C. Stress Management

V. Laboratory

- A. Standard Precautions
- B. Vital Signs
- C. Documentation
- D. Care Plan
- E. Math Computation

Course Subject & Number: AH 101 AH 101 CL
Course Name: *Pre-Nursing: Introduction to Nursing

TYPICAL HOMEWORK ASSIGNMENTS: (Do not include in-class work, quizzes, or tests)

This information is necessary for all credit courses. Assignments should be closely related to course objectives, content, and methods of evaluation. (See sample of a “Model Outline” in the AP&P Standards & Practices Handbook.) Include a range of assignments (minimum of three) from which faculty may choose when designing their syllabus.

1. Describe nature and frequency of typical reading assignments if applicable; note if any are required:

Reading assignments will be from course syllabus and assigned text. 60 – 75 pages per week.

2. Describe nature and frequency of typical writing assignments if applicable; note if any are required:

1. Write up of an interview with a health care professional.
2. Written care plan based on a case study.

3. Describe nature and frequency of typical computational assignments if applicable; note if any are required:

4. Describe other types of homework assignments that students may be asked to complete (oral presentations; special projects; visual/performing arts; etc); note if any are required:

Students must practice and demonstrate skill in simulated situations involving the use of therapeutic communication techniques, standard precautions, principles of hygiene, and vital signs. Students will be required to memorize equivalencies and abbreviations.

5. Describe those critical thinking skills that are derived from assignments listed above; be sure that they reflect course objectives.

6. For categories 1-4 above, describe the estimated time per week it would take a student to complete homework assignments. Title 5 requires a minimum 2:1 ratio as follows: 1 hr. lecture = 2 hrs. homework; 2 hrs. lecture = 4 hrs. homework; 3 hours lecture = 6 hours homework etc. For example: reading —2 hours; writing —3 hours; etc.

Reading Assignments: 3 hr

Writing Assignments: 1hr

Computational Assignments:

Other Assignments: 1hr

Course Subject & Number: AH 101 AH 101 CL
Course Name: *Pre-Nursing: Introduction to Nursing

METHODS OF INSTRUCTION: *(Methods must be consistent with content and appropriate to objectives; state in terms of what instructor will be doing in order to present course content to students: for example, lecture, demonstration, present audio/visual materials; facilitate group work, etc. Do not list specific instructional equipment.)*

Lecture, instructor guided discussions, presentation of case studies, demonstrations, presentation of audio-visual aids with interactive CD's, and facilitate group work.

METHODS OF EVALUATION: *(These must be clearly related to course objectives and reflect course content and assignments in order to comply with Title 5 requirements. Describe what instructor will be looking for when evaluating various assignments and tests in order to determine whether students have met course objectives. Grades must be based on demonstrated proficiency in subject matter and determined, where appropriate, by essays, objective and essay tests, research papers or projects, problem solving exercises, or skills' demonstrations.)*

Skills demonstration of standard precautions and obtaining vital signs. (Objective 6)

Demonstrate proficiency in subject matter by written care plan, objective quizzes and exam. (Objectives 1-5 and 8-12)

Demonstration of therapeutic communication by oral presentation and interview.
(Objective 5)

Competency with basic math skills and medical terminology by quizzes. (Objective 7)

Suggested Texts or Other Instructional Materials

(list several when possible; include title, author, publisher, date, and latest edition.)

Katz, Janet R., Keys to Nursing Success, 2nd Edition, 2004: Pearson Prentice Hall, Columbus, Ohio.

Sorrentino, Sheila A., Mosby's Textbook for Nursing Assistants, 6th Edition, 2004: Mosby's Inc., St. Louis, Missouri.