



ANTELOPE VALLEY COLLEGE

Academic Affairs Office
Course Outline of Record

COURSE SUBJECT & NUMBER: NS 230

COURSE NAME: Professional Nursing III

COURSE UNITS: 0.5

COURSE HOURS: 0.5 hours per week

COURSE REQUISITES: *(Follow format of similar courses found in the college catalog.)*

Limitation to enrollment: Formal admission to the ADN program.

Prerequisite: Completion of NS 120, NS 121, and NS 122 or completion of NS 200 for transfer for LVN students

COURSE DESCRIPTION: *(Write a short paragraph providing an overview of topics covered. Be sure to identify target audience--transfer, major, GE, degree/certificate, etc. If repeatable, state the number of times at end of description).*

This course is one of a sequence of building knowledge of nursing practice integrating the framework of Orem's self-care nursing theory. These include content related to quality of patient care, performance standards, nursing responsibilities, education, health promotion, treatment, self-care and planning for the continuity of care. (CSU, AVC)

COURSE OBJECTIVES: *(Should be stated as performance-based, measurable expected student outcomes. Use Bloom's taxonomy to formulate clear and concise objectives. These objectives are common to all students; they must be clearly related to course content, assignments, and methods of evaluation.)*

Upon completion of course, the successful student will be able to:

1. Examine the legal, ethical and regulatory framework of nursing and standards of profession of nursing practice for the mental health, pediatric, geriatric and community health patient.
- * 2. Select therapeutic communication skills that foster and enhance the nurse/patient relationship and relationship with significant others in the mental health, pediatric, geriatric and community health patient.
3. Recognize opportunities to advocate the right of the patient and significant others for mental health, pediatric, geriatric and community health patient.
- * 4. Plan care utilizing the nursing process in case scenarios for the mental health, pediatric, geriatric and community health patient.
- * 5. Utilize critical thinking for the foundation of clinical decision-making case scenarios for the mental health, pediatric, geriatric and community health patient.
6. Promote excellence in nursing care delivered by pursuing lifelong learning and professional development.

* Denotes SCANS competency.

COURSE CONTENT: *(Enter course content in terms of specific topics or a specific body of knowledge that each instructor must cover. Put topics in outline form with major and minor headings. Title 5 requires that each instructor covers all material listed here.)*

1. Professionalism
 - a. Legal and regulatory application.
 - b. Current practice standards, guidelines.
 - c. Appropriate care for age and developmental level.
 - d. Self-evaluation of practice for professional development.
 - e. Obtains informal feedback from others.
 - f. Rationales for practice, decisions and actions.
2. Self-care theory
 - a. Application of theory of nursing practice using the nursing process based on case scenarios.
3. Use of nursing process based on case scenarios.
 - a. Collect comprehensive data
 - b. Analyze data to determine diagnosis or deficit.
 - c. Identify expected outcomes for an individualized plan.
 - d. Develops a plan of care with strategies and alternatives.
 - e. Implements plan.
 - f. Coordinates patient care delivery.
 - g. Incorporates teaching and health promotion.
 - h. Evaluates progress toward outcome.
4. Math
 - a. Computation of dosage for oral and parenteral, medications accurately.
 - b. Computations specific to pediatric patients.
5. Ethics and values
 - a. Code of Ethics for Nurses (ANA 2001).
 - b. Protection of patient dignity and rights.
 - c. Confidentiality.
 - d. Patient advocacy.
 - e. Therapeutic and professional nurse-patient relationship.
 - f. Ethical issues.
 - g. Illegal, incompetent and impaired practice.
6. NCLEX
 - a. Information for application.
 - b. Test preparation.
 - c. Testing strategies.
7. Community Health
 - a. Aspects of community health nursing.
 - b. Health promotion.
 - c. Self-care and autonomy promotion recognizing cultural aspects.
 - d. Patient and significant other education.
 - e. Community resources.
 - f. Responsible health care decisions.

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TYPICAL READING, WRITING, AND COMPUTATIONAL ASSIGNMENTS

This material is necessary for all credit courses. Assignments should be clearly related to course objectives, content, and methods of evaluation. (See sample of a “Model Outline” in the AP&P Standards & Practices handbook.) Include a range of assignments (minimum of three) from which faculty may choose when designing their syllabus.

1. Describe nature and frequency of typical reading assignments if applicable; note if any are required:

Students are required to read extensively outside of class without direct guidance from the instructor and must apply the theory they have learned from their readings to case scenarios.

Essential of Nursing Leadership (20 pages).

Fundamentals of Nursing (5 pages).

2. Describe nature and frequency of typical writing assignments if applicable; note if any are required:

Required written assignments based on case scenarios or community experience.

3. Describe nature and frequency of typical computational assignments if applicable; note if any are required:

Dosage calculations are required using dimensional analysis.

4. If course is degree applicable/transfer, describe those critical thinking skills that are required; be sure that they reflect course objective. (Title 5 requirements can be found in the AP&P Standards and Practices book.)

Critical thinking skills are required using the nursing process. This includes thinking creatively, making decisions, solving problems and reasoning. Students are evaluated for utilization of critical thinking skills when making nursing judgments on case scenarios.

5. Describe other types of assignments that students may be asked to complete:

6. For each of the above categories, describe the estimated time per week it would take a student to complete typical out-of-class assignments. Title 5 uses the Carnegie formula for establishing units using a 2:1 ratio as follows: 1 hr. lecture = 2 hrs. homework; 2 hrs. lecture = 4 hrs. homework; etc. For example: reading text—2 hours; writing reports—3 hours

Reading: 2 hours for reading assignments per week.

Writing: 1 hour per week.

Computational: 1 hour per week.

Other: None.

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METHODS OF INSTRUCTION: *(Methods must be consistent with content and appropriate to objectives; state in terms of what instructor will be doing in order to present course content to students.)*

Lecture with multimedia and instructor-guided group discussions.

METHODS OF EVALUATION: *(These must be clearly related to course content, assignments, and objectives, in order to comply with Title 5 requirements. Describe what instructor will be looking for when evaluating assignments and tests in order to determine whether students have met course objectives. Grades must be based on demonstrated proficiency in subject matter and determined, where appropriate, by essays, objective and essay tests, research papers, problem solving exercises, or skills' demonstrations.)*

Course objectives are evaluated by multiple choice and short-answer questions and computations on examinations given every 3-4 weeks, and by demonstration of skills such as careplans and written assignments (1, 2, 3, 4, 5). Exam questions focus on course objectives including self-care theory, accountability, nursing process, legal and ethical aspects of nursing, patient safety, patients' rights and application of theory to practice using case scenarios (1, 2, 3, 4, 5). Students must pass the course with a minimum grade of "C" (70%) on examinations.

Suggested Texts or other Instructional Materials *(include title, author, publisher, date, and edition):*

1. Potter and Perry, Fundamentals of Nursing, 6th Edition, Mosby, 2005.
2. Smeltzer, Bare, Brunner and Suddarth's Textbook of Medical & Surgical Nursing, 10th Edition, Lippincot, Williams, 2004.
3. Tappan, Essentials of Nursing Leadership and Management, 3rd Edition, Davis, 2004.

Effective Date: _____
(date course can first be offered to be filled in by Office of Academic Affairs)