



ANTELOPE VALLEY COLLEGE  
Academic Affairs  
Course Outline of Record

Academic Affairs Only

<input type="checkbox"/>	New Course
<input type="checkbox"/>	Effective Date (for articulation)
<input checked="" type="checkbox"/>	COR Revision 5/13/2010
<input type="checkbox"/>	Pre Req/Advisories
<input type="checkbox"/>	Other Changes
<input checked="" type="checkbox"/>	SLOs 3/10/2008

**COURSE SUBJECT & NUMBER:** NS 240

**COURSE NAME:** Professional Nursing IV

**COURSE UNITS:** 1 **COURSE HOURS:** 1 hour weekly

**COURSE REQUISITES:** *(Follow format of similar courses found in the college catalog.)*

Limitation on enrollment: Formal admission to the Associate Degree Nursing Program  
Prerequisites: Completion of NS 230, NS 231, NS 232.

**COURSE DESCRIPTION:** *(Write a short paragraph providing an overview of topics covered. Be sure to identify target audience--transfer, major, GE, degree/certificate, etc. If repeatable, state the number of times at end of description as (R#).*

This course provides theory to assist the student transition to professional nursing practice. It provides the knowledge necessary to manage patient care, make decisions related to setting priorities, delegate responsibilities, and collaborate with other health care professionals. Ethical and legal issues that confront nurses will be discussed.

**COURSE OBJECTIVES:** *(Title 5 requires that courses show evidence of critical thinking skills. Use Bloom's taxonomy to formulate concise, performance-based measurable objectives common to all students. Objectives must be closely aligned with course content, assignments, and methods of evaluation)*

**Upon completion of course, the successful student will be able to:**

1. Examine the legal, ethical and regulatory frameworks of nursing and standards of professional nursing practice for the adult medical/surgical patients.
- \*2. Select therapeutic communication skills that foster and enhance the nurse/patient relationship with adult medical/surgical patients, significant others and healthcare team members.
3. Recognize opportunities to advocate for the rights of adult medical/surgical patients and significant others.
- \*4. Apply the nursing process to plan care for groups of adult medical/surgical patients in case scenarios.
- \*5. Use critical thinking to provide the foundation for appropriate clinical decision-making for the adult medical/surgical patients in case scenarios.
6. Design and implement an individualized teaching plan for the adult medical/surgical patient and significant other(s) to meet the patient's self-care demands to improve self-care agency in case scenarios.
- \*7. Discuss accountability for nursing care given by self and/or delegated to others.
8. Recognize the need for life-long learning and professional development in nursing.

\* Denotes SCANS competencies

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**COURSE CONTENT:** *(Enter course content in terms of specific topics or a specific body of knowledge that each instructor must cover. Put topics in outline form with major and minor headings. Each instructor must cover all material listed below.)*

- I. Professional Nursing:
  - A. Leading and Managing
    - 1. Effective leadership and management
    - 2. Dealing with conflict
    - 3. Process of change
    - 4. Communication
  
  - B. Working within an organization
    - 1. Delegation
    - 2. Time management
    - 3. Managing patient care
    - 4. Work-related stress and burnout
    - 5. Organizations, power and empowerment
    - 6. Workplace safety
    - 7. Patient safety standards
  
  - C. Professional issues
    - 1. Nursing practice and the law
    - 2. Values and Ethics
    - 3. Historic leaders in nursing
    - 4. Nurse practice act
    - 5. Expanded roles of the nurse
    - 6. NCLEX RN
  
- II. Self-Care Theory/Nursing Process
  - A. Care plans for groups of patients
  - B. Patient teaching
  - C. Shift report

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**TYPICAL HOMEWORK ASSIGNMENTS:** (Do not include in-class work, quizzes, or tests)  
*This information is necessary for all credit courses. Assignments should be closely related to course objectives, content, and methods of evaluation. (See sample of a “Model Outline” in the AP&P Standards & Practices Handbook.) Include a range of assignments (minimum of three) from which faculty may choose when designing their syllabus.*

**1. Describe nature and frequency of typical reading assignments if applicable; note if any are required:**

Students are required to read extensively outside of class without direct guidance from the instructor and must use what they have learned from their readings in the class.

An average weekly assignment is:

Nursing Journals (10 pages)

Essential of Nursing Leadership and Management (30 pages).

**2. Describe nature and frequency of typical writing assignments if applicable; note if any are required:**

Students are required to write short papers and are held accountable for the quality of the writing as well as the nature of the content. Students may be required to complete a written analysis of a case study

**3. Describe nature and frequency of typical computational assignments if applicable; note if any are required:**

None

**4. Describe other types of homework assignments that students may be asked to complete (oral presentations; special projects; visual/performing arts; etc); note if any are required:**

*For categories 1-4 above, list the estimated hours per week it would take a student to complete assignments. Title 5 (section 55002) requires that each unit must be shown to require three hours of work per week by the student either in or out of class. Homework formula: 3 hours of class work times each unit of credit minus classroom hours equals required homework hours.*

**Reading Assignments:** 2 hours

**Writing Assignments:** 2 hour

**Computational Assignments:** None

**Other Assignments:** None

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**METHODS OF INSTRUCTION:** *(Methods must be consistent with content and appropriate to objectives; state in terms of what instructor will be doing in order to present course content to students: for example, lecture, demonstration, present audio/visual materials; facilitate group work, etc. Do not list specific instructional equipment.)*

Lecture, multi-media aids, instructor-guided classroom discussion, instructor mediated role playing, instructor guided group meetings, and guest speakers.

**METHODS OF EVALUATION:** *(These must be clearly related to course objectives and reflect course content and assignments in order to comply with Title 5 requirements. Describe what instructor will be looking for when evaluating various assignments and tests in order to determine whether students have met course objectives. Grades must be based on demonstrated proficiency in subject matter and determined, where appropriate, by essays, objective and essay tests, research papers or projects, problem solving exercises, or skills' demonstrations.)*

Students will be required to complete an analysis of case studies in relation to principles of nursing leadership and management and generate solutions. A rubric will be used for the evaluation.

A multiple choice mid-term and final exam will be given. Exam questions focus on nursing content and application of critical thinking skills (5), including theory, leadership and management (7,8), nursing process (4), legal and ethical aspects (1), communication (2), patient advocacy (3), and patient teaching (6).

This content is necessary to transition into professional nursing and to safely care for groups of patients. In order to pass the course students must score an average of "C" (70%) .

#### **Suggested Texts or Other Instructional Materials**

*(List several when possible; include title, author, publisher, date, and latest edition. If older than five years, provide brief rationale.)*

Bare, Brenda and Suzanne Smeltzer, Brunner & Sudderth's Textbook of Medical-Surgical Nursing, 11th Edition, Lippincott, Williams & Wilkins, 2008.

Tappen, Ruth et al, Essential of Nursing Leadership and Management, 4th Edition, F.A. Davis, 2007.

California Nursing Practice Act , Board of Registered Nursing, 2010 edition.