



ANTELOPE VALLEY COLLEGE  
**Academic Affairs**  
**Course Outline of Record**

**Academic Affairs Only**

<input type="checkbox"/>	New Course
<input type="checkbox"/>	Effective Date (for articulation )
<input checked="" type="checkbox"/>	COR Revision 3/25/10
<input checked="" type="checkbox"/>	Pre Req/Advisories 201070
<input type="checkbox"/>	Other Changes
<input checked="" type="checkbox"/>	SLOs 2/28/2011

**COURSE SUBJECT & NUMBER:** VN 113 VN 113 CL

**COURSE NAME:** Nursing Leadership to Promote Self-Care Agency in the Adult

**COURSE UNITS:** 8.5 **COURSE HOURS:** 270 Total: 83 Lecture, 187 Clinical

**COURSE REQUISITES:** *(Follow format of similar courses found in the college catalog.)*

Limitation on Enrollment: Formal admission to the Vocational Nursing Program.

Prerequisite: Completion of VN 112 with a grade of 'C' or better.

Corequisite: Concurrent enrollment PSY 101 or NF 100 or completion with a grade of "C" or better.

Advisory: Eligibility for MATH 070, READ 099, and ENGL 099.

Instructional materials fee required for this course and must be paid at registration.

**COURSE DESCRIPTION:** *(Write a short paragraph providing an overview of topics covered. Be sure to identify target audience--transfer, major, GE, degree/certificate, etc. If repeatable, state the number of times at end of description as (R# ).*

Principles of medical-surgical nursing of the adult and child with integration of self-care theory and leadership throughout the course. Emphasis will be on diseases and conditions of the cardiovascular and neurological systems, and mental health disorders.

**COURSE OBJECTIVES:** *( Title 5 requires that courses show evidence of critical thinking skills. Use Bloom's taxonomy to formulate concise, performance-based measurable objectives common to all students. Objectives must be closely aligned with course content, assignments, and methods of evaluation)*

**Upon completion of course, the successful student will be able to**

1. Demonstrate basic nursing skills for the hospitalized adult and the pediatric client to promote self-care agency with instructor assistance.
- \*2. Collaborate with members of the health care team to restore an optimal level of self-care agency for the client.
3. Demonstrate client confidentiality in compliance with HIPAA regulations with instructor supervision.
4. Demonstrate knowledge of patient's rights with instructor supervision.
5. Demonstrate ethical nursing with instructor supervision.
6. Identify safety measures in compliance with National Patient Safety Standards with instructor supervision.
- \*7. Collaborate with team leader to identify adult and pediatric patient's self-care deficit based on the accumulated assessment data instructor supervision.
- \*8. Collaborate with team leader to identify the adult and pediatric patient's nursing diagnosis based on the client's self-care deficit with instructor supervision.
- \*9. Collaborate with team leader to formulate the adult and pediatric patient's expected outcomes with instructor supervision.
10. Implement nursing interventions related to the adult and pediatric patient's expected outcomes with instructor supervision.
11. Evaluate nursing interventions related to the adult and pediatric patient's expected outcomes with instructor supervision.
12. Demonstrate therapeutic communication with instructor supervision.
13. Contribute to the patient's teaching plan with instructor supervision.
14. Demonstrate leadership skills in team leading with instructor assistance.

\*Denotes SCANS Competencies

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**COURSE CONTENT:** *(Enter course content in terms of specific topics or a specific body of knowledge that each instructor must cover. Put topics in outline form with major and minor headings. Each instructor must cover all material listed below.)*

Theory

- I. Maintenance of Air - Cardiovascular Disease
- II. Maintenance of Water
  - A. Principles of Fluid Balance
  - B. Cardiovascular System
- III. Activity and Rest
  - A. Disorders of the Cardiovascular System
  - B. Disorders of the Neurological System
- IV. Solitude and Social Interaction
  - A. Disorders of the Special Senses
  - B. Mental Health Disorders
- V. Prevention of Hazards - Principles of Pharmacology
  - A. Cardiovascular System
  - B. Neurological System
  - C. Special Senses
  - D. Mental Health Disorders
- VI. Promotion of Human Functioning
  - A. Cardiovascular System
  - B. Neurological System
  - C. Special Senses
  - D. Mental Health Disorders

Clinical

- I. Maintenance of Air - Care of the Client with a Cardiovascular Disorder
- II. Maintenance of Water - Care of the Client with a Cardiovascular Disorder
- III. Activity and Rest
  - A. Care of the Client with a Cardiovascular Disorder
  - B. Care of the Client with a Neurological System Disorder
- IV. Solitude and Social Interaction
  - A. Care of the Client with a Special Senses Disorder
  - B. Care of the Client with a Mental Health Disorder
- V. Prevention of Hazards - Medication Administration
  - A. Cardiovascular System
  - B. Neurological System
  - C. Special Senses
  - D. Mental Health Disorders
- VI. Promotion of Human Functioning
  - A. Cardiovascular System
  - B. Neurological System
  - C. Special Senses
  - D. Mental Health Disorders

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**TYPICAL HOMEWORK ASSIGNMENTS:** (Do not include in-class work, quizzes, or tests)

*This information is necessary for all credit courses. Assignments should be closely related to course objectives, content, and methods of evaluation. (See sample of a “Model Outline” in the AP&P Standards & Practices Handbook.) Include a range of assignments (minimum of three) from which faculty may choose when designing their syllabus.*

**1. Describe nature and frequency of typical reading assignments if applicable; note if any are required:**

Required reading:

Primary text book: 60 pages a week.

Pharmacology textbook: three pages a week.

**2. Describe nature and frequency of typical writing assignments if applicable; note if any are required:**

Students are required to complete a graded careplan approximately six to ten pages in length

**3. Describe nature and frequency of typical computational assignments if applicable; note if any are required:**

Practice math problems using Dimensional Analysis are assigned from the math computation textbook in preparation for a math competency exam early in the semester as well as new concepts throughout the semester.

Medication computation textbook (required): three pages a week.

**4. Describe other types of homework assignments that students may be asked to complete (oral presentations; special projects; visual/performing arts; etc); note if any are required:**

*For categories 1-4 above, list the estimated hours per week it would take a student to complete assignments. Title 5 (section 55002) requires that each unit must be shown to require three hours of work per week by the student either in or out of class.*

Homework formula: 3 hours of class work *times* each unit of credit *minus* classroom hours *equals* required homework hours.

**Reading Assignments:** 24

**Writing Assignments:** 2

**Computational Assignments:** 2

**Other Assignments:** 2

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**METHODS OF INSTRUCTION:** *(Methods must be consistent with content and appropriate to objectives; state in terms of what instructor will be doing in order to present course content to students: for example, lecture, demonstration, present audio/visual materials; facilitate group work, etc. Do not list specific instructional equipment.)*

Lecture using electronic slide presentations, discussion, demonstration, group presentations, and multi-media.

**METHODS OF EVALUATION:** *(These must be clearly related to course objectives and reflect course content and assignments in order to comply with Title 5 requirements. Describe what instructor will be looking for when evaluating various assignments and tests in order to determine whether students have met course objectives. Grades must be based on demonstrated proficiency in subject matter and determined, where appropriate, by essays, objective and essay tests, research papers or projects, problem solving exercises, or skills' demonstrations.)*

1. Demonstrate basic nursing skills for the hospitalized adult client to promote self-care agency with instructor assistance: instructor observation of student performance.
2. Collaborate with members of the health care team to restore an optimal level of self-care agency for the client: instructor observation of student performance.
3. Demonstrate client confidentiality in compliance with HIPAA regulations with instructor supervision: instructor observation of student performance.
4. Demonstrate knowledge of patient's rights with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
5. Demonstrate ethical nursing with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
6. Identify safety measures in compliance with National Patient Safety Standards with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
7. Collaborate with team leader to identify adult client's self-care deficit based on the accumulated assessment data instructor supervision: instructor observation of student performance.
8. Collaborate with team leader to identify the adult client's nursing diagnosis based on the client's self-care deficit with instructor supervision: instructor observation of student performance.
9. Collaborate with team leader to formulate the adult client's expected outcomes with instructor supervision: instructor observation of student performance.
10. Implement nursing interventions related to the adult client's expected outcomes with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
11. Evaluate nursing interventions related to the adult client's expected outcomes with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
12. Demonstrate therapeutic communication with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
13. Contribute to the client's teaching plan with instructor supervision: instructor observation of student performance and NCLEX style multiple choice examination.
14. Demonstrate leadership skills in team leading with instructor assistance: instructor observation of student performance and NCLEX style multiple choice examination.

#### **Suggested Texts or Other Instructional Materials**

*(List several when possible; include title, author, publisher, date, and latest edition. If older than five years, provide brief rationale.)*

Timby, B.K. and Smith, N.E. *Introductory Medical-Surgical Nursing*, 9th Edition, 2006: Lippincott, Williams and Wilkens, Philadelphia.

Curren, A.M. and Munday, L.D. *Dimensional Analysis for Meds*, 3er Edition, 2006: Delmar Thomson Learning, Albany.

Skidmore-Roth, L. *Mosby's Nursing Drug Reference*, 8th Edition, 2009: Mosby, Inc., St. Louis.