



### SEMINARS

#### Children with Special Needs

Saturday, January 21, 2012 • 9 a.m.–12 p.m. • APL 102

#### The Value of Touch

Saturday, February 4, 2012 • 9 a.m.–12 p.m. • APL 102

#### Battling Burnout: Renew, Revive and Replenish Your Passion and Energy for Working with Children and Families

Friday, February 10, 2012 • 5–8 p.m. • APL 206

#### Resources for Children Aging Out of the System

Friday, February 10, 2012 • 5–8 p.m. • APL 208

#### A Year of Health Hints

Saturday, February 11, 2012 • 9 a.m.–12 p.m. • CDC 127

#### Trauma and Recovery

Friday, February 17, 2012 • 6–9 p.m. • APL 206

#### HIV/AIDS Awareness

Saturday, February 18, 2012 • 9 a.m.–12 p.m. • APL 208

#### What You Need to Know About Complaints and Allegations

Saturday, February 18, 2012 • 12:30–3:30 p.m. • APL 208

#### Channeling the Negative Behaviors of “Difficult” People to Achieve Positive Outcome

Friday, February 24, 2012 • 6–9 p.m. • APL 206

#### Anger Management

Saturday, February 25, 2012 • 9 a.m.–12 p.m. • APL 208

#### How to Stop Controlling Others and Start Caring for Yourself

Saturday, February 25, 2012 • 12:30–3:30 p.m. • APL 208

#### Becoming Computer Literate: The Nuts and Bolts of Taking On-line Courses

Saturday, February 25, 2012 • 9 a.m.–12 p.m. • BE 314

#### Handling Angry Outbursts

Friday, March 2, 2012 • 3–6 p.m. • APL 206

#### What Do You Do With the Stress You Feel?

Saturday, March 3, 2012 • 9 a.m.–12 p.m. • APL 208

#### Growing Up Green: Easy Ways to Integrate Repurposed Materials Into Your Home Environment

Saturday, March 3, 2012 • 12:30–3:30 p.m. • APL 101

#### Combating Childhood Obesity: Risks, Prevention and Intervention

Friday, March 9, 2012 • 3–6 p.m. • APL 206

#### Parenting Children with Challenging Behavior

Friday, March 9, 2012 • 6–9 p.m. • APL 206

#### Helping Foster Youth Deal with Peer Pressure

Saturday, March 10, 2012 • 9 a.m.–12 p.m. • APL 208

#### Building Resiliency and Positive Self Esteem in Children and Families

Saturday, March 10, 2012 • 12:30–3:30 p.m. • APL 208

#### Teaching Youth to Make Effective Decisions

Saturday, March 10, 2012 • 9 a.m.–3:45 p.m. • CDC 127

#### Medications, Issues and Answers

Friday, March 16, 2012 • 5–8 p.m. • APL 206

#### Communicating with Resistant Families

Saturday, March 17, 2012 • CANCEL

#### Helping Children Take Responsibility for their Actions

Friday, March 23, 2012 • 5–8 p.m. • APL 206

#### The Out of Sync Child

Saturday, March 24, 2012 • 9 a.m.–12 p.m. • CDC 127

#### Finding the Spark: Nurturing Creativity

Saturday, March 24, 2012 • 12:30–3:30 p.m. • CDC 127

#### Talking with Young Children About Death: What to Say and What Not to Say

Friday, March 30, 2012 • 6–9 p.m. • APL 101

#### Science in a Bag: Everyday Science Exploration for Improving Teacher Practice and Developing Children’s Interest

Saturday, March 31, 2012 • 9–12 a.m. • APL 208

#### Building Blocks of Anti-Bias Education: Critical Thinking About Prejudice and Taking Action for Fairness

Saturday, March 31, 2012 • CANCEL

#### The Bully, The Victim and The Bystander: Understanding the Role of Each in Bullying

Saturday, April 7, 2012 • 12:30–3:30 p.m. • APL 101

#### Communication Differentiation: Using Multiple Methods of Communication to Meet the Needs of Children and Families

Saturday, April 7, 2012 • CANCEL

#### Signs of Substance Abuse

Saturday, April 14, 2012 • 12:30–3:30 p.m. • CDC 127

#### Communication Strategies: How to Talk to Children and Listen So They will Talk to You

Saturday, April 21, 2012 • 9 a.m.–12 p.m. • CDC 127

#### Parenting the Traumatized Child

Saturday, April 21, 2012 • 12:30–3:30 p.m. • CDC 127

#### Obsessive Compulsive Disorder (OCD)

Friday, April 27, 2012 • 5–8 p.m. • APL 206

#### Understanding and Navigating the Special Education Maze

Saturday, April 28, 2012 • 9 a.m.–12 p.m. • APL 208

#### Aging Out: Teens Who are Independence Bound

Saturday, April 28, 2012 • CANCEL

#### Avoiding Power Struggles with Children and Teens

Saturday, May 5, 2012 • 9 a.m.–12 p.m. • APL 208

#### All Kinds of Family: Dynamics of Family Diversity

Saturday, May 5, 2012 • 12:30–3:30 p.m. • APL 208

#### Depression in Children and Adolescents

Friday, May 11, 2012 • 6–9 p.m. • APL 206

All seminars are Basic, D, F or WFFH rate renewal classes.

### SEMINARIOS EN ESPAÑOL

#### Jóvenes a tomar decisiones efectivas de enseñanza

Saturday, March 17, 2012 • 9 a.m.–3:45 p.m. • CDC 127

#### Administrar amenazando confrontaciones con los niños y adolescentes

Saturday, April 14, 2012 • 9 a.m.–12 p.m. • CDC 127

No se permite que asistan niños a las clases.

### SPECIAL CLASSES

#### Kinship Orientation

Saturday, February 11, 2011 • 9 a.m.–3:30 p.m. • APL 102

#### CFE 169 Foster Parenting the Emotionally Disturbed Child (D-Rate Preservice—18 hours)

Fridays, April 13 thru May 4, 2012 • 9 a.m.–1:30 p.m. • CDC 127

#### CFE 169 Foster Parenting the Emotionally Disturbed Child (D-Rate Preservice—18 hours)

Friday, January 13 & 20 • 4:30–8:30 p.m. and Saturday, January 14 & 21 • 9 a.m.–1:30 p.m. • CDC 127

#### CFE 169 Foster Parenting the Emotionally Disturbed Child (D-Rate Preservice—18 hours)

Friday, May 11 & 18 • 4:30–8:30 p.m. and Saturday, May 12 & 19 • 9 a.m.–1:30 p.m. • CDC 127

#### CFE 168 Foster Parenting the Medically Fragile Child (F-Rate Preservice—18 hours)

Friday, January 27 & February 3 • 5–9:30 p.m. and Saturday, January 28 & February 4 • 9 a.m.–1:30 p.m. • CDC 127

#### Kinship Support Group

Thursdays, February 2 thru May 17, 2012 • 2 Hrs. x 16 Wks.

Special classes require pre-registration with the Child and Family Education Department.



#### Ande Sanders, M.A.

Program Director/  
Instructional Specialist  
Foster & Kinship Care Education  
(661) 722-6300, ext. 6502

#### Office: CDC 117B

#### Office Hours

Intercession and Summer, 2012:  
TBD. Call Gloria Mills,  
(661) 722-6300, ext 6823, to  
setup an appointment.  
Spring 2012: M & W, 10-11 am  
and 2-3 pm, Th, 1-2pm

#### FOR MORE INFORMATION:

#### Gloria Mills

Antelope Valley College  
Child & Family Education  
Foster & Kinship Care Education  
(661) 722-6300, ext. 6823  
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gmills2@avc.edu

#### IMPORTANT, PLEASE READ:

All one-day seminars are “first come, first served” until class reaches full capacity at which time the seminar will be closed. Maximum student enrollment will vary according to classroom size, as determined by current fire marshal and college regulations. Students are expected to conduct themselves in a respectful manner with other students, the instructor and other college personnel. The instructor has the right to dismiss any participant, without any credit given, if he or she feels they are not abiding by the rules and are disrupting the class. Conversations should be confined to class

discussion topics. Cell phones and pagers must remain off while you are in the classroom. Phone use should be confined to class breaks, however, emergency situations that may require your attention during class should be brought to the attention of the instructor. Students entering 15 minutes after class begins or leaving class before the end, will not receive credit for attendance. Due to campus safety regulations, **NO CHILDREN or NON-STUDENTS are permitted in the classroom.**

Certificates will be issued upon verification of class completion. Certificates can be picked up in CDC 118. Photo ID will be required to pick up certificates.