



Study Strategies

Self Diagnosis of Study Skills

Are your study skills helping you to be an effective student? Take a few minutes to diagnose them to see if you need some assistance. Print this page and complete this informal inventory. Bring this diagnosis with you to the Reading Lab where a tutor will make some suggestion to help you **study smarter not harder**.

- 1. Do you have a copy of the **syllabus** for each of your classes?
- 2. Do you have a **divided notebook or separate notebooks** for each class you are taking?
- 3. All all of your **notes for each class** together in your notebook/note books?
- 4. Have you made a chart of all scheduled **tests and exams** for the semester?
- 5. Do you usually have a written **study schedule** for each week?
- 6. At the beginning of the day, do you create a **written or mental plan** for the day?
- 7. Do you have a consistent **place designated for study** in your home?
- 8. Is your **study area** organized so you can focus on your studying?
- 9. Do you skim over the **lecture material** before going to class?
- 10. Do you take your **lecture notes** in outline form?
- 11. Do you review your **lecture notes** and fill in any holes shortly after you finish class.
- 12. Do you skim over a **reading assignment** before reading it?
- 13. Do you pause several times when reading to **summarize** what you have just read?
- 14. Do you take your **reading notes** in outline form?
- 15. Do you have a **study plan** for preparing for exams?

Study Smarter Not Harder.