



# Study Strategies

## Keys to Effective Test Preparation

1. Develop a realistic study schedule.
2. Create study aids to help you remember the information

- Flash Cards
- Time Lines
- Outlines
- Pie Charts

- Matrices
- Concept Maps
- Formula Sheets
- Diagrams

3. Use as many senses as possible when preparing for tests:

- Post visual cues and organizers
- Write key points
- Tape and listen to key points
- Pace as you practice and review

4. Prepare and take practice tests.
5. Review with others, but do your final review alone.
7. Eliminate as many distractions as possible.
8. Stay in good mental and physical condition.
9. Take time out to eat, exercise and sleep.