ANTELOPE VALLEY COMMUNITY COLLEGE DISTRICT

SENIOR ATHLETIC TRAINER

CMS Salary Range 24

BASIC FUNCTION:

Under the direction of the Director of Athletics, and in conjunction with the Certificated Athletic Trainer position, performs professional work implementing preventive measures to ensure safety and high quality care of student athletes in various sports; assess the level of injury and provide standard immediate care procedures used in emergency situations; Develop treatment programs, including long and short-term goals and an appraisal of those which the student athlete can realistically be expected to achieve from the program; and administer rehabilitative treatment to student athletes (as prescribed by a physician). Supervise, organize, coordinate various support services associated with the health and safety of student athletes. Performs other related duties as may be assigned by the immediate supervisor or the Certificated Athletic Trainer position. Incumbents in this classification must also complete continuing education requirements for ongoing maintenance of National Athletic Trainers Association (NATA) certification. This classification is part of the Confidential/Management/Supervisory Employee Group and is overtime exempt.

REPRESENTATIVE DUTIES: E = indicates essential duties of the position

- Understands and uses preventive measures to ensure the safety and highest quality of care of student athletes in various sports. Screens student athletes for physical condition. Assures compliance with safety standards by properly fitting athletic equipment, protective taping, padding, knee and ankle bracing, and other related protective gear. *E*
- Assesses the level of injury and provides standard immediate care procedures used in emergency situations. *E*
- In consultation with the Certificated Athletic Trainer, oversees the administration of the training room facilities.
- In consultation with the Certificated Athletic Trainer position, develops or assists in the development of a treatment program including appropriate treatment, rehabilitation and/or reconditioning strategies; treatment program objectives including long and short-term goals and an appraisal of those which the student athlete can realistically be expected to achieve from the program; educates and counsels athletes about the nature of injuries and the treatment program to be followed; and coordinates and/or administers rehabilitative treatment as prescribed by a physician and other preventive treatment programs, including the use of a variety of therapeutic exercises, massage techniques, neuro-muscular coordination training, passive motion equipment, and therapeutic devices. *E*
- Upon receipt of a physician's medical release, consults with the Certificated Athletic Trainer position to discontinue the treatment program and to determine when the student athlete is able to resume participation in sports program.
- Provides and maintains a variety of records and reports including injury and accident reports, rehabilitation logs, and insurance claims. Maintains and updates student athlete files. *E*
- Maintains the confidentiality of student athlete files, including medical and treatment information/records in accordance with applicable laws. *E*
- In consultation with the Certificated Athletic Trainer position, arranges and administers on-campus clinics by team physician; arranges physician and ambulance coverage for home games. *E*
- Supervises and coordinates the work direction and guidance to student trainees as assigned.
- Participate in selection, training and scheduling of student trainees and other student workers.

• Performs other related duties as may be assigned by immediate supervisor or the Certificated Athletic Trainer position.

EDUCATION AND EXPERIENCE:

- Bachelor's degree with course work in physical education, athletic training, or related field (e.g., pre-medical sciences, kinesiology, exercise physiology, biology, or exercise science). **AND**
- Two years athletic training experience.

LICENSES AND OTHER REQUIREMENTS:

- Possession of a National Athletic Trainers Association Certification.
- Possession of valid First Aid and CPR certificates issued by an authorized agency.
- Possession of, or ability to obtain, a valid Class B California driver license.

KNOWLEDGE OF:

- Modern practices and techniques of preventive and rehabilitative treatment used in athletics.
- Injury assessment and standard immediate care procedures used in emergency situations.
- First aid and CPR.
- Medical terminology and human anatomy.
- Applicable FERPA and HIPPA regulations.
- Requires a complete knowledge of the equipment, materials, and supplies used in a college athletic and physical education program.
- Principles, methods and techniques of physical therapy.
- Equipment, materials and supplies used in (higher education) athletic and physical education programs.
- Methods and techniques of properly fitting athletic equipment.
- Record-keeping and report writing methods and practices.
- Proper methods of storing athletic equipment, materials and supplies.
- Health and safety regulations.
- Oral and written communication techniques and skills.
- Interpersonal skills using tact, patience and courtesy.

ABILITY TO:

- Assess injuries and provide standard immediate care procedures used in emergency situations including first aid and CPR.
- Provide preventive and rehabilitative treatment to physical education students and student athletes in a higher education setting.
- Evaluate and treat a variety of athletic and physical education injuries.
- Perform physical therapy as directed.
- Apply and fit protective taping, padding, braces and other related protective athletic equipment.
- Maintain and repair athletic protective equipment.
- Recognize unsafe conditions potentially dangerous to athletes.
- Analyze situations accurately and adopt an effective course of action.
- Understand and follow oral and written directions.
- Communicate effectively both orally and in writing.
- Establish and maintain effective working relationships with others.

- Work effectively under time constraints.
- Maintain records and prepare reports.
- Travel to athletic events as assigned.

WORK DIRECTION, LEAD AND SUPERVISORY RESPONSIBILITIES: Provides work direction to Athletic Equipment Assistant and Student Trainees.

PHYSICAL EFFORT:

- Occasional use of stairs and ladders.
- Occasional kneeling, squatting, jumping, running, throwing and crawling.
- Occasional use of manual dexterity.
- Frequent standing, walking and sitting.
- Occasional lifting and carrying up to 50 lbs.
- Frequent stooping and body twisting.
- Frequent work at a rapid pace.
- Frequent use of tactile, audio and visual acuity.
- Frequent reaching at high and low levels.

WORKING CONDITIONS:

- Indoor and outdoor work environment.
- Driving a vehicle to conduct work.
- Adverse weather conditions.
- Chemical fumes.