

26-27 A.A. Human Services Degree (HMNS)



ABOUT HIS MAJOR

Students interested in working with people in service-oriented professions will find Human Services an excellent path to entering the helping profession. Studies in ethics, psychology, sociology and effective communication are core components of the courses in this degree. Students majoring in Human Services will be prepared to enter positions in not-for-profit organizations, community and human services organizations, and related areas that provide services to individuals, families, and the community. Some positions include community advocates, peer counselors, case management aides, and social-services technicians. For more information, visit the [Social and Behavioral Sciences](#) division

TO EARN A DEGREE A STUDENT MUST COMPLETE THE FOLLOWING:

- [1] Completion of a minimum of 60-semester units or 90 quarter units of degree applicable courses
- [2] A minimum of 18-semester units in a major
- [3] Completion of 21 units AVC General Education Requirements
- [4] Minimum overall grade point average of 2.0
- [5] A "C" or better in all courses required for the major

A.A. Human Services (HMNS)	
[Total Units Required in the Major 40]	
Required Courses (total 34 units)	
DFST105 - Introduction to American Deaf Culture	3
PSY106 - Case Management, Law and Ethics	3
PSY108 - Introduction to Psychological and Social Services	4
PSY109 - Directed Field Experience I	5
Prerequisite: Completion of or concurrent enrollment in PSY 106.	
PSY110 - Directed Field Experience II	6
Prerequisite: Completion of or concurrent enrollment in PSY 106.	
ECONC2002 or ECONC2002H - Principles of Macroeconomics	3
PSYCC1000 or PSYCC1000H - Intro to Psychology	3
SOCIC1000 or SOCIC1000H - Introduction to Sociology	3
STATC1000 or STAC1000H - Intro to Statistics	4
Program Elective, complete 6 units from the following:	
AJ101 - Introduction to Administration of Justice	3
CFE102 - Developing Child Growth and Development	3
CFE103 - The Child in Family and Community Relationship	3
ENGLC1001 - Critical Thinking and Writing	3
Prerequisite: College-level composition ENGL C1000/ ENGL C1000H	
PSY102 - Introduction to Alcohol and Other Drug Studies	3
PSY104 - Prevention, Intervention, and Education	3
PSY234 - Abnormal Psychology	3
Prerequisite: Completion of ENGL C1000 and PSYC C1000.	
SOC110 - Ethnic Relations	3
SOC111 - Issues and Concepts in Aging	3
HISTC10001 or HISTC1001H - U.S. History, 1607-1877/H	3
HISTC1002 or HISTC1002H - U.S. History since 1865/H	3

RECOMMENDED PATHWAY

Human Services A.A.

The Recommended Plan of Study is determined by the discipline faculty. Take classes in **Summer** or **Interession** if needed to complete your degree in a timely manner!

Fall/Spring: Max 19 units | Summer: Max 9 units | Interession: Max 6 units

PSY 108: **FALL ONLY** | PSY 109: **SPRING ONLY** | PSY 110: **SUMMER ONLY**

SEMESTER 1 (FALL)	
Course	Units
PSYCC1000 or PSYCC1000 Honors	3
ECONC2002 or ECONC2002 Honors	3
AVC GE Area 1A:EnglC1000	4
GENERAL ELECTIVE	3
Total Units	13

SEMESTER 2 (SPRING)	
Course	Units
SOCIC 10000 or SOCIC 10000 Honors	3
PSY 106	3
STATC1000 or STAC1000 Honors (AVC GE area 2)	4
AVC GE Area 6: Ethnic Studies	3
Total Units	13

SEMESTER 3 (FALL)	
Course	Units
PSY 108	4
AVC GE Area 3: Arts & Humanities	3
DFTS 105 (AVC GE AREA 4)	3
AVC GE Area 5:Natural Science	3
GENERAL ELECTIVE	1
Total Units	14

SEMESTER 4 (SPRING)	
Course	Units
PSY 109	5
AVC GE AREA 1B: Oral Comm. & Critical Think	3
PROGRAM ELECTIVES: choose from list	3
PROGRAM ELECTIVES: choose from list	3
Total Units	14

SUMMER 1	
Course	Units
PSY 110	6
Total Units	6
Total Degree Units	60

Counseling Notes

EFFECTIVE FALL 2026 -CNN
 SOCIC1000/H (Formerly SOC 101/H) HISTC1001/H (Formerly HIST 107/H)
 ECONC20021L (Formerly ECON 101 LAB) HISTC1002/H (Formerly HIST 108/H)

HONORS COURSES: ECONC2002H, ENGLC1001H, HISTC1001H, HISTC1002H, STATC1000H,PSYCC1000H,SOCIC100H
 Students may enroll in either the honors or the non-honors version of these courses. If you complete both versions, you will receive credit for only one. This honors course is intended for students in the Honors Transfer Program. For more information about Honors Transfer Alliance Program visit: <https://www.avc.edu/academics/programs-and-pathways/honors>

2026-2027 AVC General Education Requirements

Advising Form Effective Fall 2026 - Summer 2027

GE AREA	COMPLETED	IN PROGRESS	NEED	The requirements for an AA or AS degree include the following: 1. A minimum of 60 semester units; with at least 12 semester units completed in residence at AVC for an AA/AS degree (credit earned by examination will not be included in these 12 units); maximum of 12 pass/no-pass credit units can be accepted towards an AA/AS degree. 2. Refer to each individual program for major requirements. All major courses as specified in the AVC catalog must be completed with a grade of "C" or better. 3. An overall grade point average (GPA) of 2.0 ("C" average) is required. Double counting: While a course may satisfy more than one general education requirement, it may not be counted more than once for these purposes. A course may be used to satisfy both a general education requirement and a major or area of emphasis requirement. Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade in order to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Complete at least 3 semester units from each of the following areas below: 1A, 1B, 2, 3, 4, 5, and 6. Completion of 1a requires a minimum a grade of "C" or "P". Minimum Total GE Units Required 21 semester units or 28-31.5 quarter units.
				AREA 1: ENGLISH COMPOSITION, ORAL COMMUNICATION, AND CRITICAL THINKING 2 courses required, one from Area A and one from Area B, 6 semester or 8 quarter units
1A				Group A: English Composition: ENGL C1000, ENGL C1000H
1B				Group B: Oral Communication and Critical Thinking: COMM C1000, C1000H; ENGL C1001, C1001H, C1002, C1002H; PHIL 201
				AREA 2: Mathematical Concepts and Quantitative Reasoning 1 course, 3 semester or 4 quarter units
2				MATH 103, 110, 116, 124, 128, 140, 148, 149, 150, 150H, 160, 220, 230, 250; STAT C1000, C1000H
				AREA 3: ARTS AND HUMANITIES 1 courses, 3 semester units or 4 quarter units
3				ART 100, 103, 104, 106, 113, 132, 135, 137, 140, 145, 163, 170, 213; ARTH C1100, C1100H, C1200, C1200H; CHIN 101, 102, 201, 202; DFST 101, 102, 201, 202; COMM 112, 114, 217, 219; DA 101, 113; ENGL 114, 221, 222, 225, 227, 230, 231, 235, 242, 253, 253H, 256, 257, 259, 265, 279, C1002, C1002H; FREN 101, 102, 201, 202, 203; FTV 101, 107, 108, 201, 203, 251, 261; GER 101, 102, 201, 202; HIST 104, 105, 110, 110H, 111, 111H, 113, 115, 119, C1001, C1001H, C1002, C1002H; LATN 101, 102, 201; MUS 101, 101H, 105, 106, 110, 111, 120, 151; MUSC 102, 103, 107, 108, 109; PHIL 105, 105H, 106, 108, 109, 230, 240; NF 150; PHOT 107; PHTC 101, 150, 201; SPAN 101, 102, 110SS, 201, 202, 203, 210SS, 220SS; THA 101, 101H, 102, 103, 104, 106, 110, 111, 130, 225, 239, 239H, 240
				AREA 4: SOCIAL AND BEHAVIORAL SCIENCE 1 course, 3 semester units or 4 quarter units
4				AJ 206; ANTH 102, 103, 110, 112, 112H, 140; BUS 212; CFE 102, 103; DFST 105, 106, 110; ECON 100, 110, C2001, C2001H, C2002, C2002H; GEOG 105, 106, 110; HIST 104, 105, 110, 110H, 111, 111H, 113, 114, 116, 118, 119, C1001, C1001H, C1002, C1002H; POLS 103, 200, 201, 202, 203, C1000, C1000H; PSY 200, 201, 212, 230, 232, 233, 234, 235, 236; PSYC C1000, C1000H; SOC 105, 110, 111, 112, 115, 116, 120, 200; SOCI C1000, C1000H
				AREA 5: NATURAL SCIENCES 1 course, 3 semester units or 4 quarter units
5				ANTH 101, 101H; ASTR C1001, C1001H; BIOL 100, C1001#, 102, 103, 104, 104H, 110, 120, 201, 202, 204, 205; CHEM 101, 102, 110, 120, 210, 220; ELTE 101; ERSC 101; GEOG 101, 102; GEOL 101, 101H, 102; PHYS 101, 102, 110, 120, 211; PSCI 101 # Students must register separately for the required lab component of BIOL 101L
				AREA 6: ETHNIC STUDIES 1 course, 3 semester units or 4 quarter units
6				ETHN 101, 102, 110, 111, 112, 113, 114; ENGL 257 or ETHN 257EN

COUNSELING NOTE SECTION

Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Title 5, Section 55200(d)

Application for Graduation:

Antelope Valley College awards degrees three times annually following the Fall, Spring, and summer semesters. Students must apply for graduation to earn their degree or certificate. Applications are due by September 6 for spring/summer graduates and by February 14 for fall graduates.

AVC 26-27 CATALOG: [ACADEMIC POLICIES](#)

INFORMATION and RESOURCES

Tutoring Assistance
Transfer Center
Basic Needs

Career Center
Office of Students with Disabilities
Financial Aid

AVC Student Health Services
Palmdale Center
Counseling Division