

26-27 Cert. Recreation and Leisure Studies (RLS)



ABOUT THIS MAJOR

The Recreation and Leisure Studies certificate will provide students with the knowledge and skills needed to perform at an entry-level position in both private and public agencies in a wide variety of careers which may include event planning, recreational program planning, sport and tournament planning, hospitality, therapeutic recreation and tourism. For more information, visit the [Health and Safety Sciences](#) division.

TO EARN A DEGREE A STUDENT MUST COMPLETE THE FOLLOWING:

- [1] Completion of Major & Program Electives Courses
- [2] Minimum grade point average of 2.0
- [3] A C or better in all courses required for the major

Complete the following courses: TOTAL 12 UNITS	
HE100 - First Aid and Emergency Care	3
HE101 - Health Education	3
KINT100 - Introduction to Kinesiology	3
KINT105 - Active Lifestyles: Personal Wellness and Nutrition	3
KINT114 - Athletic and Fitness Organization and Administration	3
KINT115 - Foundation For Fitness And Wellness	3
REC101 - Introduction to Recreation and Leisure	3
REC102 - Recreational Leadership	3

RECOMMENDED PATHWAY

Recreation and Leisure Studies

The Recommended Plan of Study is determined by the discipline faculty
Take classes in Summer or Intersession if needed to complete your degree in a timely manner!

Fall/Spring: Max 19 units | Summer: Max 9 units | Intersession: Max 6 units

SEMESTER 1	
Course	Units
HE 101	3
REC 101	3
KINT 100	3
KINT 115	3
Total Units	12

SEMESTER 2	
Course	Units
KINT 114	3
HE 100	3
KINT 105	3
REC 102	3
Total Units	12

COUNSELING NOTE SECTION

Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Title 5, Section 55200(d)

Application for Graduation:

Antelope Valley College awards degrees three times annually following the Fall, Spring, and summer semesters. Students must apply for graduation to earn their degree or certificate. Applications are due by September 6 for spring/summer graduates and by February 14 for fall graduates.

AVC 26-27 CATALOG: [ACADEMIC POLICIES](#)

INFORMATION and RESOURCES

Tutoring Assistance	Career Center	AVC Student Health Services
Transfer Center	Office of Students with Disabilities	Palmdale Center
Basic Needs	Financial Aid	Counseling Division