

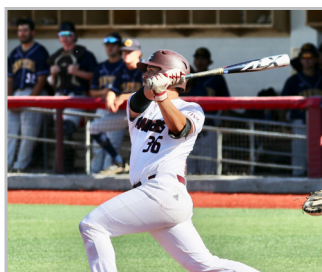


Student Athlete Handbook



Antelope
Valley
College

2024
2025



NOTES:

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Antelope Valley College Quick Facts



President: Dr. Jennifer Zellet

Athletic Director: Dr. Ben Partee

Location: 3041 W. Avenue K, Lancaster, CA 93536

Established: 1929

Colors: Maroon and Silver

Nickname: Marauders

Board of Trustees:

Michelle Harvey	President, Trustee Area 1
Michael Adams	Vice President, Trustee Area 4
Steve Buffalo	Clerk, Trustee Area 2
Michael Rives	Trustee Area 3
Barbara Gaines	Trustee Area 5

Notice: Antelope Valley College reserves the right to change or delete without notice any of the materials, information, requirements, regulations published in this guide. The guide is not to be regarded as a contract between the college and the students.

Marauder Athletics Contact List

ATHLETICS OFFICE (661) 722-6300, ext. 6440

Dean, KIN/Athletics

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Assistant Athletic Director

Cindy Vargas.....ext. 6708..... cindy.vargas@avc.edu

Department Chair

Perry Jehlicka.....ext. 6387..... perry.jehlicka@avc.edu

Eligibility Clerk

Mary Skipper.....ext. 6114..... mary.skipper@avc.edu

Achievement Zone

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SPORTS PROGRAMS AND COACHING STAFF

Baseball

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Men's Basketball

John Taylor.....ext. 6686..... john.taylor@avc.edu

Women's Basketball

Barry Green.....ext. 6305..... james.green@avc.edu

Cross Country, Men's & Women's

TBD.....ext. 6903..... TBD@avc.edu

Football

Perry Jehlicka.....ext. 6387..... perry.jehlicka@avc.edu

Men's Golf

Brad Hazard.....ext. 2428..... brad.hazard@avc.edu

Women's Golf

Mark Cruz.....ext. 6444..... mark.cruz@avc.edu

Soccer, Men's & Women's

Charles Gordon, Jr.....ext. 6257..... charles.gordon@avc.edu

Softball

Cindy Vargas.....ext. 6708..... cindy.vargas@avc.edu

Women's Tennis

Justin Webb.....ext. 6203..... justin.webb@avc.edu

Track & Field, Men's & Women's

TBD.....ext. 6903..... TBD@avc.edu

Volleyball, Women's

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Volleyball, Men's

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SUPPORT STAFF

Athletic Counselors

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Clerical III - Counseling

Gwennette Preston.....ext. 6136..... gwennette.preston@avc.edu

Athletic Trainers

Tim Rasmussen.....ext. 6264..... timothy.rasmussen@avc.edu

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Equipment Assistants

Danielle Harris.....ext. 6166..... danielle.harris@avc.edu

Russell Gordon, Sr.....ext. 6256..... russell.gordon@avc.edu

Sports Information

Byron Devers.....ext. 6104..... byron.devers@avc.edu

Antelope Valley College

History

The institution was founded in 1929 as a department of Antelope Valley Joint Union High School in Lancaster. The average daily attendance at the college was 13 during the 1929–30 school year. There was little growth in enrollment at the college during the depression years that followed. Alfalfa farmers in Antelope Valley were hard hit during the 1930s, and the smallest junior college in California suffered serious financial difficulties. Teachers took a 20 percent cut in salaries, which ranged from a state-mandated minimum of \$1,350 a year to a \$1,595 maximum.

Average daily attendance (ADA) at the college reached 100 by 1939, but with World War II, attendance plummeted. Attendance reached a low of 13 during the war, the same ADA as the year the school was founded.

There were pressures to close the junior college, but trustees and staff held out until veterans returned from the war. Enrollment grew steadily during the postwar years, partly because of the GI Bill of Rights and partly because Antelope Valley began developing an aircraft industry. In 1959, groundbreaking was held for a new college campus on 110 acres at Avenue K and 30th Street West.

The college has expanded the campus size to approximately 125 acres through land purchases. While some of that land is still undeveloped, that is expected to change with projected growth. The district has established a second site in Palmdale.

Demographics and Description

The Antelope Valley Community College District consists of 1,945 square miles of semiarid terrain located north of the mountains that separate Antelope Valley from the Los Angeles basin. The college district includes 40 percent of the land mass of Los Angeles County, as well as a small section in the southeastern part of Kern County. Major residential centers in the valley include the incorporated cities of Lancaster and Palmdale, and the smaller communities of Quartz Hill, Antelope Acres, Rosamond, Littlerock, Pearlblossom, Acton, Sun Village and Lake Los Angeles. Residential areas

such as Leona Valley, Green Valley, Lake Hughes and Lake Elizabeth exist in outlying regions.

For the first half of the 20th century, the basic industry of Antelope Valley was agriculture. By the late 1950s, aircraft and aerospace industries began to dominate the economy. The region's dry climate and high percentage of sunny days make it an ideal location for aircraft manufacturing and testing. There are two principal centers of the aircraft industry. One center is located at Plant 42. The other is at Edwards Air Force Base, located outside the Antelope Valley Community College District, but a significant percentage of civilian employees live within the district.

A large portion of the valley's population also commutes to jobs in the Los Angeles basin. The college itself contributes directly to the economic health of Antelope Valley, with 850 employees. Their combined income is more than \$30 million, and they spend most of it locally. AVC's student body consists of a wide range in ages—from teenagers to senior citizens, with the average age of 30. Women make up the majority of the student body with 59 percent of the population. In fall 2014, 13,941 students attended AVC.

Instructional Programming

Regular Session: AVC operates on the semester system with the academic year divided into a fall and spring semester of approximately 16 weeks each. Although the majority of classes contained in the catalog are semester courses, there are a number of short-term courses available each semester. Several weeks prior to each semester, a printed schedule of classes is published and may be obtained at the Welcome Center.

Summer Session: AVC operates a summer session each year. Classes in most subject fields are offered during both day and evening hours. The maximum unit load for a student during the summer session is nine semester units. Several training and recreational programs have been sponsored or cosponsored by AVC as special features of the summer session.

Evening and Saturday Classes: College-level classes

are offered in the evening and on Saturdays in all academic fields, business, technical, vocational and semiprofessional areas. Many of the classes offered during the day are also offered during the evening and on Saturdays. Also offered are courses and programs other than those available in the day program; namely, offerings of a community service nature, courses for adults, and classes designed to provide training for persons employed during daytime hours. The college is committed to the same high quality of instruction in the evening and Saturday programs as that offered during the day. Evening classes are courses scheduled to begin at or later than 4:30 p.m.

Philosophy

Antelope Valley College is a comprehensive community college in the California Community College System dedicated to providing services to a broad range of students with a variety of educational goals. Antelope Valley College is dedicated to providing educational programs and services as expressed in the California Master Plan for Higher Education. The College is committed to equal educational opportunity and reinforces that commitment through a program of active affirmation of diversity.

Antelope Valley College is dedicated to meeting the dynamic needs of a changing community. The College addresses the educational needs of a diverse and evolving population. The College recognizes that it is uniquely capable of responding to the requirements of regional business, industry, and public service, as well as the social and cultural needs of the Antelope Valley.

Antelope Valley College affirms the rights of the individual and respects human dignity. The programs and activities of the College foster the individual's ability to think clearly, critically, and independently to meet the demands of an increasingly complex society. The student is the primary concern of the College. The curriculum, activities, and services of the College help students understand their physical, cultural, ethnic, and social environment. The preservation of academic freedom provides a college environment in which students and faculty can examine ideas freely.

This philosophy is reflected in the curriculum, the student-faculty relationships, the services and resources, and the policies of the College.

Vision

To provide quality education that transforms lives

Mission

Antelope Valley College, a public institution of higher education, provides a quality, comprehensive education to a diverse population of learners. We are committed to student success offering value and opportunity, in service to our community.

We offer:

Associate Degree Programs

Associate degree programs comprised of general education courses, proficiency requirements, designated courses in a specific major or area of emphasis. Associate degrees provide students with "the ability to think and to communicate clearly and effectively both orally and in writing; to use mathematics; to understand the modes of inquiry of the major disciplines; to be aware of other cultures and times; to achieve insights gained through experience in thinking about ethical problems; and to develop the capacity for self-understanding."

Career Technical Programs

Certificate and degree programs comprised of "essential career technical instruction" in a variety of business, technical, and occupational courses designed to enhance students' knowledge and skills leading to employment, career advancement, certification, and state or federal licensure. We award both Chancellor's Office approved Certificates of Achievement and locally approved Certificates of Proficiency.

Transfer/General Education Courses

Transfer/general education courses in communication and critical thinking, the physical and biological sciences, arts and humanities, social and behavioral sciences, and technical education. Completion of these courses allows students to fulfill degree requirements or enroll in

upper division courses and programs at accredited four-year institutions through our articulation agreements.

Basic Skills Courses

Basic skills courses in reading, writing, mathematics, English as a Second Language, and learning and study skills. These courses offer students essential foundation skills that are necessary for success in college-level degree applicable courses.

Student Support and Instructional Support

A variety of services in academic, career, and personal counseling, in library instruction and course support, in learning assistance. These services support the needs of students in pursuing and achieving their educational goals.

Workforce Preparation and Economic Development

Workforce programs, job preparation courses (non-degree applicable) and a variety of services that contribute to the educational and economic well being of the community.

Personal Enrichment and Professional Development

Community service offerings, non-credit, not-for-credit classes and services that develop the knowledge, skills and attitudes necessary for students to be effective members of the community. These classes enhance the community's social, cultural, and economic well being. Non-credit course offerings may lead to a Certificate of Completion and/or Certificate of Competency.

Values

- **Community**- We create and foster relationships through inclusivity at AVC and among its diverse constituents: students, faculty, staff, administrators, alumni, and the community at large.
- **Academic Excellence** - We embrace the potential of all students, and we strive to uphold a transformative standard of academic excellence in their pursuit of certificates, degrees, transfer, and lifelong learning, as well as ongoing professional development for all employees.
- **Integrity** – We create an environment of trust, candor, empathy, and professionalism and

expect ethical behavior from all.

- **Respect** – We cultivate, embrace, nurture, and empower all individuals, regardless of race, ethnicity, ability, gender, age, sexual orientation, class status, or religious belief.

Practices

1. Students and learning are primary in decision making.
2. Mutual respect and courtesy is the basis of our relationships.
3. Professional standards, collaboration and teamwork are demonstrated.
4. Innovation, accomplishments and creativity are recognized and rewarded.
5. Open access to educational programs is provided to meet student needs.
6. Safe physical environment and a secure infrastructure improves and supports student success and learning.
7. Stewards of the college place service to the institution and community above self-interest.
8. We strive to enhance the visibility of the Antelope Valley Community College District.
9. We recognize that people make up the college and value them as individuals.

AVC is a public community college that operates under the Board of Trustees of the Antelope Valley Community College District.

AVC S.E.R.V.E.S.

- **Service** - Continuous improvement, expanded outreach and community partnerships, improved communication and efficiency.
- **Equity** - Diversity, expanded professional development, growth mindset.
- **Resources** - Improved student common spaces, increased access to counseling/ advising and basic needs.
- **Vision** - Empower and elevate students to help them achieve their goals.
- **Education** - Increased access to and awareness about services offered, and effective Education plans to meet ed goals.
- **Success** - Increase the number of degrees and certificates awarded and number of transfers, as well as improve success, retention, and persistence rates.

Steps for Entrance

How can I become an AVC Student?

1. Apply for Admission

You'll find there are several different paths depending on whether you are a new student, returning, transferring, or one with special needs.

- New student
- Returning student
- Continuing student
- K-12/Home School student
- Veteran of the U.S. Armed Forces
- International student
- Student with a disability
- Student transferring from another college
- Dual Enrollment student
- ESL student
- Other student

Apply online at www.avc.edu or apply in person at the Admissions and Records counter in the Student Services Lobby.

2. Apply for Financial Aid

After you have applied for admission, you should apply for financial aid. You may qualify to receive financial assistance with your college costs. Your first step will be to fill out the Free Application for Federal Student Aid (FAFSA) form. You can also check out the Financial Aid link at www.avc.edu/student-services/finaid.

Financial Aid: (661) 722-6300, ext. 6337

3. Take Assessment

After you have applied, you will need to participate in the assessment process. The Assessment Center offers a computerized assessment test for students in order to determine ability levels in English and Math. This process enables students to enroll in the appropriate courses, including courses designed to prepare for college-level work. All assessments are done on a walk-in basis, first come, first served during regular office hours. The Assessment Center provides this convenient system to meet the needs of our students' busy schedules.

Assessment Center: (661) 722-6300, ext. 6536

4. Participate in Orientation and Student Athlete Orientation

Orientation is designed to provide new students with support and the necessary information to ensure a smooth and successful transition into Antelope Valley College. The content includes information on all aspects of the campus, classrooms, courses, and available resources and services. Key elements of registration, standards regarding prerequisites, student support services, academic policies and the student educational plan (SEP) are also explained.

Counseling Center: (661) 722-6300, ext. 6338

Online orientation: www.avc.edu/orientation

5. Choose Academic Program

Antelope Valley College offers a large number of two-year degrees, transfer and certificate programs that help prepare you for a career.

You may purchase a catalog at the Marauder Bookstore, stop by the Counseling Center, or visit us on the Web at www.avc.edu to check out what programs are offered.

6. Utilize Campus Services

Let us help. Antelope Valley College has a number of resources that will help you before, during and after you become a student.

Admissions and Records	SSV 1st Floor	722-6300, ext. 6504
Assessment Center	SSV 1st Floor	722-6300, ext. 6536
Marauder Bookstore	SCT	943-6300, ext. 6545
CalWORKs	SSV 2nd Floor	722-6300, ext. 6326
Career Center	SSV 2nd Floor	722-6300, ext. 6340
Cashier's Office	SSV 1st Floor	722-6300, ext. 6335
Child Care	CDC	722-6300, ext. 6500
Counseling Center	SSV 2nd Floor	722-6300, ext. 6338
EOPS and CARE	SSV 2nd Floor	722-6300, ext. 6363
Financial Aid and Scholarships	SSV 1st Floor	722-6300, ext. 6337
First Year Experience (FYE)	LC (HUB)	722-6300, ext. 6478
Graduation Evaluation Office	SSV 1st Floor	722-6300, ext. 6620
Health Services	SSV 1st Floor	722-6300, ext. 6683
Honors Program	SSV 1st Floor	722-6300, ext. 6468
Information and Welcome Center	SSV 1st Floor	722-6331
Instructional Multimedia Ctr.	MH 113	722-6300, ext. 6451
Job Placement	SSV 1st Floor	722-6300, ext. 6358
Learning Center	Sage Hall	722-6300, ext. 6458
Library	Library	722-6300, ext. 6533
Office for Students with Disabilities	SSV 1st Floor	722-6360 (Voice relay)
Sheriff's Office & Lost & Found	S	722-6399
STAR	SSV 2nd Floor	722-6300, ext. 6084
Student Development/ASO	SSV 1st Floor	722-6300, ext. 6354
Transcripts Office	SSV 1st Floor	722-6300, ext. 6130
Transfer Center	SSV 1st Floor	722-6300, ext. 6343
Veterans Affairs	SSV 1st Floor	722-6300, ext. 6342

7. Register & Pay for Classes

You must submit an application before you can register. Once your application has been accepted, you can register for classes listed in the schedule of classes.

How to Register

You have two ways to register and pay for classes at Antelope Valley College. Choose the one that best meets your needs.

- Online Registration & Payment Services
- Walk-in Registration and Payment Services

Payment due dates are listed in the student academic calendar. Registration information is available online and in the printed schedule of classes, available on campus.

Admissions and Records: (661) 722-6300, ext. 6504

Cashier's Office: (661) 722-6300, ext. 6335

8. Parking, ASO & ID Card

A parking permit is required to park on campus. You may purchase a parking permit at the Cashier's Office or a permit can be purchased with an ASO card at a combined discounted rate.

The ASO card offers a number of benefits for students such as tutoring, free entrance into AVC scheduled athletic events and many others.

All students are required to have a student ID card which is available in the Student Development and College Activities Office.

Cashier's Office: (661) 722-6300, ext. 6335

Student Development Office: (661) 722-6300, ext. 6354

9. Purchase Books & Supplies

After registering for your classes you can purchase your books at the Marauder Bookstore or online at: www.marauderbookstore.com.

Check with the bookstore for dates when upcoming semester books will be available for purchase.

Marauder Bookstore: (661) 722-6300, ext. 6545

10. Attend Class

Tips and suggestions before attending class:

- Be familiar with the student services that AVC has to offer.
- Pay close attention to refund and add/drop dates.
- Purchase a parking permit at the Cashier's Office.
- Get directions to the college.
- Get a campus map.
- Get a Student Academic Calendar.
- Get a Student Handbook and Planner from the Information and Welcome Center.
- AVTA bus passes are available for purchase at the Student Development Office.
- Be familiar with public transportation routes and times.
Call or visit AVTA's web site at www.avta.com or (661) 945-9445, ext. 200.
- Questions? Call the **Information & Welcome Center** at (661) 722-6331.



11. Utilize the Student Athlete Academic Achievement Zone (The Zone)

Student Athletes will be required to spend 4-6 hours per week in The Zone, depending on current GPA. The Zone will be open M-F 8am - 12pm and M-R 4pm - 8pm. There will be access to tutors and laptops, as well as a printer for those student athletes that need them.

FAQ Frequently Asked Questions

Q: What is matriculation?

A: Matriculation is a process that assists the student in achieving his or her educational goals. It is an agreement between the college and the student who enrolls for credit. We ask that you participate in a partnership with us to ensure your educational success. All new students are required to participate.

Q: What is a major?

A: A major is a program of study which leads to a degree. It is the primary area of study in which the greatest depth of knowledge will be developed. If transferring, classes taken in a major area fulfill what is called “preparation for the major.” Completion of these courses prepares students for upper division classes.

Q: Where can I find out what classes to take for my major?

A: Preparation for a major is an important step. Information as to which classes are required for a specific major can be obtained from the college catalog or fact sheets and from articulation agreements for transfer students. You should also make an appointment with a counselor to make sure you are on the right track.

Q: How long will it take to complete my goal at AVC?

A: This is a difficult question to answer because so much depends on the time you can devote to attending school. Determine how many classes you need to meet your goals and calculate how many classes you can take per semester. Remember, summer sessions offer many classes and can assist in speeding up your educational goal. Time management is very important.

Q: How can I get priority registration?

A: You may receive priority registration if you complete all the Matriculation steps before the current deadline.

1) Assessment 2) Orientation 3) Counseling 4) Educational Plan

If you do not complete the matriculation steps by the deadline you will still receive priority registration for the next registration cycle.

Q: When is a picture ID needed?

A: A picture ID is needed:

- For drops and information changes
- To obtain transcripts and enrollment verifications
- To obtain an AVC ID card
- To obtain ANY information. (Information is not given over the phone)
- To take the assessment

Q: What if the class I want to register for is closed?

A: See Admissions and Records for more information on adding classes.

Q: Do I have to repeat a class in which I received a “D” or “F” grade?

A: There is no general college regulation requiring the repetition of courses in which you received a substandard grade. However, certain programs of study require a “C” grade or better in all courses required for the program.

Please note: You may only take a class two (2) times with a signature from a counselor. That is, you may retake a class one time after receiving a substandard grade. You must register in person and obtain a counselor’s signature to enroll in the class. A petition may be filed at the Admissions and Records Office for “Extenuating Circumstances” for three (3) or more repeats. See the Counseling Center for further details.

Q: What if I have a hold?

A: Visit the Admissions and Records office with a picture ID. You will be referred to the appropriate office depending on what type of hold you have.

As you are completing these steps, it’s important to make an appointment to see the athletic counselor as soon as possible.

Athletics Mission

The mission of Antelope Valley College Athletics is to provide a competitive intercollegiate athletic program consistent with the California Community College Athletic Association and Western State Conference rules and regulations, to further the mission of the college to serve student-athletes, and to prepare student-athletes for degrees and transfer. Antelope Valley College Athletic Department is committed to providing opportunities for a diverse population of student-athletes in order to enrich their collegiate experience through athletic participation. The athletic department strives to instill in its student-athletes an appreciation for hard work, pride in accomplishment and a commitment to equity in athletics.

Student Athlete Code of Conduct*

1. Understand that participation in AVC intercollegiate Athletics is a privilege, not a right;
2. Demonstrate good citizenship sportsmanship, honesty, and integrity on the field or court, on campus, in the classroom and in the community;
3. Attend classes regularly;
4. Develop and follow an academic plan to obtain a degree, transfer, career technical education or certificate;
5. Demonstrate and understand that participation in athletics is contingent upon adherence to all California Community College Athletic Association (3C2A), Western State Conference (WSC) and AVC rules and regulations;
6. Acknowledge that compliance with the student-athlete code of conduct and AVC Student Code of Conduct is required for participation in AV athletics and;
7. Acknowledge that any violation of either code of conduct will result in appropriate discipline as determined by the head coach and athletic director.

*Please see BP 5500 Section 5 under Substance Violations in the AVC Student Code of Conduct



Social Media Policy

Playing and competing for Antelope Valley College is a privilege. Student athletes at AVC are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, your school and yourselves in a positive manner at all times. Sometimes this means doing things that are an inconvenience to you, but benefit the whole team.

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student athletes here at AVC in one form or another.

Student athletes should be aware that third parties—including the media, faculty, future employers and CCCAA officials—could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student athlete, the athletic department and the school. This can also be detrimental to a student athlete's future employment options, whether in professional sports or in other industries.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.
- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).
- Content online that would constitute a violation of Western States or CCCAA rules (examples: commenting publicly about a prospective student-athlete, providing information related to sports wagering activities; soliciting impermissible extra benefits).
- Information that is sensitive or personal in nature or is proprietary to the Marauders Athletic Department or the school, which is not public information (examples: tentative or future team schedules, student athlete injuries and eligibility status, travel plans/itineraries or information).

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your e-mail, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site—many people are looking to take advantage of student athletes or to seek connection with student athletes.
- Consider how the above behaviors can be reflected in all Facebook applications.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as those of the AVC Athletic Department and the college. Remember, always present a positive image and don't do anything to embarrass yourself, the team, your family or the school.



Student Athlete Equipment Policy

General Equipment Policy:

- Athletic Equipment is the property of Antelope Valley College and is to be used solely for the purpose of competing in an athletic program. It is not to be used for any purpose other than team games/practices.
- You are responsible for all lost or stolen items.
- Do not alter clothing or protective padding. If this occurs without the approval of the Equipment Specialists, you will be billed automatically.

I. Initial Issue

- a. Practice Clothing/Equipment – These items will be issued at the Equipment/Laundry room on the date and time instructed by your coach. You will be required to be enrolled in the IATH class for your sport, be cleared by the Athletic Trainers, and complete the Equipment Issue Record Form in order to receive equipment.
- b. If at any time during the current season, you should leave the team, you are responsible for the return of these items by following the Final Return procedures listed below.

II. Career Issue/Seasonal Issue Items

- a. Student-athletes will receive some career issue as well as seasonal issue items for their sport. The seasonal items will be returned at the end of the season according to the guidelines below.
- b. The career issue items will be retained by the student-athlete (unless it is part of a game uniform) until their graduation from college or upon leaving the team. Sophomore student-athletes will be permitted to keep career-issue items. Students who leave the team prior to their sophomore year are required to return all career items as well as seasonal items. The individual athletes will be responsible for these items throughout their sports careers. Currently, these items would include a practice t-shirt and practice shorts. Some coaches may issue additional items as career issue items as well, but this would be done on a per-team basis. Laundry procedures will remain the same. We will launder items in-season and pre-season, but not during the non-traditional season.
 - i. Students who lose the items will need to purchase new items from the equipment room. Additionally, athletes who would like to purchase additional items will be able to buy them from us at our team price.
 - ii. For items that are torn or have worn out under normal circumstances, we will replace the item on a trade-in basis. If athletes do not have an item to trade in, we will assume it has been lost and the item will need to be purchased.
 - iii. If an athlete needs to change sizes, we will issue the item on a trade-in basis.
- c. The seasonal items will be returned at the end of the season.
- d. These items may include uniforms, warm-ups, travel bags, etc. You will be informed at the time of issue what items are career items and what items are seasonal items.

III. Laundry Service

- a. Practice Gear – all athletes are responsible for turning in their daily practice clothing as follows:

i. Only those items issued by the athletic department as practice clothing should be placed onto your laundry loop or laundry bag and placed in your designated laundry cart immediately following practice.

ii. NO PERSONAL LAUNDRY. This includes underwear.

1. On rare occasions or under special circumstances, personal items will be laundered. It is at the discretion of the Equipment Specialists as to what special items will be laundered. If special circumstances warrant a team's personal equipment needing to be laundered, athletes will be informed in advance when this will occur. Personal gear that is sport/position specific, but is used as part of competition should be cleared with the equipment specialists first. (Ex. Compression shorts, goalie equipment, etc.) For all personal items, the equipment room is not responsible for lost, damaged, or stolen items.

iii. Laundry carts are to be returned to their designated area after practice. This will ensure the security of all equipment. Practice gear will be returned either to your locker or the designated laundry area prior to your next practice.

b. Game Equipment Issue – The issue of game day clothing/equipment will vary based on your team. If you have questions check with your coach or an Equipment Specialist.

c. Game Equipment Return – The equipment room staff keeps records of the items issued to you. All items are numbered and recorded. It is important that you return the same items you were issued. Even if you loan items to another individual, you are the person responsible for their return. Failure to return those items assigned to you will result in your being charged for their replacement.

d. All athletes are responsible for turning in their game clothing as follows:

i. Home Games: All players are required to place uniforms in their designated return area within 30 minutes following the completion of their contest.

ii. Away Contest: Upon returning to campus ALL players must place uniforms on their laundry straps or in their laundry bags and place them in their designated area. This will be established prior to your first competition. If you have questions check with your coach or an Equipment Specialist. Players not returning to campus should have their team captain or another teammate return their uniform.

iii. Laundry bags turned in inside out or that are not clipped/zipped properly, will not be laundered.

IV. Final Return of Equipment

a. Career Issue Items: The career issue items will be retained by the student-athlete until the end of their sophomore year. If you leave a team prior to your Sophomore year, you must return these items to the equipment room within five (5) days of leaving the team. Sophomore student-athletes will be permitted to keep career-issue items.

b. All Other Clothing/Equipment

i. All items issued and signed for on the issue sheet must be returned to the equipment room at the assigned time. Generally, your return time will be the first or second day after your last game at your normal practice time. Your coach will confirm the date and time for the final return of equipment.

ii. If you are unable to be present for the final return of equipment, you will have five (5) days

to return it to the issue window. After five days, student accounts will be billed for missing equipment.

iii. Individuals quitting the team prior to the end of the season are responsible for returning all items issued within 5 days of the date he/she quit the team.

iv. All items issued must be returned to the equipment room issue area. This is necessary in order to confirm all items are returned, your athletic account has been cleared and to eliminate any unnecessary billings. If you do not return your equipment as instructed, your account will have a hold placed on it until the items are returned.

v. Your student account will be charged for all game and practice items not returned or damaged beyond normal wear and tear.

vi. You will not be reissued equipment for the next season or for another sport until all items have been returned equipment and/or student accounts have been cleared.

V. Locker Room Policy and Responsibility

a. Lockers are the property of the college. Students assume full responsibility for all items stored in the locker and locker room. Items of significant monetary value should not be stored in the locker or locker room. The college is not responsible for loss or damage to any items stored in the locker/locker room.

b. The college reserves the right to enter lockers at any time. Normal circumstances when lockers would be accessed include the following:

i. If a student fails to empty his/her locker at the end of the season or when a student quits the team. One week after the end of the season or the date of the last participation, the equipment staff and a coach will clean out the locker

ii. To return laundry bags

iii. At the request of the individual if he/she is no longer in school or is on medical leave.

iv. An emergency situation deemed appropriate by the college and the athletic department.

c. The equipment room will retain items that are property of the college. Personal (non-district) items will be held for two weeks and disposed of at the discretion of the college. The college takes no responsibility for the removed items.

d. If contraband or illegal items are found in the locker room, the athletic department will report the incident to the Sheriff's Department.

e. It is the responsibility of each team to help keep the locker room clean. The teams should make sure all items are kept off the floor and benches.



Sports Medicine Policy*

The Antelope Valley College Athletic Department provides training facilities which provide care for injuries sustained during intercollegiate participation. The athletic trainers are fully certified by the National Athletic Trainers Association.

RULES

The following rules apply to all student athletes (including red shirts).

Training Rules

1. If you have a prescription for medication by a doctor, it is the responsibility of the Student Athlete to report it to the trainers.
2. You must pass an athletic physical, which is provided by the college, prior to any athletic participation including practice.
3. You must provide all the information on the medical insurance information form.
4. It is the responsibility of the Student Athlete to report any injury sustained to the athletic trainer, whether you think it is serious or not.
5. Student Athletes cannot receive treatment until a completed AVC PPE packet is on file.

*Please see the Sports Medicine Policies and Procedures for more details.



Athletic Eligibility and Transferring

ANTELOPE VALLEY COLLEGE

First-Time Participation

- Must be an amateur athlete in the sport of competition
- First time competing in intercollegiate athletics at any college
- Enroll in and maintain 12 units (9 units toward a degree) at Antelope Valley College during the season of sport
- Earn a degree

Second Season of Participation

- Minimum GPA of 2.0
- Complete 24 units between seasons (18 need to be toward academic progress)
- Enroll in and maintain 12 units at Antelope Valley College during the season of sport

CA Community College Transfer

- If competed at another CCC, must complete 12 units at Antelope Valley College prior to the day before the start of the semester of competition (maximum 8 units in summer) and earn a total of 24 units with a 2.0 GPA
- Enroll in and maintain 12 units at Antelope Valley College during the season of sport

4-year College Transfer to Antelope Valley College

- Minimum GPA of 2.0
- Complete 24 units between seasons (18 need to be toward academic progress)
- Enroll in and maintain 12 units at Antelope Valley College during the season of sport

Note: Meeting only minimum requirements should not be a goal of the athlete.

Athletic Eligibility and Transferring

2-4 TRANSFERS

NCAA Division I

Qualifier

- Complete at least one full-time semester
- Average 12 transferable units per full-time semester
- Minimum GPA of 2.5 (transferable units only)
- Completed 6 units in last full-time term

Non-Qualifier

- Three full-time semesters (summer does not count)
- Earn AA degree (60 units)
- Minimum GPA of a 2.5 (transferable units only)
- Completed 6 units in last full-time semester
- Earn a minimum of 48 transferable units
- Must include 6 units of English, 3 math, 3 science
Qualifiers and Non-Qualifiers must complete 40-60-80%
progress toward degree
- No more than 2 units of PE courses can be used to meet the
transfer degree credit or GPA requirements

NCAA Division II

Qualifier

- Attend one full-time semester
- Average 12 transferable units per full-time semester
- Minimum GPA of 2.0

Non-Qualifier

- Complete at least two full-time semesters
—AND—
- Earn AA degree (60 units; 15 units minimum at AVC)
—OR—
- Average 12 transfer units per full-time term, including 6 transfer
units of English, 3 transfer units of math, all with minimum 2.0
GPA

NCAA Division III

- Immediately eligible if never competed
- If student competed elsewhere, must meet academic and
athletic eligibility requirements had they remained at the 2-year
college

Athletic Eligibility and Transferring

4-2-4 TRANSFERS

NCAA Division I

- One calendar year lapse from the time student left 4-year school
- Earn AA degree
- Complete an average of 12 units for each semester of full-time attendance that can be transferred toward your degree at the 4-year school
- Minimum 2.5 GPA (transferable units only)
- Completed 6 units in last full-time semester

NCAA Division II

Qualifier

- Attend two full-time semesters at AVC
—AND—
- Average 12 transferable units per full-time semester with a 2.0 GPA
—OR—
- Attend one full-time semester at AVC
- Earn AA degree (25%)

Non-Qualifier

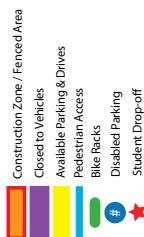
- Attend two full-time semesters at AVC
—AND—
- Average 12 transferable units per full-time semester with a 2.0 GPA (must include 6 transfer units of English and 3 transfer units of math)
—OR—
- Attend one full-time semester at AVC
- Earn AA degree

NCAA Division III

- Student was academically and athletically eligible at the first 4-year university
—OR—
- 24 semester units of transferable credit
- Two full-time semesters

Avenue J-8

- [illegible]



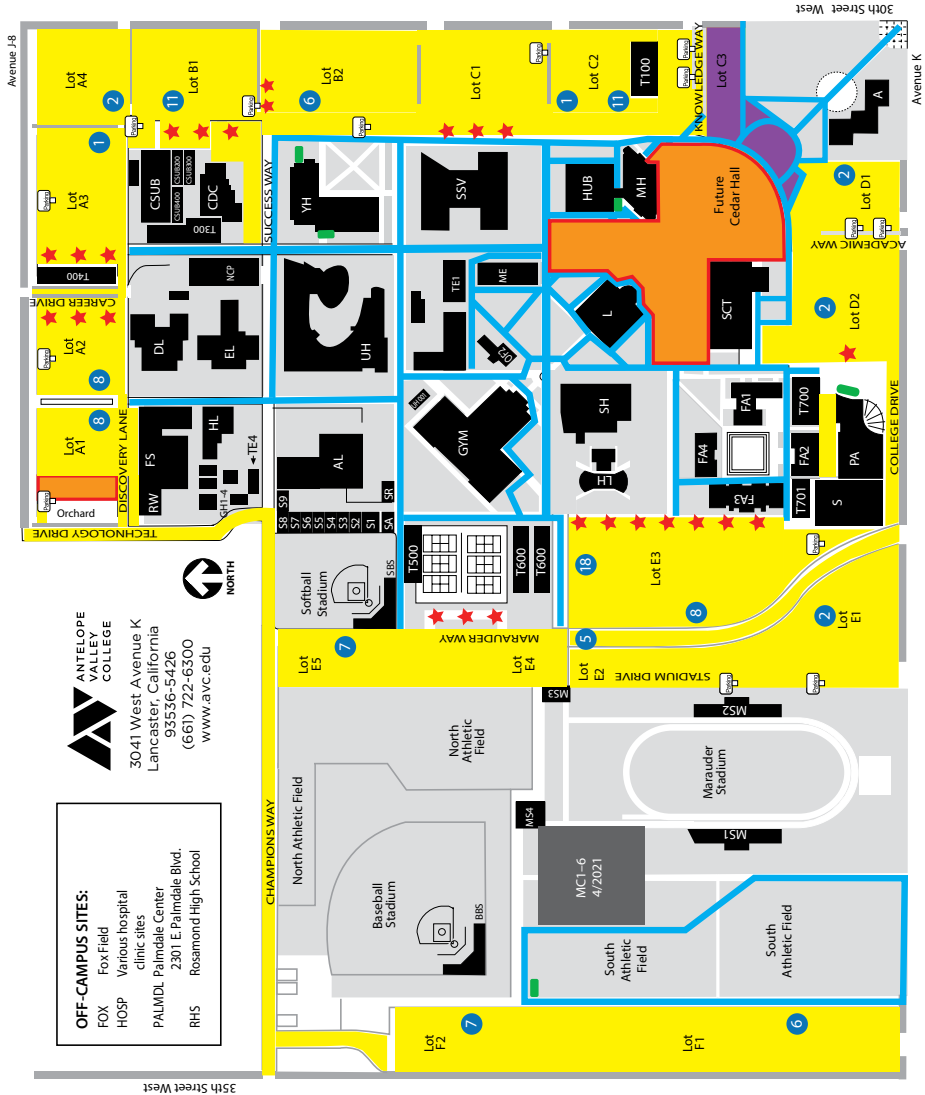
**ANTELOPE
VALLEY
COLLEGE**



**3041 West Avenue K
Antelope, California
93536-5426
(661) 722-6300
www.avc.edu**

OFF-CAMPUS SITES:

FOX	FoxField
HOSP	Various hospital clinic sites
PALMDL	Palmdale Center 2301 E. Palmdale
RHS	Rosamond High S



Academic Calendar 2024–2025

August						
	M	T	W	R	F	S
					01	02
	05	06	07	08	09	10
	12	13	14	15	16	17
1	19	20	21	22	23	24
2	26	27	28	29	30	31

September						
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7	30					

October						
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11	28	29	30	31		

November						
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December						
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	16	17	18	19	20	21
	23	24	25	26	27	28
6	30	31				

January						
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February						
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March						
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8	31					

April						
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May						
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June						
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4	30					

July						
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7	28	29	30	31		

August						
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10	18	19	20	21	22	23
11	25	26	27	28	29	30

Important Dates	
8/19/2024	Fall Semester Start
9/3/2024	Fall Census Day
9/2/2024	Labor Day
9/24/2024	National Voter Registration Day
10/14/2024	Indigenous Peoples Day
10/18/2024	Voter Registration Deadline
10/22/2024	Early Voting Begins
11/5/2024	Election Day
11/11/2024	Veterans Day
11/28/2024	Thanksgiving Day
11/29 - 11/30	Local Holiday
12/7/2024	Fall Semester End
12/24 - 12/25	Christmas
12/26 - 12/31	Local Holiday
1/1/2025	New Year's Day
1/2/2025	Intercession Term Start
1/20/2025	Martin Luther King Jr. Day
2/1/2025	Intercession Term End
2/3/2025	Spring Semester Start
2/14/2025	Lincoln's Day
2/15/2025	Local Holiday
2/17/2025	Washington's Day
2/18/2025	Spring Census Day
3/31/2025	Cesar Chavez Day
3/31-4/5	Spring Break
5/26/2025	Memorial Day
5/30/2025	Commencement Ceremony
5/31/2025	Spring Semester End
6/9/2025	Summer Term Start
6/19/2025	Juneteenth
7/4/2025	Independence Day
8/2/2025	Summer Term End

AVC Board of Trustees approval date: 6/12/23





@avcathletics



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Antelope Valley College prohibits discrimination and harassment based on race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, marital status, sex, age, or sexual orientation. Upon request, we will consider reasonable accommodations to permit individuals with protected disabilities to (a) complete the employment or admission process, (b) perform essential job functions, (c) enjoy benefits and privileges of similarly-situated individuals without disabilities, and (d) participate in instruction, programs, services, activities or events.



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