

Case Management Work Readiness Certificate 25-26

(Non-Credit)



ABOUT THIS MAJOR

The program introduces and applies the principles of physical fitness and mental health for individuals preparing for careers in public safety, as well as those training for employment that requires a Physical Ability Test (PAT). This program is designed to enhance the overall fitness level of participants and introduce them to specific skills required to successfully complete physical agility tests for law enforcement, correctional agencies, and other employers that have entry-level fitness requirements. The emphasis is on improving both cardiovascular and anaerobic endurance plus muscle strength and endurance. Intense resistance training, anaerobic and cardiovascular workouts are utilized including concepts of wellness, mindfulness, injury prevention, and stress management. Participants progress through 3 levels of program instruction and training to earn a Certificate of Completion.

For more information, visit the [Social and Behavioral Sciences](#) division.

TO EARN A CERTIFICATE A STUDENT MUST COMPLETE THE FOLLOWING:

[1] A minimum grade "P" on each course

(Noncredit) CERT- Case Management Work Readiness

[Total Hours required for certificate: 378]

Require Course, complete ALL the following (total 378 hours)	
BUS999 - Map for Workplace Success	108
CA998 - Computers, Application Software, & Technology for Beginners	108
PSY900 - Case Management Essentials	162

RECOMMENDED PATHWAY

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The Recommended Plan of Study is determined by the discipline faculty. Take classes in **Summer** or **Intersession** if needed to complete your degree in a timely manner!

Fall/Spring: Max 19 units | Summer: Max 9 units | Intersession: Max 6 units

☒ Major

SEMESTER 1

Course Advisement	Hours
<input checked="" type="checkbox"/> BUS 999	108
<input checked="" type="checkbox"/> CA 998	108
<input checked="" type="checkbox"/> PSY 900	162
Total Hours	378

Total Overall Hours 378

COUNSELING NOTE SECTION

Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Title 5, Section 55200(d)

Application for Graduation:

Antelope Valley College awards degrees three times annually following the Fall, Spring, and summer semesters. Students must apply for graduation to earn their degree or certificate. **Applications are due by September 6 for spring/summer graduates and by February 14 for fall graduates.**

AVC 25-26 CATALOG: [ACADEMIC POLICIES](#)

INFORMATION and RESOURCES

Tutoring Assistance	Career Center	AVC Student Health Services
Transfer Center	Office of Students with Disabilities	Palmdale Center
Basic Needs	Financial Aid	Counseling Division