

Academic Skills Workshops | Spring 2023

Topic	Date & Time	Instructor
Study Skills for Academic Success	T 1/17 10:00 a.m.	K. Jorris
How to Manage Your Time for Success	M 1/23 3:00 p.m.	K. Jorris
Ten Steps to Great Grades	M 1/30 3:00 p.m.	K. Jorris
Effective Memory Strategies	T 2/7 10:00 a.m.	K. Jorris
How to Best Prepare for Tests	M 2/13 3:00 p.m.	K. Jorris
Helpful Test-Taking Strategies	T 2/28 10:00 a.m.	K. Jorris
Strategies to Reduce Test Anxiety	T 3/14 10:00 a.m.	K. Jorris
Learn to Overcome Procrastination	M 3/20 3:00 p.m.	K. Jorris
Steps to Help Manage Stress	M 3/27 3:00 p.m.	K. Jorris
Ten Steps to Great Grades	M 4/3 10:00 a.m.	K. Jorris
Effective Memory Strategies	T 4/11 10:00 a.m.	K. Jorris
Test Preparation & Test-Taking Strategies	M 4/17 4 3:00 p.m.	K. Jorris
Strategies to Reduce Test Anxiety	T 4/25 10:00 a.m.	K. Jorris