

Learning Center Workshops – Spring 2026

ACADEMIC SKILLS			
Date & Time	Topic	Location	Instructor
W 2/18 11am-12pm	Time Management	Zoom	A. Williamson
Th 2/26 1-2pm	Active Reading Strategies	Sage Hall	A. Williamson
M 3/02 11am-12pm	Note-Taking for Success	Zoom	A. Williamson
T 3/10 2-3pm	Student Study Behavior Inventory (SSBI) Review	Sage Hall	A. Williamson
W 3/25 12-1pm	Active Reading Strategies	Zoom	A. Williamson
Th 4/16 2-3pm	Note-Taking for Success	Sage Hall	A. Williamson
M 4/20 12-1pm	SSBI Review	Zoom	A. Williamson
T 4/28 2-3pm	Reducing Test Anxiety	Sage Hall	A. Williamson
W 5/13 1-2pm	SSBI Review	Zoom	A. Williamson
Th 5/21 2-3pm	Test Preparation & Test-Taking Strategies	Sage Hall	A. Williamson
<p>Other academic skills topics by request: study tips for good grades, time management, note taking, memory techniques, test preparation, test taking strategies, test anxiety, etc. See our request form at https://www.avc.edu/lc/academic-workshops.</p>			

COMMUNICATION & AI			
Date & Time	Topic	Location	Instructor
W 2/25 1:00-2:00 pm	Managing Public Speaking Anxiety	Zoom	J. Gend
W 2/25 2:30-3:30 pm	AI Basics: Using AI Effectively, Responsibly, & Ethically	Zoom	J. Gend
T 3/10 4:00-5:00 pm	Human Communication Skills for College and Life: Talking to Teachers & Campus Professionals	Zoom	A. Razook & N. Jones

T 3/10 5:30-6:30 pm	Think First - Strengthening Critical Thinking & Media Literacy in an AI World	Zoom	A. Razook & N. Jones
M 3/16 1:00-2:00 pm	Managing Public Speaking Anxiety	Zoom	J. Gend
M 3/16 2:30-3:30 pm	AI Basics: Using AI Effectively, Responsibly, & Ethically	Zoom	J. Gend
T 4/14 3:00-4:00 pm	Human Communication Skills for College and Life: Starting & Sustaining Conversations	Zoom	A. Razook & N. Jones
T 4/14 4:30-5:30 pm	AI & Integrity - Ethical AI Use Across Everyday Situations	Zoom	Razook & Jones
W 4/15 1:00-2:00 pm	Managing Public Speaking Anxiety	Zoom	J. Gend
W 4/15 2:30-3:30 pm	AI Basics: Using AI Effectively, Responsibly, & Ethically	Zoom	J. Gend
T 4/28 4:00-5:00 pm	Human Communication Skills for College and Life: Respect, Empathy, & Listening	Zoom	A. Razook & N. Jones
T 4/28 5:30-6:30 pm	Beyond Copy & Paste - AI Writing, Editing, & Partnering Without Overreliance	Zoom	A. Razook & N. Jones
M 5/11 1:00-2:00 pm	Managing Public Speaking Anxiety	Zoom	J. Gend
M 5/11 2:30-3:30 pm	AI Basics: Using AI Effectively, Responsibly, & Ethically	Zoom	J. Gend
T 5/12 4:00-5:00 pm	Human Communication Skills for College and Life: Making Friends & Belonging	Zoom	A. Razook & N. Jones
T 5/12 5:30-6:30 pm	Humanity Beyond AI: Working with the Future by Exploring Creativity & Personal Safety in a Digital World	Zoom	A. Razook & N. Jones

Please select the Zoom link “**Workshops for COMM & AI**” on the Academic Workshops page. <https://www.avc.edu/lc/academic-workshops>.

DEAF STUDIES

Date & Time	Topic	Location	Instructor
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Th 2/19 12:30-1:30 pm	ASL Study Skills	Zoom	H. Valencia
W 2/25 3:30-4:30 pm	Fingerspelling	Sage Hall	H. Valencia
Th 3/12 12:30-1:30 pm	ASL Grammar Review	Zoom	H. Valencia
W 3/25 3:30-4:30 pm	Deaf Culture	Sage Hall	H. Valencia
Th 4/2 12:30-1:30 pm	Wanna Be an Interpreter?	Zoom	H. Valencia
W 4/15 3:30-4:30 pm	ASL Study Skills	Sage Hall	H. Valencia
Th 4/30 12:30-1:30 pm	Fingerspelling	Zoom	H. Valencia
W 5/6 3:30-4:30 pm	Wanna Be an Interpreter?	Sage Hall	H. Valencia
Th 5/21 12:30-1:30 pm	Deaf Culture	Zoom	H. Valencia
W 5/27 3:30-4:30 pm	ASL Grammar Review	Sage Hall	H. Valencia
<p>Other ASL topics by request. See our request form at https://www.avc.edu/lc/academic-workshops.</p>			

MATH & STATISTICS			
Date & Time	Topic	Location	Instructor
Th 2/26 10:30-11:15am	Foundational Math Concepts for Science and Math Classes	Zoom	J. Bowers
Th 3/12 10:30-11:15am	Descriptive Statistics, Probability, & StatCrunch	Zoom	J. Bowers
Th 3/26 10:30-11:15am	Managing Math Anxiety & Preparing for Math/Stat Tests	Zoom	J. Bowers
Th 4/23 10:30-11:15am	Normal Probability Distribution & Central Limit Theorem	Zoom	J. Bowers
Th 5/07 10:30-11:15am	Inferential Statistics, Confidence Intervals, & Hypothesis Testing	Zoom	J. Bowers
Th 5/28 10:30-11:15am	Review for Statistics Final Exam	Zoom	J. Bowers
<p>Other math topics by request: math study skills, managing math anxiety, concepts and processes from algebra, geometry, trigonometry, precalculus, calculus, and statistics. See our request form at https://www.avc.edu/lc/academic-workshops.</p>			

WRITING

Date & Time	Topic	Location	Instructor
W 2/18 3:00-4:00pm	Managing Writing Anxiety	Sage Hall	W. Rider
T 3/10 11:30am-12:30pm	APA Format	Zoom	S. Harano
W 3/11 3:00-4:00pm	MLA Format	Zoom	W. Rider
M 3/23 3:00-4:00pm	Writing Timed Essays	Sage Hall	W. Rider
T 3/24 11:30am-12:30pm	Writing a Research Paper	Sage Hall	S. Harano
W 3/25 3:00-4:00pm	Managing Writing Anxiety	Zoom	W. Rider
T 4/21 11:30am-12:30pm	APA Format	Zoom	S. Harano
W 4/22 3:00-4:00pm	MLA Format	Zoom	W. Rider
T 5/05 11:30am-12:30pm	Writing a Research Paper	Zoom	S. Harano
W 5/06 3:00-4:00pm	APA Format	Sage Hall	W. Rider
T 5/19 11:30am-12:30pm	MLA Format	Sage Hall	S. Harano
W 5/20 3:00-4:00pm	Writing Timed Essays	Zoom	W. Rider

Other writing topics by request: the writing process, essay organization, revising & editing essays, grammar review, application essays, timed essays, managing writing anxiety, etc.
See our request form at <https://www.avc.edu/lc/academic-workshops>.