

Learning Center Workshops – Spring 2026

| ACADEMIC SKILLS | | | |
|---|---|----------------------|--------------------------|
| Date & Time | Topic | Location | Instructor |
| W 2/18 11am-12pm | Time Management | Zoom | A. Williamson |
| Th 2/26 1-2pm | Active Reading Strategies | Sage Hall | A. Williamson |
| M 3/02 11am-12pm | Note-Taking for Success | Zoom | A. Williamson |
| T 3/10 2-3pm | Student Study Behavior Inventory (SSBI) Review | Sage Hall | A. Williamson |
| W 3/25 12-1pm | Active Reading Strategies | Zoom | A. Williamson |
| Th 4/16 2-3pm | Note-Taking for Success | Sage Hall | A. Williamson |
| M 4/20 12-1pm | SSBI Review | Zoom | A. Williamson |
| T 4/28 2-3pm | Reducing Test Anxiety | Sage Hall | A. Williamson |
| W 5/13 1-2pm | SSBI Review | Zoom | A. Williamson |
| Th 5/21 2-3pm | Test Preparation & Test-Taking Strategies | Sage Hall | A. Williamson |
| <p>Other academic skills topics by request: study tips for good grades, time management, note taking, memory techniques, test preparation, test taking strategies, test anxiety, etc. See our request form at https://www.avc.edu/lc/academic-workshops.</p> | | | |

| COMMUNICATION & AI | | | |
|---------------------|---|----------|----------------------|
| Date & Time | Topic | Location | Instructor |
| W 2/25 1:00-2:00 pm | Managing Public Speaking Anxiety | Zoom | J. Gend |
| W 2/25 2:30-3:30 pm | AI Basics: Using AI Effectively, Responsibly, & Ethically | Zoom | J. Gend |
| T 3/10 4:00-5:00 pm | Human Communication Skills for College and Life: Talking to Teachers & Campus Professionals | Zoom | A. Razook & N. Jones |

| | | | |
|---------------------|--|------|----------------------|
| T 3/10 5:30-6:30 pm | Think First - Strengthening Critical Thinking & Media Literacy in an AI World | Zoom | A. Razook & N. Jones |
| M 3/16 1:00-2:00 pm | Managing Public Speaking Anxiety | Zoom | J. Gend |
| M 3/16 2:30-3:30 pm | AI Basics: Using AI Effectively, Responsibly, & Ethically | Zoom | J. Gend |
| T 4/14 3:00-4:00 pm | Human Communication Skills for College and Life: Starting & Sustaining Conversations | Zoom | A. Razook & N. Jones |
| T 4/14 4:30-5:30 pm | AI & Integrity - Ethical AI Use Across Everyday Situations | Zoom | Razook & Jones |
| W 4/15 1:00-2:00 pm | Managing Public Speaking Anxiety | Zoom | J. Gend |
| W 4/15 2:30-3:30 pm | AI Basics: Using AI Effectively, Responsibly, & Ethically | Zoom | J. Gend |
| T 4/28 4:00-5:00 pm | Human Communication Skills for College and Life: Respect, Empathy, & Listening | Zoom | A. Razook & N. Jones |
| T 4/28 5:30-6:30 pm | Beyond Copy & Paste - AI Writing, Editing, & Partnering Without Overreliance | Zoom | A. Razook & N. Jones |
| M 5/11 1:00-2:00 pm | Managing Public Speaking Anxiety | Zoom | J. Gend |
| M 5/11 2:30-3:30 pm | AI Basics: Using AI Effectively, Responsibly, & Ethically | Zoom | J. Gend |
| T 5/12 4:00-5:00 pm | Human Communication Skills for College and Life: Making Friends & Belonging | Zoom | A. Razook & N. Jones |
| T 5/12 5:30-6:30 pm | Humanity Beyond AI: Working with the Future by Exploring Creativity & Personal Safety in a Digital World | Zoom | A. Razook & N. Jones |

Please select the Zoom link “**Workshops for COMM & AI**” on the Academic Workshops page. <https://www.avc.edu/lc/academic-workshops>.

DEAF STUDIES

| Date & Time | Topic | Location | Instructor |
|-------------|-------|----------|------------|
|-------------|-------|----------|------------|

| | | | |
|---|--------------------------|-----------|-------------|
| Th 2/19 12:30-1:30 pm | ASL Study Skills | Zoom | H. Valencia |
| W 2/25 3:30-4:30 pm | Fingerspelling | Sage Hall | H. Valencia |
| Th 3/12 12:30-1:30 pm | ASL Grammar Review | Zoom | H. Valencia |
| W 3/25 3:30-4:30 pm | Deaf Culture | Sage Hall | H. Valencia |
| Th 4/2 12:30-1:30 pm | Wanna Be an Interpreter? | Zoom | H. Valencia |
| W 4/15 3:30-4:30 pm | ASL Study Skills | Sage Hall | H. Valencia |
| Th 4/30 12:30-1:30 pm | Fingerspelling | Zoom | H. Valencia |
| W 5/6 3:30-4:30 pm | Wanna Be an Interpreter? | Sage Hall | H. Valencia |
| Th 5/21 12:30-1:30 pm | Deaf Culture | Zoom | H. Valencia |
| W 5/27 3:30-4:30 pm | ASL Grammar Review | Sage Hall | H. Valencia |
| <p>Other ASL topics by request. See our request form at https://www.avc.edu/lc/academic-workshops.</p> | | | |

| MATH & STATISTICS | | | |
|---|--|-----------------|-------------------|
| Date & Time | Topic | Location | Instructor |
| Th 2/26 10:30-11:15am | Foundational Math Concepts for Science and Math Classes | Zoom | J. Bowers |
| Th 3/12 10:30-11:15am | Descriptive Statistics, Probability, & StatCrunch | Zoom | J. Bowers |
| Th 3/26 10:30-11:15am | Managing Math Anxiety & Preparing for Math/Stat Tests | Zoom | J. Bowers |
| Th 4/23 10:30-11:15am | Normal Probability Distribution & Central Limit Theorem | Zoom | J. Bowers |
| Th 5/07 10:30-11:15am | Inferential Statistics, Confidence Intervals, & Hypothesis Testing | Zoom | J. Bowers |
| Th 5/28 10:30-11:15am | Review for Statistics Final Exam | Zoom | J. Bowers |
| <p>Other math topics by request: math study skills, managing math anxiety, concepts and processes from algebra, geometry, trigonometry, precalculus, calculus, and statistics. See our request form at https://www.avc.edu/lc/academic-workshops.</p> | | | |

WRITING

| Date & Time | Topic | Location | Instructor |
|------------------------|--------------------------|-----------|------------|
| W 2/18 3:00-4:00pm | Managing Writing Anxiety | Sage Hall | W. Rider |
| T 3/10 11:30am-12:30pm | APA Format | Zoom | S. Harano |
| W 3/11 3:00-4:00pm | MLA Format | Zoom | W. Rider |
| M 3/23 3:00-4:00pm | Writing Timed Essays | Sage Hall | W. Rider |
| T 3/24 11:30am-12:30pm | Writing a Research Paper | Sage Hall | S. Harano |
| W 3/25 3:00-4:00pm | Managing Writing Anxiety | Zoom | W. Rider |
| T 4/21 11:30am-12:30pm | APA Format | Zoom | S. Harano |
| W 4/22 3:00-4:00pm | MLA Format | Zoom | W. Rider |
| T 5/05 11:30am-12:30pm | Writing a Research Paper | Zoom | S. Harano |
| W 5/06 3:00-4:00pm | APA Format | Sage Hall | W. Rider |
| T 5/19 11:30am-12:30pm | MLA Format | Sage Hall | S. Harano |
| W 5/20 3:00-4:00pm | Writing Timed Essays | Zoom | W. Rider |

Other writing topics by request: the writing process, essay organization, revising & editing essays, grammar review, application essays, timed essays, managing writing anxiety, etc.
See our request form at <https://www.avc.edu/lc/academic-workshops>.