

## Protocol for Social Distancing: Appendix A

**Recent Updates:** (Changes highlighted yellow)

**3/5/21:**

- Updated language added related to entry screening for employees and visitors to the facility and to change terminology from “face covering” to “face mask”.

<b>Business name:</b>	<u>Antelope Valley College</u>
<b>Facility Address:</b>	<u>3041 W. Avenue K; Lancaster, CA 93536</u>
<b>Maximum Occupancy, per Fire Code:</b>	<u>Non-Applicable</u>
<b>Approximate gross square footage of space open to the public:</b>	<u>35 Acres &amp; Multiple Buildings</u>

**All entities are covered by this protocol and must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is inapplicable to the entity or site.**

In the protocols that follow, the term “household” is defined as “persons living together as a single living unit” and shall not include institutional group living situations such as dormitories, fraternities, sororities, monasteries, convents, or residential care facilities, nor does it include such commercial living arrangements such as boarding houses, hotels, or motels.<sup>1</sup> The terms “staff” and “employee” are meant to include employees, volunteers, interns and trainees, scholars and all other individuals who carry out work at the site. The term “visitors” or “customers” should be understood to include members of the public and others who are not staff or employees who spend time at the business or site. The terms “site” and “facility” both refer to the building, grounds, and any adjacent buildings or grounds at which permitted activities are conducted.

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<sup>1</sup> Los Angeles County Code, Title 22. §22.14.060 - F. Family definition. (Ord. 2019-0004 § 1, 2019.)  
[https://library.municode.com/ca/los\\_angeles\\_county/codes/code\\_of\\_ordinances?nodeId=TIT22PLZO\\_DIV2DE\\_CH22.14DE\\_22.14.060F](https://library.municode.com/ca/los_angeles_county/codes/code_of_ordinances?nodeId=TIT22PLZO_DIV2DE_CH22.14DE_22.14.060F)

**A. MEASURES TO PROTECT EMPLOYEE HEALTH  
(CHECK ALL THAT APPLY)**

- ☒ Everyone who can carry out their work duties from home has been directed to do so. Work processes are reconfigured to the extent practicable to increase opportunities for staff to work from home.
- ☒ Vulnerable staff (those above age 65, those with chronic health conditions) are assigned work that can be done from home, wherever possible.
- ☒ All employees have been told not to come to work **or enter the premises** if sick and to follow DPH guidance for self-isolation, if applicable.
- ☒ **Entry screenings must be** conducted before employees/visitors may enter the space. **Screening** must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the individual is currently under isolation or quarantine orders, **in compliance with [DPH Entry Screening Guidance](#)**. These checks can be done in person upon the employees' arrival **or through alternative methods such as on-line check in systems or through signage posted at the entry of the facility stating that employees with these symptoms must not enter the premises.** A temperature check should also be done at the worksite if feasible.
  - **Negative Screen (Cleared).** If the person has no symptom(s) and no contact with a known COVID-19 case in the last 14 days, they can be cleared to enter and participate for that day.
  - **Positive Screen (Not Cleared):**
    - If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
    - If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).
- ☒ Information on employer or government-sponsored leave benefits the employee may be entitled to receive that would make it financially easier to stay at home has been communicated to all employees. See additional information on [government programs supporting sick leave and worker's compensation for COVID-19](#), including employee's sick leave rights under the [Families First Coronavirus Response Act](#) and employee's rights to workers' compensation benefits and presumption of the work-relatedness of COVID-19 pursuant to the [Governor's Executive Order N-62-20](#).
- ☒ Upon being informed that one or more employees, independent contractor and/or temporary worker tests positive for, or has symptoms consistent with COVID-19 (case), the employer has a plan or protocol in place to have the case(s) isolate themselves at home and require the immediate self-quarantine of all employees that had a workplace exposure to the case(s). The employer's plan should consider a protocol for all quarantined employees to have access to or be tested for COVID-19 in order to determine whether there have been additional workplace exposures, which may require additional COVID-19 control measures. See Public Health guidance on [responding to COVID-19 in the workplace](#).
- ☒ In the event that 3 or more cases are identified within the workplace within a span of 14 days the employer must report this cluster to the Department of Public Health at (888) 397-3993 or (213) 240-7821 or online at [www.redcap.link/covidreport](https://www.redcap.link/covidreport). If a cluster is identified at a worksite, the Department of Public Health will initiate a cluster response which includes providing infection control guidance and recommendations, technical support, and site-specific control measures. A public health case manager will be assigned to the cluster investigation to help guide the facility response.
- ☒ Employees who have contact with others are offered, at no cost, an appropriate face **mask** that covers the nose and mouth. The **face mask must** be worn by the employee at all times during the workday when in contact or likely to come into contact with others. Employees who have been instructed by their medical provider that they should not wear a face **mask** must wear a non-restrictive alternative, such as a face shield

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with a drape on the bottom edge, to be in compliance with the [State directive](#), as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves **must** not be used.

- ☒ All employees must wear **a face mask** at all times except when working alone in private offices with closed doors or when eating or drinking. This requirement overrides the previous exception for employees working in cubicles with solid partitions exceeding the height of the employee while standing.
- ☒ To ensure that masks are worn consistently and correctly, employees are discouraged from eating or drinking except during their breaks when they are able to safely remove their masks and physically distance from others. At all times when eating or drinking, employees must maintain at least a six-foot distance from others. When eating or drinking, it is preferred to do so outdoors and away from others, if possible. Eating or drinking at a cubicle or workstation is preferred to eating in a breakroom if eating in a cubicle or workstation provides greater distance from and barriers between workers.
- ☒ Staff are instructed to wash, **if appropriate**, or replace their face **masks** daily.
- ☐ Occupancy is reduced and space between employees is maximized in any room or area used employees for meals and/or breaks. This has been achieved by:
  - Posting a maximum occupancy sign that is consistent with enabling a distance of at least six feet between individuals in rooms or areas used for breaks; and
  - Staggering break or mealtimes to reduce occupancy in rooms or areas used for meals and breaks; and
  - Placing tables at least **eight** feet apart and assuring six feet between seats, removing or taping seats to reduce occupancy, placing markings on floors to assure distancing, and arranging seating in a way that minimizes face-to-face contact. Use of partitions is encouraged to further prevent spread but should not be considered a substitute for reducing occupancy and maintaining physical distancing.
- ☒ Where possible, outdoor break areas have been created and are equipped with shade covers and seating that enables employees to maintain a 6-foot physical distance at all time from others.
- ☐ All desks or individual workstations are separated by at least six feet.
- ☐ Break rooms, restrooms, and other common areas are being disinfected hourly, on the following schedule:
  - ☒ Break rooms: Daily.
  - ☒ Restrooms: Multiple times daily.
  - Other: \_\_\_\_\_
- ☒ Disinfectant and related supplies are available to all employees at the following location(s):  
Facilities Services lobby.
- ☒ Hand sanitizer effective against COVID-19 is available to all employees at the following location(s):  
Facilities Services lobby.
- ☒ Soap and water are available to all employees at the following location(s):  
Campus restrooms.
- ☒ Employees are allowed frequent breaks to wash their hands.
- ☒ Each worker is assigned their own tools, equipment, and defined workspace. Whenever possible, sharing held items (e.g., phones, tablets, laptops, desks, pens, etc.) is minimized or eliminated.
- ☒ All policies described in this checklist other than those related to terms of employment are applied to staff of delivery and any other companies who may be on the premises as third parties.
- ☒ Copies of this Protocol have been distributed to all employees.

☐ Optional—Describe other measures:

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**B. MEASURES TO ENSURE PHYSICAL DISTANCING  
(CHECK ALL THAT APPLY)**

- ☒ Limit the number of persons within the site at any one time, which allows for customers/visitors and employees to easily maintain at least six-foot distance from one another at all practicable times.
  - ☒ Maximum number of persons permitted in the facility to adhere to physical distancing requirements: 544
  - ☐ Post an employee at the door to ensure the maximum number of persons in the facility is not exceeded.
    - The facility or site monitors all entrances in order to track and limit occupancy. Where possible, provide a single, clearly designated entrance and separate exit to help maintain physical distancing.
    - Be prepared to queue customers/visitors outside while still maintaining physical distance, including through the use of visual cues. If necessary, an employee (or employees if there is more than one entrance) wearing a face **mask** may be posted near the door but at least 6 feet from the nearest customers to track occupancy and to direct customers/visitors to line up six feet apart outside the entrance if the facility has reached its occupancy limit.
    - On-property security staff actively remind and encourage customers/visitors and the public to comply with the physical distancing standards, face **mask** requirements and remind patrons and visitors that on-site eating and drinking is not permitted.
  - ☒ If applicable, seating is reconfigured to ensure that all attendees/visitors are able to maintain a physical distance of at least 6 feet between themselves and others who are not members of their household.
  - ☐ Optional—Describe other measures:
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**C. MEASURES TO KEEP PEOPLE AT LEAST SIX FEET APART  
(CHECK ALL THAT APPLY)**

- ☒ Placing signs outside the facility reminding people to be at least six feet apart, including when in line.
  - ☒ Placing tape or other markings at least six feet apart in customer line areas inside the facility or site and on walkways at public entrances with signs directing customers to use the markings to maintain distance.
  - ☐ Separate order areas from delivery areas to prevent customers/visitors from gathering, if applicable.
  - ☒ All employees/visitors have been instructed to maintain at least six feet distance from customers and from each other, and persons who are not within their household, except employees may momentarily come closer when necessary to accept payment, deliver goods or services, or as otherwise necessary.
  - ☒ Provide clearly designated entrances and separate exits, if feasible and appropriate for the space, to help maintain physical distancing and support crowd control. Wherever possible, doors should be left open if they do not open and close automatically.
  - ☒ If applicable, institute one-way aisles or walkways to support physical distancing.
  - ☒ If applicable, elevator capacity is limited to 4 individuals or fewer at a time for any elevator that does not allow for 6-foot physical distance between riders. All riders are required to wear face **masks**. Consider elevator sizes, number of building floors, and daily number of employees to establish physical distancing guidelines appropriate for elevator riders.
  - ☒ If applicable, stairwells have been opened for “up” or “down” traffic with increased cleaning of stairwells.
  - ☐ Optional—Describe other measures:
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#### D. MEASURES TO PROMOTE INFECTION CONTROL

- ☒ Visitors arriving at the establishment are reminded of the requirement to wear a face **mask** at all times while in the facility or on the grounds of the facility. This applies to all adults and to children 2 years of age and older. **Individuals who have been instructed by their medical provider that they should not wear a face mask must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, to be in compliance with [State directive](#), as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves must not be used.** To support the safety of your employees and other visitors, a face **mask** should be made available to visitors who arrive without them.
- ☒ **Entry Screenings** must be conducted before visitors, **customers, contractors or vendors** may enter the facility, in compliance with [DPH Entry Screening Guidance](#). Screening must include a check-in concerning cough, shortness of breath, difficulty breathing, fever or chills and whether the individual is currently under isolation or quarantine orders. These checks can be done in person or through alternative methods such as on-line check in systems or through signage posted at the entrance to the facility stating that visitors with these symptoms **must** not enter the premises.
  - ☒ **Negative Screen (Cleared).** If the person has no symptoms and no contact with a known COVID-19 case in the last 14 days, they can be cleared to enter and participate for that day.
  - ☒ **Positive Screen (Not Cleared):**
    - If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
    - If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).
- ☒ The HVAC system is in good, working order; to the maximum extent possible, ventilation has been increased. Consider installing portable high-efficiency air cleaners, upgrading the building's air filters to the highest efficiency possible and making other modifications to increase the quantity of outside air and ventilation in offices and other spaces. See public health guidance on how to optimize ventilation.
- ☐ Contactless payment systems are in place or, if not feasible, payment systems are sanitized hourly.  
Describe: \_\_\_\_\_
- ☒ Common and high traffic areas, and frequently touched objects (e.g., handrails, elevator controls, doorknobs or handles, credit card readers, elevator buttons, escalator handrails, etc.) are disinfected on an hourly basis during business hours using EPA approved disinfectants following the manufacturer's instructions for use.
- ☒ Workspaces and the entire facility are cleaned at least daily, with restrooms and frequently touched areas/objects cleaned hourly. Shopping center hours have been adjusted to provide adequate time for regular deep cleaning and product stocking.
- ☐ Public restrooms are sanitized on an hourly basis using EPA approved disinfectants and following the manufacturer's instructions for use, on the following schedule:  
**Multiple times daily.**
- ☒ Public drinking water fountains are turned off and have signs informing customers that they are inoperable.
- ☒ Customers/visitors arriving at the facility with children must ensure that their children stay next to a parent, avoid touching any other person or any item that does not belong to them, and are masked if age permits.
- ☒ Customers/visitors have access to proper sanitation products, including hand sanitizer, tissues, and trash cans.
- ☐ Providing for contactless payment systems or, if not feasible, sanitizing payment systems regularly. Describe: \_\_\_\_\_

- ☐ Optional-Describe other measures (e.g., providing senior-only hours):
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**E. MEASURES THAT COMMUNICATE TO THE PUBLIC (CHECK ALL THAT APPLY TO THE FACILITY)**

- ☒ A copy of this protocol is posted at all public entrances to the facility.
- ☒ Signage posted at all entrance(s) to the facility or site reminds visitors, contractors, customers, or vendors to maintain physical distancing of six feet, the need to wear a face mask at all times, the importance of regular handwashing or use of hand sanitizer and the need to stay home if they are feeling ill or have symptoms of COVID-19.
- ☐ Signage throughout the facility or site reminds customers that there is no eating or drinking anywhere on site.
- ☐ Signage throughout the facility or site indicates to customers where to find the nearest hand sanitizer dispenser.
- ☒ Online outlets of the establishment (website, social media, etc.) provide clear information about the hours of operation, required use of face masks, limited occupancy, any policies in regard to prescheduling appointments or reservations, preordering, prepayment, pickup and/or delivery and other relevant issues.

**F. MEASURES FOR FACILITIES OR SITES THAT ARE OPEN TO THE PUBLIC**

- ☒ Restrooms normally open to the public shall remain open to the public.
- ☒ Disinfecting wipes that are effective against COVID-19 are available near shopping carts and shopping baskets, if applicable.
- ☒ Employee(s) assigned to disinfect carts and baskets on an hourly basis, if applicable.
- ☒ Hand sanitizer, soap and water, or effective disinfectant is available to the public at or near the entrance of the facility, at checkout counters, and anywhere else inside the store or immediately outside where people have direct interactions.
- ☒ Disinfecting all payment portals, pens, and styluses on an hourly basis.
- ☒ Disinfecting all high-contact surfaces hourly.

**G. MEASURES THAT ENSURE EQUITABLE ACCESS TO CRITICAL SERVICES**

- ☒ Services that are critical to customers/visitors have been prioritized.
- ☒ Transactions or services that can be offered remotely have been move on -line.
- ☒ Measures are instituted at the facility to assure access for goods and services for customers/visitors who have mobility issues and/or are at high risk in public spaces.
- ☐ Optional- Describe other measures:
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**Any additional measures not included above should be listed on separate pages, which the facility should attach to this document.**

**You may contact the following person with any  
questions or comments about this protocol:**

<b>Facility Contact Name:</b>	<u>Ed Knudson</u>
<b>Phone number:</b>	<u>(661) 722-6301</u>
<b>Date Last Revised:</b>	<u>03/16/2021</u>

## Protocols for Office Worksites: Appendix D

**Recent Updates:** (Changes are highlighted in yellow)

**2/1/2021:** Clarifies that all employees must wear a face covering at all times except while alone in an office with a closed door or while eating and drinking during break time.

**12/24/2020:** Updates requirements related to break rooms for employees and includes an email option for employers reporting clusters of 3 or more cases to DPH.

The Los Angeles County Department of Public Health (Public Health) is calling on the public, all business owners and community organizations to support the safe reopening of businesses and public spaces.

To aid in this transition, Public Health asks all businesses and institutions to take appropriate steps to plan for reopening, in alignment with the Blueprint for a Safer Economy. The following issues are critical and must be addressed to ensure that workers and consumers remain reduce the risk of spread as we transition to a more open phase:

- (1) Protecting and supporting employee and customer health
- (2) Ensuring appropriate physical distancing
- (3) Ensuring proper infection control
- (4) Communicating with the public
- (5) Ensuring equitable access to services

These five key areas must be addressed as your facility develops any reopening protocols.

Note that Office-Based Worksites that operate retail establishments, restaurants or gyms and fitness establishments should adhere to the following protocols, as appropriate:

- ☐ DPH Protocols for [Retail Establishments](#)
- ☐ DPH Protocols for [Restaurants](#)
- ☐ DPH Protocols for [Gyms and Fitness Establishments](#)

**All businesses covered by this guidance must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is not applicable to the business.**

<b>Business name:</b>	<u>Antelope Valley College</u>
<b>Facility Address:</b>	<u>3041 W. Avenue K; Lancaster, CA 93536</u>
<b>Maximum Occupancy, per Building Code:</b>	<u>1566</u>
<b>Approximate total square footage of space open to the public:</b>	<u>65,762</u>
<b>Date Posted:</b>	<u>March 9, 2021</u>

**A. WORKPLACE POLICIES AND PRACTICES TO PROTECT EMPLOYEE HEALTH  
(CHECK ALL THAT APPLY TO THE FACILITY)**

- ☒ Everyone who can carry out their work duties from home has been directed to do so.
- ☒ Vulnerable staff (those above age 65, those who are pregnant, and those with chronic health conditions) are assigned work that can be done from home whenever possible and should discuss any concerns with their healthcare provider or occupational health services to make appropriate decisions on returning to the workplace.
- ☒ Work processes are reconfigured to the extent possible to increase opportunities for employees to work from home.
- ☒ Alternate, staggered or shift schedules have been instituted to maximize physical distancing.
- ☒ Additional protections like shifts in job duty that allow employees that are vulnerable to work from home have been provided whenever possible.
- ☒ All employees have been told not to come to work if sick, or if they are exposed to a person who has COVID-19. Employees understand to follow DPH guidance for self-isolation and quarantine, if applicable. Workplace leave policies have been reviewed and modified to ensure that employees are not penalized when they stay home due to illness.
- ☒ Workers are provided information on employer or government-sponsored leave benefits the employee may be entitled to receive that would make it financially easier to stay at home. See additional information on [government programs supporting sick leave and worker's compensation for COVID-19](#), including employee's sick leave rights under the [Families First Coronavirus Response Act](#) and employee's rights to workers' compensation benefits and presumption of the work-relatedness of COVID-19 exposures occurring between March 19 and July 5 pursuant to the Governor's [Executive Order N-62-20](#).
- ☒ Upon being informed that one or more employees test positive for, or has symptoms consistent with COVID-19 (case), the employer has a plan or protocol in place to have the case(s) isolate themselves at home and require the immediate self-quarantine of all employees that had a workplace exposure to the case(s). The employer's plan should consider a protocol for all quarantined employees to have access to or be tested for COVID-19 in order to determine whether there have been additional workplace exposures, which may require additional COVID-19 control measures. See the public health guidance on [responding to COVID-19 in the workplace](#).
- ☒ [Employee screenings](#) are conducted before employees may enter the workspace. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the employee is currently under isolation or quarantine orders. These checks can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible.
- ☒ In the event that 3 or more cases are identified within the workplace within a span of 14 days the employer must report this cluster to the Department of Public Health at (888) 397-3993 or (213) 240-7821 or on-line at [www.redcap.link/covidreport](http://www.redcap.link/covidreport). If a cluster is identified at a worksite, the Department of Public Health will initiate a cluster response which includes providing infection control guidance and recommendations, technical support and site-specific control measures. A public health case manager will be assigned to the cluster investigation to help guide the facility response. The Department of Public Health will need the facility's immediate cooperation to determine whether the cluster of cases constitutes an outbreak of COVID-19.
- ☒ Employees who have contact with others are offered, at no cost, an appropriate face covering that covers the nose and mouth. The covering is to be worn by the employee at all times during the workday when in contact or likely to come into contact with others. Employees who have been instructed by their medical provider that they should not wear a face covering **must** wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting

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under the chin is preferred. Masks with one-way valves **must** not be used. All employees must wear face coverings at all times except when working alone in private offices with closed doors or when eating or drinking. The exception made previously for employees working in cubicles with solid partitions exceeding the height of the employee while standing is overridden until further notice.

- ☒ To ensure that masks are worn consistently and correctly, employees are discouraged from eating or drinking except during their breaks when they are able to safely remove their masks and physically distance from others. At all times when eating or drinking, employees must maintain at least a six-foot distance from others. When eating or drinking, it is preferred to do so outdoors and away from others, if possible. Eating or drinking at a cubicle or workstation is preferred to eating in a breakroom if eating in a cubicle or workstation provides greater distance from and barriers between workers.
- ☒ Occupancy is reduced and space between employees is maximized in any room or area used employees for meals and/or breaks. This has been achieved by:
  - Posting a maximum occupancy that is consistent with enabling a distance of at least six feet between individuals in rooms or areas used for breaks; and
  - Staggering break or mealtimes to reduce occupancy in rooms or areas used for meals and breaks; and
  - Placing tables six feet apart and assuring six feet between seats, removing or taping seats to reduce occupancy, placing markings on floors to assure distancing, and arranging seating in a way that minimizes face-to-face contact. Use of partitions is encouraged to further prevent spread but should not be considered a substitute for reducing occupancy and maintaining physical distancing.
- ☒ Employees are instructed to wash their face coverings daily.
- ☒ All occupied desks, individual workstations or individuals on production lines are separated by at least six feet unless there are extenuating circumstances that require closer contact for brief periods of time.
- ☒ All employees, vendors and delivery personnel have been provided instructions regarding maintaining physical distancing and the use face coverings when around others.
- ☐ Break rooms, restrooms and other common areas are disinfected hourly, on the following schedule:
  - ☒ Break rooms Daily.
  - ☒ Restrooms Multiple times daily.
  - Other \_\_\_\_\_
- ☒ Disinfectant and related supplies are available to employees at the following location(s):  
Facilities Services lobby.
- ☒ Hand sanitizer effective against COVID-19 is available to all employees at the following location(s):  
Facilities Services lobby.
- ☒ Soap and water are available to all employees at the following location(s):  
Campus restrooms.
- ☒ Employees are allowed frequent breaks to wash their hands.
- ☒ Workers are provided time during their shifts to implement cleaning practices. Cleaning assignments should be assigned during working hours as part of the employee's job duties.
- ☒ Each worker is assigned their own tools, equipment and defined workspace whenever possible. Sharing of workspaces and held items is minimized or eliminated. Where items must be shared, they are disinfected

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between shifts or uses, whichever is more frequent, including the following: shared office equipment such as copiers, fax machines, printers, telephones, keyboards, staplers, surfaces in reception areas, shared work stations, etc. with a cleaner appropriate for the surface.

☒ Copies of this Protocol have been distributed to all employees.

☐ Optional—Describe other measures:

## B. MEASURES TO ENSURE PHYSICAL DISTANCING

☒ The number of employees in the essential office-based business worksite is limited at any one time such that employees can easily maintain at least a six-foot distance from one another at all practicable times but in no case more than 25% of the maximum occupancy of the office-based business worksite.

Maximum number of customers in the facility limited to: Campus is closed to students and the public.

Maximum number of employees in facility per floor is limited to: Varies by size of room.

☐ Non-essential office-based businesses that are conducting Minimum Basic Operations may not have more than 25% of the maximum occupancy of the office-based business worksite.

☒ Tape or other markings have been placed at least six feet apart anywhere where individuals may have to line up, both inside the workplace and outside its public entrances, with signs directing employees and visitors to use the markings to maintain distance.

☒ Employees have been instructed to maintain at least six feet distance from customers, guests and from each other; employees may momentarily come closer when necessary to accept payment, deliver goods or services, or as otherwise necessary.

☒ Elevator capacity is limited to the number of people that can be accommodated while maintaining a 6-foot physical distance between riders; during peak building entry and exit times, this number can be adjusted to 4 individuals or fewer at a time for any elevator that does not allow for 6-foot physical distance between riders. All riders are required to wear cloth face coverings. Consider elevator sizes, number of building floors, and daily number of employees and visitors to establish physical distancing guidelines appropriate for elevator riders.

☒ To ease elevator traffic, stairwells have been opened for “up” or “down” traffic with increased cleaning of stairwells.

☒ Furniture in areas that are open to the public (e.g., lobby, reception areas, or waiting rooms) is separated to support physical distancing.

☒ Customer service windows or reception counters have been separated by 6 feet to allow for physical distancing.

☒ Workspaces, cubicles, etc. are redesigned to ensure for six feet between employees.

☒ Common areas (e.g., break rooms and kitchenettes) are closed or restricted, using barriers, or by increasing physical distance between tables/chairs in breakrooms and kitchenettes where personnel are likely to congregate and interact.

☒ Employees are discouraged from congregating in any area, but especially common areas or high traffic areas such as break rooms, bathrooms, hallways and stairwells.

☒ To the extent possible, flow of traffic within the workplace is modified to minimize contacts (e.g., doors for entry or exit only; directional hallways or passageways have been established for foot traffic in a way that prevents employees from passing by one another).

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- ☒ Employees have been instructed to discontinue handshakes or other forms of greeting that break physical distance.
- ☒ In-person meetings are strongly discouraged in favor of virtual meetings. If in-person meetings are absolutely necessary, these meetings must be limited to 15 or fewer participants and all participants must wear cloth face coverings, no eating or drinking during the meeting, and the meeting must be held in a room that is large enough for participants to easily maintain physical distancing of 6 feet or greater from other participants.
- ☒ Nonessential travel is discontinued.

**C. MEASURES FOR INFECTION CONTROL**

- ☒ The HVAC system is in good, working order; to the maximum extent possible, ventilation has been increased. Consider installing portable high-efficiency air cleaners, upgrading the building's air filters to the highest efficiency possible, and making other modifications to increase the quantity of outside air and ventilation in offices and other spaces.
- ☒ Shared materials or objects (e.g., staplers, three-hole punches pens, coffee mugs etc.) have been eliminated, to the greatest extent possible.
- ☒ [Enhanced cleaning](#) of entire office space is completed on a regular basis.
- ☒ To the extent possible, doors, trash cans, etc. are contactless.
- ☒ Common areas and frequently touched object such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, elevator switches and buttons, touch screens, printers/copiers, and handrails are disinfected hourly using EPA approved disinfectants and following the manufacturer's instructions for use.
- ☒ Disinfectant and related supplies are available to all employees at the following location(s):  
Facilities Services lobby.
- ☐ Contactless payment systems are in place or, if not feasible, payment systems are sanitized hourly. Describe:  
\_\_\_\_\_
- ☒ If possible, customer service or reception areas have plastic barriers installed to limit contact between employees and visitors.
- ☒ To the extent possible, visitors to the worksite are by appointment only and are pre-registered in a visitor log that includes a visitor's name, phone number and email address. Visitors are instructed to come to their appointments alone. If a visitor must be accompanied by another person (e.g., for translation assistance, or because the visitor is a minor, or has minor children) their information is captured in the visitor log.
- ☒ Visitors arriving at the establishment are reminded to wear a face covering at all times (except while eating or drinking, if applicable) while in the establishment or on the grounds of the establishment. This applies to all adults and to children 2 years of age and older. Only individuals who have been instructed not to wear a face covering by their medical provider are exempt from wearing one. To support the safety of your employees and other visitors, a face covering should be made available to visitors who arrive without them.
- ☒ Symptom checks are conducted before visitors may enter the facility. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the individual is currently under isolation or quarantine orders. These checks can be done in person or through alternative methods such as on-line check in systems or through [signage](#) posted at the entrance to the facility stating that visitors with these symptoms **must** not enter the premises.
- ☒ To the extent possible, movement of visitors to the worksite is limited to designated areas such as the reception or lobby area, customer service area, conference or meeting rooms, and public rest rooms.

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- ☒ If necessary, staff are available to direct guests to meeting rooms upon entry to office space rather than congregating in lobbies or common areas.
- ☒ Visitors arriving at the worksite with children must ensure that their children stay next to a parent, avoid touching any other person or any item that does not belong to them, and are masked if age permits.
- ☒ Restrooms normally open to the public remain open to the public if the public can enter the facility.
- ☒ Hand sanitizer, soap and water, tissues and trash cans are available to the public at or near the entrance of the facility, at reception, and anywhere else inside the workplace or immediately outside where people have direct interactions.
- ☒ Use of digital files rather than paper formats (e.g., documentation, invoices, inspections, forms, agendas) is encouraged.
- ☒ Break rooms, restrooms, and other common areas are being disinfected hourly, on the following schedule:
  - Break rooms: Daily.
  - Restrooms: Multiple times daily.
  - Other: \_\_\_\_\_
- ☐ Building infrastructure that supports bike commuting is open and capacity for bike storage increased if possible.
- ☒ Sharing of communal food is prohibited.
- ☐ Optional - Describe other measures (e.g. providing senior-only hours, incentivizing non-peak sales):  
\_\_\_\_\_

**D. MEASURES THAT COMMUNICATE TO THE PUBLIC**

- ☒ A copy of this protocol is posted at all public entrances to the facility.
- ☒ Signage has been posted to provide clear guidance to the public about how to maintain safety within the facility (e.g., maintaining physical distance, wear face covering, etc.).
- ☒ Signage is posted at each public entrance of the facility to inform all employees and visitors that they should: Avoid entering the facility if they have a cough or fever.
- ☒ Online outlets of the workplace (website, social media, etc.) provide clear information about hours, required use of face coverings, policies in regard to making appointments, and other relevant issues.

**E. MEASURES THAT ENSURE EQUITABLE ACCESS TO CRITICAL SERVICES**

- ☒ Services that are critical to the customers/clients have been prioritized.
- ☒ Transactions or services that can be offered remotely have been moved on-line.
- ☒ Measures are instituted to assure access to goods and services for customers who have mobility limitations and/or are at high risk in public spaces.

**Any additional measures not included above should be listed on separate pages, which the business should attach to this document.**

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**You may contact the following person with any  
questions or comments about this protocol:**

<b>Business Contact Name:</b>	<u>Ed Knudson</u>
<b>Phone number:</b>	<u>(661) 722-6301</u>
<b>Date Last Revised:</b>	<u>3/05/2021</u>

# Reopening Protocol for Gyms and Fitness Establishments: Appendix L

**Effective Date: 12:01am on Monday, March 15, 2021**

**Recent updates:** (Changes highlighted in yellow)

**3/12/21:**

- Effective 3/15/2021, gyms and fitness establishments, including yoga and dance studios, 1:1 fitness training and climbing walls, may reopen for indoor operations up to 10% occupancy as the County moves into the Red Tier of the State's Blueprint for a Safer Economy framework, effective 3/15/2021.

COVID-19 case rates, hospitalizations, and deaths continue to fall, but still remain high. COVID-19 continues to pose a high risk to communities and requires all people and businesses to take precautions and modify operations and activities to reduce the risk of spread.

Due to Los Angeles County entering the "Red Tier" of the State's Blueprint for a Safer Economy framework, this protocol has been updated to lift some local activity-specific restrictions. Gyms and Fitness Establishments should proceed with caution and adhere to the requirements in this protocol to reduce the potential spread of COVID-19 within their business operations.

The requirements below are specific to Gym and Fitness Establishments, yoga and dance studios, 1:1 fitness training, and climbing walls (collectively referred to as "Gyms and Fitness Establishments"). In addition to the conditions imposed on these specific businesses by the Governor, these types of businesses must also be in compliance with the conditions laid out in this **Reopening Protocol** for Gyms and Fitness Establishments.

Gyms and Fitness Establishments may reopen for indoor operations at limited occupancy. Indoor operations at gyms and fitness establishments are limited to 10% occupancy based on applicable Building or Fire Code and continue to be open to the public for outdoor operations. Since outdoor fitness operations present a lower risk of transmission compared to indoor operations, gyms and fitness establishments are encouraged to continue prioritizing outdoor services. For both indoor and outdoor operations, all employees and patrons must wear an **appropriate face mask** at all times except when swimming. For more information on face masks see Los Angeles County Department of Public Health (LACDPH) COVID-19 Mask webpage at <http://publichealth.lacounty.gov/acd/ncorona2019/masks>.

Outdoor hot tubs can open only for use by household groups or in cases where six feet of distancing can be maintained. Indoor pools, hot tubs, saunas, and steam rooms must remain closed, except that indoor pools may be open for drowning prevention classes, including swim lessons with certified instructors. All pools must comply with LACDPH **Protocols for Public Swimming Pools**.

Please note: This document may be updated as additional information and resources become available so be sure to check the LA County website <http://www.ph.lacounty.gov/media/Coronavirus/> regularly for any updates to this document.

This checklist covers:

- (1) Workplace policies and practices to protect employee health
- (2) Measures to ensure physical distancing
- (3) Measures to ensure infection control
- (4) Communication with employees and the public
- (5) Measures to ensure equitable access to critical services

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These five key areas must be addressed as your facility develops any reopening protocols.

**All businesses covered by this guidance must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is not applicable to the business.**

**Business name:** Antelope Valley College

**Facility Address:** 3041 W. Avenue K; Lancaster, CA 93536

**Maximum Occupancy, per Fire Code:** 500

**Approximate total square footage of space open to the public:** 8,807

**A. WORKPLACE POLICIES AND PRACTICES TO PROTECT EMPLOYEE HEALTH  
(CHECK ALL THAT APPLY TO THE FACILITY)**

- ☒ Everyone who can carry out their work duties from home has been directed to do so.
- ☒ Vulnerable staff (those above age 65, those with chronic health conditions) are assigned work that can be done from home whenever possible and should discuss any concerns with their healthcare provider or occupational health services to make appropriate decisions on returning to the workplace.
- ☒ Work processes are reconfigured to the extent possible to increase opportunities for employees to work from home.
- ☒ Alternate, staggered or shift schedules have been instituted to maximize physical distancing.
- ☒ All employees have been told not to come to work if sick, or if they are exposed to a person who has COVID-19. Employees understand to follow DPH guidance for self-isolation and quarantine, if applicable. Workplace leave policies have been reviewed and modified to ensure that employees are not penalized when they stay home due to illness.
  - Information on employer or government-sponsored leave benefits the employee may be entitled to receive that would make it financially easier to stay at home. See additional information on government [programs](#) supporting sick leave and worker's compensation for COVID19, including employee's sick leave rights under the [Families First Coronavirus Response Act](#) and employee's rights to workers' compensation benefits and presumption of the work-relatedness of COVID-19 exposures occurring between March 19 and July 5 pursuant to the Governor's [Executive Order N-62-20](#).
- ☒ Upon being informed that one or more employees test positive for, or has symptoms consistent with COVID-19 (case), the employer has a plan or protocol in place to have the case(s) [isolate themselves at home](#) and require the immediate [self-quarantine](#) of all employees that had a workplace exposure to the case(s). The employer's plan should consider a protocol for all quarantined employees to have access to or be tested for COVID-19 in order to determine whether there have been additional workplace exposures, which may require additional COVID-19 control measures. See the public health guidance on [responding to COVID-19 in the workplace](#).
- ☒ Entry screenings are conducted before employees, vendors, delivery personnel, and anyone providing services onsite may enter the workspace, in accordance with the LACDPH [Entry Screening guidance](#). Screenings must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the individual is currently under isolation or quarantine orders. These checks

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can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible.

✗ Negative Screen (Cleared). If the person has no symptom(s) and no contact with a known COVID-19 case in the last 14 days, they can be cleared to enter and work for that day.

✗ Positive Screen (Not Cleared):

- If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter or work in the field and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
- If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter or work in the field and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).

✗ In the event that 3 or more cases are identified within the workplace within a span of 14 days the employer must report this cluster to the Los Angeles County Department of Public Health at (888) 397-3993 or (213) 240-7821 or online at [www.redcap.link/covidreport](https://www.redcap.link/covidreport). If a cluster is identified at a worksite, the Department of Public Health will initiate a cluster response which includes providing infection control guidance and recommendations, technical support and site-specific control measures. A public health case manager will be assigned to the cluster investigation to help guide the facility response. The Department of Public Health will need the facility's immediate cooperation to determine whether the cluster of cases constitutes an outbreak of COVID-19.

✗ Employees who have contact with others are offered, at no cost, an appropriate face mask that covers the nose and mouth. For more information, see LAC DPH COVID-19 Mask webpage at <http://publichealth.lacounty.gov/acd/ncorona2019/masks>. The mask must be worn by the employee at all times during the workday when in contact or likely to come into contact with others. Employees who have been instructed by their medical provider that they should not wear a face mask must wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves must not be used. Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.

✗ All employees must wear face masks at all times except when working alone in private offices with closed doors or when eating or drinking. The exception made previously for employees working in cubicles with solid partitions exceeding the height of the employee while standing is overridden.

✗ To ensure that masks are worn consistently and correctly, employees are discouraged from eating or drinking except during their breaks when they are able to safely remove their masks and physically distance from others. At all times when eating or drinking, employees must maintain at least a six-foot distance from others. When eating or drinking, it is preferred to do so outdoors and away from others, if possible. Eating or drinking at a cubicle or workstation is preferred to eating in a breakroom if eating in a cubicle or workstation provides greater distance from and barriers between workers.

✗ Occupancy is reduced and space between employees is maximized in any room or area used employees for meals and/or breaks. This has been achieved by:

- Posting a maximum occupancy that is consistent with enabling a distance of at least six feet between individuals in rooms or areas used for breaks; and
- Staggering break or mealtimes to reduce occupancy in rooms or areas used for meals and breaks; and
- Placing tables at least eight feet apart and assuring six feet between seats, removing or taping seats to reduce occupancy, placing markings on floors to assure distancing, and arranging seating in a way

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that minimizes face-to-face contact. Use of partitions is encouraged to further prevent spread but should not be considered a substitute for reducing occupancy and maintaining physical distancing.

- ☒ Workers who consistently must be within six feet of patrons or co-workers must wear a secondary barrier (e.g., face shield or safety goggles) in addition to a face **mask**. All employees should minimize the amount of time spent within six feet of guests.
- ☒ Employees are instructed to wash or replace their face **masks** daily.
- ☒ All workstations are separated by at least six feet.
- ☒ Break rooms, restrooms and other common areas are disinfected frequently, on the following schedule:
  - Break rooms Daily.
  - Restrooms Multiple times daily.
  - Other \_\_\_\_\_
- ☒ Ensure temporary or contract workers at the facility are also properly trained in COVID-19 prevention policies and have necessary supplies and PPE. Discuss these responsibilities ahead of time with organizations supplying temporary and/or contract workers.
- ☒ Face **masks** are required when employees are in the vicinity of others. Workers must have face **masks** available and wear them in the fitness facility, offices, or in company-owned vehicles when traveling with others. Face **mask** are particularly important if physical distancing cannot be maintained on the job (for example, personal trainers and staff assisting members with exercises). Face **mask** must not be shared. Employers are required to provide face **masks** to all employees.
- ☒ Disinfectant and related supplies are available to employees at the following location(s):  
Facilities Services lobby.
- ☒ Hand sanitizer effective against COVID-19 is available to all employees at the following location(s):  
Facilities Services lobby.
- ☒ Employees are allowed frequent breaks to wash their hands.
- ☒ A copy of this protocol has been distributed to each employee.
- ☒ Each worker is assigned their own tools, equipment and defined workspace. Sharing held items is minimized or eliminated.
- ☒ All policies described in this checklist other than those related to terms of employment are applied to staff of delivery and any other companies who may be on the premises as third parties.
- ☐ Optional—Describe other measures:  
\_\_\_\_\_

## B. MEASURES TO ENSURE PHYSICAL DISTANCING

- ☒ Indoor operations. Gym and fitness establishment operations that are offered indoors are limited to 10% of the facility's maximum indoor occupancy based on applicable Building or Fire Code.
  - **Maximum number of patrons in the facility limited to:** 50
- ☒ Outdoor operations. Occupancy in outdoor spaces is limited to such a level that enables all employees and patrons to maintain at least a 6-foot physical distance from others at all times.
- ☐ Outdoor structures and space. Outdoor operations may be conducted under a canopy, or other sun shelter, provided that the sides of the canopy or sun shelter are not closed and there is sufficient outdoor air movement within the space. Any outdoor space or temporary structure used for outdoor operations must

comply with the State's criteria for an outdoor setting, as specified in the California Department of Public Health's mandatory guidance on [Use of Temporary Structures for Outdoor Business Operations](#).

- ☐ Outdoor structures that do not meet the State's criteria for an outdoor setting are classified as indoor settings, and any customers within them will be counted and included as part of the establishment's 10% total indoor occupancy limit.
- ☒ Staff must strictly and continuously meter entry and exit of patrons at all entrances to the indoor and outdoor areas of the gym/fitness establishment in order to track occupancy and ensure compliance with capacity limits and physical distancing requirements. Gyms/fitness establishments may choose to limit the number of entrances that are open to the public during normal business hours to facilitate easier tracking. Gyms/fitness establishments that are insufficiently or not metering or appear to be over-capacity, may, at the discretion of the public health inspector, be temporarily closed until these issues are rectified as determined by the onsite health inspector.
- ☐ If possible, implement a reservation system for patrons to reserve time in the outdoor fitness space so the facility can manage occupancy. Utilize the reservation system to contact patrons with reservations 24 hours before their scheduled arrival to confirm their reservation and ask if they or someone in their household is exhibiting any COVID-19 symptoms. If the patron answers in the affirmative the patron should be reminded that they should only utilize the fitness facility if they are not ill. Such communication can be done via app, email, or text, if possible.
- ☐ Avoid patrons queuing outside the facility and consider having a staff person at the entrance of the gym/fitness establishment to help maintain occupancy levels.
- ☐ Only those patrons that are actually exercising should be at the gym/fitness facility. Patrons waiting for their reservation time should wait in their cars.
- ☐ Group training classes such as aerobics, yoga and dance should take place outdoors as much as possible and should be modified to limit the size of the class to ensure a minimum of six feet of physical distance between patrons.
  - ☐ Group exercise classes may only be offered if distancing requirements can be maintained and there is no person-to-person physical contact.
  - ☐ For high aerobic classes such as aerobics, spin or conditioning or machines such as elliptical, tread or stair machines, consider placing individuals and equipment at least 8 feet apart rather than 6 ft.
- ☐ Indoor High and Moderate contact sports, such as, racquetball and basketball are not yet permitted.
- ☒ Outdoor sports courts can be used for individual practice or for activities where 6 feet of physical distance can be maintained throughout the activity. When people are waiting to use a court, a maximum time limit for court use by each participant should be implemented. Participants waiting must practice physical distancing.
- ☒ Yoga classes held in temperatures over 100 degrees should be discouraged.
- ☐ Personal trainers are permitted if they maintain a six-foot distance from the client and wear a face mask. Patrons must wear a face mask while receiving instruction and should be cautioned to only do exercises to the extent they can breathe comfortably while wearing a face mask over both their nose and mouth at all times.
- ☒ Equipment is placed at least 6 feet apart, with greater distancing for treadmills and other high-exertion aerobic fitness equipment. Equipment can be arranged in an "X" pattern to provide greater distancing. Equipment that cannot be moved marked off to ensure that clients can maintain at least a six (6) feet distance from others. Tape or other markings assist customers in keeping a 6 feet distance between them and others in any line. A marking identifies both a starting place for customers arriving in the line and 6-foot intervals for subsequent customers who are joining the line.
- ☒ Use one-way foot traffic patterns throughout the outdoor fitness space with visual cues and signs.
- ☒ Employees have been instructed to maintain at least a six (6) feet distance from customers and from each

other in all areas of the gym/fitness establishment space. Employees may momentarily come closer when necessary to accept payment, deliver goods or services, or as otherwise necessary.

- ☐ Massages services are allowed and are required to comply with the relevant portions of the posted [Personal Care Services](#) protocol.
- ☐ Restrooms that are inside of the facility may be opened for customer use at a limited capacity.
- ☐ Showers and locker rooms must remain closed.
- ☐ Signs and floor markings should be used to ensure proper physical distancing is maintained while customers are in the restroom.
- ☐ Shared restroom facilities should be cleaned hourly throughout the day using EPA-registered disinfectants. High-touch surfaces such as faucets, toilets, doorknobs, and light switches must be frequently cleaned and disinfected.
- ☐ Create and post a cleaning schedule for the restroom facilities. Post the cleaning schedule on the front of the door so patrons know when they can/cannot use the restroom. Make sure to close the restroom during the cleaning and disinfecting process.
- ☐ Consider using a checklist or audit system to track how often cleaning is conducted.
- ☒ Ensure that sanitary facilities stay operational and are continuously stocked at all times. Provide additional soap, paper towels, and hand sanitizer when needed. Install hands-free devices, if possible, including motion sensor sinks faucets, soap dispensers, sanitizer dispensers, and paper towel dispensers.
- ☐ Consider modifying doors to multi-stall restrooms to be able to be opened and closed without touching the handles, using opening-devices, or powered door operators with the hand, whenever possible. If the door cannot be opened without touching the handle or door-operator with the hand, place a trash-receptacle by the door to ensure a paper towel can be readily disposed of when operating the door. The location and positioning of waste receptacles should not interfere with egress, evacuation, emergency equipment, or any reasonable accommodations provided under the Americans with Disabilities Act.
- ☒ Make sure trash cans are emptied regularly.
- ☒ Provide information on how to wash hands properly, including hanging signs in restrooms.
- ☐ Consider suspending non-core activities, including retail operations, childcare, and food service. If fitness facilities operate such amenities, they should review and following the applicable posted county public health protocols for these activities.
- ☒ Swimming facilities within the gym should comply with posted county protocols for public swimming pools and may continue to operate only if they are located outdoors. Indoor pools may be open for drowning prevention classes only, including swim lessons with licensed instructors.

### C. MEASURES FOR INFECTION CONTROL

- ☒ The HVAC system is in good, working order; to the maximum extent possible, ventilation has been increased. Effective ventilation is one of the most important ways to control small aerosol transmission. Consider installing portable high-efficiency air cleaners, upgrading the building's air filters to the highest efficiency possible and making other modifications to increase the quantity of outside air and ventilation in offices and other spaces. See California Department of Public Health [Interim Guidance for Ventilation, Filtration and Air Quality in Indoor Environments](#) for detailed information.
  - o Please Note: Ventilation and other indoor air quality improvements are an addition to, and not a replacement for, mandatory protections including wearing face coverings (except in certain high-risk environments that require using proper respiratory protection), maintaining at least six feet of distance between people, washing hands frequently, and limiting activities that bring together people from

different households.

- ☐ All patrons are required to wear face masks while they are at the gym/fitness establishment. The only exception is when patrons may be swimming in a pool. This applies to all adults and to children 2 years of age and older. Individuals who have been instructed not to wear a face mask by their medical provider must wear a face shield with a drape at the bottom edge to be in compliance with State directives, if their condition allows it. A drape that is form fitting to the chin is preferred. Masks with one-way valves must not be used. Masks are required even during times of heavy physical exertion.
- ☒ Symptom checks are conducted before patrons may enter the facility. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing, fever or chills and whether the individual is currently under isolation or quarantine orders. These checks can be done in person or through alternative methods such as on-line check in systems or through [signage](#) posted at the entrance to the facility stating that visitors with these symptoms should not enter the premises.
  - ☒ Negative Screen (Cleared). If the person has no symptom(s) and no contact with a known COVID-19 case in the last 14 days, they can be cleared to enter and participate for that day.
  - ☒ Positive Screen (Not Cleared):
    - If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
    - If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).
- ☐ Patrons should be reminded to limit their exertion to a level that is comfortable while wearing a face mask and to take frequent breaks from exercise if they begin to experience any difficulty breathing. Masks should be changed if they become wet, sticks to a person's face, or obstructs breathing. To support the safety of your employees and other visitors, a face mask should be made available to visitors who arrive without them.
- ☐ Contactless payment and check-in systems are in place or, if not feasible, systems are sanitized regularly. Describe:  

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- ☒ Perform thorough cleaning throughout the day in high traffic areas in the gym or fitness establishment building that may be used by employees, such as break rooms and areas of ingress and egress including stairways, stairwells, escalators, handrails, and elevator controls.
- ☒ Frequently disinfect commonly used surfaces, including personal exercise machines and equipment, doorknobs, and hand washing facilities.
- ☒ Require patrons to disinfect individual exercise equipment, mats, and machines before and after use with provided disinfecting wipes. Ensure that lined, non-touch trash receptacles are available throughout the fitness facility to dispose of used wipes.
  - If members are unable or unwilling to wipe/disinfect equipment after exercise, provide "ready to clean" tags for members to place on equipment after use, to ensure equipment is disinfected by staff before the next use.
- ☒ Make sure all workers have been trained to use and have an adequate supply of all-purpose cleaners and disinfectants, when needed. Follow Cal/OSHA requirements and manufacturer instructions for safe use and required personal protective equipment for cleaning products.
- ☒ Workers should have enough ventilation (air flow) in areas where they are disinfecting.

- ☒ Sanitary facilities are available for employee use only. Ensure that sanitary facilities stay operational and are continuously stocked at all times. Provide additional soap, paper towels, and hand sanitizer when needed. Install hands-free devices, if possible, including motion sensor sinks faucets, soap dispensers, sanitizer dispensers, and paper towel dispensers.
- ☒ Make sure trash cans are emptied regularly.
- ☒ Patrons should be reminded to maintain six feet of distance from janitorial or custodial staff. Implement a process to regularly check in with workers to ensure visitors are following this protocol. Ensure workers are able to share such information without fear of reprisal or retaliation.
- ☐ Procure options for third-party cleaning companies to assist with the increased cleaning demand, as needed.
- ☐ Consider implementing a check-out system for patrons to utilize any small equipment and accessories (i.e., exercise bands, ropes, mats, foam rollers, etc.). Develop a process to clean and disinfect these items upon return.
- ☐ Customers are encouraged to bring their own water bottles. Encourage patrons to bring their own towels and mats and consider disbanding the provision of any facility-provided towels or personal hygiene products.
- ☒ For any towels, cloth wipes, or other laundered items, provide a closed container where patrons can place used towels or other items. Ensure those items cannot be used again until properly laundered either by a commercial laundering service or an in-house laundering process. Store all clean linens in a clean, covered place. Ensure workers who handle dirty linens or laundry wear gloves.
  - ☐ Have a staff member provide the linens or other materials upon request instead of setting up a self-serve area.
- ☐ Amenities, including magazines, books, self-serve water stations (unless touchless), and other items for patrons, must be removed from all areas.
- ☒ When choosing cleaning chemicals, employers should use products approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list and follow product instructions. Use disinfectants labeled to be effective against emerging viral pathogens, diluted household bleach solutions (5 tablespoons per gallon of water), or alcohol solutions with at least 60% alcohol that are appropriate for the surface. Provide employees training on manufacturer's directions and Cal/OSHA requirements for safe use. Workers using cleaners or disinfectants should wear gloves and other protective equipment as required by the product. Follow the asthma-safer cleaning methods recommended by the California Department of Public Health.
- ☒ Hand sanitizer, tissues and trash cans are available to the public in the outdoor gym/fitness establishment space. Consider setting up at least one handwashing station that is available to employees and patrons in the outdoor space.
- ☐ Optional - Describe other measures (e.g., providing senior-only hours):

#### D. MEASURES THAT COMMUNICATE TO THE PUBLIC

- ☒ A copy of this protocol or the facility's printed Los Angeles County COVID-19 Safety Compliance Certificate is posted at all public entrances to the facility. For more information or to complete the COVID-19 safety compliance self-certification program, visit <http://publichealth.lacounty.gov/eh/covid19cert.htm>. Facilities must keep a copy of the Protocols onsite at the facility for review, upon request.
- ☐ Signage at the entry, where customers line up and highly-visible locations that notifies employees and patrons of occupancy limits, the prohibition on entering the facility, requirements to maintain social distancing and that face masks are required at all times, except in pools. Signage should also caution patrons about not overexerting themselves while wearing a face mask and exercising. See the [County DPH COVID-19 Guidance webpage](#) for additional resources and examples of signage that can be used by businesses.

- ☐ Online outlets of the establishment (website, social media, etc.) provide clear information about store hours, required use of face **mask**s, outdoor operations, limited occupancy, policies in regard to pre-booking, prepayment, and other relevant issues.

#### E. MEASURES THAT ENSURE EQUITABLE ACCESS TO CRITICAL SERVICES

- ☒ Services that are critical to the customers/clients have been prioritized.
- ☒ Transactions or services that can be offered remotely have been moved on-line.
- ☒ Measures are instituted to assure access to services for customers who have mobility limitations and/or are at high risk in public spaces.
- Consider implementing special hours designated for high risk or medically vulnerable populations, including seniors with admittance by reservation only.

**Any additional measures not included above should be listed on separate pages,  
which the business should attach to this document.**

**You may contact the following person with any  
questions or comments about this protocol:**

**Business Contact Name:** Ed Knudson

**Phone number:** (661) 722-6301

**Date Last Revised:** 03/16/2021

## Protocols for Institutes of Higher Education (IHEs)

### Recent updates: (Changes highlighted in yellow)

3/12/21:

- IHEs may provide indoor, in-person lectures up to 25% capacity or 100 students, whichever is less. IHEs may offer in-person lectures to students already living on-campus or those living close enough to attend class in-person. IHEs may not bring additional students back to live in on-campus housing at this time.
- IHEs may open specialized classrooms, such as laboratories, art, design and theater art studios and music practice rooms at full occupancy based on applicable building or fire code occupancy.
- IHEs are encouraged to maximize ventilation, ensure proper masking, and enforce physical distancing requirements in all classroom environments.

The requirements below are specific to IHE. In addition to the conditions imposed on IHE by the State Public Health Officer, Institutes of Higher Education in Los Angeles County must also be in compliance with this Checklist for Institutes of Higher Education.

As the rate of community transmission of COVID-19 continues to slowly decline in Los Angeles County, colleges and universities may resume some limited in-person on-campus activities. These activities include:

- Offering in-person lectures on-campus up to 25% occupancy of the lecture hall or classroom or 100 individuals, whichever is less. Occupancy is based on applicable building or fire code occupancy.
- Opening of specialized classrooms such as laboratories, art, design and theater art studios and music practice rooms at full capacity for activities that fulfill academic requirements; maximum class size is dependent on the available instructional space and ability to maintain appropriate physical distancing between students and staff at all times.
- Student activities should be conducted virtually as much as possible. When activities must be held in person, student gatherings are limited to 25% occupancy or 100 individuals, whichever is smaller, for outdoor spaces; and 25% occupancy or 50 individuals, whichever is smaller, for indoor spaces.
- Opening libraries for in-person services to registered students, faculty and staff, limited to 50% capacity and in compliance with the LACDPH [Protocol for Libraries](#);
- Offering use of **outdoor** recreational sports courts, fields, and facilities for permitted recreational sports activities and physical conditioning in compliance with all relevant LACDPH protocols, including [Protocols for Youth and Adult Recreational Sports](#), [Reopening Protocol for Gyms and Fitness Establishments](#), and [Protocols for Reopening of Public Swimming Pools](#).

Colleges and universities in Los Angeles County **may** resume **limited** in-person academic instruction at this time **with limitations as listed above**. Academic instruction **should** continue to be **offered** via distance-learning to further reduce the size of in person classes and the on-campus footprint. In person instruction **should utilize outdoor spaces to the extent practicable**.

Faculty and other staff may come to campus for the purpose of providing distance learning, and other activities related to the purposes above, as well as maintaining minimum basic operations. The institution must comply with all relevant portions of this protocol to maximize safety for all employees.

Colleges and universities should also limit their on-campus student residency but may continue to provide housing for students who have no alternative housing options. For students enrolled in programs providing training and instruction for essential workforce, on campus housing should be offered only to students who must participate in in-person instruction in order to complete their training and who do not have alternative local housing options. For student athletes who are participating in on campus sports, campus housing should be offered in the small training cohorts as recommended by the state guidance.

Collegiate sports may only proceed in compliance with all the California Department of Public Health [Specific Interim Guidance for Collegiate Athletics](#).

As noted in the summary box above, permitted activities are the following:

- On campus housing for students with no alternative residential option;
- Limited in-person instruction for students who are already housed on-campus or who are living close enough to attend in-person classes;
- Use of specialized classrooms such as laboratories and art studios by students;
- Activities required for faculty to carry out distance-learning and other remote activities;
- Activities required for faculty and staff to carry out essential research projects;
- Activities required to maintain minimum basic operations;
- Any activities carried out as part of State or County COVID-19 response;
- Collegiate sports in compliance with CDPH guidance (see link above).

Note that IHEs may additionally be expected to comply with other DPH or CDPH protocols, including but not limited to:

- ☐ DPH protocols for [retail establishments](#)
- ☒ DPH protocols for [gyms and fitness centers](#)
- ☐ DPH protocols for [restaurants](#)
- ☒ DPH protocols for [office-based worksites](#)
- ☐ DPH protocols for [places of worship](#)
- ☐ DPH protocols for [libraries](#)
- ☐ DPH protocols for [recreational sports](#)
- ☐ DPH protocols for [music, television and film production](#)
- ☒ CDPH guidance for [collegiate athletics](#).

Note that on-campus events remain prohibited with the exception of events related to constitutionally protected freedoms such as public protests and in-person faith-based services conducted by places of worship.

**Please note:** This document may be updated as additional information and resources become available so be sure to check the LA County website <http://www.ph.lacounty.gov/media/Coronavirus/> regularly for any updates to this document.

This checklist covers:

- (1) Workplace policies and practices to protect employee health
- (2) Policies to protect the health of students
- (3) Measures to ensure physical distancing
- (4) Measures to ensure infection control
- (5) Communication with employees and the public
- (6) Measures to ensure equitable access to critical services

These six key areas must be addressed as your facility develops any reopening protocols.

Institutes of Higher Education must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is not applicable to the institution.

Institution name: Antelope Valley College

Address: 3041 W. Avenue K; Lancaster, CA 93536

**A. WORKPLACE POLICIES AND PRACTICES TO PROTECT EMPLOYEES  
(CHECK ALL THAT APPLY)**

- ☒ For the purposes of this protocol, the term “employees” includes but is not limited to paid, full-time and part-time faculty and staff, employees of companies that contract with the IHE for purposes of activities permitted above, student employees, interns, and volunteers.
- ☒ Vulnerable employees (those above age 65, those who are pregnant, and those with chronic health conditions) should discuss any concerns with their healthcare provider or occupational health services to make appropriate decisions on returning to the workplace and if requested, should be assigned work that can be done from home whenever feasible.
- ☒ Work processes are reconfigured to the extent feasible to increase opportunities for employees to work from home.
- ☒ In compliance with wage and hour regulations, alternate, staggered or shift schedules have been instituted to maximize physical distancing.
- ☒ All employees continuing to work on campus during this period, have been told not to come to work if sick, or if they are exposed to a person who has COVID-19. Employees understand to follow DPH guidance for self-isolation and quarantine, if applicable. Workplace leave policies have been reviewed and modified to ensure that employees are not penalized when they stay home due to illness.
- ☒ Employees are provided information on employer or government-sponsored leave benefits the employee may be entitled to receive that would make it financially easier to stay at home. See additional information on government [programs](#) supporting sick leave and worker's compensation for COVID-19., including employee's sick leave rights under the [Families First Coronavirus Response Act](#) and employee's rights to workers' compensation benefits and presumption of the work-relatedness of COVID-19 pursuant to the Governor's Executive [Order](#) N-62-20.
- ☒ The IHE has a **COVID-19 Containment, Response and Control Plan** that describes the IHE's comprehensive approach to preventing and containing the spread of COVID-19 on campus. The Plan includes, but is not limited to the following elements:
  - ☒ A designated COVID-19 Compliance Task Force that is responsible for establishing and enforcing all COVID-19 safety protocols and ensuring that staff and students receive education about COVID-19. A designated COVID-19 Compliance Officer who serves as a liaison to DPH in the event of an outbreak on campus.
  - ☒ An [IHE Exposure Management Plan](#) consistent with DPH guidance that outlines the process for IHE instruction to known COVID-19 case(s) to [isolate themselves at home](#); identification of persons that had an exposure to the case(s) on campus; requiring the immediate [self-quarantine](#) of all employees or students that had an exposure; and, for all quarantined individuals to have access to or be tested for COVID-19 to understand the extent of spread on campus to inform additional COVID-19 control measures. See public health guidance on [responding to COVID-19 in the workplace](#).
  - ☒ Notifying DPH of (1) employees and students with confirmed COVID-19 who were on campus at any point within the 14 days prior to the illness onset date and (2) persons at the IHE who were

exposed to the infected person during the infectious period. The illness onset date is the first date of COVID-19 symptoms or the COVID-19 test date, whichever is earlier. If the IHE is reporting cases among students or staff who were not on campus but live nearby in off-campus residences, reporting should be limited to students or staff who had interacted with other students or staff from the IHE within the 14 days prior to the illness onset date. Secure online reporting is the preferred method for notifying DPH of COVID-19 exposures and can be done on a computer or mobile device with access to the secure REDCap web application: <http://www.redcap.link/lacdpheducationsector.covidreport>. If online reporting is not possible, reporting can be done manually by downloading and completing the [COVID-19 Case and Contact Line List for the Education Sector](#) and sending it securely to [ACDC-Education@ph.lacounty.gov](mailto:ACDC-Education@ph.lacounty.gov). All case notifications should be submitted within 1 business day of being notified of the case.

- ✗ In the event that 3 or more cases are identified within a span of 14 days are identified the IHE must report this cluster immediately to the Department of Public Health using the same method described above. The Department of Public Health will work with the site to determine whether the cluster is an outbreak that will require a public health outbreak response.
  - The identification of an adequate supply of housing for students and/or staff who reside in on-campus congregate housing for purposes of isolation and quarantine.
  - A plan to ensure support for quarantined students, including meals, remote coursework, health services, transportation and monitoring/tracking affected students to promote compliance.
- ✗ A plan to provide options for remote online education, including asynchronous delivery to accommodate ill or quarantined students, as well as those with technology or travel constraints.
- ✗ A robust communication plan and associated communication tools to ensure timely and accurate delivery of information to employees, students, and as appropriate, students' families and the broader community.
- ✗ [Entry screenings](#) must be conducted before employees may enter the workspace. Screening must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the employee is currently under isolation or quarantine orders. These checks can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible. Employees who screen positive may not enter the worksite.
  - ✗ Negative Screen (Cleared). If the person has no symptoms and no contact with a known or suspected COVID-19 case in the last 14 days, they can be cleared to enter and work for that day.
  - ✗ Positive Screen (Not Cleared).
    - If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](http://ph.lacounty.gov/covidquarantine).
    - If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](http://ph.lacounty.gov/covidisolation).
- ✗ Employees who have contact with others in the course of their employment (e.g., the public, students, or other employees) are offered, at no cost, an appropriate face mask that covers the nose and mouth, unless Cal/OSHA standards require further respiratory protection. For more information, see LAC DPH COVID-19 Mask webpage at <http://publichealth.lacounty.gov/acd/ncorona2019/masks>. The mask must be worn by the employee at all times while on campus when in contact or likely to come into contact with others. Employees who are faculty members, teachers or lecturers may wear face shields with a cloth drape attached to the bottom of the shield and tucked into the shirt, instead of face masks when lecturing, provided that such employees remain 10 feet from the nearest student or other employee. All employees must wear face masks at all times except when working alone in private offices with closed doors or when eating or

drinking. The exception made previously for employees working in cubicles with solid partitions exceeding the height of the employee while standing is overridden.

- ✗ To ensure that masks are worn consistently and correctly, employees are discouraged from eating or drinking except during their breaks when they are able to safely remove their masks and physically distance from others. At all times when eating or drinking, employees must maintain at least a six-foot distance from others. When eating or drinking, it is preferred to do so outdoors and away from others, if possible. Eating or drinking at a cubicle or workstation is preferred to eating in a breakroom if eating in a cubicle or workstation provides greater distance from and barriers between workers.
- ✗ Occupancy is reduced and space between employees is maximized in any room or area used employees for meals and/or breaks. This has been achieved by:
  - ✗ Posting a maximum occupancy that is consistent with enabling a distance of at least six feet between individuals in rooms or areas used for breaks; and
  - ✗ Staggering break or mealtimes to reduce occupancy in rooms or areas used for meals and breaks; and
  - ✗ Placing tables **at least** eight feet apart and assuring six feet between seats, removing or taping seats to reduce occupancy, placing markings on floors to assure distancing, and arranging seating in a way that minimizes face-to-face contact. Use of partitions is encouraged to further prevent spread but should not be considered a substitute for reducing occupancy and maintaining physical distancing.
- ✗ Employees are instructed to wear their face masks properly and to properly wash, replace, or sanitize their face mask frequently.
- ✗ All individual workstations, or individuals working in the same areas as part of a team are separated by at least six feet.
- ✗ All employees, vendors and delivery personnel have been provided instructions regarding maintaining physical distancing and the use face masks when around others.
- ✗ The IHE shall require or strongly recommend that all staff be immunized each autumn against influenza unless contraindicated by personal medical conditions.
- ✗ Break rooms, restrooms, classrooms, and other common areas are disinfected frequently, on the following schedule:
  - Break rooms Daily.
  - Restrooms Multiple times daily.
  - Classrooms Daily when used.
  - Other \_\_\_\_\_
- ✗ Disinfectant and related supplies are available to employees at the following location(s):  
Facilities Services lobby.
- ✗ Hand sanitizer effective against COVID-19 is available to all employees at the following location(s):  
Facilities Services lobby.
- ✗ Soap and water are available to all employees at the following location(s):  
Restrooms.
- ✗ Employees are allowed frequent breaks to wash their hands.
- ✗ Each employee is assigned their own tools, equipment, and defined workspace consistent with health and safety standards. Sharing of workspaces and held items is minimized or eliminated, consistent with health and safety standards.
- ✗ Employees are provided time during their shifts to implement cleaning practices. Cleaning assignments

should be assigned during working hours as part of the employee's job duties.

- ☒ All policies described in this checklist other than those related to terms of employment are applied to staff of delivery and any other companies who may be on the premises as third parties.
- ☒ This Protocol has been made available to all employees.
- ☐ Optional—Describe other measures:

## B. POLICIES TO PROTECT THE HEALTH OF STUDENTS (CHECK ALL THAT APPLY)

The provisions below apply for the limited activities permitted on campus.

- ☒ All students who have reason to be on campus to conduct one of the permitted activities listed above are required to wear **an appropriate face mask that covers the nose and mouth** anywhere on campus or participating in any IHE sponsored activity where there are or may be other people. **Students who have been instructed not to wear a face mask by their medical provider must wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves must not be used. Students are not required to wear the face mask when on campus in their own personal living space.**
- ☒ Vulnerable students (those above age 65, those who are pregnant, and those with chronic health conditions) are able to complete their classwork from home whenever feasible and should discuss any concerns with their healthcare provider to make appropriate decisions about returning to campus
- ☒ All students who have reason to be on campus to conduct one of the permitted activities listed above have been told to remain home or in their campus residence if they are feeling sick and to report their illness to the appropriate contact (e.g., student health services) within the IHE.
- ☒ **Entry Screenings** are conducted before any permitted activity that may require students to be on campus. Students living in on-campus housing have been instructed to carry out daily screening, including a check-in concerning cough, shortness of breath or fever, any other symptoms the student may be experiencing, and whether the student is currently under isolation or quarantine orders. A temperature check should be done if feasible.
  - ☒ **Negative Screen (Cleared).** If the person has no symptoms and no contact with a known or suspected COVID-19 case in the last 14 days, they can be cleared to enter and participate for that day.
  - ☒ **Positive Screen (Not Cleared).**
    - If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
    - If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation)
- ☐ The IHE has instructed all students who have reason to be on campus to conduct a permitted activity that immunization against influenza is required unless contraindicated by personal medical conditions.
- ☐ Influenza vaccination is required as long as influenza viruses are circulating locally (usually November 1<sup>st</sup> through April 30<sup>th</sup>) and unexpired vaccine is available.
- ☒ The IHE has provided students with educational materials about the IHE's approach to preventing transmission of COVID-19 on campus, including, but not limited to:

- ☒ Proper respiratory etiquette;
  - ☒ Hand hygiene;
  - ☒ Required use of face masks unless Cal/OSHA standards require respiratory protection when in contact with other students or employees on campus;
  - ☒ Appropriate use of face masks, including the need to clean or replace face masks regularly;
  - ☒ What to do if they are feeling sick; and
  - ☒ How to access health care services on campus.
- ☒ IHEs provide students with easily accessible alcohol-based hand sanitizer, tissues, and, if feasible, contactless trash cans in all common areas.
- ☒ The IHE maintains a supply of face masks to provide to students who are required to be on campus to conduct a permitted activity and are unable to obtain their own.

### C. MEASURES TO ENSURE PHYSICAL DISTANCING (CHECK ALL THAT APPLY)

- ☒ The number of people in any indoor lecture hall or classroom that is open for in-person instruction is limited to 25% of the room's occupancy based on applicable building or fire code or 100 people, whichever is less. Each indoor classroom that will be used for in-person instruction must have a posted occupancy limit.
- ☒ The number of people in any indoor room on campus (e.g., labs or other specialized classrooms, staff meeting rooms, offices) is limited at any given time, such that all people in the room can easily maintain at least a six-foot distance from one another at all practicable times.
- ☐ On-campus housing (e.g., residence halls, dormitory style housing, on-campus apartments):
- ☐ Occupancy of on-campus housing is limited to students who have no other feasible residential option.
  - ☐ Total occupancy of on-campus housing is limited to no more than one student per bedroom.
  - ☐ To the extent feasible, the number of students sharing a given bathroom facility is reduced. Impermeable barriers (such as Plexiglas) are installed between sinks and other fixtures if it is not possible to maintain at least six feet distance during use. When sinks are closer than six feet, disable every other sink to create more distance. Students are educated about the infection risk associated with bathrooms and are discouraged from placing toothbrushes or other personal care items directly on the bathroom sink or counter. Encourage students to consistently use the same bathroom and shower facilities to contain any possible transmission to within that cohort.
  - ☐ To the extent feasible, students have been instructed to stay in their individual rooms while in their on-campus housing.
  - ☐ Students have been instructed to maintain at least six feet distance from each other when in on-campus housing; students may momentarily come closer when passing in hallways or stairwells, riding elevators, when in restrooms, or as otherwise necessary.
  - ☐ Common areas (e.g., kitchenettes, community rooms, lobbies, lounges, study areas) have been closed.
  - ☐ Outdoor areas may be open for use by students for academic purposes, such as studying or attending online classes. Any such designated space must comply with the following requirements:
    - ☐ Any space must be entirely outdoors; a canopy, or other sun shelter may be used, but only if all 4 sides are not enclosed, there is sufficient outdoor air movement, and the structure is complies with [State Guidance on Use of Temporary Structures](#);
    - ☐ Occupancy is limited such that all students using the space are able to maintain a physical distance of at least 6 feet from one another at all practicable times;
    - ☐ Any seating is arranged to enable physical distancing of at least 6 feet between students;

- All frequently touched surfaces, including tables and chairs, are cleaned regularly; and
- Signs are posted to remind students to wear face masks, keep a 6 feet distance from others, and not to congregate.
- Students residing off campus who may be experiencing academic or socioemotional challenges with 100% distance learning may be invited to campus for the purpose of attending scheduled, instructor-led academic and social support groups held outdoors, provided that they adhere to the requirements above and are limited to 10 or fewer individuals, including an instructor. These structured sessions may also include students residing on campus.
- Building access is limited to residents only; non-residents, including outside guests, non-residential staff, and others is prohibited, except for essential visitors, such as personal care attendants for students with disabilities.
- ✗ Elevator capacity is limited to the number of people that can be accommodated while maintaining a 6- foot physical distance between riders; this number can be adjusted to a maximum number of 4 riders at a time for any elevator that does not allow for 6-foot physical distance between riders. All riders are required to wear face masks and are directed to refrain from talking. Consider elevator sizes, number of building floors, and daily number of employees and visitors to establish physical distancing guidelines appropriate for elevator riders.
- ✗ To ease elevator traffic, encourage stairwells to be used for “up” and “down” traffic, if feasible, with increased cleaning of stairwells.
- Dining halls: Dining halls may offer indoor dining, outdoor dining or take-out, in compliance with Los Angeles County DPH [Protocols for Restaurants](#). Indoor dining operations must comply with DPH protocols, including the requirement that indoor dining area occupancy is limited to 25% of total indoor occupancy based on applicable building or fire code occupancy.
  - IHE dining halls offer meal pick-up for all students that have a meal plan.
  - Self-service buffets are prohibited. To the extent feasible, mealtimes are staggered so as to reduce the number of students and employees in line for meal pick up or waiting to be seated for outside dining. Consider scheduled mealtimes or meal pick-up times.
  - Physical distance between tables/chairs in indoor and outdoor dining areas has been increased to support at least 8 feet of physical distancing.
  - Steps are taken to limit contact between dining hall staff, employees, and students. Physical barriers such as partitions or Plexiglas are installed at registers, host stands, ordering counters, etc., where maintaining physical distance of six feet is difficult.
  - Operations have been redesigned, where feasible, to achieve physical distancing between employees. (e.g., Kitchen and other back of house area’s floors are marked to reinforce physical distancing requirements.)
  - Additional measures to ensure physical distancing are recommended, including one-way lines for pick-up, entrance, and exit, no self-serve buffets, floor markings, and signage.
  -
- ✗ Instructional settings (classrooms, lecture halls, laboratories):
  - ✗ In-person classes should be held outdoors whenever possible, weather permitting, and IHEs may utilize a canopy, or other sun shelter, but only if the sides of the canopy or sun shelter are not closed and there is sufficient outdoor air movement. Outdoor classroom occupancy is limited to a maximum of 50% of total occupancy for the space, provided 6 feet of distance can be maintained between students at all times.
  - ✗ In-person classes may be held indoors but indoor capacity must be limited at any given time, such that all people in the room can easily maintain at least a six-foot distance from one another at all

practicable times. Indoor classrooms and lecture halls used for instructional purposes may have a maximum of 25% of total occupancy or 100 individuals, whichever is lower. IHEs must ensure that ventilation has been increased to the maximum extent possible, that all faculty, students and staff wear a face mask at all times and that classrooms are configured to ensure that all individuals are able to maintain a 6-foot physical distance at all times.

- ✗ For specialized laboratory classrooms, maximum allowable capacity for academic instruction is dictated by the size of the space and the ability to maintain 6-foot physical distance between all individuals at all times.

✗ Administrative office buildings:

- ✗ Employees and students have been instructed to maintain at least six feet distance from each other and anyone else encountered on campus in course of conducting permitted activities; employees may momentarily come closer when necessary to accept deliveries, to accept payments, or as otherwise necessary.
- ✗ Elevator capacity is limited to the number of people that can be accommodated while maintaining a 6-foot physical distance between riders; this number can be adjusted to a maximum number of 4 riders at a time for any elevator that does not allow for 6-foot physical distance between riders. All riders are required to wear face masks and are directed to refrain from talking. Consider elevator sizes, number of building floors, and daily number of employees and visitors to establish physical distancing guidelines appropriate for elevator riders.
- ✗ To avert elevator crowding above the levels noted above, use of stairs is encouraged. Stairwells are designated to be used for “up” or “down” traffic, if feasible, with increased cleaning of stairwells.
- ✗ Measures are implemented to ensure physical distancing of at least six feet between employees and other individuals on campus. This can include use of physical partitions or visual cues (e.g., floor markings, colored tape, or signs to indicate where workers and/or employees should stand.)
- ✗ Furniture in areas that may need to be open for public use (e.g., building lobbies, reception areas, or waiting areas) has been eliminated or greatly reduced to support physical distancing. If removal of furniture is not feasible, signage has been added to encourage physical distancing.
- ✗ Customer service windows or counters have been closed to the extent feasible. When open, users are required to maintain a distance of 6 feet from service personnel.
- ✗ Employees and students are discouraged from congregating in any area, but especially common areas or high traffic areas such as bathrooms, hallways, and stairwells.
- ✗ To the extent feasible, flow of traffic within the workplace is modified to minimize contacts (e.g., doors for entry or exit only; directional hallways or passageways have been established for foot traffic in a way that prevents employees from passing by one another).
- ✗ In-person meetings are strongly discouraged in favor of virtual meetings. If in-person meetings are essential, in the course of conducting permitted activities, they are limited such that all participants in the room can easily maintain at least six-foot distance from one another at all practicable times and all participants must wear face masks and meetings are held in rooms large enough to maintain physical distancing.

✗ Art, design, and theater studios and music practice rooms:

- ✗ Use of indoor art studios and music practice rooms is permitted for activities provided that the activities fulfill academic requirements. Indoor capacity must be limited at any given time, such that all people in the room can easily maintain at least a six-foot distance from one another at all practicable times.
- ✗ Small groups using indoor art studios or music practice rooms must wear face masks at all times and ensure that all participants maintain a 6-foot physical distance at all times or an 8-foot physical distance if the participants are enunciating (for example, those in a theater workshop) or if the instructor is wearing only a face shield while lecturing (as described above).

- ✗ Any activity that requires participants to remove their face masks (e.g., playing brass or wind instruments) must not be done as a group. However, individuals may practice such activities alone in a studio or practice room.
- ✗ Rooms must be reserved for use and IHEs must schedule time between reservations to allow for rooms to be aired out and thoroughly cleaned between uses by different individuals or groups.

☐ On-campus transport vehicles:

- Use of on-campus transport vehicles (e.g., buses, shuttle vans, etc.) is limited such that all riders are able to maintain a physical distance of at least 6 feet from one another if feasible. Consider removing or spacing seats to support physical distancing or use of colored tape to mark seats that riders are allowed to use. Where possible, additional transport vehicles are available to support excess capacity on busy routes. If it is not feasible to maintain physical distance, then impermeable barriers have been installed to limit contact between riders.
- Where feasible, impermeable barriers have been installed to protect the driver from passengers that are boarding and exiting the vehicle.
- A passenger entry and exit plan has been developed to minimize physical contact and crowding with other passengers during entry and exit of the transport vehicle.
- All riders are required to wear face masks.
- Vehicle windows are opened, when practicable, to increase outdoor air flow.

☐ On-campus film production:

- Film production may be allowed on-campus for the purposes of sharing academic, instructional, or cultural content that is not otherwise accessible to students or the community.
- Students may engage in on-campus film production in order to fulfill academic requirements. Use of indoor space and equipment for editing and other post-production activities is limited by the size of the available space and the requirement to maintain 6-foot of physical distance between participants at all times.
- Film productions should be limited to 10 or fewer people, including cast and crew members. Any film production that requires staffing of more than 10 people, or involves more than one person on camera without face masks, or singing, or playing of wind or brass instruments must comply with [Reopening Protocol for Music, Television and Film Production: Appendix J](#).
- Cast and crew members must be screened before they may participate in the film production. Screening must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the individuals is currently under isolation or quarantine orders. These checks can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible.
- All productions should take place outdoors as much as possible.
- All cast and crew must wear face masks and maintain a physical distance of at least 6 feet as much as feasible. Appearances on camera without face masks must be limited to one person and productions should not include singing or playing of wind or brass instruments. If more than one person is to be on camera at a time, all must be wearing face masks.
- No audiences are permitted at any time.

**D. MEASURES TO ENSURE INFECTION CONTROL  
(CHECK ALL THAT APPLY TO THE FACILITY)**

- ✗ The HVAC system in all campus buildings is in good, working order; to the maximum extent feasible, ventilation has been increased in all buildings, consistent with the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) standards. **Effective ventilation is one of the most important ways to control small aerosol transmission.** To the extent feasible, portable high-efficiency air

cleaners are installed, the building's air filters are upgraded to the highest efficiency possible, windows and doors are opened, and other modifications have been made to increase the quantity of outside air and ventilation in offices and other spaces. Mechanical ventilation systems in buildings must be operated continuously when persons are in the building. [See California Department of Public Health Interim Guidance for Ventilation, Filtration and Air Quality in Indoor Environments](#) for detailed information.

- Please Note: Ventilation and other indoor air quality improvements are an addition to, and not a replacement for, mandatory protections including wearing face coverings (except in certain high-risk environments that require using proper respiratory protection), maintaining at least six feet of distance between people, washing hands frequently, and limiting activities that bring together people from different households.

- ✗ To minimize the risk of Legionnaires' disease and other diseases associated with water, take steps to ensure that all water systems and features are safe to use after a prolonged facility shutdown.
- ✗ Use of drinking fountains is prohibited. Faculty, staff, and students are encouraged to carry their own water and to use water refilling stations where available for personal water bottles. Water refilling stations should be cleaned and disinfected regularly. Post signs at refilling stations that encourage users to wash or sanitize their hands after refilling.
- ✗ Enhanced cleaning of all campus buildings is completed on a regular basis by a professional cleaning service or trained custodial staff.
- ✗ To the extent feasible, doors, light switches, trash cans, etc. are contactless.
- ✗ Common areas and frequently touched objects such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, elevator switches and buttons, touch screens, printers/copiers, grab bars, and handrails are disinfected at least daily or more frequently depending on use, using EPA approved disinfectants, and following the manufacturer's instructions for use.
- ✗ Sharing of materials or objects (e.g., staplers, three-hole punches, pens, coffee mugs, etc.) has been eliminated, to the greatest extent feasible. Where items must be shared, they are disinfected between shifts or uses, whichever is more frequent, including the following: shared office equipment such as copiers, fax machines, printers, telephones, keyboards, staplers, surfaces in reception areas, shared work stations, etc. with a cleaner appropriate for the surface.
- ✗ All classroom or meeting room AV equipment that must be shared (computers, projectors, microphones, remotes, clickers) is sanitized between uses.
- ✗ At all times while on campus to conduct permitted activities, employees, students, and visitors to campus are instructed that they must wear face masks unless Cal/OSHA standards require respiratory protection. This applies to all adults and to children age of 2 and older. Employees who have been instructed by their medical provider that they should not wear a face covering must wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves must not be used. Students or employees alone in closed offices, or when students are within their own dormitory rooms, residential suites, and apartments are not required to wear face masks. Students may also remove face masks when eating in the indoor and outdoor dining areas or when wearing a face mask is otherwise impracticable (e.g., while showering, brushing teeth, etc.).
- ✗ To the greatest extent permitted by law, campus access for non-essential visitors or volunteers is limited. In-person activities or meetings involving external groups, especially with individuals who are not from the local geographic area (for example, community, town, city, or county) are not allowed at this time.
- ✗ Visitors to campus buildings are by appointment only and are pre-registered in a visitor log that includes a visitor's name, phone number and email address. Visitors are instructed to come to their appointments alone. If a visitor must be accompanied by another person (e.g., for translation assistance, or because the visitor is a minor, or has minor children) their information is captured in the visitor log, if feasible. To the extent feasible, movement of any visitors while on campus is limited to designated areas such as the reception or lobby area, customer service area, conference or meeting rooms, and public rest rooms.

- ☐ An exception is made for campus tours for prospective students and families, with limitations as follows:
  - ☐ Campus tours should remain available in a virtual format, especially for prospective students who reside out of state. (Note: current travel guidelines require travelers arriving in Los Angeles County from out of state to quarantine for 10 days before engaging in any non-essential activities, including a campus tour.)
  - ☐ Consider developing a drive through tour of the campus, where members of one household may remain in their car at all times
  - ☐ For walking tours of campus for prospective students, tours should be set up by appointment only; group size should be limited to no more than 10 individuals including guide, and those visiting for the tour should be from a maximum of three different households. All participants must wear masks at all times and persons from different households must maintain six-foot distance from each other at all times. Tours should remain outdoors as much as possible. Touring of indoor space must ensure that enrolled students and employees are not present in that space at the same time the tourists are.
- ☒ Disinfectant and related supplies are available to all employees at the following location(s):  
Facilities Services lobby.
- ☒ Disinfectant and related supplies are available to students at the following location(s):  
Facilities Services lobby.
- ☒ If feasible, all reception areas where physical distancing is difficult to achieve have barriers (e.g., Plexiglas barriers) installed to limit contact between employees and students or visitors.
- ☒ Entry [Screening](#) is conducted before visitors may enter campus buildings. Checks must include a check-in concerning fever, cough, shortness of breath, difficulty breathing and fever or chills, and whether the person is currently under isolation or quarantine orders. These checks can be done in person or through alternative methods such as on-line check in systems or through [signage](#) posted at the entrance to the facility stating that visitors with these symptoms must not enter the premises.
  - ☒ Negative Screen (Cleared). If the person has no symptom(s) and no contact with a known COVID-19 case in the last 14 days, they can be cleared to enter and participate for that day.
  - ☒ Positive Screen (Not Cleared):
    - ☐ If the person has had contact with a known COVID-19 case in the last 14 days or is currently under quarantine orders, they may not enter and must be sent home immediately to quarantine at home. Provide them with the quarantine instructions found at [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
    - ☐ If the person is showing any of the symptoms noted above or is currently under isolation orders, they may not enter and must be sent home immediately to isolate at home. Provide them with the isolation instructions found at [ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation).
- ☒ Visitors arriving at the campus with children must ensure that their children stay next to a parent while inside buildings or in courtyards, avoid touching any other person or any item that does not belong to them, and are masked if age permits.
- ☒ Hand sanitizer, soap and water, tissues and trash cans are made conveniently available to the public within all buildings.
- ☒ Restrooms, lobbies, break rooms, and lounges and other common areas are being disinfected frequently, on the following schedule:
  - ☒ Restrooms: Multiple times daily.
  - ☒ Lobbies: Daily.
  - ☒ Break rooms: Daily.

☒ Waiting areas: Daily.  
☐ Other: \_\_\_\_\_

☐ Building infrastructure that supports bike commuting is open and capacity for bike storage increased if feasible.

☐ Optional-Describe other measures:  
\_\_\_\_\_

#### E. MEASURES THAT COMMUNICATE TO THE CAMPUS COMMUNITY AND THE PUBLIC

- ☒ A copy of this protocol, or if applicable, the facility's printed Los Angeles County COVID-19 Safety Compliance Certificate is posted at all public entrances to the facility, provided that for large institutions, a sign with a QR code or link to the IHE's website that posts a copy of the protocol is sufficient to meet this requirement. For more information or to complete the COVID-19 safety compliance self-certification program, visit <http://publichealth.lacounty.gov/eh/covid19cert.htm>. Facilities must keep a copy of the Protocols onsite at the facility for review, upon request.
- ☒ Signage has been posted to provide clear guidance to the public about how to maintain safety within the facility (e.g., maintaining physical distance, wear face mask, etc.).
- ☒ Signage is posted at each primary public entrance of each campus building to inform all employees, students, and visitors that they should: Avoid entering the building if they have a cough or fever.
- ☒ IHE has a communication plan for campus closure that includes outreach to students, employees, and the community.
- ☒ Online outlets of the workplace (website, social media, etc.) provide clear information about required use of face masks, policies in regard to making appointments, and other relevant issues.
- ☒ This protocol is shared with any organizations affiliated with the IHE, such as off-campus clubs, Greek organizations, etc., and the IHE ensures that these organizations are in compliance. Develop systems to enforce and hold affiliated organizations accountable for adhering to this protocol.

#### F. MEASURES THAT ENSURE EQUITABLE ACCESS TO CRITICAL SERVICES

- ☒ Measures are instituted to assure access to online or specialized in-person educational services for vulnerable students.
- ☒ Administrative services or operations that can be offered remotely (e.g. class registration, form submission, assignment submission, etc.) have been moved on-line.
- ☒ Measures are instituted to assure access to goods and services for students and visitors who have mobility limitations and/or are at high risk in public spaces.

**Any additional measures not included above should be listed on separate pages, which the business should attach to this document.**

**You may contact the following person with any questions or comments about this protocol:**

**Business**  
**Contact Name:** Ed Knudson  
**Date Last**  
**Revised:** 03/16/2021

**Phone**  
**number:** (661) 722-6301

# Protocol for COVID-19 Exposure Management in Institutes of Higher Education

**Recent Updates:** (Changes highlighted in yellow)

**3/11/21:**

- Updated quarantine exemption for vaccinated individuals to align with CDC guidance.

A targeted public health response to contain COVID-19 exposures at a community-level can help maximize the impact of the Los Angeles County Department of Public Health (DPH) COVID-19 response.

IHE are trusted community partners that can help DPH improve the timeliness and impact of the Public Health response through rapid initiation of an IHE COVID-19 Exposure Management Plan (EMP) when notified of COVID-19 cases and clusters on campus. Immediate implementation of an EMP when a single case of COVID-19 is identified at an IHE can accelerate the ability to contain the spread of infection and prevent outbreaks from occurring on campus.

The steps for managing exposures to 1, 2, and 3 or more COVID-19 cases on campus are described below and summarized in Appendix A. Because IHE will vary in the level of resources available for COVID-19 exposure management, *required* steps are the minimum elements that must be included in the EMP. *Recommended* steps include optional elements for exposure management where IHE resources are sufficient.

The term “campus” in this document refers to non-residential settings on the IHE property and residential congregate settings that house or employ large groups of IHE students and employees, both on - and off-campus.

## Exposure Management Planning Prior to Identifying 1 COVID-19 Case at IHE Setting

- ☒ *Required:* A designated IHE COVID-19 Compliance Task Force that is responsible for establishing and enforcing all COVID-19 safety protocols and ensuring that staff and students receive education about COVID-19. A designated COVID-19 Compliance Officer who serves as a liaison to DPH in the event of a COVID-19 cluster or outbreak at an IHE setting.
- ☐ *Required:* Adequate supply of housing for students and faculty to safely isolate or quarantine when needed.
- ☒ *Required:* A plan for all students and employees who have symptoms consistent with COVID-19 infection or are quarantined because of exposure to case(s) on campus to have access to testing or be tested for COVID-19 infection.

## Exposure Management for 1 COVID-19 Case at IHE Setting

- ☒ *Required:* After identifying 1 laboratory confirmed COVID-19 case (student or employee), IHE Compliance Task Force instructs the case to follow Home Isolation Instructions for COVID-19 ([ph.lacounty.gov/covidisolation](https://ph.lacounty.gov/covidisolation)). NOTE: a confirmed COVID-19 case is an individual who has a positive COVID-19 test.
- ☒ *Required:* IHE Compliance Task Force informs the case that DPH will contact the case directly through the DPH Case and Contact Investigation Program to collect additional information and issue the Health Officer Order for Case Isolation.
- ☒ *Required:* IHE Compliance Task Force must notify the DPH of (1) students and staff with confirmed COVID-19 who were on campus at any point within the 14 days prior to the illness onset date and (2) persons at the IHE who were exposed to the infected person during the infectious period. The illness onset date is the first date of COVID-19 symptoms or the COVID-19 test date, whichever is earlier. If the IHE is reporting cases among students or staff who were not on campus but live nearby in off-campus residences, reporting

should be limited to students or staff who had interacted with other students or staff from the IHE within the 14 days prior to the illness onset date.

- A case is considered to be infectious from 2 days before their symptoms first appeared until they are no longer required to be isolated (i.e., no fever for at least 24 hours without the use of medicine that reduces fever AND other symptoms have improved AND at least 10 days have passed since symptoms first appeared). A person with a positive COVID-19 test but no symptoms is considered to be infectious from 2 days before their test was taken until 10 days after their test.
- A person is considered to have been exposed to a case during the infectious period if at least one of the following criteria are met:
  - Being within 6 feet of the infected person for a total of 15 minutes or more over a 24-hour period;
  - Having had unprotected contact with the infected person's body fluids and/or secretions of a person with confirmed or suspected COVID-19 (e.g., being coughed or sneezed on, sharing utensils or saliva, or providing care without using appropriate protective equipment).
- Secure online reporting is the preferred method for notifying DPH of COVID-19 exposures and can be done on a computer or mobile device with access to the secure web application: <http://www.redcap.link/lacdph.educationsector.covidreport>. If online reporting is not possible, reporting can be done manually by downloading and completing the [COVID-19 Case and Contact Line List for the Education Sector](#) and sending it to [ACDC-Education@ph.lacounty.gov](mailto:ACDC-Education@ph.lacounty.gov). All case notifications should be submitted within 1 business day of being notified of the case.

✕ **Required:** Students and employees that are identified to have had an exposure to the case are notified by the IHE Compliance Task Force through a letter or other communication strategies. A Campus Exposure Notification letter template is available at: [COVID-19 Template Notification Letters for Education Settings](#). The notification of exposure should include the following messages:

- Students and employees with exposure to a campus case should test for COVID-19, whether or not they have symptoms, and inform IHE of test results. This will determine the extent of disease spread on campus and serve as a basis for further control measures. Testing resources include: Employee Health Services or Occupational Health Services, Student Health Center, Personal Healthcare Providers, Community Testing Sites: [covid19.lacounty.gov/testing](https://covid19.lacounty.gov/testing). Individuals who need assistance finding a medical provider can call the LA County Information line 2-1-1, which is available 24/7.
- Exposed students and employees should self-quarantine (stay in their home or another residence, separate from others) and monitor for symptoms for 10 days from their last contact with the case while infectious (as defined above), even if they receive a negative test result during their quarantine period. If they remain asymptomatic, they are released from quarantine after Day 10 but must continue to monitor their health and strictly adhere to COVID-19 prevention precautions through Day 14. Note: a person who tests negative may subsequently develop disease, with or without symptoms, if tested during the incubation period (i.e. time period between exposure and disease onset). Home Quarantine Guidance for COVID-19 is available at: [ph.lacounty.gov/covidquarantine](https://ph.lacounty.gov/covidquarantine).
  - NOTE: Vaccinated persons who are a close contact to a confirmed case are not required to quarantine and test for COVID-19 if they meet all of the following criteria: (1) are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2-dose COVID-19 vaccine series or ≥2 weeks following receipt of one dose of a single-dose COVID-19 vaccine) and (2) have remained asymptomatic since last contact with the infected person.
- IHE will assist with identifying housing for students and faculty living on campus to safely isolate or quarantine when needed.
- DPH will contact exposed students and employees who meet the quarantine requirement through the Case and Contact Investigation Program to collect additional information and issue the Health Officer Order for Quarantine.

✕ **Recommended:** IHE Compliance Task Force will determine whether additional notification is needed to

inform the wider campus community about the exposure and precautions being taken to prevent spread of COVID-19. A general notification letter template is available at: [COVID-19 Template Notification Letters for Education Settings](#).

### Exposure Management for 2 COVID-19 Cases within a 14-day Period at IHE Setting

- ✕ **Required:** After identifying 2 laboratory confirmed cases (students and/or employees) within a 14-day period, IHE follows *required* steps for 1 confirmed case.
- ✕ **Recommended:** IHE Compliance Task Force assesses whether the 2 cases are epidemiologically linked, meaning that the two affected individuals were both present at some point in the same setting and same time while either or both were infectious.\*

*\*A case is considered to be infectious from 2 days before symptoms first appeared until they are no longer required to be isolated (i.e., no fever for at least 24 hours without the use of medicine that reduces fever AND other symptoms have improved AND at least 10 days have passed since symptom's first appeared). A person with a positive COVID-19 test but no symptoms is considered to be infectious from 2 days before their test was taken until 10 days after their test.*

- Determination of epidemiological links between cases may require further investigation to understand exposure history and identify all possible locations and persons that may have been exposed to the case while infectious at the site. NOTE: Epidemiologically linked cases include persons with identifiable connections to each other such as sharing a physical space (e.g. in a classroom, office, or gathering), indicating a higher likelihood of linked spread of disease in that setting rather than sporadic transmission from the broader community.
  - If epidemiological links do not exist, IHE continues with routine exposure management.
  - If epidemiological links exist, IHE reinforces messages to students and employees on precautions to take to prevent spread on campuses, including implementation of site-specific interventions.

### Exposure Management for ≥ 3 COVID-19 Cases within a 14-day Period at IHE Setting

- ✕ **Required:** If IHE identifies a cluster of 3 or more confirmed cases (students and/or employees) within a 14-day period, IHE should proceed with the following steps:
  - Report the cluster immediately to DPH. Secure online reporting is the preferred method for notifying DPH and can be done on a computer or mobile device with access to the secure web application: <http://www.redcap.link/lacdph.educationsector.covidreport>. If online reporting is not possible, reporting can be done manually by downloading and completing the [COVID-19 Case and Contact Line List for the Education Sector](#) and sending it to [ACDC-Education@ph.lacounty.gov](mailto:ACDC-Education@ph.lacounty.gov).
  - DPH will review the submitted information to determine whether the outbreak criteria have been met and will contact IHE within 1 business day to advise on next steps.
    - If outbreak criteria are not met, IHE continues with routine exposure management.
    - If outbreak criteria are met, DPH outbreak investigation is activated.
    - A public health investigator is assigned to coordinate with the IHE on outbreak management for the duration of the outbreak investigation.

### COVID-19 Outbreak Criteria for Institutes of Higher Education

IHE Non-residential Setting: At least 3 laboratory-confirmed cases with symptomatic or asymptomatic COVID-19 infection within a 14-day period in a group\* with members who are epidemiologically linked, do not share a household, and are not a close contact of each other outside of the campus.

*\*IHE groups include persons that share a common membership (e.g., Greek, or other social organization, athletic teams, sports and recreation clubs, academic cohort, workplace on campus).*

IHE Residential Setting\*: At least 3 laboratory-confirmed cases with symptomatic or asymptomatic COVID-19 infection within a 14-day period within the same or multiple dwellings that share a common area.

*\*IHE Residential Settings include on- and off-campus residential housing facilities where groups of IHE students and/or employees congregate and/or reside (e.g., on-campus residences, on- or off-campus Greek housing).*

**Appendix A: Steps for managing exposures to 1, 2, and  $\geq 3$  confirmed COVID-19 cases in non-residential or residential congregate settings associated with IHE**

<b>1 Case</b>	<ol style="list-style-type: none"> <li>1) <i>Required:</i> IHE instructs the case to follow Home Isolation Instructions.</li> <li>2) <i>Required:</i> IHE informs case that the DPH will contact the case directly to collect additional information and issue Health Officer Order for Isolation.</li> <li>3) <i>Required:</i> IHE works with the case to identify IHE contacts with exposure.</li> <li>4) <i>Required:</i> IHE notifies* identified contacts of exposure and instructs them to quarantine at home and test for COVID-19. NOTE: Vaccinated persons who have an exposure but meet specific criteria outlined in the Exposure Management Plan are not required to quarantine and test for COVID-19.</li> <li>5) <i>Required:</i> IHE informs contacts that DPH will contact them directly to collect additional information and issue Health Officer Order for Quarantine (b).</li> <li>6) <i>Required:</i> IHE submits a report to DPH within 1 business day with information on the confirmed case and persons who were exposed to the case at the IHE within 1 business day.</li> <li>7) <i>Recommended:</i> IHE sends general notification* to inform the relevant campus community of the exposure and precautions being taken to prevent spread.</li> </ol> <p>*Templates for exposure notification and general notification are available at: <a href="#">COVID-19 Template Notification Letters for Education Settings</a>.</p>
<b>2 Cases</b>	<ol style="list-style-type: none"> <li>1) <i>Required:</i> Follow steps for 1 confirmed case.</li> <li>2) <i>Recommended:</i> If the 2 cases occurred within 14 days of each other, IHE works with DPH to determine whether the cases have epidemiological (epi) links. If Epi links exist: IHE implements additional infection control measures.</li> </ol>
<b>3+ Cases</b>	<ol style="list-style-type: none"> <li>1) <i>Required:</i> If a cluster of 3 or more cases occurred within 14 days of each other, IHE report this immediately to DPH.</li> <li>2) <i>Required:</i> DPH determines if outbreak criteria have been met. If outbreak criteria are met, a DPH outbreak investigation is activated, and a public health investigator will contact the IHE to coordinate the outbreak investigation.</li> <li>3) <i>Required:</i> IHE provides updates to OMB investigator until outbreak is resolved.</li> </ol>

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# TRAVEL ADVISORY AND GUIDANCE

[View Current Health Officer Order](#)[View Order Appendices](#)

**February 3, 2021**

The more people travel, the more interactions people have. The more interactions people have with people outside of their household, the greater the risk of getting and spreading COVID-19. Travel (especially by shared conveyances such as air, bus, or rail travel) can not only put the traveler at risk but also all members of the community if the traveler spreads COVID-19 to others after returning to Los Angeles County.

Postponing travel and staying home is the best way to protect yourself and others from COVID-19 during this pandemic.

As Los Angeles County continues to grapple with its COVID-19 cases and given the prevalence of COVID-19 in many states and countries, persons arriving in Los Angeles County (LAC) from other states or countries and LAC residents returning from other states or countries could introduce new sources of infection, including new strains of the SARS-CoV-2 virus, into Los Angeles.

Despite recent decreases in the current COVID-19 surge of cases and hospitalizations and given the new daily cases and hospitalizations remain high, it remains imperative that LAC residents continue to take steps necessary to curb the spread of COVID-19 and contain new sources of infection. The County of Los Angeles is issuing the following guidance for travelers:

## Non-Essential Travel

1. Los Angeles County residents should continue to avoid all non-essential travel and stay within 120 miles from their place of residence, unless they are traveling for essential purposes. Avoiding travel reduces the risk of virus transmission, including by reducing the risk that new sources of infection and, potentially, new virus strains that are now present in California. "Non-essential travel" includes travel that is considered tourism or recreational in nature. "Essential travel" is travel associated with the operation, maintenance, or usage of critical infrastructure or otherwise required or expressly authorized by law (including other applicable state and local public health directives), including work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care, and safety and security.
2. All non-essential travelers from other states or countries are strongly discouraged from entering the County of Los Angeles and need to self-quarantine as set forth in Paragraph 3.
3. All persons arriving in or returning to the County of Los Angeles from other states or countries, must **self-quarantine** for 10 days after arrival, except as necessary to meet urgent critical healthcare staffing needs or to otherwise engage in emergency response. Additionally, this does not apply to individuals who routinely cross state or country borders solely for the purpose of essential travel.

## Quarantine Requirements

If you do travel into Los Angeles County from outside of California, you need to self-quarantine for 10 days after you arrive and must limit your interactions to people in your household/people with whom you live. If you travel into Los Angeles County solely for essential work purposes, you need to still self-quarantine outside of your work for 10 days and ensure you do not mix with others outside of those necessary to conduct your essential work.

## Guidance on Safer Essential Travel

If you routinely cross state or country borders for essential travel, you must still comply with all requirements related to wearing face coverings and maintaining physical distancing to reduce the risk of spreading the virus.

Upon returning from essential travel outside of California, you are strongly encouraged to self-quarantine if you engaged any of the following activities that place you at a higher risk of contracting the virus that causes COVID-19:

- You interacted for more than 15 minutes within six feet of someone outside your household when you or the other people around you were not wearing a face covering at all times;
- You were indoors, including on a shared conveyance, such as a plane, train or bus, and either you or those around you were not wearing face coverings at all times; or

- You interacted for more than 15 minutes within six feet of someone—either with or without a face covering—who was experiencing symptoms of COVID-19 or who began to experience symptoms of COVID-19 within 48 hours of your interaction with them.

### If you MUST travel, plan ahead:

- Know how widespread COVID-19 is in the area you must travel to. For cases in the last 7 days by state, see [https://covid.cdc.gov/covid-data-tracker/#cases\\_casesper100klast7days](https://covid.cdc.gov/covid-data-tracker/#cases_casesper100klast7days). For the risk assessment level for COVID-19 by country, see <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html>.
- Find out where you can be tested if you develop symptoms of COVID-19 during your trip. For a list of symptoms, see <http://publichealth.lacounty.gov/media/Coronavirus/about-covid.htm>.
- People at high-risk of severe COVID-19 should be particularly careful about traveling, including:
  - People who are older, smoke or are overweight
  - Pregnant women
  - People with certain medical conditions like diabetes, heart problems, COPD, cancer, weakened immune systems, and sickle cell disease.
 See CDC webpage on [People at Increased Risk](#) for more information on who is at high risk of severe COVID-19.
- Avoid travel to the extent possible if you will be traveling with someone who cannot wear a mask consistently, including children under 2 years old who should not be wearing face masks due to risk of suffocation.

### DO NOT travel if you are sick. You could spread COVID-19.

If you have COVID-19 symptoms (see [ph.lacounty.gov/covidcare](http://ph.lacounty.gov/covidcare)), get tested and wait for a negative test result before you start your trip.

A negative test should not be interpreted as a safety clearance for traveling or for engaging in other high-risk activities or with others indoors, without wearing a face covering/mask, and without practicing physical distancing. These tests assess for virus in your body the moment you were tested; you may actually have COVID-19 that won't show up on a test until later that day or in subsequent days, and a negative test might create a false sense of security.

### If you MUST travel, reduce your risk.

- **Wear a face covering/mask and stay 6 feet or more away from people you do not live with, including family members you do not normally live with.**
- **Avoid spending time indoors with people you don't normally live with, including family members, to the extent possible.** The risk of getting COVID-19 is generally much greater indoors than outdoors because the virus that causes COVID-19 can travel in the air more than 6 feet and collects indoors and in enclosed spaces. If you must spend time indoors, choose a larger room that is well-ventilated or where windows and doors can be opened, and wear a face mask at all times.
- **Try to limit the number of people you interact with.** For example, if you are traveling for work or you must travel to care for family, avoid in-person interactions with neighbors or friends.
- **Don't share vehicles with people you don't live with.** Vehicles are small enclosed spaces where COVID-19 can spread easily between people. If you must share a vehicle, try to ride with the same people each time, 1) make sure everyone wears a facemask, 2) open the windows, and 3) maximize outdoor air circulation as much as you can.
- **Avoid meals, drinks, or gatherings with people you don't normally live with, including family members.** Eating and drinking together is higher-risk because people must take off their masks to eat or drink, are more likely to touch their mouths while eating, often sit within 6 feet of each other, and talk while eating, creating more respiratory droplets or small particles. If you do have a meal or private gathering, it must 1) be limited to one or two other households with a maximum of 15 people, 2) be held outdoors only, and 3) be limited to two hours or less, and 4) follow the Social (Physical) Distancing requirements of the County Order Section 3a. It is safer for people in different households to sit outdoors at least 6 feet apart and to wear masks when they are not actively eating or drinking (such as when talking).



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