



### Amazon Book Review:

In this inspiring book, Dr. Rolle tells the story of his incredible journey, revealing how a strong work ethic, deep faith, and the family values instilled by his Bahamian immigrant parents set the stage for the transformative life philosophy that enabled him to overcome adversity, defy expectations, and create a life of meaning and purpose. Whether you're struggling with your own obstacles, looking to improve yourself, searching for your purpose and identity, or seeking inspiration, Dr. Rolle's story will give you the encouragement and tools you need to:

- Make incremental improvements that lead to long-lasting results
- Build a life full of purpose and meaning
- Tackle life with the assurance that you're moving in the right direction
- The 2% Way will change the way you think about self-improvement, proving that you have the power to make strides toward the life you've always dreamed of

# RtS Book Discussions @ AVC



## "The 2% Way" by Myron L. Rolle, MD, MSc

### FALL 2022 SCHEDULE

Tue., Sept. 6	3-4pm	John Vento, Pol. Science	Prologue & Ch. 1 (Your Life Is Not Your Own)
Tue., Sept. 13	3-4pm	Frederick Hemker, Pol. Science	Ch. 2 (Image & Privilege)
Tue., Sept. 20	3-4pm	John Wanko, Counseling	Ch. 3 (Hit Somebody)
Tue., Oct. 4	3-4pm	Kat Ringenbach, Psychology	Chs. 1-3 (Quotable Quotes)
Wed., Oct. 12	11am-Noon	Osvaldo Larios, Biology	Ch. 4 (The Colossus of Rhodes)
Tue., Nov. 1	3-4pm	Wendy Rider, Learning Center/English	Ch. 5 (32/32)
Wed., Nov. 9	11am-Noon	Tanya McGinnis, Counseling	Chs. 3-5 (Quotable Quotes)
Tue., Nov. 15	3-4pm	Morenike Adebayo-Ige, English	Chs 1-5 (Student Panel)

**Note:** Tuesdays are held In-Person at the Student Lounge, Lancaster Campus  
Wednesdays are held In-Person at the Library (L-201), Lancaster Campus



**Join the Fun!**

Join us to read and discuss  
and get the book FREE!

For more details on RtS, and for a  
Zoom link to discussions, contact:

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—Sponsored by Student Equity—

**NOTE:** Faculty earns FPD Standard 1  
per discussion