



COVID-19: Learn About Symptoms & What To Do If You Are Sick

HELP PROTECT OUR COMMUNITY - STAY HOME IF YOU ARE SICK

Symptoms of COVID-19

Fever or chills

Cough

Shortness of breath/difficulty breathing

Fatigue

New loss of taste or smell

Headache, muscle or body aches

Sore throat, runny, or stuffy nose

Nausea, vomiting, or diarrhea

*This list does not include all possible symptoms of COVID-19.
Some people with COVID-19 never get symptoms*

If you have symptoms:

- **Talk to a doctor and get a test for COVID-19.** If you are 65 years and older or you have an underlying health condition, it is particularly important to let your doctor know that you have these new symptoms.
- **Stay home and away from others** when you are sick.
- **If you need help finding a doctor,** call 2-1-1.
- **To get a test** call your doctor or visit covid19.lacounty.gov/testing or call 2-1-1.
- **Seek prompt medical care** if your symptoms get worse.

For more information visit ph.lacounty.gov/covidcare.

If you have a positive test or a healthcare provider thinks that you have COVID-19:

- **You are required to isolate yourself** for at least 10 days from when your symptoms began AND at least 24 hours after your fever has gone (without the use of fever-reducing medicine) AND your symptoms have improved.
- **Tell your close contacts that they need to quarantine** if you have a positive test.

Follow the home isolation instructions closely at ph.lacounty.gov/covidisolation.

CALL 911 IF THERE ARE EMERGENCY WARNING SIGNS



**Difficulty
Breathing**



**Pressure or
pain in chest**



**Bluish lips
or face**



**Confused or
hard to wake**



**Other serious
symptoms**