Kinesiology Curriculum:

**Community Advisory Committee Meeting Minutes:** 

Date: November 12, 2014

Time: 12:15pm

Place: The Greenhouse Café-\_ Lancaster, Ca

**Committee Members Present:** 

Newton Chelette, Kathy Bingham, Glenn Haller, Ronda Perez, Keri Smith, Cindy Elgin

The meeting was called to order at 12:25pm.

Handouts were distributed.

Newton Chelette described the reason for creating the committee. We need to have support from community leaders and business professionals that would hire students with Technical educational certificates, degrees and classes related to several areas of development that the Kinesiology faculty wants to develop. We want to make sure that students who completed proposed programs would be hired preferentially to those applicants who did not have the college courses.

Glenn Haller explained the new committees function. The college plans to vigorously move forward in the direction of creating programs in Recreation/leisure studies, Sports Management and several Fitness options. AVC is looking for a group that would be hiring students who have our certificates and consult with the committee to make sure we are on the right tract and get approval to move forward to the state. We still need to reach out to 24 hour fitness.

Cindy Elgin stated that INShape is another business we should recruit from as they hire a lot of fitness professionals.

Kathy Bingham explained that she is developing a Yoga Teacher Training certificate that meets the national accrediting standards of Yoga Alliance. She described her expertise and relationship with Yoga Alliance. The closest place to get the 200 hour teaching training registered with Yoga Alliance is 40 miles away and the cost is more than \$3000.00. The cost of programs in the private sector is between \$2400 and \$4000. Many students go into debt with their credit cards to pay for the training. Often they are employed part time after the training. Many of the programs happen in 2- 10 day sessions that are intense and so fast that it is hard to absorb the material. The program Kathy is writing is 4-3 unit classes. These 12 units will cost \$552 in tuition which opens the opportunity to many who are otherwise

shut out by the high cost of getting the program at for profit businesses. Additionally, Kathy is hoping to teach the classes in 8 week sessions, 2 per semester, which means a student can finish the program in 9 months and therefore be better able to learn and maintain the information. Additionally, because the classes are part of a college academic program, skills demonstrations and testing will be a regular component of the program allowing the instructor to ascertain that the student is competent in the learning objectives.

The group agreed that the program has merit and is worth pursuing.

A motion to vote on moving ahead on the yoga certificate program was made by Rhonda Perez and seconded by Cindy Elgin. The group voted unanimously to support moving forward with the Yoga teacher training program at AVC.

Kari says the city of Palmdale would use someone who had the certificate as a volunteer or contract instructor.

Rhonda Perez said that High Desert Medical group often needs volunteers and perhaps we should contact Anette Vela there to ask her to be part of the committee.

Kathy Bingham stated that the class focusing on the social applications of yoga has a community service component and that she is sure the program will create volunteer service work in the community.

Glenn Haller then explained how the faculty is planning of creating courses, programs, certificates and a local Kinesiology degree that has the certificate programs as emphasis, together with core curriculum and 30 units of general education. He described future programs in Recreation and leisure studies, and asked the committee about have REC 99 –a work study program as part of the emphasis and all agreed it was a good idea. Next he described the future Sports Management and Coaching emphasis, and the Fitness, Athletic training and Aquatics programs.

Cindy Elgin stated that they only hire trainers who have one of the 4 National Accredited Certifications.

Newton Chelette asked if there is anything the group wanted to add. No one responded.

Newton then asked if all in attendance believed we were headed in the right direction, one that would be supported by the community and create qualified applicants for jobs that would be hired preferentially to those who did not have the training.

All said yes and support the proposed curriculum development.

Newton Chelette then thanked everyone for participating and asked about what is a good time for the Advisory Committee to meet in the future. After discussion, it was agreed that midweek meeting at lunch or in the afternoon would me best. All were told they would be advised several weeks in advance of the next meeting and that they would be sent a list of committee members and their contact information by e-mail.

The meeting was adjourned at 1:30.