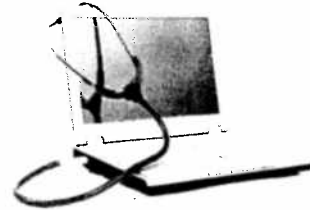


It's easy to find a PPO network provider online

At Blue Shield, we believe that finding a doctor should not give you a headache. That's why our Web site features our most up-to-date listings of personal physicians, specialists and hospitals. Just go to blueshieldca.com/findaprovider.



You do not need to log in to find a provider on blueshieldca.com; simply follow the instructions below. If you are an existing member and have registered on the site, log in and you'll automatically be directed to your plan network.

How to find a PPO network doctor

- Go to blueshieldca.com/findaprovider
- Next to "Select a plan," click the *Select* button
- Under "Medical Plan," choose *Blue Shield of California PPO Network*, then click *Set plan*
- Select the type of provider that you are searching for
- Click on *Options* to further filter your search, such as by name, specialty, language(s) spoken, facility type, and more
- Enter your city and state or ZIP code, then click *Find now*

How to find a PPO network mental health/substance abuse provider

- Follow the first three steps above for finding a PPO network doctor
- Select *Doctors*, then click *Options* and choose *Mental Health Caregivers*
- On the screen that appears, click on *Search Blue Shield of California Network*
- You'll be taken back to the "find a provider" page, and in the "located near" field, enter your zip code, then click *Find now*

The default distance/radius search is 15 miles. To expand or narrow the search radius, click zoom (+ or -) in the map on the provider search results page.

To get a printable copy of your search results, click on *Get Results as PDF* above the map and select your preference to download the document or have it emailed to you.

We're here to help

If you don't have access to the Internet or need help, simply contact your dedicated Blue Shield Member Services team at **(800) 642-6155** for personal assistance or to request a provider directory.