

2023 - 2024 HEALTH PLAN ELECTION FORM

To make your selection: Circle the rate of the premium for the selected plan, initial, sign, date and return to HR - Benefits.

Effective 10/01/2023

BENEFIT PLANS:	Amount per Month for 12 Months Retiree Premium Single:	Amount per Month for 12 Months Retiree Premium 2-Party:	Amount per Month for 12 Months Retiree Premium Family:	Initial:			
PPO PLAN PROVIDER - Anthem Blue Cross:							
40011L	\$0.00	\$470.67	\$1,014.27				
BC PPO 100%-A, \$20 Co-pay, Rx \$7-\$25, \$0 Ind./\$0 Fam. Deductible	30.00	\$470.07	\$1,014.27				
40011M	\$0.00	\$411.67	\$939.27				
BC PPO 100%-B, \$20 Co-pay, Rx \$9-\$35, \$100 Ind./\$300 Fam. Deductible	\$0.00	\$411.07	\$555.27				
40011N	\$0.00	\$356.67	\$869.27				
BC PPO 90%-A, \$20 Co-pay, Rx \$9-\$35, \$100 Ind./\$300 Fam. Deductible	\$0.00	\$350.07	\$809.27				
40011Q	<u> </u>	\$107.67	ÉFF2 27				
BC PPO 80%-G, \$30 Co-pay, Rx \$9-\$35, \$500 Ind./\$1,000 Fam. Deductible	\$0.00	\$107.67	\$553.27				
HMO PLAN PROVIDER - Kaiser Permanente:							
234480-0027 / RLN	\$0.00	\$30.67	\$625.27				
Kaiser HMO w/ Chiro, \$10 Co-Pay, Rx \$10, \$0 Ind./\$0 Fam. Deductible	\$0.00	\$30.67	\$625.27				
234480-0028 / RLN	<u>ća ao</u>	<u>61 67</u>	é505.27				
Kaiser HMO w/ Chiro, \$20 Co-Pay, Rx \$10-\$20, \$0 Ind./\$0 Fam. Deductible	\$0.00	\$1.67	\$585.27				
DENTAL PLAN PROVIDER - Delta Dental:				•			
7079 2290							
DD PPO Standard Incentive Plan- \$2,000 max. per year, Ortho: Children Only (Life max	INCLUDED IN MEDICAL PREMIUM						
\$1,500) VISION PLAN PROVIDER - VSP:							
3237465A							
VSP Signature Plan C, \$0 Co-pay, 2nd Pair	INCLUDED IN MEDICAL PREMIUM						
LIFE INSURANCE PLAN PROVIDER - Mutual of Omaha:							
G000AMP6-R003							
MO \$50,000 Emp. Term Group Life & AD&D	INCLUDED IN MEDICAL PREMIUM						
BENEFIT PAYMENT AUTHORIZATION: I understand that the monthly retiree premium applicable to the plan I h	nave selected is due the 1st of each month, and t	hat if the premium payments are not made in a timel	y manner my insurance coverage may be terminat	ed.			
Retiree Printed Name:		Date of Birth:					
Retiree Signature (required):	Date:						
Retiree Address:							

Phone Number:

Email:

BENEFIT PAYMENTS: All benefit premiums are 12 months, from October - September. Please make checks/money orders payable to Antelope Valley College and submit payment to Human Resources by the first of each month.

PREMIUMS: All medical, dental, and vision plans are tiered (single, 2-party and family) rates.

PLAN CHANGES: ONLY during a qualifying event, or open enrollment (July/Aug. of each year). Open enrollment changes are effective Oct. 1st.

COORDINATION OF COVERAGE: Kaiser, as an HMO, does not coordinate benefits with Blue Cross/Blue Shield plans. Spouses not primarily covered on an HMO are limited to the use of their own plans. Dependents of parents having both a PPO plan and an HMO are provided primary coverage based on the parent whose birthdate falls earliest in the calendar year, as is the case with both parents having PPO plans.

NEW RETIREES: Coverage begins the first of the month following retirement date.

RESIGNATION/TERMINATION/LACK OF PAYMENT/AGE OFF: Benefits stop on the last day of the month the employee meets district qualifications.

SISC
Self-Insured Schools of Cali
Schools Helping Schools

Antelope Valley Community College District 2022/2024 Potirod Cla , cified Dia . Natri

	SISC	2023/2024 Retired Classified Plan Matrix						
	Self-Insured Schools of California	Anthem	Anthem	Anthem	Anthem	Kaiser	Kaiser	
	Schools Helping Schools	40011L	40011M	40011N	40011Q	234480-0027RLN	234480-0028RLN	
		100-A \$20	100-В \$20	90-A \$20	80-G \$30	Trad HMO \$10	Trad HMO \$20	
MEDICAL - CALE	ENDAR YEAR Deductibles & Maximums	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	
Individual/Fami		\$0/\$0	\$100/\$300	\$100/\$300	\$500/\$1,000	\$0	\$0	
Individual/Fami	ly Out-of-Pocket (OOP) Max	64 000 (62 000	¢4,000/¢2,000	¢4,000/¢2,000	ća 000/ć4 000	64 F00/62 000	64 F00/62 000	
(includes medic	al deductibles, co-insurance and co-pays)	\$1,000/\$3,000	\$1,000/\$3,000	\$1,000/\$3,000	\$2,000/\$4,000	\$1,500/\$3,000	\$1,500/\$3,000	
PROFESSIONAL		•				•	•	
PROFESSIONAL	co-pay (\$0 Copay for 1st 3 cal yr Primary Care	Ι	I					
OV on Non-HSA		\$20	\$20	\$20	\$30	\$10	\$20	
Urgent Care co-		\$20	\$20	\$20	\$30	\$10	\$20	
Specialists/Cons		\$20	\$20	\$20	\$30	\$10	\$20	
	atal office visit co-pay	\$20	\$20	\$20	\$30	\$0	\$0	
Scans: CT, CAT,		0%	0%	10%	20%	\$0	\$0	
	y & Laboratory Procedures	0%	0%	10%	20%	\$0	\$0	
,	nosis/treatment of causes of infertility subject to	070	070	1070	2070	ΨΨ	ŪÇ	
plan benefits)		Not covered	Not covered	Not covered	Not covered	Co-pay applies	Co-pay applies	
		0%	0%	0%	0%	4-		
Preventive Care	e (includes physical exams & screenings)	Ded Waived	Ded Waived	Ded Waived	Ded Waived	\$0	\$0	
HOSPITAL & SK	ILLED NURSING FACILITY SERVICES	00/	00/	100/	200/	1		
Emergency Roo	m visit (waived if admitted)	0%	0%	10%	20%	\$100	\$100	
		\$100 co-pay	\$100 co-pay	\$100 co-pay	\$100 co-pay	40	40	
	tal (pre-auth required) - limits may apply	0%	0%	10%	20%	\$0	\$0	
Outpatient Hos	•	0%	0%	10%	20%	\$10	\$20	
	tient (performed in Surgery Center)	0%	0%	10%	20%	\$10	\$20	
Surgery, Outpat	tient (in a Hospital) - limits may apply	0%	0%	10%	20%	\$10	\$20	
	H & SUBSTANCE ABUSE TREATMENT	00/	00/	100/	200/	\$0	ćo.	
	ility Based Care (preauth required)	0%	0%	10%	20%		\$0	
OUTPATIENT: F	acility Based Care (preauth required)	0%	0%	10%	20%	\$10	\$20	
OTHER SERVICE	-S							
Acupuncture -	Limits apply, all plans use ASH Network	0%	0%	10%	20%	\$10/30 visits*	\$10/30 visits*	
Amhulanaa (Cu		0%	0%	10%	20%	ćro.	ćr.o.	
Ambulance (Gro	bund or Air)	\$100 co-pay	\$100 co-pay	\$100 co-pay	\$100 co-pay	\$50	\$50	
Chiropractic - L	imits apply, all plans use ASH Network	0%	0%	10%	20%	\$10/30 visits*	\$10/30 visits*	
Durable Medica	al Equipment (DME)	0%	0%	10%	20%	no charge	no charge	
Physical and Oc	cupational Therapy - Limits apply	0%	0%	10%	20%	\$10	\$20	
		Amount in excess	Amount in excess	10% and Amount	20% and Amount	A manual in an and of	A manual in average of	
Lleaving Aide		of \$700	of \$700	in excess of \$700	in excess of \$700	Amount in excess of	Amount in excess of	
Hearing Aids		allowance/24	allowance/24	allowance/24	allowance/24		\$500 allowance every	
		months	months	months	months	36 months	36 months	
	NEFITC				*30 v	isits Chiro/Acu combined	sits Chiro/Acu combined	
PHARMACY BEI Plan	VEFIIS	7-25	9-35	9-35	9-35	Trad HMO \$10	Trad HMO \$20	
Pharmacy Bene	fit Manager	Navitus	Navitus	Navitus	Navitus	Kaiser	Kaiser	
	ly Brand & Specialty Rx Deductibles	none	none	none	none	none	none	
	ly Rx Out-of-Pocket (OOP) Max	none	none	none	none	Included w/ Med	Included w/ Med	
-	ductibles and co-pays)	\$1,500/\$2,500	\$2,500/\$3,500	\$2,500/\$3,500	\$2,500/\$3,500	OOP Max	OOP Max	
		\$0 at Costco	\$0 at Costco	\$0 at Costco	\$0 at Costco			
Generic co-pav/	Generic co-pay/30 days supply		\$9 at Other	\$9 at Other	\$9 at Other	\$10 up to 100 day	\$10 up to 100 day	
		\$7 at Other Network	Network	Network	Network	supply	supply	
Brand co	0 days symply					\$10 up to 100 day	\$20 up to 100 day	
Brand co-pay/3	o days supply	25	35	35	35	supply	supply	
Creatiek		\$25 Must Use	\$35 Must Use	\$35 Must Use	\$35 Must Use	\$10 up to 30 day	\$20 up to 30 day	
speciality co-pay	y/up to 30 days supply	Navitus Mail	Navitus Mail	Navitus Mail	Navitus Mail	supply	supply	
Mail Order (C	portio Prond op nou/00 dour our cl.)					\$10-\$10/up to 100	\$10-\$20/up to 100	
iviali Order (Ger	neric-Brand co-pay/90 days supply)	\$0-\$60	\$0-\$90	\$0-\$90	\$0-\$90	day supply	day supply	
Mail Orden Die		Costco Mail Order	Costco Mail Order	Costco Mail Order	Costco Mail Order	Kaiser Mail Order	Kaiser Mail Order	
Mail Order Phar	ппасу	Pharmacy	Pharmacy	Pharmacy	Pharmacy	Pharmacy	Pharmacy	
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This sheet is only a brief summary of In-Network patient costs. Please refer to the plan documents available through your district for applicable details, limitations, and

exclusions.