

FULL TIME FACULTY EMPLOYEES \$17,500 DISTRICT HEALTH BENEFITS CAP 2025 - 2026 HEALTH PLAN ELECTION FORM

To make your selection: Check the box next to your selected plan, sign, date and return to Benefits.

Effective 10/01/2025

BENEFIT PLANS:	Amount per Month Pre-Tax Premium:	Selection	Amount per Month Pre-Tax Premium:	Selection
PPO COST SHARING PLANS - Anthem Blue Cross	With Dental Plan 1		With Dental Plan 2	
40463A	\$701.52		\$668.62	
100%-A, \$20 Co-pay, \$0 Deductible, Rx \$5-\$20	7701.52		Ţ000.02	
40463B	\$581.52		\$548.62	
100%-B, \$20 Co-pay, \$100 Ind./\$300 Fam. Deductible, Rx \$200/\$10-\$35	7501.52		γ5+0.02	
40463C	\$489.52		\$456.62	
80%-C, \$20 Co-pay, \$200 Ind./\$500 Fam. Deductible, Rx \$5-\$20	Ų 103.32		Ų 130.0 <u>2</u>	
40463D	\$21/152		\$181.62	
80%-K, \$30 Co-pay, \$1,000 Ind./\$2,000 Fam. Deductible, Rx \$9-\$35			Ç101.02	
70112B (HSA 5000 - SPOUSE INELIGIBLE)		\$0.00		
Deductible then 70% & Rx \$9-\$35, \$5,000 Ind./\$10,000 Fam. Deductible	NO DENTAL or VISION			
PPO CO-PAY PLAN - Anthem Blue Cross				
M213				
Platinum+ Primary Care Plan, \$0 Co-pay (ADD'L CO-PAYS FOR SOME SERVICES), \$0	\$503.52		\$470.62	
Deductible, Rx \$9-\$35				
HMO PLAN PROVIDER - Kaiser Permanente		1		
234480-0027 / ACN	\$270.52		\$237.62	
\$10 Co-Pay, \$0 Deductible, Rx \$10				
234480-0028 / ACN	\$235.52		\$202.62	
\$20 Co-Pay, \$0 Deductible, Rx \$10-\$20				
DENTAL PLAN PROVIDER - Delta Dental	<u> </u>	1		
7079 1300 (DENTAL PLAN 1)	INCLUDED IN MEDICAL P	DENJILINA		
PPO Incentive Plan- \$2,000 max. per year, 3rd cleaning, Ortho: Adults and Children (Lifetime max \$1,500)	INCLUDED IN WIEDICAL P	KEIVIIOIVI		
7079 1350 (DENTAL PLAN 2)				
PPO Plan- \$1,500 max. per year			INCLUDED IN MEDICAL P	REMIUM
VISION PLAN PROVIDER - VSP				
2536 / 64253ACN				
Signature Plan C- \$5 Co-pay, 2nd Pair	INCL	.UDED IN ME	DICAL PREMIUM	
LIFE INSURANCE PLAN PROVIDER - Mutual of Omaha	1			
G000AMP6-A002				
\$50,000 Emp. Term Group Life & AD&D, Decreases at age 70	INCL	.UDED IN ME	DICAL PREMIUM	
WAIVER of Active Benefits Enrollment	<u> </u>			
WABE64253C		\$0.00		
Access Only to EAP, Teladoc, MDLive, Vida Health & Biometric Screenings	LIFE INSURANCE ONLY			
				1

PAYROLL DEDUCTION AUTHORIZATION: I understand that the employee premium applicable to the plan I have selected will be made through a payroll deduction. All deductions are processed pre-taxed unless otherwise requested. If post-tax option is requested you must meet with Benefits to complete required documents.

Employee Printed Name:	SSN or Employee 900#:
Employee Signature (required):	Date:

Phone Number or Email:

 $\underline{\textit{BENEFIT DEDUCTIONS}} : \textbf{All benefit deductions are 12 months, from October - September}.$

 $\underline{\textbf{PREMIUMS:}} \ All \ medical, \ dental, \ and \ vision \ plans \ are \ composite \ based \ (fixed \ rate \ regardless \ of \ number \ of \ dependents).$

PLAN CHANGES: ONLY within 30 days of a qualifying event, or open enrollment (July/Aug. of each year). Open enrollment changes are effective Oct. 1st.

COORDINATION OF COVERAGE: Kaiser, as an HMO, does not coordinate benefits with Blue Cross/Blue Shield plans. Spouses not primarily covered on an HMO are limited to the use of their own plans.

Dependents of parents having both a PPO plan and an HMO are provided primary coverage based on the parent whose birthdate falls earliest in the calendar year, as is the case with both parents having PPO plans.

NEW EMPLOYEES: Coverage begins the first of the month following start date.

RESIGNATION/TERMINATION: Benefits stop on the last day of the month the employee worked & applicable premiums were deducted



Antelope Valley College Faculty Plans

MEDICAL - CALENDAN YEAR Deductibles & Maximums Member Pays Member	Self-insured Schools of California								
MEDICAL - CALENDAN YEAR Deductibles & Haximums	3chools Helping Schools 2025-2026	Anthem	Anthem	Anthem	Anthem	Anthem	Anthem	Kaiser	Kaiser
Professional Services Service		100-A \$20	100-B \$20	80-C \$20	80-K \$30	2-Tier HSA \$5,000	Platinum+	\$10 OV, \$10 Rx	\$20 OV, \$10-20 Rx
	MEDICAL - CALENDAR YEAR Deductibles & Maximums	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays
Submission Sub	Individual/Family Deductibles (Ded)	\$0/\$0	\$100/\$300	\$200/\$500	\$1,000/\$2,000	\$5,000/\$10,000*	\$0/\$0	\$0	\$0
RROFESS/ONAL SERVICES S20		\$1,000/\$3,000	\$1,000/\$3,000	\$1,000/\$3,000	\$3,000/\$6,000	\$6,350/\$12,700*	\$1,000/\$3,000	\$1,500/\$3,000	\$1,500/\$3,000
Primary Care* visit co-pay 98 Opay for 143 cally Primary						*Includes Rx			
Section Sect		1	1	ı		In	Г	1	ı
Pennstal, postnated effice visit co-pay \$20 \$20 \$20 \$30		\$20	\$20	\$20	\$30		\$0	\$10	\$20
\$2.0 \$2.0 \$2.0 \$3.0		· · · · · · · · · · · · · · · · · · ·							
Searse CT, CAT, MRI, PET etc. 10 % after Ded	Prenatal, postnatal office visit co-pay	\$20	\$20	\$20	\$30	30% after Ded	\$0	\$0	\$0
Seame C.F. CAT, MRI, PET etc.	Specialists/Consultants co-pay	\$20	\$20	\$20	\$30	30% after Ded	\$40	\$10	\$20
Laboratory Procedures							Non-Hosp/OPH**		
Diagnostic K-rays	Scans: CT, CAT, MRI, PET etc.	0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$100/\$250	\$0	\$0
Intertility (Nefer to Pian Document)	Laboratory Procedures	0% after Ded	0% after Ded	20% after Ded		30% after Ded	\$0/\$50	\$0	
Preventive Care (includes physical exams & screenings)	Diagnostic X-rays	0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$25/\$75	\$0	\$0
Preventive Care (includes physical exams & screenings) Ded Walved Ded Walved Ded Walved Ded Walved Ded Walved Su Su Su Su	Infertility (Refer to Plan Document)	Not covered	Not covered	Not covered	Not covered	Not covered	Not covered	Co-pay applies	Co-pay applies
HOSPITAL & SKILLED NURSING FACILITY SERVICES	Proventive Care (includes physical example serronings)	0% after Ded	0% after Ded	0% after Ded	0% after Ded	0% after Ded	¢ 0	¢0	\$0
Emergency Room visit (copay waived if admitted) - Avg Cost Cost: \$2,847 \$100+10%: \$375 \$100+20%: \$649 \$100 co-pay \$1	Freventive Gare (includes physical exams & screenings)	Ded Waived	Ded Waived	Ded Waived	Ded Waived	Ded Waived	φυ	φυ	φυ
Emergency Room visit (copay waived if admitted) - Avg Cost									
Stool co-pay Stoo	HOSPITAL & SKILLED NURSING FACILITY SERVICES	1	1	T		1	T	T	T
Stool co-pay Stoo	Emergency Room visit (copay waived if admitted) - Avg	0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded			
Martine Hospital (preauthorization required) - Avg Cost for one day; \$6,067 20%; \$1,213 0% after Ded 0% after Ded 20% after Ded 20% after Ded 30% after Ded \$200/day \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$							\$300	\$100	\$100
Surgery, Outpatient (performed in Surgery Center)		Ψ100 00 pu)	Ψ100 00 μαγ	Ψ200 00 pay	Ψ200 00 pay	\$100 00 pay			
Surgery, Outpatient (performed in Surgery Center) 0% after Ded 0% after Ded 20% after Ded 20% after Ded 20% after Ded 30% after Ded \$200/day \$0 \$20	Inpatient Hospital (preauthorization required) - Avg Cost								
Surgery, Outpatient (performed in Surgery Center)		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$200/day	\$0	\$0
Surgery, Outpatient (performed in a Hospital) - limits may appty 0% after Ded 20% after Ded 20% after Ded 20% after Ded 30% after Ded \$600 \$10 \$20		00/ -ft Dl	00/ - 11 D1	00% - 11 D1	000/ -# D	200/ - 11 D1	#000	610	#00
MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT IMPATIENT: Facility Based Care (preauth required) 0% after Ded 0% after Ded 20% after Ded 20% after Ded 30% after Ded \$200/day \$0 \$0		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% arter Ded	\$200	\$10	\$20
INPATIENT: Facility Based Care (preauth required)		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$600	\$10	\$20
INPATIENT: Facility Based Care (preauth required)									
OUTPATIENT: Facility Based Care (preauth required) 0% after Ded 0% after Ded 20% after Ded 20% after Ded 30% after Ded \$0 \$10 \$20 OTHER SERVICES Ambulance (Ground or Air) 0% after Ded \$100 co-pay 0% after Ded \$100 co-pay 20% after Ded \$100 co-pay 30% after Ded \$100 co-pay \$300 \$50 \$50 Acupuncture - Limits apply 0% after Ded Subject to PA 0% after Ded Subject to PA 20% after Ded Subject to PA 30% after Ded Subject to PA \$0 \$10/30 visits (through ASH) \$10/30 visits (through ASH) ASH) ASH) Combined w/chiro combined w/chiro combined w/chiro combined w/chiro combined w/chiro combined w/chiro ASH) AS		T	T	T		T		1	
OTHER SERVICES Office of Services Office of Subject to PA	, , , , , , , , , , , , , , , , , , , ,								·
Ambulance (Ground or Air) 0% after Ded \$100 co-pay \$1		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$0	\$10	\$20
Acupuncture - Limits apply Owafter Ded Subject to PA Chiropractic - Limits apply Owafter Ded Subject to PA Physical and Occupational Therapy - Limits apply Owafter Ded Owafter Ded Subject to PA Amount in excess of \$700 allowance/24 months Acupuncture - Limits apply \$100 co-pay \$100 co-	OTHER SERVICES			I			Г	Г	1
Acupuncture - Limits apply Owafter Ded Subject to PA Owafter Ded Subject to PA Chiropractic - Limits apply Owafter Ded Subject to PA Subject to PA Owafter Ded Subject to PA Owafter Ded Subject to PA Subject to PA Owafter Ded Subject to PA Subject to P	Ambulance (Ground or Air)						\$300	\$50	\$50
Acupuncture - Limits apply Owarter Ded Subject to PA Subject to		\$100 co-pay	\$100 co-pay	\$100 co-pay	\$100 co-pay	\$100 co-pay			
Acupuncture - Limits apply Subject to PA Su		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	4		
Chiropractic - Limits apply O% after Ded Subject to PA Physical and Occupational Therapy - Limits apply O% after Ded Ow after Ded Durable Medical Equipment (DME) Amount in excess of \$700 allowance/24 months O% after Ded O	Acupuncture - Limits apply	Subject to PA	Subject to PA		Subject to PA		\$0	, ·	,
Chiropractic - Limits apply Owarter Ded Subject to PA Sub		,	,			,			
Chiropractic - Limits apply Subject to PA Su		0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded		, ,	\$10/30 visits (through
Physical and Occupational Therapy - Limits apply O% after Ded and Amount in excess of \$700 allowance/24 months Of \$700 allowance/24 months Of \$700 allowance/24 MOUNT in excess of \$700 allowance/24 MOUNT in excess o	Chiropractic - Limits apply						\$0		-
Durable Medical Equipment (DME) Owafter Ded Owafter D				-					combined w/acu
Amount in excess of \$700 allowance/24 months months amounts in excess of \$700 allowance/24 months amount in excess of \$700 allowance/24 months amounts in excess							·		·
Amount in excess of syno allowance/24 months months Amount in excess of syno allowance/24 months amount in excess of syno allowance/24 months amount in excess of syno allowance/24 months syno allo	Durable Medical Equipment (DME)	0% after Ded	0% after Ded	20% after Ded	20% after Ded	30% after Ded	\$0	no charge	no charge
Amount in excess of syno allowance/24 months months Amount in excess of syno allowance/24 months amount in excess of syno allowance/24 months amount in excess of syno allowance/24 months syno allo				20% after Ded and	20% after Ded and	10% after Ded and			
Hearing Aids \$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\							1 -		amount in excess of
I months I months I I I I I I I I I I I I I I I I I I I	Hearing Aids	1	1 -						\$500 allowance every
I I months I months I months I		months	months	months	months	months	allowance/24 months	36 months	36 months

^{*}Primary Care Providers (PCPs) are those without specialty certifications, practicing general pediatrics, internal medicine, family or general practice, or obstetrics and gynecology.

PHARMACY BENEFITS Plan	Rx 5-20	Rx 200/10-35	Rx 5-20	Rx 9-35	Rx HSA	Rx 9-35 PC	\$10 Rx	\$10-20 Rx
Pharmacy Benefit Manager	Navitus	Navitus	Navitus	Navitus	Navitus	Navitus	Kaiser	Kaiser
Individual/Family Brand & Specialty Rx Deductibles	none	\$200/\$500	none	none	Included w/ Medical ded	none	none	none
Individual/Family Rx Out-of-Pocket (OOP) Max (includes Rx deductibles and co-pays)	\$1,500/\$2,500	\$2,500/\$3,500	\$1,500/\$2,500	\$2,500/\$3,500	Included w/ Med OOP Max	\$2,500/\$3,500	Included w/ Med OOP Max	Included w/ Med OOI Max
Generic co-pay/30 days supply	\$0 at Costco‡ \$5 at Other Network	\$0 at Costco‡ \$10 at Other Network	\$0 at Costco‡ \$5 at Other Network	\$0 at Costco‡ \$9 at Other Network	Deductible, then \$0 at Costco or \$9 at Other Network	\$0 at Costco‡ \$9 at Other Network	\$10 up to 100 day supply	\$10 up to 100 day supply
Brand co-pay/30 days supply	\$20	\$35	\$20	\$35	Deductible, then \$35	\$35	\$10 up to 100 day supply	\$20 up to 100 day supply
Specialty co-pay/up to 30 days supply	\$20 Must Use Navitus Mail	\$35 Must Use Navitus Mail	\$20 Must Use Navitus Mail	\$35 Must Use Navitus Mail	Deductible, then \$35 (Must Use Navitus Mail)	\$35 Must Use Navitus Mail	\$10 up to 30 day supply	\$20 up to 30 day supply
Mail Order (Generic-Brand co-pay/90 days supply)	\$0-\$50‡	\$0-\$90‡	\$0-\$50‡	\$0-\$90‡	Deductible, then \$0- \$90	\$0-\$90‡	\$10-\$10/up to 100 day supply	\$10-\$20/up to 100 day supply
Mail Order Pharmacy	Costco Mail Order Pharmacy	Costco Mail Order Pharmacy	Costco Mail Order Pharmacy	Costco Mail Order Pharmacy	Costco Mail Order Pharmacy	Costco Mail Order Pharmacy	Kaiser Mail Order Pharmacy	Kaiser Mail Order Pharmacy

This comparison displays member cost-share for in-Network services. Out-of-Network services may not be covered. Please refer to the plan documents available through your district for applicable details, limitations, and exclusions. $\label{thm:equivalence} Employee \ cost/payroll \ deduction, if applicable, \ can be \ requested \ from \ the \ district.$

‡Some narcotic pain and cough medications are not included in the Costco Free Generic or 90-day supply programs.

^{**&}quot;non-Hosp" means Labs and Radiology Centers not associated with a hospital system. "OPH" means an outpatient hospital setting