	CMSA RETIREES					
SISC Self-Insured Schools of California Schools Helping Schools 2019-2020	0P021002	0P041002	0P011002	0P031002	225543-0945	225543-3017
	Blue Shield	Blue Shield	Blue Shield	Blue Shield	Kaiser	Kaiser
 Schools Helping Schools 	100-A \$20	100-C \$20	90-C \$30	80-G \$30	Trad HMO \$10	Trad HMO \$30
MEDICAL- CALENDAR YEAR Deductibles & Maximums	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays	Member Pays
Individual/Family Deductibles	\$0/\$0			\$500/\$1,000	\$0/\$0	,
Individual/Family Out-of-Pocket (OOP) Max (includes medical		÷2007\$100	\$2007\$500	<i>\$300,\$1,000</i>	<i>\\</i>	\$0/\$C
deductibles, co-insurance and co-pays)	\$1,000/\$3,000	\$1,000/\$3,000	\$1,000/\$3,000	\$2,000/\$4,000	\$1,500/\$3,000	\$1,500/\$3,000
PROFESSIONAL SERVICES	\$1,000,\$3,000	<i>\</i> 1,000, <i>\</i> 3,000	<i>\</i> 1,000/ <i>\</i> 3,000	\$2,0007\$4,000	<i>\</i> 1,500,75,000	\$1,500,55,00
	¢20	¢20	¢20	¢30	¢10	ć a
Office Visit (OV) co-pay	\$20					
Urgent Care co-pay	\$20			\$30	\$10	
Specialists/Consultants co-pay	\$20			\$30	\$10	
Prenatal, postnatal office visit co-pay	\$20			\$30	\$0	
Scans: CT, CAT, MRI, PET etc.	0%			20%	\$0	
Diagnostic X-ray & Laboratory Procedures	0%	0%	10%	20%	\$0	\$(
Infertility (diagnosis/treatment of causes of infertility subject					OV copay or hospitalization	OV copay or hospitalization
to plan benefits)	Not covered		Not covered	Not covered	copay apply	co-pay appl
Preventive Care (includes physical exams & screenings)	0%, Ded Waived	0%, Ded Waived	0%, Ded Waived	0%, Ded Waived	\$0	Ş
HOSPITAL & SKILLED NURSING FACILITY SERVICES		-				
Emergency Room visit (waived if admitted)	0%, \$100 co-pay	0%, \$100 co-pay	10%, \$100 co-pay	20%, \$100 co-pay	\$100	\$100
Inpatient Hospital (preauthorization required) - limits may						
apply	0%	0%	10%	20%	\$0	\$(
Outpatient Hospital	0%	0%	10%	20%	\$10	\$3
Surgery, Outpatient (performed in Surgery Center)	0%	0%	10%	20%	\$10	\$30
Surgery, Outpatient (performed in a Hospital) - limits may						
apply	0%	0%	10%	20%	\$10	\$30
MENTAL HEALTH & SUBSTANCE ABUSE TREATMENT	•		•			
INPATIENT: Facility Based Care (preauth required)	0%	0%	10%	20%	\$0	\$0
OUTPATIENT: Facility Based Care (preauth required)	0%	0%		20%	\$10	
OTHER SERVICES						· · · ·
			1		\$10/30 visits	\$10/30 visit:
Acupuncture - Limits apply	0%	0%	10%	20%	combined w/chiro	
Ambulance (Ground or Air)	0%, \$100 co-pay	0%, \$100 co-pay		20%, \$100 co-pay	\$50	
	0%, \$100 co-pay	0%, \$100 co-pay	10%, \$100 co-pay	20%, \$100 co-pay	\$10/30 visits	
Chicoprostic Limits apply	0%	0%	10%	20%		
Chiropractic - Limits apply	0%	0%		20%	combined w/acu	
Durable Medical Equipment (DME) Physical and Occupational Therapy - Limits apply	0%			20%	no charge \$10	no charge \$30
PHARMACY BENEFITS						· · ·
		200/10-35		9-35	Trad HMO \$10	Trad HMO \$30
Pharmacy Benefit Manager		Navitus		Navitus	Kaiser	Kaiser
Individual/Family Brand & Specialty Rx Deductibles	none	\$200/\$500	none	none	none	none
Individual/Family Rx Out-of-Pocket (OOP) Max						
(includes Rx deductibles and co-pays)	\$1,500/\$2,500					Included w/ Med OOP Ma
	\$0 at Costco					
Generic co-pay/30 days supply	\$7 at Other Network	\$10 at Other Network	\$9 at Other Network	\$9 at Other Network	\$10 up to 100 day supply	\$10 up to 100 day suppl
Brand co-pay/30 days supply	\$25	\$35	\$35	\$35	\$10 up to 100 day supply	\$30 up to 100 day supply
Specialty co-pay/up to 30 days supply	\$25 Must Use Navitus Mail	\$35 Must Use Navitus Mail	\$35 Must Use Navitus Mail	\$35 Must Use Navitus Mail	\$10 up to 30 day supply	\$30 up to 30 day supply
					\$10-\$10/up to 100 day	\$10-\$30/up to 100 day
Mail Order (Generic-Brand co-pay/90 days supply)	\$0-\$60	\$0-\$90	\$0-\$90	\$0-\$90	supply	supply
	Costco Mail Order	Costco Mail Order	Costco Mail Order	Costco Mail Order		
Mail Order Pharmacy	Pharmacy	Pharmacy	Pharmacy	Pharmacy	Kaiser Mail Order Pharmacy	Kaiser Mail Order Pharmacy
Note: This sheet is only a brief summary of In-Network patient costs. Please refer to th	ne plan documents available through your	district for applicable details, limitations	, and exclusions. Out-of-Network services	may not be covered. Employee cost/pay	roll deduction, if applicable, can be reque	ested from the district.
7079 2390 - Delta Dental PPO Incentive Plan	Delta Dental Premier Network Prov	vides \$2.000 annual may on basis de	intal services (PPO Network provides	\$2 200 annual max) on an inconting	hasis Ortho for Children only lifeti	me may \$1 500
2978535A - Vision Service Plan (VSP)	Delta Dental Premier Network- Provides \$2,000 annual max on basic dental services (PPO Network provides \$2,200 annual max) on an incentive basis. Ortho for Children only; lifetime max \$1,500. Vision Service Plan (VSP) - Plan C - VSP Signature Network provides Exam, Lenses & Frames every calendar year for a \$0 co-pay.					
G000AMP6-R003 - Life Insurance Coverage	No change to the benefit. \$50,000 Term Group Life/AD&D policy. Life will continue to be administered by Mutual of Omaha and will not be covered through SISC.					
coordina oritoos - Lije insurance coverage	no change to the benefit, \$30,000 ferm droup the/Abab pointy. the win continue to be administered by Mutual Of Oriana and Win for be covered through SiSC.					