

# *Physical Education & Athletics*

## *2010*

### **Comprehensive Program Review Report**

**Program:**

**Academic Year Reviewed:**

**Due October 31**

#### **AREA 1 Mission**

1.1 State the mission of the program.

*The Division of Physical Education and Athletics has two primary goals. The first is providing a service program designed to accommodate all students through physical activity courses, health education courses and intercollegiate athletics. Our second primary goal is to provide a program of professional preparation courses for those students who are majoring in physical education, in order to earn an associate degree in physical education, or to transfer to a university program in physical education, kinesiology, exercise science, dance, health education, recreation and leisure studies, or other related programs.*

1.2 Comment on the areas of the mission, vision, and Institutional Learning Outcomes (ILOs) of the college that are most closely related to the mission of the program.

*Our physical education classes serve a diverse student population, enrolling students from high school age to active senior citizens. Our primary focus in activity classes is to create an environment where our students learn to value regular physical activity and exercise as a method to achieve life long physical fitness. Our classes provide activities that allow our students to demonstrate increased cardio-respiratory endurance, strength, balance, coordination and flexibility. Our activity classes also allow our students the opportunity to demonstrate the ability to function positively in group settings. By achieving this we support the AVC Institutional Learning Outcomes (ILO) as our students develop self-awareness (ILO #1), and students have the opportunity to learn to value and apply lifelong learning skills required for employment, transfer education and personal development (ILO#2).*

*Our health education classes allow our students to describe and understand common causes and preventative measures for cardiovascular disease, cancer and infectious disease, as well as analyze the roll that risk reduction plays in protecting and improving health. This relates to our institutional goal of solving problems using oral and written communication, critical thinking and listening skills, planning and decision-making skills, and informational literacy (ILO #4). Our women's health issues class encourages students to assess the importance of social, economic, scientific and political influences on our*

*health, thus addressing the institutional goal to demonstrate good citizenship through respect, tolerance, cultural awareness and the role of diversity in modern society (ILO#5).*

*Lastly our intercollegiate athletics classes allow AVC to partner with the community in the true spirit of the mission of the college. Our athletics program seeks to promote and generate community interest in the department programs and student athletes through activities and events which allows community participation. Our student athletes demonstrate the value of teamwork to achieving team goals. Our program allows student-athletes to develop self-awareness (ILO #1), value and apply life long learning skills (ILO #2), solve problems using communication, critical thinking and listening skills and decision-making skills (ILO #4), and demonstrate good citizenship and teamwork (ILO #5). The mission of the Physical Education and Athletics division clearly supports and contributes to the mission of Antelope Valley College.*

## **AREA 2 History**

2.1 Identify major changes and/or developments, including change or growth in other programs, which significantly impacted the program in the last four years.

*Over the last several years there have been many changes, but many things have also stayed the same. Some of the things that have not changed are:*

*Weight room has not changed still very small have much of the equipment being outdated and when something breaks it does get repaired in a timely manner if at all.*

*The training rooms are still very small, not coed, lacking in equipment and other then the afternoons understaffed.*

*The pool is also in a state of disrepair, because of out of date pumps and filters the pool is often dirty and not heated very well much of the time.*

*Then locker rooms need more and new lockers. The showers most of the time does not have hot water and if it does the water must run for over 30 minutes to get to kind of warm.*

*The tennis courts have not been resurfaced on nearly 20 years and this needs to be done as soon as possible.*

### **Classes and budget cuts**

*Due to state budget cuts all departments were forced to cut classes - starting in the Fall of 2009 7 classes totaling 20.0 LHE were canceled, in Intersession of 2010 we canceled 41 classes totaling 84 LHE, in the spring of 2010 there were 21 classes canceled totaling 36 LHE and in the summer of 2010 there were 33 classes canceled totaling 95 LHE. For the school year of 2009-2010 we canceled 100 classes totaling 235 LHE due to the cuts by the state to the AVC budget. Cuts have been made across the board to all divisions and not just Physical Education.*

**The passage of Measure R and West Campus Expansion**

*With the passage of Measure R in the fall of 2004, there has been a very large expansion to the Physical Education Facilities. Since then there have been 2 practice soccer fields, 2 practice football fields, baseball stadium, softball stadium, football/track/soccer stadium, throws area and a jogging path with a par course.*

*The football, soccer, and softball fields have had FieldTurf installed for their playing surfaces. The track has FasTrack Mondo install in all running and jumping areas. The baseball, softball, and football/soccer/track stadiums have also had new press boxes installed.*

2.2 Briefly describe the program's activities and services in the past four years.

*During the past four years the athletic department has put on many activities for the local community. Football has started a football camp during the summer, as has basketball, and volleyball. Softball has put on a number of clinics for both players and coaches. Track and field has put on a number of all comer track meets, and has hosted both the Southern California Regional Championships and the State Track and Field Championships and Cross Country has hosted the regional Cross Country Championships twice.*

**Services that have been provided for our student athletes**

*A full time academic adviser works with all our student athletes and helps them schedule classes, conducts grade checks, and keeps the coaches informed of the academic progress of their student athletes.*

*A drug testing program is provided for all student athletes and a program is in place for those that fail this test.*

2.3 Did the program receive outside funding (e.g. Perkins IV and/or grants) during the last four years? If yes, briefly identify the years funded and how those funds were used to improve the program and student learning.

*No outside funding during the last 4 years.*

**AREA 3 Curriculum (3.5 and 3.6 updated annually)**

3.1 Identify degrees and certificates currently offered in the program.

*Currently we offer an associate degree in Physical Education. An associate degree in Dance, an associate degree in Recreational Leadership and an associate degree in Athletic Training are currently in the process of approval. Also, a certificate in Recreational Leadership is currently in the process of approval.*

3.2 Discuss the adequacy of course offerings relative to appropriate aspects of the college mission and ILOs. Summarize recent additions, deletions, or revisions of courses.

*The development of new courses and the revision of established courses in the Physical Education & Athletic division have been, and will continue to be consistent with the goals of the College Mission Statement. All new courses must be approved by the Academic Policies and Procedures committee. Our faculty seeks to respond to changes in curriculum at four-year institutions in an effort to ensure that our students are properly prepared to be successful at the four-year institutions.*

*Our division faculty has developed Student Learning Outcomes for each course and has identified which Institutional Learning Outcome it supports. The outcomes are assessed each semester and the data is now entered into WEAVE online.*

*Since Fall 2006, there have been no additions of courses. In summer 2009, Yell and Song Leading, Pep Squad Leadership and Cheer Conditioning courses were eliminated, along with the Cheerleading team due to budget constraints.*

*The revision of courses follows the guidelines for Course Revisions and has been updated by faculty as needed. Starting September 2010, course revisions are entered into CurricUNET.*

3.3 Reflect on the relevant trends in curriculum with regard to knowledge requirements and instructional methods.

*Faculty is aware of major changes in the discipline/subject area as they pertain to their courses. To better serve our students, our faculty has developed innovative instructional strategies by staying current with the constant changing trends by attending conventions, seminars and clinics. Our faculty use modern technologies including but not limited to DVD and video analysis, Power Point presentations and internet based activities. Many instructors incorporate multi-media presentations and incorporate lessons that take place in the learning center where on-line lessons supplement traditional lesson formats. Instructors are continually involved in ongoing education.*

3.4 Recommend ways to improve completion of certificate, major and transfer requirements. Are all courses offered on a regular rotational basis so that students can complete their programs within a reasonable time frame?

*Our division course offerings provide students with reasonable access to meet their educational objectives. Courses are offered throughout the day from 6:00 a.m. until 10 p.m. and Health Education courses are offered online. Practices for athletes are scheduled as not to conflict with the majority of campus course offerings. The biggest barrier continues to be the lack of facilities. If we had additional space, we would be able to offer more classes such as dance, yoga and fitness classes to make the division more accessible to the students.*

*Unfortunately, due to budget constraints, several courses are not offered each semester. Starting summer 2009, all physical education courses with the exception of Intercollegiate Sports have been eliminated from summer and intersession.*

3.5 Are all Course Outlines of Record (CORs) current?

*All Course Outlines of Records are current according to the Academic Policies and Procedures Guidelines. Course revisions are now revised online through CurricUNET.*

3.6 How does the program ensure that all faculty utilize CORs when designing course syllabi?

*All faculty are aware that the COR is the primary document from which they must design their syllabi. Course syllabi are turned into the Dean at the beginning of each semester for review. Instructors are required to teach the COR and a systematic evaluation process is in place to ensure that the instructors meet this standard.*

#### **AREA 4 Student Support and Development**

4.1 Discuss the adequacy of program services, practices, and technology to address diverse student needs and support student achievement.

*The Department of Physical Education and Athletics at Antelope Valley College has pioneered and developed program services that have been the standard of emulation for many community colleges throughout the state.*

### **STUDENT SUPPORT AND SERVICES**

*All courses taught and intercollegiate sports programs offered within the Department of Physical Education and Athletics are open to all students, with appropriate gender exception.*

*The Department of Physical Education and Athletics is overseen by a department Dean whose administrative duties include that of Athletic Director. The Dean/Athletic Director is available to all students, athletes, personnel within the department, other personnel on campus, or community members by appointment. In addition to administering the two comprehensive programs of physical education and intercollegiate athletics within the department, the Dean/Athletic Director also serves as the Dean of the Department of Visual and Performing Arts. The responsibilities of serving within all of these titles are overwhelming and the detailed attention deserved by all of these programs will ultimately suffer.*

*A full-time Administrative Assistant serves as office manager within the department and assists faculty, coaches, athletes, students, other campus personnel, and visitors in all manner of services. Student workers are utilized daily to perform various office tasks.*

*A full-time Academic Advisor for Athletes oversees all aspects of student/athlete scheduling, academic preparation, and matriculation to four-year schools. Student/athletes have priority registration. Additional resources within the department such as computers, tutors, and study hall would benefit the special circumstances endured*

*by the student/athlete. Student workers provide the Academic Advisor for Athletes with office assistance.*

*A full-time certified Athletic Trainer and an adjunct certified Athletic Trainer are the primary personnel of the athletic medical staff and work closely with team physicians to provide preventative and rehabilitative injury training practices.*

*A mandatory drug testing program for all athletes in is place to help ensure a safe, healthy, drug-free environment for competitive collegiate athletics. This test is administered by the college health care center and is part of the comprehensive physical exam taken by all athletes prior to participation.*

*A full-time Sports Information Director provides statistical information of the student/athletes to the campus, community, local and regional media outlets, and to four-year schools. This exposure is invaluable in the recruitment of student/athletes to colleges and universities throughout the country. The Sports Information Director also developed, maintains, and updates the college athletic website. Student worker assistance would enhance the function of this service.*

*Full-time male and female Equipment Managers order, maintains, fit, distribute, repair, and launder practice and game uniforms. They assist in practice and game set-up and break down and provide lockers and locks to athletes and the general student population. Student workers provide assistance to the Equipment Managers.*

*Paid lifeguards are on duty for all aquatic courses taught throughout the day and evening including Adaptive Physical Education for the disabled students.*

4.2 Summarize how recent additions, deletions, or revisions of services, practices, and technology support aspects of the college mission and ILOs.

## **TECHNOLOGY**

*Technology is a vital entity within the department's various programs and is used extensively by administrators, faculty, coaches, staff, and students. Virtually every full-time faculty member has a computer in their office and adjunct faculty has access to computer use within the faculty offices. All faculty members have an e-mail address and a phone extension for student contact. The primary classroom used within the department is titled as a Smart Classroom as it has computer capability for PowerPoint presentation, internet access, and overhead VCR and DVD video display. In classrooms that are used in the department that are not equipped as such, Smart Carts are available that have these same features and can be rolled into a classroom for instructor use.*

*Online courses are taught only in H.E. 101, Health Education and could be expanded to other lecture type courses. Blackboard is the platform used to present the online course.*

*WEAVE and CurricuNET are used by faculty for SLO statistical reporting and COR development, updates, and revisions respectively.*

*HUDL.com is a software program where practice and game tapes can be viewed by student/athletes directly from their homes as soon as those events are over. Four-year schools can also access this program for recruitment purposes as well as upcoming opponents. This saves time from having to mail game tapes to schools. This technology could be used by other sports programs as well.*

## ***SUPPORTING ASPECTS OF THE COLLEGE MISSION***

*The Department of Physical Education and Athletics at Antelope Valley College takes pride in providing innovative programs and services to enhance the educational experience and success of the students and athletes it serves. These programs and services have grown over the years to comprehensive standards that few, if any, medium size community colleges can match. There have been no deletions or reductions of these programs and services in light of recent budget restraints that have resulted in a substantial reduction in course offerings. The faculty and staff of the department are constantly looking for ways to enhance and improve the programs and services it currently provides and in time will expand such programs and services to higher standards as student learning and success remains the department's number one priority.*

### **AREA 5 Data Analysis and Environmental Scan (Updated annually)**

5.1 The program was provided with a substantial amount of data from the Office of Institutional Research and Planning. The self-study team should review and have a dialogue on the data and then identify major changes or enrollment trends expected to be of particular relevance to the program in the next four years. Consider WSCH/FTES, success, retention and persistence as applicable, and the number of degrees and certificates, if applicable. Consider data on gender, age, ethnicity, night vs. day, etc.

- Write about enrollment trends that the self-study team believes are important to the program's planning and resource needs. Why might these trends be occurring?
- Considering these trends, how well is the program doing in meeting the needs of the various learner populations attending the college?

*Survey conducted in 2006 identified class areas (TRENDS) towards fitness classes vs. activity classes. In the past four years, many fitness classes were added; physical conditioning, aerobic conditioning, water aerobics and various yoga classes. Half of these classes were added in the afternoon and evening to accommodate the trends of more night students. The water aerobics class consists mostly of female students. While the physical conditioning, aerobic conditioning and yoga classes seem to be evenly mixed.*

*Team is not sure why the shift to conditioning class. National statistics show an increase in obesity and diabetic conditions. The data collected on campus did not ask about these conditions.*

5.2 Report on the progress of recommendations and accomplishment of goals identified in the program's last program review. Reflect on the strengths, weaknesses, and improvements of the program. Clearly state the performance/quality indicators used by the program.

*In the last review of 2006 was a major weakness and draw back to offering more classes. Even though new facilities for track, football, soccer, baseball, softball and par-running course were added still not enough new sections have been added. As the schools population has increased, our class offering have not matched the populations increase.*

*With the new facilities has brought an increase to the number of students. Athletes are participating in programs offered. As stated in 2006 review, the gender number are still unequal with more male athletes than female athletes, a weakness not resolve with more sports offer for females.*

*Another weakness brought out in 2006 review was the faculty needed to accommodate sports offerings. A big recommendation from the 2006 review was the need for a two full-time athletic trainers to treat and care for the increase in student athletes.*

*Second recommendation offer by the 2006 review was a need for full-time positions for several head coaching positions that are now part-time. These positions would bring a greater opportunity for the student athletes to succeed in their studies and in their respective sport.*

*Two improvements in the program pertaining to degrees was the writing of a recreational degree and an athletic training degree. Both of these are in the process of being accepted by the chancellor's office. Each of these areas would give students expanded opportunities to get degrees of their liking and give opportunities of jobs available throughout the state.*

## **AREA 6 Student and Program Learning Outcomes Assessment (Updated annually)**

6.1 Briefly review program outcomes assessment activities over the past four years and assess in some detail the effectiveness of those methods in documenting and improving student learning.

*All courses and programs have SLOs and instructor-created assessments based on the SLOs. Each assessment is appropriate to the subject matter of the course. Instructors are individually responsible for submitting SLO assessment data to the institutional research department each semester. Ideally, this information should be submitted first to the primary program full-time faculty member for review and consideration.*

6.2 How have adjunct faculty and/or part time staff in your program been made aware of the need to assess Student Learning Outcomes (SLOs) and Program Learning Outcomes (PLOs) and been included in assessment activities?



*Some adjunct faculty members have been made aware of SLOs. The dance department adjunct faculty and soccer program faculty have been encouraged to assess SLOs. The newer programs are aware of SLOs, the older programs not so. Work needs to be done in this area.*

6.3 What specific plans have been made for assessing student learning over the next four years? Programs should provide a timeline for defining and assessing all SLOs and PLOs.

*Assessment of student learning has been taking place for more than two years. SLOs for all courses have been written and implemented by individual instructors. Current plans are to continue with the progress that has been made thus far. PLOs have not been assessed to date and no timeline has been established for assessment.*

6.4 If the program SLO and PLO assessment results make it clear that particular professional development resources or student services are needed to more effectively serve students, describe the need. List items in order (rank) of importance.

*Currently no such findings have been made.*

#### **AREA 7 Collaboration with Other Programs**

Discuss collaborative efforts undertaken with other Instructional, Student Services or Administrative programs. Offer an assessment of success and challenges and note potential changes in collaborative efforts.

*Collaborative efforts within the Physical Education and Athletics Division take shape in several different forms. Physical Education and Visual and Performing Arts are currently under one dean which allows us to collaborate with one another through the combination of division meetings, sharing of office space and exposure to off/on campus events and activities.*

*Our Athletic Counselor attends weekly division meetings for Student Services. The information obtained at these meetings is then shared with our division. Athletics was recently recognized and honored for its collaboration efforts campus-wide through the Academic Support Services Ensuring Transfer Success Report Card 2010. In addition, the instructors for the PE Division attend professional development activities on campus where sharing of ideas with other programs on campus is prevalent. This form of collaboration can also be seen with our instructors involvement in committees such as AP&P and Senate.*

*A tremendous concern for our division is the lack of a full-time dean dedicated to just one division. Often times it can be overwhelming sharing limited resources.*

*The PE Division is a wonderfully unique division because of the involvement of its instructors/coaches on and off campus. Our Division represents the institution and serves as ambassadors for the campus to the entire community.*

## **AREA 8 Outreach Activities**

Discuss any activities or projects undertaken with other educational institutions, the community, or business/industry. Describe any plans to begin new outreach activities.

*The division sponsors a wide range of programs, camps, dance programs and activities for youth in the community including:*

- 1. Basketball and volleyball camps*
- 2. Sport specific clinics*
- 3. Junior high and high school on site clinics*
- 4. Elementary and junior high cross country race*
- 5. High school volleyball summer league*
- 6. Dance performance programs*
- 7. Summer swimming lessons for at-risk community children*

*•Division faculties are frequent speakers at service club meetings, awards banquets, clinics and other community events.*

*•Division faculties are frequently interviewed on local radio and television shows.*

*•Many faculty members belong to community groups throughout the valley and are very visible and active.*

*•Our coaches are always at the high schools recruiting student athletes.*

*•Many of our staff, including the Dean is involved at the conference and state level with their sport coaches and affiliate organizations.*

*•Staff are actively engaged with community individuals and businesses through the individual sports booster clubs as well as various broadcast, marketing and fundraising projects.*

*•Athletics has created a relationship with Community Sports Network at JetHawks.com that allows for many athletic contests as well as coaches shows and other information programs to be heard over the internet.*

*•The division utilizes various “social media” forms– including the Marauder web site, GoMarauders.avc.edu, Twitter and Facebook.*

Describe any plans to begin new outreach activities.

*•The division plans to continue to expand its web site and use of social media as quickly as it may do so. Included in the short-term planning are the creation of mobile phone apps and expansion of the use of video on the web site and sites such as You Tube*

*•The division is working to have in place soon a Recreation Leadership major as well as a Recreation Leadership certificate. The certificate requirements leans heavily on work study hours acquired at community recreation facilities and a community committee is required to show the need for such a certificate.*

## **AREA 9 Goals and Objectives (Updated annually)**

### **Goal 1:**

*The main goal for the Physical Education and Athletic department is to hire an Athletic Director to assist our Dean who currently not only runs our department, but is also the Dean of Performing and Visual Arts.*

*Objective: We have already taken significant steps to achieve this goal. We have discussed at length throughout division meetings for the need of such a position. We have forwarded our needs to both the personal office and the administration regarding the need of an Athletic Director.*

*Time Frame: This needs to be done as soon as possible.*

*Justification: The needs of the faculty and students are not being met by the fact that our Dean is the only Dean on campus that oversees two divisions. He can only do so much. We all agree that he does a tremendous job considering he does the job of 2 and 3 people, but in the long run he cannot be everywhere that he should be due to the amount of responsibility that has been given to him.*

### **Goal 2:**

*The Physical Education and Athletic Department needs to hire a full-time, Certified Athletic Trainer.*

*Objective: We have pleaded to the President of the college that we need another full-time Athletic Trainer. We have also discussed this issue several times at division meetings that were are in dire need of a Trainer.*

*Time Frame: This needs to be done as soon as possible.*

*Justification: We currently have 13 sports here at Antelope Valley College and many overlap. It is impossible for our current Trainer to take care of the needs of our student athletes when we have multiple games and practices that overlap. We as an institution are setting ourselves up for an enormous lawsuit if this is not taken care of soon. We are probably out of compliance on safety issues in regards to the state and federal government.*

### **Goal 3:**

*Another goal for the Physical Education and Athletic department is to hire full-time faculty for all the sports. We currently have 13 sports and out of those 9 have full time coaches and 4 have part time coaches. The four sports that do not have full time coaches are: Baseball, Men's Golf, Women's Tennis, and Women's Soccer.*

*Objective: We currently need to look for full time coaches who have the minimum qualifications to be a full time instructor here at Antelope Valley College.*

*Time Frame: Within the next four years the division believes that we should have a full time coach for all sports. The difficulty, besides budget constraints, is to find qualified applicants.*

***Justification: All student athletes deserve full time coaches to help improve not only their physical skills but monitor them academically as well as being available for consultation with their coaches during normal day time hours. We cannot serve our students well being a part time coach who cannot get to the college at certain times for practice and/or games and matches. It is a huge disadvantage for our students when other colleges have all their coaches full time.***

**Goal 4:**

***Improve our existing facilities, especially the gymnasium and our weight room. Our football stadium, baseball stadium, along with the softball field and track, are among the finest facilities in the state of California and maybe the nation. Our gymnasium and weight room are probably the worst in the state. In fact, most of the local area high schools have better facilities in terms of a gym and weight room than we do.***

***Objective: Find out the cost to renovate our gym and weight room. Perhaps look into bringing a modular on to campus to serve as a weight room, thus allowing more space for other equipment such as exercise bikes, treadmills, etc...***

***Time Frame: This needs to be done as soon as possible.***

***Justification: Both the gym and weight room are in disarray. The floor in the gymnasium is so old and warped that it can no longer be resurfaced or repaired. There are nails that pop out of the floor on occasion as well as birds that have made nests up in the ceiling and at any given time defecate onto the floor. This is a safety and health issue. The weight room is beyond repair and is inadequate to accommodate college class and athletic teams.***

**AREA 10 Long Term Resource Planning (Updated annually)**

If applicable, describe significant long-term resource needs that should be addressed in the next four years. The Educational Master Plan, student learning outcomes assessment reports, and data analysis may provide reference information to support your response. Use lists and tables to clarify program requests and make them easy for the Strategic Planning and Budget Council to review quickly. If there may be negative consequences for enrollment, safety or other important concerns if the funding is not provided please make this known in context.

- 10.1 List faculty and staff requirements to meet program needs in the next four years. Be specific and brief when offering a reason for the position (e.g. replacement, increased demand for subject, growth in student population). Mark the position as new or replacement. Place titles on list in order (rank) of importance.

***The Physical Education and Athletic Department is currently without three full-time faculty positions that are vital to the continued growth and success of the department both academically and athletically.***

*In the spring semester of 2010, our full-time instructor / men's basketball coach resigned and this position has not yet been filled. Filling this current vacant position is critical and our number one priority.*

*The second and third positions (respectively) that are necessary are two new full-time faculty positions. The athletic department is in desperate need for an additional full-time athletic trainer. Currently, we have one full-time and one part-time trainer. This is not enough staff to provide instruction, rehabilitation and injury prevention to our current students and student athletes. At many times, multiple athletic teams are simultaneously conducting practice or competitions, leaving some student athletes without proper care from a trainer, and the current staff is stretched too thin. This current under-staffed situation in the Athletic Training area potentially puts our student athletes in an unsafe environment with unnecessary risk.*

*The third position our department needs is a full-time instructor/baseball coach. Creating this position is important for the continued growth of our baseball program. We have one of the finest baseball facilities in the state of California, but lack the full-time coach the program needs for its continued growth and success.*

- 10.2 List facilities (remodels, renovations or new), equipment and technology needed to provide a safe and appropriate environment for student learning in next four years. Place items on list in order (rank) of importance.

*The Physical Education and Athletic Department has a number of facilities that are in need of remodel, renovation, or creation.*

*The following current facilities are in need of remodel or renovation:*

- 1. The Gymnasium. This facility needs renovating, as it is showing the wear and tear of being used for physical education classes and athletic teams almost all day long all year long.*
- 2. Men's and Women's Locker Rooms. These facilities badly need renovated as they also are used all day long almost twelve months a year. Ideally, the locker rooms need redesigned whereas the student athlete lockers are separate from the general physical education lockers. Currently, there are not lockers big enough to accommodate holding all the necessary athletic gear some of the student athletes require. Every year, the Physical Education and Athletic Department unnecessarily experiences a loss of equipment due to theft because of the inadequate lockers.*
- 3. Faculty Offices. Currently, there is inadequate space for the numerous full-time and part-time faculty and staff members.*

*The following new facilities are needed to benefit the Physical Education and Athletic Department:*

- 1. Weight Room & Fitness Center. The current weight room is beyond repair by renovation or remodel. It is completely inadequate to accommodate college classes and college athletic teams.*
- 2. Athletic Training Room. Our current athletic training room is simply a small room that is used for athletic training. It lacks the necessary space and equipment to treat/rehabilitate our student athletes.*

3. ***Equipment Room. Our current equipment room is not big enough to properly store and secure all equipment used by both the men's and women's athletic teams. The current set-up has an inadequate space to organize the large quantity and variety of items. This results in both lost equipment and lost time trying to locate/organize items that cannot be properly stored.***

10.3 Identify funding needed to support student learning.

***Additional funding is needed to hire an additional academic advisor/counselor for student athletes. Currently, there is one Athletic Advisor/Counselor that assists more than 400 student athletes on a semester to semester basis. This additional position is critical to the academic success of our student athletes.***

#### **AREA 11 Recommendations and Comments**

***The number of students in the area of Physical Education, Health Education and Athletics has leaped forward in our Division whilst we have added some modern facilities and try our best to accommodate all of the many students with fewer full time faculty and many antiquated facilities. In the 2006 program review the statement was made that our facilities are a "joke." We have come of age in the facilities of the football stadium, the track and throwing fields, and the softball and baseball fields. As faculty in the Division, there is consensus that there is MUCH more to do.***

***We are not serving students adequately in the Dance, Swimming (which also serves students with Special Needs), Weight room, Gym, or Locker room areas of the facilities. Thousands of students annually are enrolled and their instructors find ways to teach modern class in draconian facilities. There are safety issues, electrical issues, and computer and technology issues, just to name a few. Since faculties are the ones who prepare the classes and curriculum, it should be that every faculty has access to the latest and greatest technology. We fall short.***

***The modern facilities provided by the bond measure in 2004 have provided a glimpse into what students of the 21<sup>st</sup> century enjoy at other Community Colleges throughout California and ought to expect throughout the Division of Physical Education Health Education and Athletics at Antelope Valley College.***

11.1 List recommended changes to the Educational Master Plan to:

Meet student needs.

***Specifically, starting immediately and priority based on what will most affect the students, we need:***

- ***Restore Summer and Intersession classes in Swimming, Dance, Health Education, First Aid, and so forth that keep our students healthy and fit campus wide and in some cases assist them with graduation. This affected 230 dance students and 258 swimming students in summer, 2010.***

- *Remedy the shortage of space for the thousands of dance students who were included in the original build of the new AVC theatre, but that has been reversed. Faculty have discussed temporary solutions like leasing off campus warehouse size facilities near the Lancaster campus that are sitting empty during this economy.*
- *We need a modern Gym and Locker rooms because every student and student athlete who changes into workout clothes or a uniform is using facilities that were built for a design based on a few hundred students that now is accessed by over 10,000 students, not including the Middle School and High School and Adults and Sheriff Academy Cadets who use the Gym and Locker rooms throughout the year. Apparently, restrooms for the athletes were line itemed off of the stadium renovation and that needs to be addressed.*
- *Continue to designate classrooms on campus for Physical Education and Health Education use as some of the other Division do, as stated in the 2006 Program Review document.*
- *Advertise and fill replacement positions lost in recent years due to retirement, reassignment, or resignation. Past practice has been to FILL those positions before creating new ones.*

**Positions which need to be filled:**

1. *Full time Dance Instructor, as the 2006 review document states “it was noted Dance does Not provide sufficient quality instruction consistent with students and program needs and goals.” Certainly when our enrollment at AVC was about 8-10,000 Students (2001) and we were serving students with 2 fulltime dance instructors, now we have over 14,000 students, we need 2. There has been only one full time Dance instructor for years now but the Dance classes turn students away and could single handedly lease a large off campus facility easily. The last instructor, who was full time and with the current dance fulltime instructor, made two full time instructors for the Dance program, was reassigned in 2001 and the position has Not been replaced.*
2. *The Men’s Basketball coach abruptly resigned last Spring of 2010, which was a full time position. However, the Men’s basketball program does have a fulltime instructor assigned for the students’ benefit currently.*
3. *Faculty have repeatedly prioritized a second Athletic Trainer position as the number of student athletes has exploded past what any full time Athletic Trainer should be safely managing. (In 2006 the athletics department had 209 athletes in 2009, 377, almost a 180% increase in three years).*
4. *Faculty sees the need for full time Baseball, Soccer, and Tennis coaches, all of whom have on campus facilities. Baseball we have been discussing the longest. We have not had a new full time position generated for our Division since the late 1990s. Even in the current economy, there have been other Divisions who have*

*added full time, new positions. On campus advocacy for our Division and from the Board could be improved. Again, as documented in the 2006 review.*

- 5. Several faculties have computers and office equipment that is ten years old or older. Both Full time and Adjunct faculty and Coaches need updated office technology so they can prepare and execute classes that AVC students deserve and expect. Students would benefit from a Division portable smart cart to supplement what the stretched thin IMC offers. Especially at a time when we are experiencing long time construction on campus, instruction can be interrupted and portable technology is needed to be accessed more than ever. Our campus is bigger and buildings set farther apart, making access more difficult and shortening instruction time if portable technology has to be accessed. The IMC is down to one portable, functioning, smart cart.*
- 6. Again, the new buildings from the West Campus expansion are modern and technologically sound. But, there are thousands of students who do not experience that benefit because their learning station is somewhere different, and is outdated or inadequate or both.*
- 7. In our last Division review document we concluded our Dean needed assistance such as an Assistant Athletic Director. This affects our students directly. Just the opposite happened; no Assistant Athletic Director and the Dean was given an additional Division to administer.*

**Faculty feel students need support in these areas:**

- 1. Revisit and return an hourly assistant for the Division Administrative Assistant. Add student hourly help in the Sports Information and Academic Advisement areas.*
- 2. Completion of the Athletic Training Certificate would provide hours of assistance via students lab hours at perhaps no cost to the district.*
- 3. Get our Full time Dean back.*
- 4. Creation of Department Chairs or Assistant Athletic Director when economics get healthy.*
- 5. Staff development monies should be made available as soon as possible because without it teaching and coaching professional updates and education and professional development is slowed, if not stopped altogether.*

**Respond to PLOs and SLOs**

*Our Division was one of the first on campus to complete our Student Learning Outcomes, division wide.*

*We are in the process of developing Program Learning Outcomes.*



Changes since 2006 in Methodology, Technology, and Disciplines

*In the 2006 review it was stated: “The one weakness which now is going to be strength is that there has been a need for the Dean to be more involved with the groups. As the dean, without coaching now, there are plans to really take charge and do some reorganizing of the Marauder Club and support the programs even more.”*

*We need to address how the Dean has been involved and what benefit the Dean has seen from the West Campus expansion and what support that take charge effort has meant in real dollars or equipment to our Division and students.*

External Mandates

*Like the 2006 document, we need to address the Title Nine Federal mandates and what we are actively doing to address it. Especially since “According to the AVC Dept of Institutional Research & Planning, AVC was 58% female, 41% male.” Since the 2006 program review we have dropped Women’s Golf (2007).*

*To put this in perspective: 14,000 students at AVC = 2010*

*Female = 8,100 Athletes = 93*

*Male = 5,900 Athletes = 165*

*2010 athletes total = 258 Men 63.9% Women 36%*

*Like the 2006 review, State and Federal guidelines that are pertinent to the Division have been reviewed and compliance issues addressed.*

11.2 What changes in the program review process would improve institutional effectiveness or make the results more helpful the program?

As a division we could:

*We're supposed to use that data to figure out how well we're serving students. Do the age and ethnic demographics in PE&A match the campus? If not, why not and what are we planning to do about that?*

Examples: *Survey students to see what they want?*

*Offer more classes that are attractive to underrepresented groups?*

*Offer more sports that are attractive to underrepresented groups?*

*Offer classes at different times?*

*Another thing to look at is retention and success. If certain courses have a high retention and success rate, that might contribute to the decision to offer more sections or similar courses.*

*In other words, use data to support our program reviews and recommendations. What are we documenting in our Division? SLO data? What are we learning from that data?*

## **AREA 12 Report to the Board of Trustees**

### **Report to the Board of Trustees**

#### **Program Review: Physical Education & Athletics**

**The Division of Physical Education & Athletics has two primary goals. The first is providing a service program designed to accommodate all students through physical activity courses, health education courses and intercollegiate athletics. Our second primary goal is to provide a program of professional preparation courses for those students who are majoring in physical education with the expectation of earning an associate degree or transferring to a university program in physical education, kinesiology, exercise science, dance, health education, recreation or other related programs. The facts from the 2010 program review will show that our faculty and division as a whole are meeting these goals.**

**The state budget short falls continue to hinder the development and expansion of our physical education and athletic offerings. Presently, the Dean of the division has been named the Dean of Visual & Performing Arts. This too creates a problem considering time management and the ability to be at all places necessary to provide adequate coverage by the administrator over two divisions. When given the second division, there was supposed to be support staff also. However, two years later, nothing has changed.**

**State budget cuts have forced the division to cut over 100 classes totaling over 235 LHE. At the present, faculty feels the need to add some of these classes back in order to service our student population.**

**Facilities have been vastly improved while others are outdated and quite honestly not safe. With the passage of Measure R in the fall of 2004, the west campus expansion has provided our students and athletes with the most modern facilities in the country. Our football stadium, track, throws area, baseball stadium and softball stadium are second to none. Unfortunately our gymnasium, PE locker rooms, weight room and pool are beyond repair. These facilities are in need of demolishing and rebuilding.**

**Our faculty has led the charge in developing Student Learning Outcomes. These outcomes are assessed each semester. The revision of courses follows the guidelines for Course Revisions and has been entered into CurricUNET.**

**Several faculty positions have been identified both as new hires and replacements. We currently need to replace a faculty position for the head men's basketball Coach who left in the spring of 2010. New positions identified include an athletic trainer, dance instructor, head baseball coach and head women's soccer coach.**

**The division faculty and staff will continue to be a wonderfully unique group serving our students and community as AVC ambassadors in the community.**