

STUDENT LEARNING OUTCOMES COMMITTEE March 26, 2012

3:00 p.m. – 4:30 p.m. A141 Conference Room

To conform to the open meeting act, the public may attend open sessions

- 1. CALL TO ORDER AND ROLL CALL
- 2. OPENING COMMENTS FROM THE SLO COMMITTEE CHAIR
- 3. OPEN COMMENTS FROM THE PUBLIC
- 4. APPROVAL OF MINUTES
 - a. March 12, 2012 (attachment)
- 5. REPORTS
 - a. Updates from the Office of Institutional Research and Planning T. Younglove/A. Voelcker
 - b. FPD Update- M. Parker
- 6. ACTION ITEMS
 - a. PLOs:
 - Kinesiology, Athletics, and Dance (attachments)
- 7. DISCUSSION ITEMS
 - a. Committee Re-Org/Roles and Training of Members M. Parker/F. Aviles (attachment)
 - b. Reporting Cycle for 2012-2012 M. Parker/F. Aviles
 - c. PLO Progress Report M. Parker
 - d. Accreditation Progress Report M. Parker
 - e. Newsletter I. Gat
 - f. Revised SLO Glossary (attachment) F. Aviles
- 8. ADMINISTRATIVE BUSINESS
 - a. SOC 200 and ART 150 corrections received and recorded
 - b. SLO-Related Events:
 - "SLOs: From Data to Action Plans"-May 2, 2012
 - "SLO Basic Training"- April 11 and May 2, 2012
 - "WEAVE Refresher Training"- April 27, 2012
 - "Learning Outcomes Update"- May 4, 2012
 - Spring Assessment Week- May 7-11, 2012
 - WEAVE Data Days- June 5-7, 2012
- 9. OTHER
 - a. Future SLO Meeting dates for Spring 2012: April 9 and 23, May 14
- 10. ADJOURNMENT

NON-DISCRIMINATION POLICY

Antelope Valley College prohibits discrimination and harassment based on sex, gender, race, color, religion, national origin or ancestry, age, disability, marital status, sexual orientation, cancer-related medical condition, or genetic predisposition. Upon request, we will consider reasonable accommodation to permit individuals with protected disabilities to (1) complete the employment or admission process, (b) perform essential job functions, (c) enjoy benefits and privileges of similarly-situated individuals without disabilities, and (d) participate in instruction, programs, services, activities, or events.



1. CALL TO ORDER AND ROLL CALL

Ms. Melanie Parker, the Student Learning Outcomes (SLO) Faculty Co-Chair, called the March 26, 2012 SLO Committee meeting to order at 3:05 p.m.

Ms. Parker suggested amending the agenda to include two additional action items under the Program Learning Outcomes heading: 1. Liberal Arts and Sciences Degree – Option II (attached) and 2. Social and Behavioral Sciences – General Education (attached). She also requested to move Discussion item "e" to the top of the discussion items. Dr. Gat is unable to participate in the entire meeting and this item needs should be discussed while Dr. Gat is present.. A motion was made and seconded to amend the March 26, 2012 SLO Committee meeting agenda as suggested. Motion carried.

2. OPEN COMMENTS FROM THE CHAIR

- Ms. Parker reported on Friday, March 23, 2012 updates were made in WEAVEonline where color coding feature has been included in efforts to create a similar color code template with ACCJC.
- FPD Committee members did not seem to have any problems with increasing flex credit for division SLO
 Committee members. The SLO Committee should not anticipate any problems with an action item being
 approved at a future FPD Committee meeting.
- Almost all division SLO representatives have been identified for the SLO Committee. New representatives
 will begin their terms Fall 2012. It may be necessary to incorporate a committee training session for newly
 appointed representatives.

3. OPEN COMMENTS FROM THE PUBLIC

None

4. APPROVAL OF MINUTES

a. March 12, 2012

A motion was made and seconded to approve the March 12, 2012 SLO Committee minutes. Committee members requested the following change to agenda item #5, 2nd bullet to include 'not' (there is a concern that WEAVEonline may **not** be the complete answer). In addition, agenda item #6ii – in the narrative there was concern about the statement on the Sociology discipline Minimum Qualification indicating it allowed other Social Science discipline faculty members to teach the course. The Minimum Qualification for the Sociology discipline is as restrictive as the Psychology discipline Minimum Qualification. Motion carried as corrected.

5. REPORTS

a. Department of Institutional Effectiveness, Research and Planning - T. Younglove/A. Voelcker

• Mr. Younglove reported 88.4% of the District's SLO/PLO assessments are completed. The District is close to achieving 100% compliance as require by the Accreditation Commission.

6. ACTION ITEMS

a. PLOs (partial attachment)

• Kinesiology, Athletics, and Dance (attachment)

A motion was made and seconded to approve the Kinesiology, Athletics, and Dance PLO. Committee members expressed their concern regarding how the curriculum map did not accurately reflect the courses in the catalog (i.e Biology, Chemistry, and Physics which are part of the program as well). Only athletic courses were included on the curriculum map. The map should accurately reflect all required and elective courses within the program. In addition, the proposed PLO language is weak and should be revised with stronger language. Kinesiology is not addressed in the PLO.

Committee members engaged in a brief discussion regarding the difficulty to assess PLO courses outside the discipline. A standardized process may need to be created by the committee to address this issue where courses outside the discipline are included in a program. A possible solution could be to determine specific knowledge a student should acquire at the courses level and utilize this information during the process of an exit interview. It was suggested that when PLOs are on the agenda for committee approval a discipline/division representative be invited to the meeting to speak to any issues that arise during the meeting. Motion failed.

• Liberal Arts and Sciences Degree – Option II (attachment)

A motion was made and seconded to approve the Liberal Arts and Sciences degree – Option II PLO. Mr. Aviles stated he did not realize this PLO is the same as the Social and Behavioral Science – General Education program. He indicated the Social Sciences Research methods course will require students to write a basic research report as well as a culture based assignment. When Social Science faculty offered feedback on the research methods course content they requested that Anthropology 101 be included as a required course for the degree, but it is not included in the course listing. In addition, he stated the Soc 200 Research Methods course includes course content beyond an introductory level. Dr. Harris responded by stating students are not required to complete Soc 200 in order to complete the degree. Most students who select this degree program transfer to a four year university to obtain a Liberal Studies degree to teach, they generally are not looking to take a course in research methods. Mr. Younglove stated that if we can identify students seeking the Social and Behavioral Sciences – General Education major, they can then be sampled. Ms. Parker suggests that this discussion be tabled while Mr. Aviles and Mr. Harris are able to further duscuss and devise a strategy to address the issues. Motion failed.

• Social and Behavioral Sciences – General Education (attachment)

This PLO includes the exact same program courses as the Liberal Arts and Sciences Degree – Option II. General Education PLOs are the responsibility of Counseling and Matriculation. No action required on this action item.

7. DISCUSSION ITEMS

a. Newsletter - I. Gat

Dr. Gat provided a brief overview on the SLO Newsletter being drafted. The focal point is to provide pertinent references regarding cultural shift occurring on the campus community. It will include an Accreditation piece provided by Ms. Tina McDermott. The newsletter must be consistently written using Statewide Senate and the Accreditation Commission language. In addition, the newsletter will highlight the SLO Glossary so that faculty can easily reference and access SLO/PLO terms when needed. Once dates and times are established for WEAVE training the newsletter will be ready for formatting. The newsletter will be distributed no later than May. There is still the need to determine how to fund hardcopies for distribution. The Academic Senate President will be informed of the need to try to determine a funding source.

b. Committee Reorganization/Roles and Training of Members - M. Parker/F. Aviles

The title of WEAVE Facilitator will be changed to Assessment Facilitator to accurately reflect the work that will be performed. The final draft of Committee member roles and responsibilities will be formatted and completed for review at the next SLO Committee meeting. Committee members will be required to have a minimum level of WEAVEonline software knowledge in efforts to ensure they are capable to assist division faculty when needed. In the upcoming academic year, the SLO committee should probably meet in a computer lab to further efforts to reduce paper consumption and to provide access to online resources that may facilitate meeting discussion. The committee may want to consider instituting WEAVEonline Software training annually for committee members (first meeting of each term, additional training as needed).

c. Reporting Cycle for 2012-2013 - M. Parker/F. Aviles

Ms. Parker reported that the SLO/PLO reporting cycle had to be altered from what was originally presented for the 2011 – 2012 academic year, due to Accreditation reporting requirements. The Committee must now consider what makes the most sense for next year's reporting cycle. Committee members engaged in discussion regarding the reporting cycle change and what would be the best method for acquiring data. The committee discussed the pros and cons of engaging in an annual reporting cycle that would include the spring, summer and fall semesters, as well as reporting data after each semester. Part of the rationale behind

instituting a semester based reporting cycle is that the work becomes part of the regular semester end reporting and should help capture more complete data.

Ms. Parker suggested the committee bring back this discussion item when Mr. Voelcker can be present to offer his input on the matter. Ms. Maggie Drake suggested the committee separate the issue of data entry and performance reports.

d. PLO Progress Report - M. Parker

Currently: 72% approved

11% in process of being written

7% in approval process

10% evidence of development not submitted

e. Accreditation Progress Report - M. Parker

Ms. Parker reviewed the October Follow-up Report and Fall 2012 SLO Assessment Planning attachment. Mr. Younglove stated that ILO's and ILO connections will be reviewed at SPBC. The Program Review Committee is considering adoption of an annual Program Review Form that will incorporate this information in WEAVEonline. There will be more document review and assessment to determine appropriate communication between campus constituent groups. The Accreditation Steering Committee is making significant efforts to ensure the cycles of Accreditation, SLO, Program Review, and SPBC are closely linked. The committee is making efforts to demonstrate how the campus community is engaging in the efforts to close the necessary loops and are living up to the documented processes provided in previous reports. Ms. Parker provided a brief overview of the work being performed on each of the recommendations.

- Recommendation #1a Develop a method to monitor progress when implementing actions identified in program reviews that include the steps required for action plans. Provide a list of individual SLOs for each course, as well as assessment activities. The information will be used to determine the progress made to achieve assessment activities (I.B.3)
- Recommendation #1b Provide evidence in the form of documents or other deliverables of results from operational areas to integrate in the planning cycle. (I.B.3)
- Recommendation # 1c Provide evidence that the processes demonstrate an integrated planning cycle from SLO's to budget decisions. (I.B.5)
- Recommendation #1d Assess PLOs and provide evidence of program, service and administrative changes, as well as demonstrated improvements. (II.A.1a; II.A.1c)

f. Revised SLO Glossary – F. Aviles (attachment)

Committee members were requested to review the revised SLO Glossary for discussion. Ms. Stacey Adams stated the term mastery as introduced is confusing and should be revised. Ms. Marquez stated the committee needs to keep in mind that introduction leads to development, and development leads to mastery. The committee should draft resources that provide a clear depiction of the sequential nature of the process. Dr. Aviles suggested looking at Bloom's taxonomy as a reference. Dr. Harris indicated it may be likely that at the community college level the process only includes an introduction and development of a subject matter. It would be reasonable to assume that upon transfer or entry into a vocation, a student would continue the development of their knowledge to the Mastery level. Statewide Academic Senate does not offer any resources in defining these terms, but the SLO Committee believes these definitions will bring clarity to our campus processes. Dr. Aviles indicated he would take all feedback and rewrite the terms for the committee to review at a later date.

8. ADMINISTRATIVE BUSINESS

- a. LAC 020 and MATH 135 SLO Corrections/Revisions received and recorded
- b. GIS PLO correction received and recorded
- c. SLO Related Events for Spring Your participation is welcome!!
 - FPD event: "SLOs: From Data to Action Plans" May 2, 2012
 - FPD event: "SLO: Basic Training March 15, April 11, and May 2, 2012
 - FPD event: "WEAVE: Refresher Training" March 21 and April 27, 2012
 - FPD event: "Learning Outcomes Update"- May 4, 2012
 - Assessment Week (FPD credit available) May 7th through May 11th, 2012

- WEAVE Data Days June 5th 7th, 2012
- Assessment of SLOs Regional Workshop, So. Cal. Meeting Friday, March 9, 2012, San Diego Miramar College (10:00 a.m. – 4:00 p.m.)

9. OTHER

a. Future SLO Meeting dates for Spring 2012: April 9th and 23rd, and May 14th.

10. ADJOURNMENT

A motion was made and seconded to adjourn the March 26, 2012 Student Learning Outcomes Committee meeting at 4:37 p.m. Motion carried.

MEMBER	ABSENT MEMBERS		
Dr. Fredy Aviles	Patricia Márquez	Dr. Irit Gat	Vacant Confidential Management Member
Kim Covell	Melanie Parker	WEAVE DATA FACILITATOR	Vacant Classified Union Member
Maggie Drake	Dr. Bassam Salameh	Stacey Adams	Vacant AP&P Faculty Member
Dr. Robert Harris	Ted Younglove	GUEST Will Howard	Aaron Voelcker

PROGRAM LEARNING OUTCOMES



Program: Kinesiology, Athletics and Dance

Indicate, by number, the Institutional Learning Outcome(s) each Program Learning Outcome will support.

Submit a signed copy of this form to the SLO committee mailbox.

Institutional Learning Outcomes

- Analyze diverse perspectives from a variety of disciplines and experiences that contribute to the development of self-awareness.
- Value and apply lifelong learning skills required for employment, basic skills, transfer education, and personal development.
- Demonstrate a breadth of knowledge and experiences from the Humanities, Social and Behavioral Sciences, Arts, Natural Sciences, and Mathematics.
- Solve problems using oral and written communication, critical thinking and listening skills, planning and decision-making skills, information literacy, and variety of technologies.
- Demonstrate good citizenship and teamwork through respect, tolerance, cultural awareness, and the role of diversity in modern society.
- Identify career opprotunities that contribute to the economic well being of the community.

Specifically describe the assessment method(s) used to measure each outcome and specify the achievement target that will determine successful completion of the outcome.

If this is an instructional program, a curriculum map must be completed. All

2,3,4,6 1,6 \vdash physical skills necessary for improvement of personal lifestyle Students will be able to demonstrate, apply and incorporate preparation necessary to transfer to a four-year institution in Students will be able to acquire skills employed in physical Students will be able to develop the understanding of self-Kinesiology, Physical Education, or Exercise Science. fitness careers, personal fitness, and coaching. PROGRAM LEARNING OUTCOMES changes considerd meeting the PLO. The achievement target of 80% of all students kinesiology, athletics, and dance courses. A grade of 70% or higher will be programs must attach a proposed cycle of assessment Grading of skills tests and performance. A grade of 70% or higher will be considered in all classes as meeting the PLO. The achievement target of Grading of skills tests and performance. A grade of 70% or higher will be considered as meeting the PLO. The achievement target of 80% of all Assessment will be determined through interview of students in **ASSESSMENT METHODS and ACHIEVEMENT TARGETS** 80% of all students assessed would have met the PLO. students assessed would have met the PLO. assessed would have met the PLO.

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Program Assessment Cycle

Program Name: Athletic Training 100,102,102L.103,103L

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	ļ																	Spring 2010
																		Fall 2010
																		Spring 2011
																		Fall 2011
															needed	Revised as	Pilot PLO#1	Spring 2012
													needed	Revised as		Pilot PLO#2	Assess PLO#1	Fall 2012
											needed	Revise as		Pilot PLO#3		Assess PLO#2	Assess PLO#1	Spring 2013
											needed	Revised as		Assess PLO#3		Assess PLO#2	Assess PLO#1	Fall 2013
											Needed	Revised as		Assess PLO#3		Assess PLO#2	Assess PLO#1	Spring 2014

PROGRAM	NAME												
DIVISION		Kinesiology, Athletics, Dance											
DEPARTME	NT	<i>577</i>											
DATE APPR													
DEGREE													
CERTIFICAT	re												
REQUIRED		: I = Introduced D = Developed M = Mastery											
FOR	COURSE NAME (Ex: AERO 120)												
PROGRAM		PLO 1	PLO 2	PLO 3	PLO 4	PLO 5							
	ATH 100		1	1									
	ATH 102	D	D	D									
	ATH 102L	D,M	D,M	D,M									
	ATH 103	D	D	D									
	ATH 103L	D,M	D,M	D,M									
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Definition

Physical Education (PE) is both an activity curriculum and an academic area of study concerned with the physical and psychological aspects of human movement. Exercise, activity, and sports are an important component in the development of well-rounded individuals interested in physical well-being and the productive use of leisure time.

Staff

To access faculty and staff, dial (661) 722-6300, then the 4-digit extension.

Program Advisement:

Newton Chelette, Dean	ext. 6441
Administrative Assistant:	
Julie Montana	ext. 6440
Equipment Managers:	
Denise Warr	ext. 6201
Justin Webb	ext. 6203
Faculty:	
Kathleen Bingham	ext. 6622

Justin Webb	ext. 6203
aculty:	
Kathleen Bingham	ext. 6622
Frank Blua	ext. 6439
Mark Covert	ext. 6442
Jane Cwayna	ext. 6444
Barry Green	ext. 6305
Glenn Haller	ext. 6445
Dieter Horton	ext. 6163
Perry Jehlicka	ext. 6387
Jerry Lewis	ext. 6446
Cynthia Littlefield	ext. 6205
Jacquelynn Lott	ext. 6447
Mike Rios	ext. 6443
John Taylor	ext. 6686
Cynthia Vargas	ext. 6708
Joseph Watts	ext. 6449
djunct Faculty:	

To access adjunct faculty voice mail, dial (661) 722-6300, then the 4-digit number.

(001) /22 0000, 11011 1110	, aign namber.
	V.M.
Barbara Allen	2407
Christopher Anderson	2546
Tim Atkerson	ext, 6440
Jimmie Avalos	2996
Roosevelt Brown	2545
Kathleen Burnett	2918
Shannon Culver	ext. 6039
Shelby Curtis	ext. 6194
Sharon DeShane	2942
Turhan Douglas	
George Fetters	6209
Rochelle Guardado	2548
Justin Holtfreter	
Joni Jackson	2968

Keary Johns	ext. 6148
Jeffrey Leeds	ext. 6230
Michele Lewallen	2936
John Livermont	ext. 6180
Grace Lubwama	2536
Becky MacQuarrie	2433
Tom Mahan	2031
Chris Malloy	ext. 6163
Mike Martinez	ext. 6206
Brent Newcomb	2930
Bill Norton	ext. 6207
Christina Orozco	
Wade Petersen	2703
Dameon Porter	
Glenda Potts	6703
Geoff Satterfield	ext. 6208
Chad Shrout	2464
Jerry Stupar	ext, 6602
James Vondra	ext. 6127
James Weese	2719

Program Description

Physical education and athletics has two primary goals:

- 1. To provide a service program designed to accommodate all students through physical activity courses, health education courses, and intercollegiate athletics.
- 2. To provide a program of professional preparation courses for those students who are majoring in PE.

Physical education activity courses are numbered 101 through 180 and provide concepts and techniques to provide a base for lifelong patterns of healthful physical activity. Physical education professional courses are numbered 190 through 197. Inter-collegiate athletic courses are numbered 200 through 265.

Students must receive a minimum grade of "C" or better in all required core courses and the specific courses listed as program electives in order to qualify for the degree or certificate.

Distinctive Features

Each semester, physical education classes enroll students from high school age to active senior citizens. Classes are offered in both the day and evening programs and offer the challenge of increasing skill and fitness levels under supervision of dedicated and capable instructors.

Career Options
Athletic Trainer
Camp Counselor
Choreographer
Coach
Community Center Leader
Corrective Therapist
Dance Therapist
Exercise Test Technologist
Health and Safety Director
Industrial Recreation Leader
League Manager
Lifeguard
Playground Director
Personal Trainer
Pre-Physical Therapist
Racquet Club Manager
Recreation Leader
Recreation Specialist
Recruiter
Referee
Resort Sports Coordinator
Sportscaster
Sports Editor
Teacher

Water Safety Instructor (Some of these careers may require education beyond the two-year college level.)

Certificate Program

Certificate not applicable.

Associate Degree

The requirements for an associate degree in PE may be satisfied by completing 18 units as outlined below. A minimum of 12 units must be selected from the core and 6 units may be selected from the list of supporting courses. (See Graduation/ Associate Degree Requirements.)

Recipients of this degree are prepared to pursue a major in Health or Physical Education at a four-year institution (see a counselor for specific transfer details). Additionally, the associate degree will provide students with the opportunity to gain entry level employment often times leading to careers in the physical fitness field. The associate degree will also enlighten the student with a broad range of knowledge promoting healthy lifestyles and habits to have a better quality of life.

Required Courses:	units
Select at least 12 units from the follow	wing:
ATH 100, Introduction to Athletic	Ū
Training	3
BIOL 101, General Biology	4
BIOL 201, General Human Anatomy	
BIOL 202, General Human Physiolo	,
CHEM 101, Introductory Chemistry	
CHEM 110, General Chemistry	5
PE 190, Introduction to Physical	
Education	3
PHYS 101, Introductory Physics	4
11110 101, Introductory 1 mysics	-1
Program Electives:	units
Select a maximum of 6 units with	h no
more than 3 units of PE or DA:	
CHEM 102, Introductory Chemistry	or
CHEM 120, General Chemistry	4-5
DA 102, Beg. Ballet	1-4
DA 103, Beg. Mod. Dance	1-4
DA 104, Beg. Jazz Dance	1-4
DA 105, Beg. Tap Dance	1-4
DA 106, Ballroom Dance	1-4
DA 111, Choreography	1-4
DA 122, Interm. Ballet	1-4
	1-4
DA 123, Interm. Mod. Dance	
HE 101, Health Education	3
PE 101, Adaptive Physical Ed.	1-4
PE 102, Water Aerobics	1-4
PE 103, Aerobic Conditioning	1-4
PE 109, Hatha Yoga	1-4
PE 110, Adv. Baseball Techniques	1-4
PE 111, Adv. Tennis Techniques	1-4
PE 113, Adv. Soccer Techniques	1-4
PE 115, Adv. Basketball Techniques	1-4
PE 120, Adv. Football Techniques	1-4
PE 128, Golf	1-4
PE 135, Physical Conditioning	1-4
PE 139, Team Sports Fundamentals	1-4
PE 140, Pre-Season Sport Cond.	1-4
PE 145, Women's Fast-Pitch	
Softball Techniques	1-4
PE 150, Swimming	1-4
PE 151, Intermediate Swimming	1-4
PE 152, Fitness Swimming	1-4
PE 155, Volleyball	1-4
PE 160, Tennis	1-4
PE 165, Adv. Track Techniques	1-4
PE 170, Beginning Weight Lifting	1-4
PE 173, Intermediate Weight Lifting	1-4
PE 175, Adv. Weight Training	
for Athletes	2-8
PE 180, Adv. Volleyball Techniques	1-4
PE 200–265, Intercollegiate Sports	1-4
PHYS 102 Introductory Physics	4

Transfer

Students planning to continue studies at a four-year college or university after AVC should visit the Transfer Resource Center and consult with a counselor as soon as possible. Additional information on official transfer articulation agreements from AVC to many CSU/UC campuses can be found at the following Web site: www.assist.org

Prerequisite Completion

If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade in order to enroll in the next course. According to Title 5, Section 55200(d), a satisfactory grade is a grade of "A," "B," "C" or "P". Classes in which the Pass/No Pass option is available are indicated with an asterisk (*) before the course title. See "Pass/No Pass Option" in the catalog for full explanation.

Physical Education— Adaptive Physical Education Course

PE 101 *ADAPTIVE PHYSICAL EDUCATION

1 unit

3 hours weekly

The course is designed for the student who may be confined in type and amount of activity because of a physical limitation. The student's program is individually tailored to meet the student's need. The student develops the program in consultation with the instructor and the student's physician or therapist. (CSU, UC, AVC) (R3)

Physical Education— Activity Courses

PE 102 *WATER AEROBICS

.5 unit, 1.5 hours weekly

1 unit, 3 hours weekly

This is an entry level course in lowimpact water aerobics. The instruction and class activity leads to cardiovascular fitness, muscular strength, flexibility and increased physical endurance and will be executed in water. The exercise will be choreographed to music and demonstrated with voice instruction. There will be variation of movement and tempo in the exercises. The buoyancy and resistance of water will be considered in the design of the routines. (CSU, AVC) (R3)

PE 103 *AEROBIC CONDITIONING

1 unit

3 hours weekly

The fundamentals of running, breathing, and timing. The emphasis of the program will be aerobic conditioning through walking, jogging, and running. The student will be introduced to various types of wearing apparel and shoes. Students will experience running on various surfaces with varying degrees of stress. The prevention, care, and treatment of injuries indigenous to running will be presented. Advanced runners will learn about race strategies. Lastly, safety factors related to running will be taught. BEFORE ENROLLING, student must be in fair physical condition without severe medical disabilities. (CSU, UC, AVC) (R3)

PE 106 *HATHA YOGA

(formerly PE 109)

.5 unit, 1.5 hours weekly

1 unit, 3 hours weekly

Hatha Yoga develops awareness and consciousness in the physical body to unite the mind/body unit. "Asanas" or "postures" are experienced with attention given to exactness and detail of the postural alignment of the body. Strength, endurance, flexibility and balance are achieved through a mental attitude which explores, coaxes, and plays at the edge of stress to create openings in the body. (CSU, AVC) (R3#)

Enrollment in any combination of PE 106, PE 107, PE 108 or PE 109 is limited to 4

PE 108 *INTERMEDIATE/ ADVANCED HATHA YOGA

(formerly PE 107)

1 unit

3 hours weekly

Based on the strong vinyasa flow of Ashtanga Yoga, this Intermediate/ Advanced Hatha Yoga class is a dynamic, strenuous yoga class which focuses on strength, balance, flexibility and inner focus. This class will include a flowing form of asana (poses) as well as regular practice in forward bends, twists, back bends, inversions and arm balances. This class is not recommended for beginners. Students are advised to have at least one year of regular yoga practice. Participants should be in good physical condition. (CSU, AVC) (R3#)

Enrollment in any combination of PE 106, PE 107, PE 108 or PE 109 is limited to 4

PE 110 *ADVANCED BASEBALL TECHNIQUES

3 hours weekly

Advanced skills and techniques of baseball will be taught in the course. An emphasis will be placed upon learning advanced strategy and teamwork. The student will learn the rules, theory, and philosophy of intercollegiate baseball. (CSU, UC, AVC) (R3)

PE 111 *ADVANCED TENNIS **TECHNIOUES**

1 unit

3 hours weekly

Advanced skills and techniques of tennis. An emphasis will be placed upon learning advanced strategy and teamwork. The student will learn the rules, theory, and philosophy of intercollegiate tennis. (CSU, UC, AVC) (R3)

PE 112A *BEGINNING SOCCER

I unit

3 hours weekly

Designed for the beginning level player with emphasis on recreational play, strategy, and rules. Course content will emphasize beginning soccer skills and techniques. The beginning level of instruction will require a minimal level of physical condition on the part of the student. (CSU, AVC) (R3#)

Enrollment in any combination of PE 112A. PE 112B or PE 113 is limited to 4 times.

PE 112B *INTERMEDIATE SOCCER

1 unit

3 hours weekly

Designed for the intermediate level player with emphasis on competitive play, skills, and tactics. Course content will emphasize soccer tactics, scrimmages, and soccer specific activities while refining intermediate technical skills. The intermediate level of instruction will require a moderate / high level of physical condition on the part of the student. (CSU, AVC) (R3#)

Enrollment in any combination of PE 112A, PE 112B or PE 113 is limited to 4 times.

PE 113 *ADVANCED **SOCCER TECHNIQUES**

1 unit

3 hours weekly

Advanced skills, techniques, and tactics of soccer will be taught in the course. An emphasis will be placed upon learning advanced strategy, formations, positional role, and teamwork at the collegiate level. The student will demonstrate and apply rules, theory, problem solving skills, and philosophy of intercollegiate soccer. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 112A, PE 112B or PE 113 is limited to 4 times.

PE 115 *ADVANCED **BASKETBALL TECHNIQUES**

3 hours weekly

Advanced skills and techniques of basketball will be taught in the course. An emphasis will be placed upon learning advanced strategy and teamwork. The student will learn the rules, theory, and philosophy of intercollegiate basketball. (CSU, UC, AVC) (R3)

PE 120 *ADVANCED FOOTBALL TECHNIOUES

.5 unit, 1.5 hours weekly

1 unit, 3 hours weekly

The course is designed for the student who wishes to learn advanced skills, techniques, and teamwork, as it pertains to the sport of football. The student will learn the rules, theory, and philosophy of intercollegiate football. (CSU, UC, AVC) (R3)

PE 128 *BEGINNING GOLF

1 unit

3 hours weekly

The course will emphasize the fundamentals and techniques of leisure golf. It will stress rules, regulations and vocabulary as well as etiquette. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 128 is limited to 4 times.

PE 128 *ADVANCED GOLF

1 unit

3 hours weekly

This course is a continuation of Beginning Golf with achievement of a higher performance level in the basic techniques of golf. It differs from Beginning Golf in that actual competition and advanced levels of strategy are taught and developed. (CSU, UC, AVC) (R3#) # Enrollment in any combination of PE 128 is

PE 135 *PHYSICAL CONDITIONING

.5 unit, 1.5 hours weekly 1 unit, 3 hours weekly

limited to 4 times.

This course emphasizes the development of cardiovascular endurance, muscular strength, and muscular endurance by utilizing both weight training and cardiovascular training. Students will participate in activities both as a class and individually to achieve the goals that they set for themselves utilizing all equipment available. Intensity levels can be modified to accommodate all levels of fitness. (CSU, UC, AVC) (R3)

PE 139 *TEAM SPORT **FUNDAMENTALS**

.5 unit, 1.5 hours weekly 1 unit, 3 hours weekly

This course is designed for the student who wishes to compete in athletics at the intercollegiate level. Course content will emphasize appropriate tactics, strategy, and techniques to successfully compete in one of the following sports: baseball, basketball, football, soccer, softball, track, or volleyball. It is a comprehensive program based upon gaining knowledge of techniques, rules, game strategy and tactics, player positioning, and response to opponent's actions. Students should

have previous organized athletic experience and will enroll in the course that corresponds to their sport participation. (CSU, AVC) (R3)

PE 140 *PRE-SEASON SPORT CONDITIONING

.5 unit, 1.5 hours weekly 1 unit. 3 hours weekly

Designed for the student who wishes to compete in athletics at the intercollegiate level. Course content will emphasize pre-season conditioning for one of the following sports: baseball, basketball, football, track, cross country, soccer, softball, tennis and volleyball. It is an intensive training program based upon improving basic skills, speed, flexibility, agility, reaction time, coordinated movement and cardiovascular endurance. Students should have previous organized athletic experience. Students will enroll in the appropriate conditioning class that corresponds to their sport participation. (CSU, UC, AVC) (R3)

PE 145 *ADVANCED **WOMEN'S FAST-PITCH SOFTBALL TECHNIQUES**

1 unit

3 hours weekly

Advisory: Student should have at least three years high school fast-pitch experience or equivalent.

Advanced skills and techniques of women's fast-pitch softball will be taught in the course. An emphasis will be placed upon learning advanced strategy and teamwork. The student will learn the rules, theory, and philosophy of intercollegiate women's fast-pitch softball. (CSU, UC, AVC) (R3)

PE 150 *BEGINNING **SWIMMING**

1 unit

3 hours weekly

Instructional materials fee required for this course and must be paid at registration.

An introduction to the basic skills of swimming, including the six beginning swimming strokes: freestyle, backstroke, elementary backstroke, breaststroke, sidestroke and inverted breaststroke. Safety skills such as floating, gliding,

changing direction, treading and a plain dive will be covered. The student will be eligible to qualify for the Red Cross Levels 1, 2 or 3 swim card. This course is open for nonswimmers. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 150, PE 151 or PE 152 is limited to 4 times.

PE 151 *INTERMEDIATE **SWIMMING**

(formerly PE 150, Intermediate Swimming)

1 unit

3 hours weekly

Limitation on Enrollment: Complete a 100 yard swim test or have completed PE 150.

Instructional materials fee required for this course and must be paid at registration.

The intermediate class will review all beginning swimming strokes: freestyle, elementary backstroke, backstroke, breaststroke, sidestroke and inverted breaststroke. Then the class will focus on development of intermediate swimming strokes: overarm sidestroke, survival stroke, single trudgen right and left, double trudgen and butterfly. Intermediate instruction will take place about spring-board diving, complex water turns, and building aqua fitness and stamina. Students will be eligible to qualify for the Red Cross Level 4 swim card. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 150, PE 151 or PE 152 is limited to 4 times.

PE 152 *FITNESS **SWIMMING**

(formerly PE 150, Fitness Swimming) 1 unit

3 hours weekly

Limitation on Enrollment: Student should be able to successfully complete a 100 yard continuous swim.

Student will learn to set up a swimming program to build physical fitness. The student will be instructed on how to improve the swim strokes he/she possesses. The basis of the program will be aerobic conditioning. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 150, PE 151 or PE 152 is limited to 4 times.

PE 155 *BEGINNING VOLLEYBALL

1 unit

3 hours weekly

A beginning course that introduces the student to the basic vocabulary, performance, fundamental skills and playing techniques of power volleyball. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 155, PE 156 or PE 157 is limited to 4 times.

PE 156 *INTERMEDIATE VOLLEYBALL

1 unit

3 hours weekly

Advisory: Eligibility for PE 155 and/or at least one year of high school volleyball experience.

This is a course designed and developed for the intermediate level volleyball player. It is a continuation of beginning volleyball with an emphasis in executing the fundamental skills and techniques of power volleyball at a higher level. This course differs from beginning volleyball in that set patterns and systems of offense and defense are used in a team strategy. BEFORE ENROLLING, student should have proficiency in the skills of passing and setting. (CSU, UC, AVC)

Enrollment in any combination of PE 155, PE 156 or PE 157 is limited to 4 times.

PE 157 *ADVANCED VOLLEYBALL

1 unit

3 hours weekly

This is a course designed and developed for the advanced level volleyball player. It is a continuation of intermediate volleyball with an emphasis in achievement of a higher performance level in the basic techniques of power volleyball. It differs from intermediate volleyball in that set patterns and systems of offense and defense are used in the team strategy as well as the rules and regulations of the NCAA. BEFORE ENROLLING, student should have proficiency in the skills of passing and setting. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 155. PE 156 or PE 157 is limited to 4 times.

PE 160 *BEGINNING TENNIS

1 unit

3 hours weekly

Introduction to the basic skills and rules of tennis. Includes forehand, backhand, serve and volley. Also includes strategy, etiquette, selection of equipment and general rules for playing singles and doubles. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 160, PE 161 or PE 162 is limited to 4 times.

PE 161 *INTERMEDIATE **TENNIS**

(formerly PE 160, Intermediate Tennis) 1 unit

3 hours weekly

Refinement of tennis skills for the developing player. Includes forehand drive, backhand drive, service, volley, drop shot, overheads, strategies and analysis of opponent's game. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 160, PE 161 or PE 162 is limited to 4 times.

PE 162 *ADVANCED TENNIS

(formerly PE 160, Advanced Tennis) 1 unit

3 hours weekly

Progressive skill instruction concerned with the development of the advanced tennis player. Emphasis will be on placement of shot, shot combination building from the baseline and net, and footwork. Students will learn to select appropriate tennis equipment and apparel. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 160, PE 161 or PE 162 is limited to 4 times.

PE 165 *ADVANCED TRACK **TECHNIQUES**

1 unit

3 hours weekly

Advanced skills and techniques of track and field will be taught in the course. An emphasis will be placed upon learning advanced strategy and teamwork. The student will learn the rules, theory, and philosophy of intercollegiate track and field. (CSU, UC, AVC) (R3)

PE 170 *BEGINNING WEIGHT LIFTING

1 unit

3 hours weekly

This course is designed for the student

who wishes to learn the basic skills and techniques of weight lifting. The student will be required to learn how to design and implement a weight lifting program. The course will also cover the proper warm-up and safety techniques that are necessary when in the weight room. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 170 or PE 173 is limited to 4 times.

PE 173 *INTERMEDIATE WEIGHT LIFTING

(formerly PE 170, Intermediate Weight Lifting)

1 unit

3 hours weekly

This course is designed for the student who wishes to learn advanced skills on intermediate lifts in the weight room. The student will be required to learn how to develop a program with the variety of intermediate lifts which put more focus on specific body areas. The course will also cover the proper warm-up and safety techniques that are necessary in the weight room. (CSU, UC, AVC) (R3#)

Enrollment in any combination of PE 170 or PE 173 is limited to 4 times.

PE 175 *ADVANCED WEIGHT TRAINING FOR **ATHLETES**

2 units

6 hours weekly

Limitation on Enrollment: Must be a potential member of an intercollegiate athletic team.

This course is designed for the student who is a member of an athletic team. The course will improve strength, flexibility, and endurance of specific muscles groups that are indigenous to a specific sport. (CSU, UC, AVC) (R3)

PE 180 *ADVANCED VOLLEYBALL TECHNIQUES

1 unit

3 hours weekly

Advisory: Completion of PE 156 and/ or experience of playing competitive volleyball, i.e. high school varsity team, club team volleyball, and/or college team volleyball.

Advanced skills and techniques of volleyball will be taught. An emphasis will be placed upon physical conditioning and plyometric training for team competitive volleyball. The student will learn the rules, theory, and philosophy of intercollegiate volleyball. (CSU, UC, AVC) (R3)

Physical Education-**Professional Preparation** Courses

PE 187 *YELL AND SONG LEADING

(formerly Yell and Song Leading, Summer or Fall)

2 units

6 hours weekly

Limitation on Enrollment: Tryout

This course is intended for members of the Antelope Valley College cheerleading team. The course is designed to prepare students to perform at all scheduled college events. Students will learn advanced cheerleading techniques and apply the techniques to their performances. (CSU, AVC) (R3)

PE 188 *PEP SQUAD **LEADERSHIP**

2 units

6 hours weekly

Limitation on Enrollment: Tryout required.

This course is intended for members of the Antelope Valley College cheerleading team. The course is designed to develop leadership, cooperation, and unity within the squad. Students will prepare and practice material to perform at all scheduled events and competitions. (CSU, AVC) (R3)

PE 189 *CHEER CONDITIONING

2 units

6 hours weekly

Limitation on Enrollment: Tryout required.

This course is intended for members of the Antelope Valley College cheerleading team. The course is designed to improve the students' cardiovascular fitness, muscular strength, and flexibility. Students will develop team unity, trust, communication, and leadership skills by performing and competing at the intercollegiate level. (CSU, UC, AVC) (R3)

PE 190 *INTRODUCTION TO PHYSICAL EDUCATION

3 units

3 hours weekly

Limitation on Enrollment: TB skin test clearance within past year. Fingerprints are required by the State of California.

Advisory: Eligibility for ENGL 099 and READ 099.

Students will be introduced to the field of Physical Education and the related fields of Health Education, Recreation and Sport. Specifically, the psychological, philosophical, pedagogical, sociological, historical and career preparation areas of Physical Education and related careers will be studied. Current trends, issues and developments in Physical Education will be explored. Each student will participate in field experience of teaching a lesson in Physical Education. The course is designed for students who are majoring or minoring in Physical Education or have related career goals. (CSU, UC, AVC)

PE 191 *FIRST AID AND **EMERGENCY CARE**

3 units

3 hours weekly

Advisory: Eligibility for ENGL 099 and READ 099.

Instructional materials fee required for this course and must be paid at registration.

A study of first aid and CPR skills required by the American Red Cross. Course will result in an American Red Cross First Aid and CPR card being issued. (CSU, UC, AVC)

PE 193 *OFFICIATING-FALL **SPORTS**

2 units

2 hours weekly

Students will analyze and interpret the rules and regulations for the sports of football and basketball at the high school level. Discussions will also include the mechanics of officiating these sports. Trends, techniques of officiating, and issues of the games will also be discussed. (CSU, UC, AVC)

PE 194 *OFFICIATING-SPRING SPORTS

2 units

2 hours weekly

Students will analyze and interpret the rules and regulations for the sports of baseball and track and field at the high school level. Discussions will also include the mechanics of officiating these sports. Trends, techniques of officiating, and issues of the games will also be discussed. (CSU, UC, AVC)

PE 195 *SPORTS APPRECIATION

3 units

3 hours weekly

Advisory: Eligibility for ENGL 099 and READ 099.

Selected learning experiences leading to an understanding and appreciation of athletics and recreational sports and how they relate to our society. (CSU, UC, AVC)

PE 196 *WATER SAFETY **INSTRUCTOR**

3 units

6 hours weekly

Advisory: Eligibility for ENGL 099. READ 099 and MATH 050.

An American Red Cross Water Safety Instructor training course. Areas of study include principles and methods of teaching swimming and plain diving, lifesaving and water safety. Student must possess current American Red Cross Lifeguard Certification. Preliminary training will result in the student becoming thoroughly familiar with the skills of swimming and lifesaving. Secondary training will concentrate on the analysis and practice of teaching swimming skills and examination of teaching skills. This is also referred to as swimming instructor training. At the completion of the course the student may qualify for certification as an American Red Cross Water Safety Instructor. In order to qualify for the Red Cross certification, the student must complete the Red Cross First Aid for the Professional Rescuer and Fundamentals

of Teacher training courses off campus. (CSU, UC, AVC) (R3)

PE 197 *LIFEGUARD **TRAINING**

3 unit

5 hours weekly

Limitation on Enrollment: Successfully complete lifeguard pretest skills of: a) 500 yard continuous swim, b) one minute brick tread, c) 20 second 25 yard sprint, d) 10 second deep end brick retrieve, e) 55 second 50 yard brick retrieve. In addition student must perform a 100 yard stroke of each the freestyle; breaststroke; elementary backstroke and sidestroke at Level 7 proficiency.

Instructional materials fee required for this course and must be paid at registration.

This course focuses on preparing individuals to ensure the safety of water users, recreational or instructional. Topics include: how to prevent accidents, how to keep oneself safe to ensure the safety of the facility and all users, knowledge of rescue skills, and ability to perform them. (CSU, UC, AVC) (R3)

PE 199 *OCCUPATIONAL WORK EXPERIENCE

1-8 units

hours vary

Prerequisite: To participate in work experience, students must have a job or internship which is either paid or voluntary and have the approval of the supervisor and instructor supervising work experience in the specific subject area. PRIOR TO ENROLLING, students must attend a scheduled orientation or meet individually with the supervising instructor for an individual orientation. Occupational Work Experience Education is supervised employment designed to provide students a realistic learning experience through work. The ultimate goal is to teach students those skills and attitudes that will equip them to function and adapt as an employee in a variety of situations and jobs. Occupational Work Experience Education is supervised employment extending classroom-based occupational learning at an on-the-job learning station related to the students' educational major or occupational goal.

Credit may be accrued at the rate of one to eight units per semester. For the satisfactory completion of all types of Cooperative Work Experience Education (WE 197 and WE 199), students may earn up to a total of sixteen semester credit hours. (CSU, AVC) (R3)

Physical Education— Athletic Program Courses

AVC is a member of the Foothill Conference. Competition is offered in baseball, basketball, football, track, cross country, softball, golf, tennis, soccer, and volleyball.

PE 200 INTERCOLLEGIATE BASEBALL

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

This course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in baseball. The course will emphasize advanced baseball skills and techniques. An advanced level of competition requires the athlete to possess adequate physical conditioning. The course is designed to assist the athlete in acquiring the prerequisite conditioning. All phases of advanced offensive and defensive strategy will be presented. The course will teach the athlete the playing rules and code of conduct. (CSU, UC, AVC) (R2)

PE 205 INTERCOLLEGIATE MEN'S BASKETBALL

I unit fall/I unit spring

115 hours total fall/60 hours total spring Limitation on Enrollment: Physical examination and tryout required.

This course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in men's basketball. The course will emphasize advanced men's basketball skills and techniques. An advanced level of physical conditioning will be taught. An emphasis will be placed upon the athlete learning the playing rules and code of conduct. The athlete will be required to learn advanced offensive and defensive strategy. The course will stress the development of teamwork. (CSU, UC, AVC) (R3)

PE 210 INTERCOLLEGIATE WOMEN'S BASKETBALL

1 unit fall / 1 unit spring

115 hours total fall/60 hours total spring Limitation on Enrollment: Physical examination and tryout required.

This course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in women's basketball. The course will emphasize advanced women's basketball skills and techniques. An advanced level of physical conditioning will be taught. An emphasis will be placed upon the athlete learning the playing rules and code of conduct. The athlete will be required to learn advanced offensive and defensive strategy. The course will stress the development of teamwork. (CSU, UC, AVC) (R3)

PE 215 INTERCOLLEGIATE CROSS COUNTRY

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

The course is designed for the student-athlete who wishes to compete at the varsity intercollegiate level in cross country. The course will emphasize advanced cross country skills and techniques. An advanced level of competition requires the athlete to possess adequate physical conditioning. The course is designed to assist the athlete in acquiring the prerequisite conditioning. All phases of advanced strategy will be presented. The course will teach the athlete the playing rules and code of conduct. (CSU, UC, AVC) (R2)

PE 220 INTERCOLLEGIATE FOOTBALL

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

This course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in football. The course will emphasize advanced football skills and techniques. An advanced level of physical conditioning will be taught. An emphasis will be placed upon the athlete learning the playing rules and code of conduct. The athlete will be required to learn advanced offensive and defensive strategy. The course will stress the development of teamwork. (CSU, UC, AVC) (R2)

PE 225 INTERCOLLEGIATE WOMEN'S TENNIS

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

Designed for the student athlete who wishes to compete at the intercollegiate level in tennis. Course content will emphasize advanced tennis skills and techniques. The advanced level of competition will require a high level of physical condition on the part of the student. Instruction and practice for intercollegiate competition will include rules and strategy. (CSU, UC, AVC) (R2)

PE 230 INTERCOLLEGIATE WOMEN'S SOCCER

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

The course is designed for the studentathlete who wishes to compete at the intercollegiate level in soccer. Course content will emphasize advanced soccer skills and techniques. The advanced level of competition will require a high level of physical condition on the part of the student. Instruction and practice for intercollegiate competition will include rules, history, and strategy. (CSU, UC, AVC) (R2)

PE 237 INTERCOLLEGIATE MEN'S GOLF

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

Designed for the male studentathlete who wishes to compete at the intercollegiate level in golf. Course content will emphasize advanced golf skills and techniques. The advanced level of competition will require a high level of physical condition on the part of the student. Instruction and practice for intercollegiate competition will include rules of play and strategy. (CSU, AVC) (R2)

PE 240 INTERCOLLEGIATE WOMEN'S SOFTBALL

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

The course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in women's softball. The course will emphasize advanced women's softball skills and techniques. An advanced level of competition requires the athlete to possess adequate physical conditioning. The course is designed to assist the athlete in acquiring the prerequisite conditioning. All phases of advanced offensive and defensive strategy will be presented. The course will teach the athlete the playing rules and code of conduct. (CSU, UC, AVC) (R2)

PE 255 INTERCOLLEGIATE TRACK

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

The course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in track. The course will emphasize advanced track skills and techniques. An advanced level of track competition requires the athlete to possess an adequate physical condition. The course is designed to assist the athlete in acquiring the prerequisite conditioning. All phases of advanced strategy will be presented. The course will teach the athlete the playing rules and code of conduct. (CSU, UC, AVC) (R2)

PE 265 INTERCOLLEGIATE WOMEN'S VOLLEYBALL

2 units

10 hours weekly

Limitation on Enrollment: Physical examination and tryout required.

The course is designed for the studentathlete who wishes to compete at the varsity intercollegiate level in women¿s volleyball. Advanced women¿s volleyball skills and techniques will be emphasized. The course is designed to assist the athlete in acquiring the necessary conditioning needed for competition. All phases of advanced offensive and defensive strategies will be presented. The course will teach the athletes the playing rules and code of conduct. (CSU, UC, AVC) (R2)

FPD Credit for Assessment Facilitators (Formerly WEAVE Facilitators)

Responsibilities of Facilitators-

- 1- Aggregate and enter SLO data
- 2- Lead/facilitate discussions related to data analysis and action plans
- 3- Enter action plans and supporting documents/evidence
- 4- Communicate with divisional representative as needed
- 5- FPD credit awarded according to the following formula:

of courses X .5 hours= FPD credit Maximum credit per semester= 10 hours

SLO Committee Member Responsibilities:

- Coordinate SLO functions within their respective division/area.
- Liaison for AP&P and SLO issues with AP&P Rep.
- Attend WEAVE training as needed; facilitate and troubleshoot basic WEAVE-related questions/issues.
- Support the work of Assessment Facilitators with individualized training, assistance with SLO/PLO/OO development, reminders of deadlines and due dates, etc.
- Report back to divisions/areas with SLO-related issues and report specific questions/issues back to SLO Committee.
- Track WEAVE data entry.
- Randomly sample, review and evaluate SLO/PLO/OO compliance and revisions for their respective divisions/areas.
- Facilitate PLO/OO work for programs within the division/area, including discussion related to analysis and revision, data collection, and action plan entry.
- Run routine WEAVE reports as needed for the division and facilitate dissemination of SLO-related data. (This is not meant to replace the work of DIERP, but to be another gateway for data access.)
- Facilitate, with other members of the SLO Committee, SLO-related events at Fall and Spring Welcome Back Days.
- Facilitate, with other members of the SLO Committee, at least two other SLO-related training events each academic year.
- Attend SLO Committee meetings regularly and participate in the review of proposed and revised SLOs/PLOs/OOs, newsletter production, and development of SLO-related processes and procedures.

SLO Glossary Revisions:

Fredy brought up the need to define what we mean by the terms "Introduced", "Developed", and "Mastered" as they apply to PLOs. We discussed the need to revise the AVC SLO Glossary and to include these definitions as part of the explanation of PLOs in the Glossary. Here are our definitions:

Introduced (I): Students are introduced to the content necessary for mastery of the PLO.

Developed (D): Students receive continuing exposure to the content and opportunities to practice applying the content.

Mastered (M): Students achieve competency in application of the content and are therefore ready for transfer to upper division work AND/OR to apply the skills, knowledge, abilities, and attitudes in the workplace.

Please consider these definitions as well as others that may need to be added to the glossary or revised. A copy of the glossary is included in the attachments.