

Definition

Psychology is a natural and a social science focusing on the study of human behavior. As such, it is a broad discipline which involves both scientific method and practical application of science to matters of everyday living. Most professional level positions require a graduate degree.

Staff

Please dial (661) 722-6300, then the 4 digit extension.

Division:

| | |
|----------------------------------------|--------|
| Duane Rumsey, Dean | x.6482 |
| Casey Farris, Administrative Assistant | x.6482 |
| Bettie Negrete, Clerical Assistant III | x.6482 |
| Dr. Carina Giorgi, Department Chair | x.6955 |

Faculty:

| | |
|------------------|--------|
| Dr. Fredy Aviles | x.6009 |
|------------------|--------|

Adjunct Faculty:

| | |
|-------------------------|------|
| Dr. Nicholas Betty | V.M. |
| Everlyn Chamorro | 2512 |
| John Glover | 6482 |
| Gloria Hudson | 2541 |
| Micheal Huff | 2613 |
| Laurel Johnson | 2143 |
| Dr. David Elwin Lewis | 2659 |
| Dr. Danielle McCabe | 2083 |
| Timea McLean | 2680 |
| Dr. Sean Mintz | 2092 |
| Dr. Luis Ramirez | 2999 |
| Dr. Kathleen Ringenbach | 2026 |
| Bruce Schreibfeder | 2433 |
| Dr. Harry Taylor | 2282 |
| Lydia Wallace-Leeds | 2215 |
| | 2398 |

Program Description

The Psychology program is designed to benefit both the student pursuing a career in psychology or related disciplines as well as the student desiring to acquire a personal understanding of psychology as it applies to everyday living. The program includes a variety of courses, and utilizes a number of teaching methods, including those which emphasize student participation through group and individual activity.

Career Options

| | |
|-----------------------------------|---------------------------------|
| Administrator | Personnel Management Specialist |
| Community College Instructor | Probation Officer |
| Community College Counselor | Psychiatric Aide |
| Drug Abuse Counselor | Psychometrist |
| Employment Counselor | Research Director |
| Human Factors Specialist | Social Services Director |
| Marriage, Family, Child Counselor | Survey Designer |
| Mental Health Worker | Student Affairs Officer |
| Outreach Worker | Therapist |
| Personnel Analyst | Training Officer |

(Careers may require education beyond the two-year college level.)

Program Learning Outcomes

Associate in Arts in Psychology for Transfer

1. Write an APA style research report that synthesizes a body of research findings and tests hypotheses with the appropriate research methodology.
2. Critically evaluate the design, methodology, findings, and generalizability of research reports.
3. Evaluate the major theoretical perspectives, history, and research methodology commonly used in the field of psychology.

Certificate of Achievement in Alcohol and Other Drug Studies

1. This program will prepare students for certification as Alcohol and/or Drug Abuse Counselor.
2. The program trains students in the practice dimensions of an Alcohol and/or Drug Abuse Counselor while providing a theoretical foundation in the behavioral sciences and human service professions.
3. The Certificate of Achievement is designed to prepare students for entry level Alcohol and/or Drug Abuse Counselor employment.

Certificate Program

| Required Courses | units |
|----------------------------------------------------------------|-------|
| PSY 101, Introductory psychology, Introductory Psychology | 3 |
| PSY 102, Introduction to Alcohol and Other Drug Studies | 3 |
| PSY 103, The Physiology and Pharmacology of Psychoactive Drugs | 3 |
| PSY 104, Prevention, Intervention and education | 3 |
| PSY 105, Group Leadership and Process | 3 |
| PSY 106, Case Management, Law and Ethics | 3 |
| PSY 107, Chemical Dependency Family Counseling | 3 |
| PSY 108, Introduction to Psychological and Social Studies | 4 |
| PSY 109, Directed Field Experience I | 5 |
| PSY 110, Directed Field Experience II | 6 |
| PSY 234, Abnormal Psychology | 3 |
| Program Electives | units |
| Select 3 units from the following: | |
| SOC 101, Introduction to Sociology | 3 |
| SOC 112, American Social Issues: Problems and Challenges | 3 |

Associate Degree

Associate in Arts in Psychology for Transfer

The Associate in Arts in Psychology for Transfer (AA-T in Psychology) offers students a fundamental knowledge of the field of Psychology and the various branches including scientific and research methods, counseling, biopsychology, psychological development across the lifespan, mental disorders and the relationship to sociology. Further students will gain the knowledge to apply psychological theories to their personal lives and current societal issues.

The Associate in Arts in Psychology for Transfer (AA-T in Psychology) degree meets the requirements of SB 1440 for Associate Degrees for Transfer (ADT). These degrees are intended to make it easier for students to transfer to California State University campuses, but do not exclude admittance to other colleges or universities.

To earn an Associate in Arts in Psychology for Transfer (AA-T in Psychology) degree a student must complete the following:

(1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:

(A) The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education – Breadth Requirements.

(B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.

(2) Obtainment of a minimum grade point average of 2.0.

ADTs also require that students must earn a “C” or better in all courses required for the major or area of emphasis.

| Required Courses | units |
|---------------------------------------------------------|-------|
| MATH 115, Statistics | 4 |
| PSY 101, General Psychology | 3 |
| PSY 200, Introduction to Research Methods in Psychology | 3 |

| Required Electives A (Select 3 units): | units |
|---------------------------------------------|-------|
| PSY 201, Intro. to Physiological Psychology | 3 |

| Required Electives B (Select 3 units): | units |
|----------------------------------------|-------|
| PSY 236, Developmental Psychology | 3 |
| PSY 244, Introduction to Counseling | 3 |

| Required Electives C (Select 3 units): | units |
|-----------------------------------------|-------|
| Or any List B not already used: | |
| PSY 212, Human Sexuality | 3 |
| PSY 230, Social Psychology | 3 |
| PSY 232, Theories of Personality | 3 |
| PSY 233, Personal and Social Adjustment | 3 |
| PSY 234, Abnormal Psychology | 3 |
| PSY 235, Child Psychology | 3 |

Some courses required for the major may also satisfy general education requirements. Consult with a counselor for additional information.

Except in cases of prerequisite requirement, it is not required that courses be taken in exactly this sequence; they are recommended in this order to facilitate success.

Recommended Plan of Study

| First Semester | units |
|-------------------------------------------------------|-------|
| MATH 115, Statistics (CSU GE B4) | 4 |
| CSU GE requirement Area A2 | 3 |
| CSU GE requirement Area C1 | 3 |
| CSU GE requirement Area F | 3 |
| CSU Transferable Electives: POLS 101 (CSU GE D & AIR) | 3 |
| Total 16 | |

| Second Semester | units |
|----------------------------------------|-------|
| PSY 101, General Psychology (CSU GE D) | 3 |
| CSU GE requirement Area A1 | 3 |
| CSU GE requirement Area A3 | 3 |
| CSU GE requirement Area C2 | 3 |
| CSU Transferable Electives | 3 |
| Total 15 | |

Third Semester

| | |
|---------------------------------------------------|---|
| PSY 200, Intro. to Research Methods in Psychology | 3 |
| Required Electives B | 3 |
| Required Electives C | 3 |
| BIOL 102, Human Biology (CSU GE B2 & B3) | 4 |
| CSU GE requirement Area C | 3 |
| Total 16 | |

Fourth Semester

| | |
|--------------------------------------------------------|-----|
| PSY 201, Intro. to Physiological Psychology (List A) | 3 |
| CSU GE requirement Area B1 | 3 |
| CSU GE requirement Area E | 3 |
| CSU Transferable Electives: HIST 107, 108, 110, or 111 | 3 |
| CSU Transferable Electives | 3-4 |
| Total 15-16 | |

CSU GE or IGETC Pattern 55-58

CSU Transferable Elective Units to reach Degree Total 60

*Electives should be taken from other courses within the major, foreign language or recommended course as noted.

Transfer

Students planning to continue studies at a four-year college or university after AVC should visit the Transfer Resource Center and consult with a counselor as soon as possible. Additional information on official transfer articulation agreements from AVC to many CSU/UC campuses can be found at www.assist.org

Prerequisite Completion

All prerequisite courses must be completed with a satisfactory grade in order to enroll in the next course. According to Title 5, Section 55200(d), a satisfactory grade is a grade of “A,” “B,” “C” or “P”. Classes in which the Pass/No Pass option is available are indicated with an asterisk (*) before the course title. See “Pass/No Pass Option” in the catalog for full explanation.

Psychology Courses

PSY 101 *GENERAL PSYCHOLOGY

3 units

3 hours weekly

Advisory: Completion of ENGL 101 or placement by multiple measures.

This course provides a scientific study of behavior through an exploration of major concepts, methods and research findings. Topics such as biological basis of behavior; cognitive processes; research methods; learning and motivation; life span development; individual differences; behavioral disorders and therapies; social behavior and applied psychology are included. Students will also develop critical thinking so they may read and write in a scientific manner. (C-ID: PSY 110) (CSU, UC, AVC)

PSY 102 *INTRODUCTION TO ALCOHOL AND OTHER DRUG STUDIES

3 units

3 hours weekly

Advisory: Completion of or Concurrent enrollment in PSY 101.

This course is a study of the basic concepts of chemical dependency. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered. Students interested in being certified as a drug and alcohol counselor should begin with this course. This course is also appropriate for all students interested in learning more about alcohol and other drug uses, abuse and dependency. (UC, CSU, AVC)

PSY 103 *THE PHYSIOLOGY AND PHARMACOLOGY OF PSYCHOACTIVE DRUGS

3 units

3 hours weekly

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored. Medical and pharmacological resources in the treatment of substance use disorders and special service needs when working with clients who may be HIV, hepatitis, STD, or tuberculosis positive will also be reviewed. (UC, CSU, AVC)

PSY 104 *PREVENTION, INTERVENTION, AND EDUCATION

3 units

3 hours weekly

This course will review historical and contemporary approaches to chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies. (UC, CSU, AVC)

PSY 105 *GROUP LEADERSHIP AND PROCESS

3 units

3 hours weekly

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior. (UC, CSU, AVC)

PSY 106 *CASE MANAGEMENT, LAW AND ETHICS

3 units

3 hours weekly

This course reviews the principles and practice of case management in addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, and documentation. Professional and ethical codes of conduct and behavior are also reviewed and emphasized. (CSU, AVC)

PSY 107 *CHEMICAL DEPENDENCY FAMILY COUNSELING

3 units

3 hours weekly

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills. (CSU, AVC)

PSY 108 *INTRODUCTION TO PSYCHOLOGICAL AND SOCIAL SERVICES

4 units

6 hours weekly [3 lecture, 3 lab]

Advisory: Completion of or Concurrent enrollment in PSY 106.

Supervised internship in a human service agency or an alcohol and other drug treatment facility. An overview of the field of human services, including alcohol and other drug treatment. The roles of psychologists, sociologists, social workers, family therapists, social service assistants and addiction counselors are compared and contrasted, and the issues they deal with are described. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry-level employment are observed, practiced, and evaluated under supervision. (CSU, AVC)

PSY 109 *DIRECTED FIELD EXPERIENCE I

5 units

9 hours weekly [3 lecture, 6 lab]

Advisory: Completion of or Concurrent enrollment in PSY 106.

Supervised internship in a human service agency or an alcohol and other drug treatment facility. The student intern will have an opportunity to observe human service providers working with clients in agency settings. Ethical guidelines for helping professions, developing cultural competence, stages of change and motivational interviewing as a helping style are discussed. Interns practice interviewing skills for increasing motivation for positive change. (CSU, AVC)

PSY 110 *DIRECTED FIELD EXPERIENCE II

6 units

12 hours weekly [3 lecture, 9 lab]

Advisory: Completion of or Concurrent enrollment in PSY 106.

Supervised internship in an alcohol and other drug treatment facility. This course emphasizes advanced concepts in chemical dependency. Students refine their skills for the 12 core functions of effective clinical practice and compile a professional portfolio in preparation for the state certifying written exam. This course meets the 45-hour supervised practicum requirement for the California Certification Board of Alcohol and Drug Counselors. (CSU, AVC)

PSY 200 *INTRODUCTION TO RESEARCH METHODS IN PSYCHOLOGY

3 units

3 hours weekly

Advisory: Completion of or Concurrent enrollment in PSY 101.**Prerequisite:** Completion of ENGL 101 and MATH 115

This course surveys the various psychological research methods with an emphasis on research design, experimental procedures, descriptive methods, instrumentation, and the collection, analysis, interpretation, and reporting of research data. Research design and methodology will be examined through a review of research in a variety of the subdisciplines of psychology. (C-ID: PSY 200) (UC, CSU, AVC)

PSY 201 *INTRODUCTION TO PHYSIOLOGICAL PSYCHOLOGY

3 units

3 hours weekly

Advisory: Eligibility for ENGL 101 or placement by multiple measures.**Prerequisite:** Completion PSY 101

This course explores the concept that both psychological experience and overt behavior are the result of nervous system function. Defining and identifying neuroanatomical and neurological terminology are integral parts of this class. Students will analyze and critique research methodology in physiological psychology. (C-ID: PSY 150) (CSU, UC, AVC)

PSY 212 *HUMAN SEXUALITY

3 units

3 hours weekly

Advisory: Completion of PHIL 105

Prerequisite: Completion PSY 101 and ENGL 101. This course surveys biological, sociological, and psychological influences on current sexual attitudes and behavior. Special emphasis is placed on increasing general sexual knowledge, recognizing values, and becoming more comfortable with the subject matter. Critical thinking skills will be developed through examination and analysis of cultural values, the complex research problems, and a wide variety of sexual behaviors. Example topics include: sexual dysfunction, sexual health, sexually transmitted diseases, and variations in sexual behavior. (C-ID: PSY 130) (CSU, UC, AVC)

PSY 230 *SOCIAL PSYCHOLOGY

3 units

3 hours weekly

Advisory: Eligibility for ENGL 101 or placement by multiple measures.**Prerequisite:** Completion PSY 101 or SOC 101.

This course studies human interaction and emphasizes the influence of the social context on behavior and experience. Sample topics include social cognition, person perception, attitude formation and change, persuasion, conformity, group processes, aggression, prejudice, attraction and intimacy, gender, and social psychology in the clinic, workplace, and courtroom. Research methods and their ethics will also be addressed. (C-ID: PSY 170) (CSU, UC, AVC)

PSY 232 *THEORIES OF PERSONALITY

3 units

3 hours weekly

Advisory: Completion of PSY 101. Eligibility for ENGL 101 or

placement by multiple measures.

This course examines both classical and contemporary theories of personality and the basic concepts, assumptions, principles, and implications that underlie them. The evidence that validates or supports their proposition will be evaluated. This course will further explore the applicability and relevance of the theories to everyday world events, situations and cross culturally. The origination of the theories and the theorist's biographical data will be considered. (CSU, UC, AVC)

PSY 233 PERSONAL AND SOCIAL ADJUSTMENT

3 units

3 hours weekly

Advisory: Completion of PSY 101.**Prerequisite:** Completion of ENGL 101.

This course emphasizes personal and social adjustment through examination of the major theories and issues in the field of psychology. Specific focus is placed on self-awareness, personal growth, interpersonal relationships and communication. Students will also examine current topics in the area of personal and social adjustment in scientific journals. (C-ID: PSY 115) (CSU, UC, AVC)

PSY 234 *ABNORMAL PSYCHOLOGY

3 units

3 hours weekly

Prerequisite: Completion of PSY 101 and ENGL 101.

This course provides an introduction and broad overview to abnormal psychology. The course will begin by distinguishing between "normal" and "abnormal" behavior through a historical lens. Specifically, an introduction to the major psychological disorders listed in the Diagnostic and Statistical Manual of Mental Disorders will be explored and topics covered will include: assessment, diagnosis, treatment, research and prevention of mental disorders. Students will also be challenged to examine their own stereotypes about "abnormal" behavior. (C-ID: PSY 120) (CSU, UC, AVC)

PSY 235 CHILD PSYCHOLOGY

3 units

3 hours weekly

Advisory: Completion of ENGL 101 or placement by multiple measures.

Prerequisite: Completion of PSY 101.

Introduction to the psychological development of the person from prenatal period through adolescence. A survey of current psychological theories, such as cognitive, behavioral and social cognitive, and psychoanalytic will be examined regarding the emotional, physical, and social development of the child. (CSU, UC, AVC)

PSY 236 *DEVELOPMENTAL PSYCHOLOGY

3 units

3 hours weekly

Advisory: Completion of ENGL 101 or placement by multiple measures.

Prerequisite: Completion of PSY 101.

Introduction of the psychological development of the person from the prenatal period through old age. A survey of current theories of development including Psychoanalytic, Behavioral, Cognitive, Socio-cultural, and Epigenetic theory and examination of biosocial, cognitive, and psychosocial development will be included. (C-ID: PSY 180) (CSU, UC, AVC)

PSY 244 INTRODUCTION TO COUNSELING

3 units

3 hours weekly

Prerequisite: Completion of PSY 101.

This course provides an introduction and broad overview to the field of Counseling Psychology. Primary topics covered include counseling theories, a brief history of this specialty, skills, strategies and processes for working with individuals or groups. Additional topics include an introduction to various mental health professions, ethical guidelines, identifying the characteristics of effective helpers and examining the process of personal bias in the counseling relationship. (CSU, AVC)

PSY 301 ORGANIZATIONAL BEHAVIORAL PSYCHOLOGY

3 units

3 hours weekly

Prerequisite: Completion of PSY 101.

This course offers an introduction and broad overview of the psychology of individual and group dynamics in the workplace. This course will examine topics such as organizational culture and structure, teamwork, group dynamics, managing change, conflict theory, motivation, and leadership. Emphasis is placed on applying course concepts to current workplace issues. (AVC)