Definition
Athletic training includes the study of prevention and management of athletic injuries. Athletic trainers work directly with athletes and coaches to design and implement training and rehabilitation.

Prerequisite Completion
If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade in order to enroll in the next course. According to Title 5, Section 55200(d), a satisfactory grade is a grade of “A,” “B,” “C” or “P”. Classes in which the Pass/No Pass option is available are indicated with an asterisk (*) before the course title. See “Pass/No Pass Option” in the catalog for full explanation.

Athletic Training Courses

ATH 100  *INTRODUCTION TO ATHLETIC TRAINING
3 units
3 hours weekly
Advisory: Eligibility for ENGL 100A, READ 099 and MATH 070.
The course introduces the role of the athletic trainer and concepts of sports medicine. Students will learn prevention, evaluation and treatment for athletic injuries. The course will provide an introduction to both the orthopedic assessment and management process as well as basics of biomechanics and ethical issues in the Athletic Training profession. (CSU, AVC)

ATH 102  *PRACTICAL APPLICATIONS OF ATHLETIC TRAINING I
3 units
3 hours weekly
Prerequisite: Completion of ATH 100.
Corequisite: Concurrent enrollment in ATH 102L.
Advisory: Eligibility for ENGL 100A, READ 099 and MATH 070.
The course includes practice as an athletic training student under the supervision of a certified athletic trainer. Students learn to assess, evaluate, treat and rehabilitate common injuries in realistic settings. Safety, legal and ethical issues are addressed. The lecture portion of this class will discuss the basics of orthopedic assessment of common injuries. (CSU, AVC)

ATH 102L  *PRACTICAL APPLICATIONS OF ATHLETIC TRAINING I LAB
4 units
12 hours weekly
Prerequisite: Completion of ATH 100, and Completion of or concurrent enrollment in ATH 102.
Advisory: Eligibility for ENGL 100A, READ 099 and MATH 070.
The course includes practice as an athletic trainer trainee under the supervision of a certified athletic trainer. Students learn to assess, evaluate, treat and rehabilitate common sports injuries in realistic settings for fall sports. Safety, legal and ethical issues are addressed. The course provides hours for a Certified Athletic
Trainer to fulfill requirements toward certification by a nationally recognized association. (CSU, AVC) (R3)

**ATH 103  *PRACTICAL APPLICATIONS OF ATHLETIC TRAINING II***
3 units
3 hours weekly
**Prerequisite:** Completion of ATH 100.
**Corequisite:** Concurrent enrollment in ATH 103L.
**Advisory:** Eligibility for ENGL 100A, READ 099 and MATH 070.
The course includes the theoretical basis for practice as an athletic training student under the supervision of a certified athletic trainer. Students learn to assess, treat, and rehabilitate common injuries in realistic settings. Therapeutic interventions will be specifically addressed. Safety, legal and ethical issues are addressed. (CSU, AVC)

**ATH 103L  *PRACTICAL APPLICATIONS OF ATHLETIC TRAINING II LAB***
4 units
12 hours weekly
**Prerequisite:** Completion of ATH 100, and Completion of or concurrent enrollment in ATH 103.
**Advisory:** Eligibility for ENGL 100A, READ 099 and MATH 070.
The course includes practice as an athletic trainer trainee under the supervision of a certified athletic trainer. Students learn to assess, evaluate, treat and rehabilitate common sports injuries in realistic settings for spring sports. Safety, legal and ethical issues are addressed. (CSU, AVC) (R3)