Definition
Human Development courses provide support, encouragement, and instruction for both new and continuing students.

The courses help students increase self-awareness and self-confidence; improve learning skills; and identify and accomplish educational, vocational, and personal goals.

These courses are designed to help students who wish to improve themselves both academically and personally. The courses help develop skills and knowledge that are critical to making a successful transition to the challenges of a college education and assist students in achieving their career and educational goals.

Students returning to school after an interruption in their education find them particularly helpful in adjusting to the college learning environment.

Staff
To access faculty and staff, dial (661) 722-6300, then the 4-digit extension.

Dean:  Gary Roggenstein ext. 6364
Administrative Assistant:  Allison Dodge ext. 6928
Clerical Assistant:  Maisha McCord ext. 6985
Technical Analyst:  Michele Lathrop ext. 6984
Department Chair:  Luis Echeverría ext. 6121

Faculty:
  Walter Briggs ext. 6021
  Towana Catley ext. 6873
  Dr. De’Nean Coleman-Carew ext. 6624
  Yvette Cruzalegui ext. 6746
  Luis Echeverría ext. 6124
  Rosa Fuller ext. 6290
  Susan Knapp ext. 6349
  Tanya McGinnis ext. 6773
  Audrey Moore ext. 6047
  May Sanicolas ext. 6135
  Rodney Schilling ext. 6977
  Cynthia Wishka ext. 6849

Adjunct Faculty:
To access adjunct faculty voice mail, dial (661) 722-6300, then the 4-digit number.  V.M.

Transfer
Students planning to continue studies at a four-year college or university after AVC should visit the Transfer Resource Center and consult with a counselor as soon as possible. Additional information on official transfer articulation agreements from AVC to many CSU/UC campuses can be found at the following Web site: www.assist.org

Prerequisite Completion
If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade in order to enroll in the next course. According to Title 5, Section 55200(d), a satisfactory grade is a grade of “A,” “B,” “C” or “P”. Classes in which the Pass/No Pass option is available are indicated with an asterisk (*) before the course title. See “Pass/No Pass Option” in the catalog for full explanation.

Certificate Program
Certificate not applicable.

Associate Degree
Associate degree not available.
HD 102 *SOLDIER TO SCHOLARS
3 units
3 hours weekly
Advisory: Eligibility for ENGL 100A and READ 099.
The course is for all who have served in a uniformed service, their family members, friends and supporters. Students will learn ways for veterans to adjust to civilian life and to college. The course will present and discuss various campus services and effective strategies useful for college success. These will include, but not be limited to, academic support services, goal setting, note-taking, memory techniques, time and money management, and accessing various service-related benefits. Students will also explore various physical, emotional and psychological reactions to wartime service, whether exposed to combat or not, and how these effect veterans’ civilian readjustment. There will be discussions of various coping mechanisms that will enable veterans to reconnect with loved ones and manage stress and anxiety related to the wartime experience. The course will explore the signs and symptoms of Posttraumatic Stress Disorder (PTSD) and Military Sexual Trauma (MST) and identify strategies to manage these symptoms. The course will enable students to identify community resources that may enable readjustment to civilian life. (CSU, UC, AVC)

HD 103 *CAREER PLANNING
1.5 units
24 hours total
Advisory: Eligibility for ENGL 100A and READ 099.
The primary objective of this course is to lead students through a process that will enable them to make satisfying career choices and conduct a successful job search. The course is designed to guide students in a self-exploration and assessment of values, interests, skills, abilities, and personal characteristics relative to career selection and develop the skills to secure a job in their chosen career field. Students will learn self-assessment, decision-making, goal-setting, job search, resume writing and interviewing skills. (AVC)

HD 105 *PERSONAL DEVELOPMENT
3 units
3 hours weekly
Advisory: Completion of ENGL 101.
This course is designed to facilitate personal growth and interpersonal effectiveness, along with increasing understanding of oneself and others. The focus is on self-exploration, learning to make choices, and developing coping strategies to enhance growth and development and maximize satisfaction in everyday life. Active personal involvement, group discussion, and a great deal of self-analysis and introspection will be required. (CSU, AVC)