

REFLECT. IMPROVE. SUCCEED. EXCEL. (R.I.S.E.)

UTILIZE THE LISTED RESOURCES TO ENHANCE YOUR SUCCESS & HELP YOU RETURN TO GOOD STANDING. BE SURE TO CHECK YOUR AVC EMAIL FOR R.I.S.E NOTIFICATIONS.



MEET WITH A R.I.S.E. COUNSELOR/ADVISOR

We are available for you throughout the entire year. Schedule your counseling appointment by calling 661-722-6365 or visit the RISE office.

This is required for students on Guidance Level 3



ATTEND THE MID-SEMESTER CHECK-IN

Connect with AVC Support Programs (i.e. Financial Aid, Basic Needs, Books H.E.L.P., etc). Also get guidance for your classes as you navigate through midterms. Dates TBA.



R.I.S.E. FUNDAMENTALS WORKSHOP

This workshop is accessible online via Canvas. It provides a comprehensive overview of the *academic/progress guidance levels* and proven strategies to return to Good Standing.

A workshop is required for students on Guidance Level 3. You may choose this or a "Level Up with R.I.S.E." workshop.



STUDY HOURS

Available at the Learning Center, The Hub, Library, and Math Lab.

- Tutoring (In-Person & Online)
- Writing & Math Specialists
- Workshops on Success Skills
- Laptop & Headphone Reservations
- Quiet Study Areas



LEVEL UP WITH R.I.S.E.! WORKSHOP SERIES

Stay motivated and inspired by our online & in-person workshops. Topics include:

- Discover your "Why"
- Financial Aid
- Set & Achieve SMART Goals
- Build a Growth Mindset
- Learn Best Strategies
- Mindfulness & Meditation
- More TBA via email

A workshop is required for students on Guidance Level 3. You may choose this or the "R.I.S.E. Fundamentals" Workshop.



STUDENT SERVICES BUILDING, 2ND FLOOR
COUNSELING-R.I.S.E. OFFICE
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