



AAT-Kinesiology for Transfer Degree 19-20

Recommended Program Sequence

All courses with a + sign indicate a pre-requisite or co-requisite

Term 1 (Semester: Maximum 19 units, 15 units recommended)		Units	Term 5 (Semester: Maximum 19 units, 15 units recommended)		Units		
CSU GE B2&B3	*BIOL 101 (Pre-req BIOL 201)	5B&C IGETC	4	* BIOL 202+ General Human Physiology (CHEM 101 pre-requisite)		4	
CSU GE Area B4	Req. Elec. A: Mathematics 115+	Area 2 IGETC	4	Required Movement-Based Course		1	
CSU GE Area A1 (CSU only)	Area 3 A/H IGETC	3	Required Movement-Based Course		1		
CSU GE Area A2	(English 101)	Area 1a IGETC	3	CSU Area D	(POLS 101) American Institutions	Area 4 IGETC	3
CSU GE Area E (CSU Only)	or	Area 3 Humanities IGETC	3	CSU C1/C2	LOTE 102 (UC only) (Any Term)	**IGETC	5
Total			17	**IGETC LOTE (UC only) required w/out 2 yrs of H.S Foreign Language		Total	14
Term 2: (Intersession(6/3)-Summer (9/6) Max./Recommended units)			Term 6: (Intersession(6/3)-Summer (9/6) Max./Recommended units)				
Term 3 (Semester: Maximum 19 units, 15 units recommended)		Units	Term 7 (Semester: Maximum 19 units, 15 units recommended)		Units		
* BIOL 201+ General Human Anatomy		4	CSU GE B1 *PHYS 101 recommended (compl. MATH 135 or 140 prior)		5A IGETC	4	
KINT 100, Introduction to Kinesiology		3	Required Elective A: HE 100, First Aid and Emergency Care		3		
CSU GE C1	Area 3 Arts IGETC	3	Required Movement-Based Course		1		
CSU GE Area A3	Area 1b IGETC	3	CSU Area D	(HIST 107 or 108 or 110 or 111) A.I.	Area 4 IGETC	3	
CSU GE C2	LOTE 101 (UC only) (Any Term)	**IGETC	5	CSU Area D	Area 4 IGETC	3	
Total			18	% CSU B3 & IGETC 5C must correspond with one Science Lecture		Total	14
Term 4: (Intersession(6/3)-Summer (9/6) Max./Recommended units)			Transfer or Graduate				
CSU Elective	CHEM 101+ (Pre-requisite for BIOL 201)	Elective IGETC	5				

Take Summer or Intersession classes if needed to complete the program in a timely manner.

The state requires all students to have a Comprehensive Educational Plan. Make a counseling appointment as soon as enrollment is established on any term. Come by the Counseling Center or call.

Required Courses:	Units
KINT 100, Introduction to Kinesiology	3
* BIOL 201+ General Human Anatomy	4
* BIOL 202+ General Human Physiology (CHEM 101 pre-requisite)	4
Movement-Bases Courses: Max. one course from any 3 areas (3 units):	
Aquatics:	
KINF 193, Beginning Water Aerobics	1
KINF 190, Beginning Swimming for Non-swimmers	1
KINF 192, Intermediate Swimming	1
KINF 195, Beginning Fitness Swimming	1
Dance:	
DA 103, Beginning Modern Dance	1
DA 106, Ballroom Dance	1
Fitness:	
KINF 130, Physical Conditioning	1
KINF 107, Beginning Weight Lifting	1
KINF 108, Intermediate Weight Lifting	1
Individual Sports:	
KINF 160, Beginning Tennis	1
Team Sports:	
KINF 150, Beginning Soccer	1
KINF 151, Intermediate Soccer	1
KINF 220, Advanced Basketball	1
KINF 140, Beginning Golf	1
KINF 180, Beginning Volleyball	1
KINF 181, Intermediate Volleyball	1
KINF 280, Advanced Volleyball	1
Required Electives A - Select 6 units from below:	
*MATH 115+, Statistics	4
*CHEM 110+, General Chemistry	5
*PHYS 101, General Physics	4
HE 100, First Aid and Emergency Care	3
Minimum Units Required for Major:	
20	

other requirements for degree

CSU GE Breath (39 units min.) or IGETC (34 units min.) Pattern 34-39

CSU Transferrable Elective Units to reach Degree Total 0-3

Minimum Units Required: 60

*Courses denoted with an asterisk will fulfill the completion requirements for both the major and general education.

General Education Requirements: Complete either the CSU Breath Requirements or IGETC.

**LOTE: Language Other than English

Policies in the back page....

AAT-Kinesiology for Transfer Degree 19-20

Recommended Program Sequence

The Associate in Arts in Kinesiology for Transfer (AA-T) degree offers students a fundamental knowledge of human movement and physical activity. Students will enhance their own understanding of lifetime patterns of physical activity and enhance problem solving and critical thinking by studying concepts and techniques to apply and impart them to the diversity of backgrounds, body types and physical needs. The Associate in Arts in Kinesiology for Transfer (AA-T in Kinesiology) degree meets the requirements of SB 1440 for Associate Degrees for Transfer (ADT). These degrees are intended to make it easier for students to transfer to California State University campuses, but do not exclude admittance to other colleges or universities

These degrees are intended to make it easier for students to transfer to California State University campuses, but do not exclude admittance to other colleges or universities. To earn an Associates of Art in Kinesiology for Transfer (AA-T) a student must:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - A. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education –Breadth Requirements.
 - B. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0.

ADTs also require that students must earn a C or better in all courses required for the major or area of emphasis.

Advisory: A condition of enrollment that a student is advised, but not required, to meet before or in conjunction with enrollment in a course or educational program.

Prerequisite: A condition of enrollment that a student is required to meet in order to demonstrate current readiness for enrollment in a course or educational program. Prerequisites are enforced and a student will be blocked from enrolling or involuntarily dropped after enrolling if the student does not meet the stated prerequisite. A student must complete a course prerequisite with a satisfactory grade of A, B, C or P (pass).

Corequisite: A condition of enrollment consisting of a course that a student is required to simultaneously take in order to enroll in another course. Corequisites are enforced and a student will be blocked from enrolling if the student does not meet the stated corequisite.

Electives: The remaining number of units (up to a minimum of 60) are considered electives. Any course that has already been counted toward (1) the general education requirements, or (2) the major, cannot be used as an elective. Any course with a designation of "CSU" at the end of a course description can be used as an elective for a CSU transfer and a "UC" designation for a UC school.

Grade Point Average Requirement: An overall grade point average of 2.0 ("C" average) is required.

Double Counting: While a course might satisfy more than one general education requirement, it may not be counted more than once for these purposes. A course may be used to satisfy both a general education requirement and a major or area of emphasis requirement.

• **Residency:** Minimum of 12 units completed at AVC with a minimum of 9 of those units completed from the certificate/major. (credit earned by examination will not be included in these 12 units) Title 5, Section 54000: <http://ccr.oal.ca.gov>.

Requirements for Two or More Associate Degrees: To be eligible for multiple associate degrees, a student must have completed all of the graduation requirements for each degree.

Transfer: Students planning to continue studies at a four-year college or university after AVC should visit the Transfer Resource Center or the Counseling Center and consult with a counselor as soon as possible to develop a plan of studies. Additional preparation for the major information on official transfer articulation agreements from AVC to many CSU/UC campuses can be found at the following Web site: www.assist.org

The "Catalog Rights Policy" sets forth the criteria used for determining the degree requirements under which students may graduate. Please refer to the AVC Catalog for a detailed description or consult with a counselor.