

### COUNSELING CENTER ADVISING

#### AA-Associate Degree

- Every course in the major requires a minimum grade of "C"
- Maximum of 12 Pass/No Pass units accepted
- Minimum of 12 units must be completed at AVC (credit earned by examination will not be included in these 12 units)
- Refer to catalog or online website for course listings, descriptions, and suggested course sequence if available.
- Certificate in Physical Sciences is not available

#### Required Core Courses units

Complete at least 13 units from the following:

ATH 100, Introduction to Athletic Training	3
BIOL 101, General Biology	4
BIOL 201, General Human Anatomy	4
BIOL 202, General Human Physiology	4
CHEM 101 Introductory Chemistry <b>or</b> CHEM 110, General Chemistry	5
KIN 190, Introduction to Kinesiology	3
PHYS 101, Introductory Physics	4

#### Program Electives:

May select 7 units from below with no more than 3 units of KIN and DA or units from

Required Courses to reach 20 units:

CHEM 102 Introductory Chemistry <b>or</b> CHEM 120, General Chemistry	4-5
DA 102, Beg. Ballet	1-4
DA 103, Beg. Mod. Dance	1-4
DA 104, Beg. Jazz Dance	1-4
DA 105, Beg. Tap Dance	1-4
DA 106, Ballroom Dance	1-4
DA 111, Choreography	1-4
DA 122, Intern. Ballet	1-4
DA 123, Intern. Mod. Dance	1-4
HE 101, Health Education	3
KIN 101, Adaptive Physical Ed.	1-4
KIN 102, Water Aerobics	1-4
KIN 103, Aerobic Conditioning	1-4
KIN 106, Hatha Yoga	0.5-1
KIN 107, Int/Adv. Hatha Yoga	1-4
KIN 110, Adv. Baseball Techniques	1-4
KIN 111, Adv. Tennis Techniques	1-4
KIN 113, Adv. Soccer Techniques	1-4
KIN 115, Adv. Basketball Techniques	1-4
KIN 120, Adv. Football Techniques	1-4
KIN 128, Beginning Golf	1-4
KIN 129, Advanced Golf	1-4
KIN 135, Physical Conditioning	1-4
KIN 139, Team Sports Fundamentals	1-4
KIN 140, Pre-Season Sport Cond.	1-4
KIN 145, Women's Fast-Pitch Softball Tech.	1-4
KIN 150, Swimming	1-4
KIN 151, Intermediate Swimming	1-4
KIN 152, Fitness Swimming	1-4
KIN 155, Beginning Volleyball	1-4
KIN 156, Intermediate Volleyball	1-4
KIN 157, Advanced Volleyball	1-4
KIN 160, Beginning Tennis	1-4
KIN 161, Intermediate Tennis	1-4
KIN 162, Advanced Tennis	1-4
KIN 165, Adv. Track Techniques	1-4
KIN 170, Beginning Weight Lifting	1-4
KIN 173, Intermediate Weight Lifting	1-4
KIN 175, Adv. Weight Training for Athletes	2-8
KIN 180, Adv. Volleyball Techniques	1-4
KIN 200-265, Intercollegiate Sports	1-4
PHYS 102, Introductory Physics	4

**Units Required for Major 20**

#### other requirements for degree

General Education	21-27
Proficiency (See Proficiency Requirements) *	
Electives	<u>15-21</u>

#### Minimum Units Required 60

\*Fulfilling proficiencies will not require any extra units if the competencies are demonstrated by including the required courses in the general education, or major requirements, or by satisfying the reading proficiency through AVC's policy.

#### General Education Requirements

At least 3 units from each of the following areas below: A, B, C, D1, D2, E, and F.

#### Minimum Total GE Units Required 21

#### Area A Natural Sciences (min. 3 units)

ANTH 101, 101L
ASTR 101, 101L
BIOL 100, 101, 102, 103, 104, 110, 120, 201, 202, 204, 205
CHEM 101, 102, 110
ELTE 101
ERSC 101
GEOG 101, 101L, 102, 102L
GEO 101, 101L, 102, 102L
PHYS 101, 102, 110, 120, 211
PSCI 101

#### Area B Social & Behavioral Sciences

(min. 3 units)
AJ 201, 204, 206
ANTH 102, 103, 112, 140
BUS 101
CFE 102
COMM 217
ECON 100, 101, 102, 110
GEOG 105, 106, 110
HIST 101, 102, 104, 105, 107, 108, 110, 111, 113, 114, 116, 118, 119
POLS 101, 103, 200, 201, 202, 203
PSY 101, 201, 212, 230, 232, 233, 234, 235, 236
SOC 101, 105, 110, 111, 112, 115, 116, 120

#### Area C Humanities (min. 3 units)

ART 100, 101, 102, 103, 104, 110, 113, 132, 135, 136, 137, 140, 145, 150, 210, 213
CHIN 101, 102, 201, 202
COMM 103, 112, 114, 214
DA 101
DFST 101, 102, 105, 201, 202
ENGL 102, 111, 112, 113, 221, 222, 225, 227, 230, 231, 235, 236, 240, 242, 246, 250, 253, 256, 257, 259, 265, 279
FREN 101, 102, 201, 202, 203
FTV 101, 103, 107, 108, 201, 203, 251, 261
GER 101, 102, 201, 202
HIST 115
ID 150, 201
LATN 101, 102, 201
MUS 101, 105, 111, 131, 132, 151, 153, 185, 231, 232, 251A, 251B, 253A, 253B
MUSC 102, 103, 107
PHIL 105, 106, 108, 109
PHOT 107
PHTC 101, 150, 201
SPAN 101, 110SS, 102, 201, 202, 210SS, 220SS
THA 101, 102, 103, 110, 115A, 115B, 116A, 116B, 117A, 117B, 118A, 118B, 130, 225, 239

#### Area D Language & Rationality

(min. 3 units from (1) and 3 units from (2))

1. *Academic Composition:* Courses fulfilling the written composition requirement shall be designed to include both expository and argumentative writing.

ENGL 101, 101SL

2. *Communication and Analytical*

#### Thinking

BUS 113
CA 103
CIS 101, 111, 141, 157
COMM 101, 103, 107, 109, 112, 114, 115, 217, 219
ENGL 102, 103
GEOG 201, 205
MATH 102, 115, 116, 120, 124, 128, 135, 140, 148, 150, 160, 220, 230, 250
PHIL 101, 106, 110, 201

#### Area E - Additional Breadth

(min. 3 units)

From areas A\*\*, B\*\*, C\*\*, D2 \*\*or CFE 102

COMM 103, 107, 219
HD 100, 101, 102, 103, 105
HE 101, 120, 201
ID 100, 120
LIB 105, 107
NF 100, 102, 103, 110, 150
PSY 212
SOC 111, 116
Any DA activity course(s) from DA 102-205, except DA 107A-C, 108, 109 and 111
Any KIN activity course(s) from KIN 101-180, or up to 4 units for military experience.

\*\* Course must be taken from a discipline not previously selected.

#### Area F Diversity Studies (min. 3 units)

ANTH 112
BUS 212
CFE 116
COMM 114, 217, 219
ECON 110
ENGL 250, 253, 256, 257, 259
FTV 201, 203
HE 201
HIST 110, 111, 113
MGT 212
MUSC 107
POLS 202
SOC 105, 110, 116
THA 239

#### Proficiency Requirements

Proficiency requirements exist for the areas of Reading, Writing and Math. Students must demonstrate competency in each of these areas in order to be eligible for the associate degree.

#### A. READING

Eligibility for College Level Reading (AVC assessment) or completion of READ 099 with a minimum grade of "P" (Pass), or completion of an Associate Degree or higher from a regionally accredited institution of higher education.

## B. WRITING

Completion of ENGL 101 or ENGL 101SL with a minimum grade of "C." NOTE: ENGL 101 may be taken with the Pass/No Pass option; however, students are cautioned that other colleges and universities may not accept ENGL 101 courses taken on a Pass/No Pass basis, especially for satisfaction of general education and major requirements. Students planning to transfer should check college catalogs for applicable policies.

## C. MATHEMATICS

Completion of MATH 102 or higher or CIS 121 with a satisfactory grade or placement by AVC assessment into a math course higher than MATH 102.

## Electives

The remaining number of units (up to a minimum of 60) are considered electives. Any course that has already been counted toward (1) the general education requirements, or (2) the major, cannot be used as an elective. Any course with a designation of "AVC" at the end of a course description can be used as an elective.

## Grade Point Average Requirement

An overall grade point average of 2.0 ("C" average) is required.

**Double Counting:** While a course might satisfy more than one general education requirement, it may not be counted more than once for these purposes. A course may be used to satisfy both a general education requirement and a major or area of emphasis requirement.

## Residence Requirement

Of the required 60 units, "at least 12 semester units must be completed in residence at the college granting the degree." Title 5, Section 54000 et seq. Title 5 of the California Code of Regulations is available at <http://ccr.oal.ca.gov> and in the Antelope Valley College Library.

## Requirements for Two or More Associate Degrees

To be eligible for multiple associate degrees, a student must have completed all of the graduation requirements for each degree.

## Transfer

Students planning to continue studies at a four-year college or university after AVC should visit the Transfer Resource Center and consult with a counselor as soon as possible to develop a plan of studies. Additional information on official transfer articulation agreements from AVC to many CSU/UC campuses can be found at the following Web site: [www.assist.org](http://www.assist.org)

Transferability of courses to the CSU or UC systems is indicated at the end of a course description by the notation "(UC, CSU)." For the transferability of courses to all other universities, please consult with a counselor or the Transfer Resource Center.

The "Catalog Rights Policy" sets forth the criteria used for determining the degree requirements under which students may graduate. Please refer to the AVC Catalog for a detailed description or consult with a counselor.

For an educational plan, please consult with a counselor. To obtain counseling services please call: (661) 722-6300 ext. 6338.

## Prerequisite Completion

If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade in order to enroll in the next course. According to Title 5, Section 55200(d), a satisfactory grade is a grade of "A," "B," "C" or "P". Classes in which the Pass/No Pass option is available are indicated with an asterisk (\*) before the course title in the catalog and class schedule. See "Pass/No Pass Option" in the catalog for full explanation.

Antelope Valley College's website: [www.avc.edu](http://www.avc.edu)

To contact the Health & Safety Sciences Division, please call: 661-722-6300 ext. 6440

## ATH 100 \*INTRODUCTION TO ATHLETIC TRAINING

**Advisory:** Eligibility for ENGL 099, READ 099 and MATH 070.  
(CSU, AVC)

## BIOL 101 GENERAL BIOLOGY

**Corequisite:** Concurrent enrollment in BIOL 101L  
**Advisory:** Eligibility for College Level Reading and ENGL 101/ENGL 101SL.  
(CSU, UC, AVC)

## BIOL 101L GENERAL BIOLOGY LAB

**Corequisite:** Concurrent enrollment in BIOL 101  
**Advisory:** Eligibility for College Level Reading and ENGL 101/ENGL 101SL.  
(CSU, UC, AVC)

## BIOL 201 GENERAL HUMAN ANATOMY

**Prerequisite:** Completion of BIOL 100 or 101 or 102 or 110 or 120.  
**Advisory:** Eligibility for College Level Reading and MATH 070.  
(CSU, UC, AVC)

## BIOL 202 GENERAL HUMAN PHYSIOLOGY

**Prerequisite:** Completion of BIOL 201 and CHEM 101.  
**Advisory:** Eligibility for College Level Reading, ENGL 101/ENGL 101SL and MATH 070.  
(CSU, UC, AVC)

## CHEM 101 INTRODUCTORY CHEMISTRY

**Prerequisite:** Completion of MATH 102 or higher.  
**Advisory:** Eligibility for College Level Reading and ENGL 099.  
(CSU, UC, AVC)

## CHEM 102 \*INTRODUCTORY CHEMISTRY (ORGANIC & BIOCHEMISTRY)

**Prerequisite:** Completion of CHEM 101.  
(CSU, UC, AVC)

## CHEM 110 GENERAL CHEMISTRY

**Prerequisite:** Completion of MATH 102.  
**Advisory:** Completion of CHEM 101, and Eligibility for College Level Reading and ENGL 099  
(CSU, UC, AVC)

## CHEM 120 GENERAL CHEMISTRY

**Prerequisite:** Completion of CHEM 110 and MATH 140.  
**Advisory:** Eligibility for College Level Reading and ENGL 101/ENGL 101SL.  
(CSU, UC, AVC)

## DA 102 \*BEGINNING BALLET

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 103 \*BEGINNING MODERN DANCE

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 104 \*BEGINNING JAZZ DANCE

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 105 \*BEGINNING TAP DANCE

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 106 \*BALLROOM DANCE

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 111 \*CHOREOGRAPHY

**Prerequisite:** Completion of DA 102, DA 103, DA 104, DA 105, DA 106, DA 107A, DA 107B, DA 107C, DA 108, DA 113, DA 115, DA 116, or other equivalent.  
**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 122 \*INTERMEDIATE BALLET

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## DA 123 \*INTERMEDIATE MODERN DANCE

**Advisory:** Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

## HE 101 \*HEALTH EDUCATION

**Advisory:** Eligibility for ENGL 099 and READ 099  
(CSU, UC, AVC)

## KIN 101 \*ADAPTIVE PHYSICAL EDUCATION

(CSU, UC, AVC)

## KIN 102 \*WATER AEROBICS

(CSU, UC, AVC)

## KIN 103 \*AEROBIC CONDITIONING

(CSU, UC, AVC)

## KIN 106 \*HATHA YOGA

(CSU, AVC)

## KIN 107 \*INTERMEDIATE/ADVANCED HATHA YOGA

(CSU, AVC)

## KIN 110 \*ADVANCED BASEBALL TECHNIQUES

(CSU, UC, AVC)

## KIN 111 \*ADVANCED TENNIS TECHNIQUES

(CSU, UC, AVC)

## KIN 113 \*ADVANCED SOCCER TECHNIQUES

(CSU, UC, AVC)

## KIN 115 \*ADVANCED BASKETBALL TECHNIQUES

(CSU, UC, AVC)

## KIN 120 \*ADVANCED FOOTBALL TECHNIQUES

(CSU, UC, AVC)

## KIN 128 \*BEGINNING GOLF

(CSU, UC, AVC)

## KIN 129 \*ADVANCED GOLF

(CSU, UC, AVC)

## KIN 135 \*PHYSICAL CONDITIONING

(CSU, UC, AVC)

## KIN 139 \*TEAM SPORT FUNDAMENTALS

(CSU, AVC)

## KIN 140 \*PRE-SEASON SPORT CONDITIONING

Limitation on Enrollment: Must be a potential member of an intercollegiate athletic team.  
(CSU, UC, AVC)

## KIN 145 \*ADVANCED WOMEN'S FAST-PITCH SOFTBALL TECHNIQUES

(CSU, UC, AVC)

## KIN 150 \*BEGINNING SWIMMING

(CSU, UC, AVC)

KIN 151 \*INTERMEDIATE SWIMMING  
Limitation on Enrollment: Complete a 100-yard swim test or have completed KIN 150.  
(CSU, UC, AVC)

KIN 152 \*FITNESS SWIMMING  
Limitation on Enrollment: Student should be able to successfully complete a 100-yard continuous swim.  
(CSU, UC, AVC)

KIN 155 \*BEGINNING VOLLEYBALL  
(CSU, UC, AVC)

KIN 156 \*INTERMEDIATE VOLLEYBALL  
*Advisory:* Eligibility for KIN 155 and/or at least one year of high school volleyball experience.  
(CSU, UC, AVC)

KIN 157 \*ADVANCED VOLLEYBALL  
(CSU, UC, AVC)

KIN 160 \*BEGINNING TENNIS  
(CSU, UC, AVC)

KIN 161 \*INTERMEDIATE TENNIS  
(CSU, UC, AVC)

KIN 162 \*ADVANCED TENNIS  
(CSU, UC, AVC)

KIN 165 \*ADVANCED TRACK TECHNIQUES  
(CSU, UC, AVC)

KIN 170 \*BEGINNING WEIGHT LIFTING  
(CSU, UC, AVC)

KIN 173 \*INTERMEDIATE WEIGHT LIFTING  
(CSU, UC, AVC)

KIN 180 \*ADVANCED VOLLEYBALL TECHNIQUES  
*Advisory:* Completion of KIN 156 and/ or experience of playing competitive volleyball, i.e. high school varsity team, club team volleyball, and/or college team volleyball.  
(CSU, UC, AVC)

KIN 190 \*INTRODUCTION TO HUMAN MOVEMENT  
*Advisory:* Eligibility for ENGL 099 and READ 099.  
(CSU, UC, AVC)

KIN 200 INTERCOLLEGIATE BASEBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 205 INTERCOLLEGIATE MEN'S BASKETBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 210 INTERCOLLEGIATE WOMEN'S BASKETBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 215 INTERCOLLEGIATE CROSS COUNTRY  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 220 INTERCOLLEGIATE FOOTBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 225 INTERCOLLEGIATE WOMEN'S TENNIS  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 230 INTERCOLLEGIATE WOMEN'S SOCCER  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 235 INTERCOLLEGIATE WOMEN'S GOLF  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 237 INTERCOLLEGIATE MEN'S GOLF  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 240 INTERCOLLEGIATE WOMEN'S SOFTBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 245 INTERCOLLEGIATE MEN'S SOCCER  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 255 INTERCOLLEGIATE TRACK  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 265 INTERCOLLEGIATE WOMEN'S VOLLEYBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

KIN 270 INTERCOLLEGIATE MEN'S VOLLEYBALL  
Limitation on Enrollment: Physical examination and tryout required.  
(CSU, UC, AVC)

PHYS 101 INTRODUCTORY PHYSICS  
*Advisory:* Completion of MATH 135 or MATH 140, and Eligibility for College Level Reading and ENGL 101/ENGL 101.  
(CSU, UC, AVC)

PHYS 102 INTRODUCTORY PHYSICS  
**Prerequisite:** Completion of PHYS 101.  
(CSU, UC, AVC)

*Advisory:*  
A condition of enrollment that a student is advised, but not required, to meet before or in conjunction with enrollment in a course or educational program.

**Prerequisite:**  
A condition of enrollment that a student is required to meet in order to demonstrate current readiness for enrollment in a course or educational program. Prerequisites are enforced and a student will be blocked from enrolling or involuntarily dropped after enrolling if the student does not meet the stated prerequisite. A student must complete a course prerequisite with a satisfactory grade of A, B, C or P (pass).

**Corequisite:**  
A condition of enrollment consisting of a course that a student is required to simultaneously take in order to enroll in another course. Corequisites are enforced and a student will be blocked from enrolling if the student does not meet the stated requisite.