

Hotlines & Referrals

Community-Older Services

AV Adult Day Care	661-949-6278
AV Committee on Aging	661-942-6244
AV Senior Center – Lancaster	661-726-4400
Elder Abuse Hotline	877-477-3646
Heritage Clinic (Mental Health Services)	661-575-9365
Palmdale Senior	661-269-5904
Senior Citizen Legal Services	800-222-1753
Supplemental Security Income	800-784-2433

Crisis Lines/Hotlines

LA County Info Line	211
Child Abuse Hotline (24 hr)	800-540-4000
Covenant House	800-999-9999
Domestic Violence Hotline (24 hr)	800-978-3600
Elder Abuse Hotline	800-978-3600
Friendship Warm Hotline	877-477-3646
Girls and Boys Town National Hotline	800-448-3000
Phone a Friend (Teen/Child)	661-949-8662
Rape, Abuse, & Incest National Network	800-656-4673
Suicide Prevention Hotline (24 hr)	800-273-8255
Veterans Administration Hotline	800-273-8255

Food, Shelter, Clothing

60-Day Emergency Shelter (24 hr)	661-945-6736
Domestic Violence Shelter	661-945-6736
Grace Resource Center	661-940-5272
Homeless Solutions Center	661-942-2758
LA Family Housing Corp. (Transitional)	818-982-4196
LA Youth Network	323-957-7364
Lancaster Community Shelter	661-945-7524
Salvation Army	661-948-3418
San Fernando Valley Rescue	818-785-4020
SAVES	661-267-5191
Shelter Hotlines (LA County)	909-623-4364
	818-505-0900
	323-653-4045
St. Vincent De Paul	661-942-3222
Suh-Kuhr Paragon Shelter	661-466-6182
Underage Teen Shelter	323-469-2946
Winter Shelter Hotline	800-548-6047
Valley Oasis	661-945-5509

Mental Health Services

Anxiety Support Group	818-999-7719
AV Mental Health Clinic	661-723-4260
Psychiatric Mobile Response Team (daytime)	661-223-3838
Psychiatric Mobile Response Team (off hours)	800-854-7771
Clutterers' Anonymous	805-583-5011
Depression and Bipolar Support Alliance (DBSA)	323-254-6492
Emotions Anonymous	818-377-4341
Field Capable Clinical Services	661-575-1800
Henry Mayo Hospital Manic Depression Support Group	661-253-8989
Heritage Clinic (older adults)	661-575-9365
LA County Department of Mental Health (DMH) (Wellness Center)	661-974-8400
LA County DMH – Community Reintegration Program	626-403-4370
LA County DMH – Family Advocate	213-738-2868
Mental Health America (daytime)	661-726-2850
(after hours)	661-733-8885
National Alliance on Mental Illness (NAMI) – Antelope Valley	661-341-8041
OCA / OCD Support Group	818-386-9570
Palmdale Mental Health (daytime)	661-575-1800
State Department of Mental Health	916-654-2209
Tarzana Treatment Center	661-726-2630

Mental Health Services (Children/Teens)

Alafia Mental Health – Children's Bureau	661-940-9094
Lancaster	661-949-0131
Palmdale	661-272-9996
Children's Center of AV	661-949-1206
Penny Lane	661-266-4783
Tarzana Treatment Center	661-726-2630
Valley Child Guidance Center	661-265-8627

Domestic Abuse or Sexual Assault

Adult Protective Services	800-451-5155
Domestic Violence Center of Santa Clarita	661-259-8175
Domestic Violence Hotline	800-978-3600
Kayla's Place	661-949-3269
LA County Victim – Witness Services	661-974-7717
National Domestic Violence Hotline	800-799-SAFE
Paving the Way Foundation, Inc.	661-339-2733
RAIIN	800-656-HOPE
Safe Way Out	800-978-3600
Two Lifestyles (survivors' support group)	661-361-1590
Valley Oasis Domestic Violence Shelter	661-945-5509
Valley Oasis SARS	661-949-6143
VINE (Victim Information and Notification Everyday)	800-721-8021

Treatment Referrals

American Medical Association	800-621-8335
American Psychiatric Association	888-357-7924
American Psychological Association	800-374-2721
Association for Behavioral & Cognitive Therapies	212-677-1116
Substance Abuse and Mental Health Services Administration	800-729-6686

Other Community Services

AV Kidz Connection – Specialized Foster Care Program	661-223-3800
Department of Children and Family Services (DCFS)	
Lancaster	661-951-4107
Palmdale	661-223-4200
Grandparents as Parents	661-478-1881

Veterans Assistance

Real Warriors Campaign	866-966-1020
Mental Health of America (MHA)	661-579-8301
Military Resource Center	

Substance Abuse

ASAP Drug Hotline	800-367-2727
AV Council on Alcoholism & Direct Dependency	661-948-5046
California Smokers Helpline	800-844-2439
Drug Abuse Hotline	800-444-9999
Families Anonymous	800-736-9805
I-ADARP Drug & Alcohol Support	818-994-7454
Narconon	800-468-6933
Narcotics Anonymous	661-299-5599
Narcotics Anonymous World Service Office	818-773-9999
National Council on Alcoholism and Drug Dependence	818-997-0414
Right on Programs, Inc.	818-240-1683
Self Help and Recovery Exchange (SHARE)	877-742-7349
Tarzana Treatment Center	661-726-2630
Teen Abuse Hotline	800-462-9164
Valley Women's Center	818-757-2188

Medical Resources

Antelope Valley Community Clinic	661-942-2391
Antelope Valley Hospital	661-949-5000
High Desert Health System	661-948-8581

Medication – Financial Help

Community Assistance Program	251-605-0918
Partnership for Prescription Assistance	888-477-2669
The Assistance Fund	877-245-4412

Therapy Referrals

Adriana Gutierrez M.A. MFTI	661-874-8940
Ana Chiesa-Kontarovshy	661-948-2322
Associated Christian Therapy Srv	661-940-4861
Jennifer Romans Ph.D, LMFT	661-361-2543
Jo Pierson M.A. MFT	661-609-5772
Kathy Romans LMFT, EMDR	661-361-2542
Marsha Houston MSW, LCSW	661-940-5533
Martha Joma M.A. MFTI	661-965-5596
Obdulia Herrera MFT (Spanish available)	661-816-8387
Patrisha Hodgman MFT	661-400-7295