



# YOUTH MENTAL HEALTH FIRST AID TRAINING

IDENTIFY. UNDERSTAND.  
RESPOND.

**Get Certified and Earn 4.0 CEU\* Credits!**

\*BRN, CAADE, CADTP, CAMFT, CCAPP, NCC, NCHEC

Learn skills and gain confidence to assist young people experiencing mental health problems and substance-use issues. Topics covered include: anxiety, depression, substance-use disorders in which psychosis may occur, disruptive behavior disorders (including ADHD), and eating disorders.



**FREE**  
**Virtual Training!**  
*Pacific Time*

- **8/8/2023,**  
10:00 AM – 3:00 PM  
(30-min lunch)
- **8/17/2023,**  
10:00 AM – 3:00 PM  
(30-min lunch)
- **8/22 - 8/23/2023,**  
10:00 AM – 12:30 PM

Open to Community  
Members in the  
Antelope Valley & San  
Fernando Valley  
(18 yrs.+)

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**Register Now**

<https://tinyurl.com/TTCMHFA>

**Scan Me!**



**TARZANA TREATMENT  
CENTERS**

18700 Oxnard St.  
Tarzana, CA 91356

**Questions or  
Help Registering**

Please Contact Us At:  
[TTCMHFA@tarzanatc.org](mailto:TTCMHFA@tarzanatc.org)