

LEARNING STYLES INVENTORY

Stein & Nikhazy, Los Medanos College

Note: This form is not fillable. You must download and copy it in order to complete it.

Choose one response. Write the point value on the appropriate line after each statement.

	Often (5)	Sometimes (3)	Seldom (1)
1. I learn new information best by reading about it.	_____	_____	_____
2. When learning new material, I learn better by looking at diagrams, illustrations, pictures, charts, etc.	_____	_____	_____
3. While listening to a lecture, I like to take notes.	_____	_____	_____
4. Talking about a subject to someone else helps me clarify my own ideas.	_____	_____	_____
5. I am good with my hands and consider myself to be mechanically inclined.	_____	_____	_____
6. When I have the time, I prefer reading the newspaper rather than listening to the news on the radio or watching it on TV.	_____	_____	_____
7. When learning new material, I learn better if I listen to a verbal explanation or lecture.	_____	_____	_____
8. When I listen to a lecture, I try to form visual images in my head to aid my understanding.	_____	_____	_____
9. I prefer written directions to oral directions.	_____	_____	_____
10. I "think" or brainstorm ideas by writing them down.	_____	_____	_____
11. I learn better by listening to a good lecture, than by reading a textbook.	_____	_____	_____
12. I prefer to use a map when locating a new place or street.	_____	_____	_____
13. I read aloud to myself in order to increase my comprehension.	_____	_____	_____
14. I read my notes many times before a test for visual review.	_____	_____	_____
15. I am a good typist.	_____	_____	_____
16. Before making something, I usually picture the completed object in my mind.	_____	_____	_____
17. I like to use flashcards when studying to remember definitions and new terminology.	_____	_____	_____
18. I find graphs and diagrams confusing without a verbal explanation.	_____	_____	_____

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|--|-------|-------|-------|
| 19. I remember landmarks or scenery when driving. | _____ | _____ | _____ |
| 20. I like to doodle during meetings or lectures. | _____ | _____ | _____ |
| 21. When I look at a word, I can usually tell if it is spelled correctly. | _____ | _____ | _____ |
| 22. I remember best by listening to tapes or lectures. | _____ | _____ | _____ |
| 23. I find it easy to manipulate images in my mind and change their size, shape, position, form and direction. | _____ | _____ | _____ |
| 24. I think of myself as coordinated and am pretty good at sports. | _____ | _____ | _____ |
| 25. I remember the lyrics to a song after hearing the song only once or twice. | _____ | _____ | _____ |
| 26. When reading a novel, I picture the story in my mind. | _____ | _____ | _____ |
| 27. New ideas come into my mind in visual images or pictures (initially). | _____ | _____ | _____ |
| 28. When unsure of how to spell a word, I will write it different ways to see what looks right. | _____ | _____ | _____ |
| 29. When learning new material, I learn better if I can have "hands-on" experience with it, i.e., physically manipulating models or doing lab experiments. | _____ | _____ | _____ |
| 30. I can remember most of what I have heard in a lecture even though I have not taken notes. | _____ | _____ | _____ |
| 31. I remember at least 70% of the information I learn from a television documentary. | _____ | _____ | _____ |
| 32. I find it easier to remember a graph, drawing, or illustration if it is done with bright colors. | _____ | _____ | _____ |

See next page for scoring procedure.

Scoring Procedures

Often = 5 points
Sometimes = 3 points
Seldom = 1 point

Place the point value on the line next to its corresponding item number below. Next, add the points to obtain the preference scores under each heading.

VISUAL/VERBAL		VISUAL/NON-VERBAL		AUDITORY		TACTILE/ KINESTHETIC	
No.	Points	No.	Points	No.	Points	No.	Points
1.	_____	2.	_____	4.	_____	3.	_____
6.	_____	8.	_____	7.	_____	5.	_____
9.	_____	12.	_____	11.	_____	10.	_____
14.	_____	16.	_____	13.	_____	15.	_____
17.	_____	19.	_____	18.	_____	20.	_____
21.	_____	23.	_____	22.	_____	24.	_____
26.	_____	27.	_____	25.	_____	28.	_____
31.	_____	32.	_____	30.	_____	29.	_____
Total	_____	Total	_____	Total	_____	Total	_____

1. In the spaces below, rank order your preferred learning style modes from your highest score (No. 1) to your lowest (No. 4).

1. _____
2. _____
3. _____
4. _____

2. Go back and place a star next to each learning style mode that is at least five (5) points higher than the one below it in your ranking. These indicate your preferred learning style modes.

3. To view a description of your learning style(s), click on *Description of Learning Styles* which accompanies this inventory.