## Metacognitive Rubric Performance Ability to Demonstrate Understanding of Information and Processes

1	2	3	4	5
Does not try to predict	Is unsuccessful in	Attempts to predict and	Is usually able to accurately	Is able to accurately predict and
what will be on the	predicting possible	practice potential exam	predict and practice	practice potential exam questions
exam.	exam questions.	questions before the test.	potential exam questions	well before the test and practice
			before the test and practice	retrieval.
			retrieval.	
Does not attempt to	Applies	Sometimes knows when	Usually knows when to	Always knows when to apply
apply appropriate	inappropriate	to apply appropriate	apply appropriate processes	appropriate processes or
processes or	processes or	processes or information	or information (example:	information (example: knows
information.	information.	(example: knows when	knows when to use the	when to use the appropriate
		to use the appropriate	appropriate formula or	formula or methodology).
		formula or	methodology).	
		methodology).		
Does not attempt to	Is unable to transfer	Is sometimes able to	Is able to transfer and	Easily transfers and integrates
transfer and integrate	and integrate	transfer and integrate	integrate knowledge from	knowledge from one source to
knowledge from one	knowledge from one	knowledge from one	one source to another.	another.
source to another.	source to another.	source to another.		
Can not control stress	Has no techniques to	Attempts to use	Uses successful and	Regularly uses successful and
during assessments.	control stress during	techniques to control	appropriate techniques to	appropriate techniques to control
	assessments.	stress during	control stress during	stress during assessments.
		assessments, but they	assessments.	
		are not always		
		successful and		
		appropriate.		

## Metacognitive Rubric Performance

## Ability to Demonstrate Understanding of Information and Processes

Has no or has	Has few test taking	Uses test taking	Effectively uses test taking	Effectively and regularly uses
ineffective test taking	techniques or uses	techniques and tries to	techniques and adjusts	test taking techniques and
techniques	them ineffectively	adjust techniques to the	techniques to the	effectively adjusts techniques to
		assessment situation.	assessment situation.	the assessment situation.
Cannot recall	Has few or no	Sometimes uses	Effectively uses strategies	Effectively uses a variety of
information	strategies for recall of	strategies to recall	to recall information	strategies to recall information
	information	information		
Makes no attempt to	Rarely analyses	Sometimes analyses	Usually analyses	Always analyses performance on
analyze or adjust	performance on	performance on	performance on academic	academic tasks and successfully
performance.	academic tasks;	academic tasks and	tasks and modifies study or	modifies study or test taking
	Rarely modifies study	sometimes modifies	test taking strategies	strategies
	or test taking	study or test taking		
	strategies	strategies		

Source: Dorothy Williams, AVC