

LEARNING STYLES INVENTORY

Stein & Nikhazy, Los Medanos College

Note: This form is not fillable. You must download and copy it in order to complete it.

Choose one response. Write the point value on the appropriate line after each statement.

| | Often (5) | Sometimes (3) | Seldom (1) |
|--|--------------|------------------|---------------|
| 1. I learn new information best by reading about it. | _____ | _____ | _____ |
| 2. When learning new material, I learn better by looking at diagrams, illustrations, pictures, charts, etc. | _____ | _____ | _____ |
| 3. While listening to a lecture, I like to take notes. | _____ | _____ | _____ |
| 4. Talking about a subject to someone else helps me clarify my own ideas. | _____ | _____ | _____ |
| 5. I am good with my hands and consider myself to be mechanically inclined. | _____ | _____ | _____ |
| 6. When I have the time, I prefer reading the newspaper rather than listening to the news on the radio or watching it on TV. | _____ | _____ | _____ |
| 7. When learning new material, I learn better if I listen to a verbal explanation or lecture. | _____ | _____ | _____ |
| 8. When I listen to a lecture, I try to form visual images in my head to aid my understanding. | _____ | _____ | _____ |
| 9. I prefer written directions to oral directions. | _____ | _____ | _____ |
| 10. I "think" or brainstorm ideas by writing them down. | _____ | _____ | _____ |
| 11. I learn better by listening to a good lecture, than by reading a textbook. | _____ | _____ | _____ |
| 12. I prefer to use a map when locating a new place or street. | _____ | _____ | _____ |
| 13. I read aloud to myself in order to increase my comprehension. | _____ | _____ | _____ |
| 14. I read my notes many times before a test for visual review. | _____ | _____ | _____ |
| 15. I am a good typist. | _____ | _____ | _____ |
| 16. Before making something, I usually picture the completed object in my mind. | _____ | _____ | _____ |
| 17. I like to use flashcards when studying to remember definitions and new terminology. | _____ | _____ | _____ |
| 18. I find graphs and diagrams confusing without a verbal explanation. | _____ | _____ | _____ |

- | | | | |
|--|-------|-------|-------|
| 19. I remember landmarks or scenery when driving. | _____ | _____ | _____ |
| 20. I like to doodle during meetings or lectures. | _____ | _____ | _____ |
| 21. When I look at a word, I can usually tell if it is spelled correctly. | _____ | _____ | _____ |
| 22. I remember best by listening to tapes or lectures. | _____ | _____ | _____ |
| 23. I find it easy to manipulate images in my mind and change their size, shape, position, form and direction. | _____ | _____ | _____ |
| 24. I think of myself as coordinated and am pretty good at sports. | _____ | _____ | _____ |
| 25. I remember the lyrics to a song after hearing the song only once or twice. | _____ | _____ | _____ |
| 26. When reading a novel, I picture the story in my mind. | _____ | _____ | _____ |
| 27. New ideas come into my mind in visual images or pictures (initially). | _____ | _____ | _____ |
| 28. When unsure of how to spell a word, I will write it different ways to see what looks right. | _____ | _____ | _____ |
| 29. When learning new material, I learn better if I can have "hands-on" experience with it, i.e., physically manipulating models or doing lab experiments. | _____ | _____ | _____ |
| 30. I can remember most of what I have heard in a lecture even though I have not taken notes. | _____ | _____ | _____ |
| 31. I remember at least 70% of the information I learn from a television documentary. | _____ | _____ | _____ |
| 32. I find it easier to remember a graph, drawing, or illustration if it is done with bright colors. | _____ | _____ | _____ |

See next page for scoring procedure.

Scoring Procedures

Often = 5 points
 Sometimes = 3 points
 Seldom = 1 point

Place the point value on the line next to its corresponding item number below. Next, add the points to obtain the preference scores under each heading.

| VISUAL/VERBAL | | VISUAL/NON-VERBAL | | AUDITORY | | TACTILE/ KINESTHETIC | |
|---------------|--------|-------------------|--------|----------|--------|-------------------------|--------|
| No. | Points | No. | Points | No. | Points | No. | Points |
| 1. | _____ | 2. | _____ | 4. | _____ | 3. | _____ |
| 6. | _____ | 8. | _____ | 7. | _____ | 5. | _____ |
| 9. | _____ | 12. | _____ | 11. | _____ | 10. | _____ |
| 14. | _____ | 16. | _____ | 13. | _____ | 15. | _____ |
| 17. | _____ | 19. | _____ | 18. | _____ | 20. | _____ |
| 21. | _____ | 23. | _____ | 22. | _____ | 24. | _____ |
| 26. | _____ | 27. | _____ | 25. | _____ | 28. | _____ |
| 31. | _____ | 32. | _____ | 30. | _____ | 29. | _____ |
| Total | _____ | Total | _____ | Total | _____ | Total | _____ |

1. In the spaces below, rank order your preferred learning style modes from your highest score (No. 1) to your lowest (No. 4).

1. _____
2. _____
3. _____
4. _____

2. Go back and place a star next to each learning style mode that is at least five (5) points higher than the one below it in your ranking. These indicate your preferred learning style modes.

3. To view a description of your learning style(s), click on *Description of Learning Styles* which accompanies this inventory.