



# STAR Student Support Services

## Spring 2017 Workshop Schedule

### STAR WORKSHOPS SCHEDULED FOR Spring 2017

#### FEBRUARY

Tuesday, February 28	1 – 2	Writing in MLA Format	Diane Flores-Kagan, <i>Learning Center</i>
Tuesday, February 28	2:15 – 3:15	Intentional Growth	Morenike Adebayo-Ige, <i>Language Arts</i>

#### MARCH

Tuesday, March 7	10 - 11	Effective Memory Strategies	Kristen Jorris, <i>Learning Specialist</i>
Wednesday, March 8	12 – 1	Thriving at AVC	Stephanie Mattila, <i>STAR Counselor</i>
Tuesday, March 14	10 – 11	Reducing Test Anxiety	Kristen Jorris, <i>Learning Specialist</i>
Tuesday, March 14	12 - 1	Career Research	Erin Traynor, <i>Career Center</i>
Wednesday, March 15	3 – 4	AVC Google Services	Michelle Lathrop, <i>Learning Center</i>
Thursday, March 16	1 – 2	Thriving at AVC	Stephanie Mattila, <i>STAR Counselor</i>
Thursday, March 16	5 – 6	Creating a Positive Online Presence	May Sanicolas, <i>AVC Counselor</i>
Thursday, March 23	12 – 1	Writing in APA Format	Diane Flores-Kagan, <i>Learning Center</i>
Tuesday, March 28	3:15 – 4:15	Self-Awareness in Growth	Morenike Adebayo-Ige, <i>Language Arts</i>

#### APRIL

Wednesday, April 12	1 – 2	Career Research	Erin Traynor, <i>Career Center</i>
Thursday, April 13	5 – 6	Mind(fullness) Over Matter	May Sanicolas, <i>AVC Counselor</i>
Monday, April 17	2 – 3	“Tweet This!” – The Internet, Technology and You	Michelle Lathrop, <i>Learning Center</i>
Tuesday, April 18	3:30 - 4:30	Writing a Research Paper	Diane Flores-Kagan, <i>Learning Center</i>
Tuesday, April 25	3:15 – 4:15	Consistency in Growth	Morenike Adebayo-Ige, <i>Language Arts</i>
Thursday, April 27	11 – 12	Thriving at AVC	Stephanie Mattila, <i>STAR Counselor</i>

#### MAY

Thursday, May 11	5 – 6	Mo' Money Doesn't Have to Mean Mo' Problems	May Sanicolas, <i>AVC Counselor</i>
Monday, May 15	11 – 12	Career Research	Erin Traynor, <i>Career Center</i>
Tuesday, May 30	3:15 – 4:15	Character Growth	Morenike Adebayo-Ige, <i>Language Arts</i>

### **\*\*\*REMINDER\*\*\***

You may complete a Cash Course Financial Literacy Online Workshop by visiting [www.cashcourse.org](http://www.cashcourse.org)  
Please see STAR Staff for further instructions.