► MARCH AND APRIL ACTIVITIES CALENDAR .... 3

Student Development and Services
Brings You:

# Marauder

TO PROVIDE QUALITY EDUCATION THAT ENRICHES LIVES AND BUILDS FUTURES.

News



# ANTELOPE VALLEY COLLEGE

Spring INTO Fall



## with early registration!

Students must complete the matriculation steps (orientation, assessment and education plan) by April 25.

Summer and Fall 2014 priority registration will begin May 6.

Continuing students can check their matriculation steps by logging in to your myAVC; click on the Student Success tab and review the matriculation box.

#### **Student Services Office Hours:**

Monday to Thursday

March 2014

7:30 a.m. to 6:00 p.m.

Friday

7:30 a.m. to 11:30 a.m.

#### Care-A-Van Lancaster Hours:

Monday

10:00 a.m. to 6:00 p.m.

Thursday

8:00 a.m. to 4:00 p.m.

#### Care-A-Van Palmdale Hours:

Every 1st Tuesday

10:00 a.m. to 6:00 p.m.

Every 3rd Wednesday

8:00 a.m. to 4:00 p.m.

## Mental Health Counseling Lancaster Hours:

Monday

10:00 a.m. to 6:00 p.m.

Tuesday and Thursday:

8:00 a.m. to 4:00 p.m.

## Mental Health Counseling Palmdale Hours:

Wednesday

8:00 a.m. to 4:00 p.m.

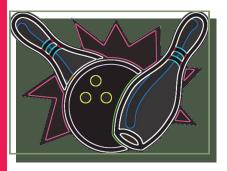
#### **Dental Cleaning Lancaster Hours:**

Every 2nd, 3rd, and 4th Thursday 8:00 a.m. to 4:00 p.m.

## A Message from your ASO President

Hello Students! I hope classes are going well for you and you got the classes that you needed. On March 28, 2014 we will be hosting Cosmic Bowling at Brunswick Sands Bowl. Please stop by the Student Development and College Activities Office (SSV 180) to sign-up. Also, ASO meetings are held on Fridays at 9 a.m. in SSV 180, and I invite all to come and get involved. Have a great month!

-Mr. Christopher Dundee



### Financial Aid:

Financial aid scams are a hot topic these days. You should be aware of the tactics companies use to convince students to buy their services. Here are some of the most common claims students are having.

#### Myth:

"If you use our services, you're guaranteed to get at least \$5,500 in student aid for college, or we'll give you your money back."

#### Truth:

This claim doesn't mean anything. Most students are eligible for at least \$5,500 in unsubsidized student loans anyway—and because a student loan is considered student aid, you won't be able to ask for a refund if that's all you're offered. No one can guarantee to get you a grant or scholarship. Remember, too, that refund guarantees often have conditions or strings attached. Get refund policies in writing.

#### Myth:

"Applying for aid is complicated. We're the only ones who can help you through the process and find all the aid for which you're eligible."

#### Truth:

Unlikely. There are many places to get free help applying for student aid. Check with your school counselor or college financial aid office for help filling out the *Free Application for Federal Student Aid* (FAFSA). Your school or college also can help you find scholarships. And be sure to try the free scholarship search at:

www.studentaid.ed.gov/scholarship

Don't Pay to Fill Out the FAFSA
The FAFSA is a free application.
Fill it out at www.fafsa.gov.
Other sites will charge you.

#### Myth:

"I'd like to offer you a scholarship [or grant]. All I need is your bank account information so that the money can be deposited and a processing fee charged."

Truth:

Watch out! It's extremely rare for a legitimate organization to charge a processing fee for a scholarship. Some criminals imitate legitimate foundations, federal agencies, and corporations. They might even have officialsounding names to fool students. Don't give anyone your bank account or credit card information or your Social Security number (SSN) unless you initiated the contact and trust the company. Such personal identification information could be used to commit identity theft. If you've been contacted by someone claiming to be from the U.S. Department of Education (ED) and asking for your SSN or bank account information, do not provide it, (ED does not make such requests.) Instead, immediately contact the agencies listed below. To find out how to prevent or report a financial aid scam, visit or call:

#### **Federal Trade Commission**

www.ftc.gov/scholarshipscams
1-877-FTC-HELP (1-877-382-4357)
(TTY for the hearing impaired: 1-866-653-4261
US Department of Education
Office of Inspector General Fraud Hotline
www.ed.gov/misused
1-800-MIS-USED (1-800-647-8733)
oig.hotline@ed.gov

For more ideas about where to find free information on student aid, visit Looking for Student Aid Without Getting Scammed at www.studentaid.ed.gov/LSA

## DON'T LET ANYONE STEAL THE FUTURE

#### **REPORT FRAUD TODAY**

Each year individuals steal federal education dollars or misuse them for their own personal usevital funds aimed at providing education opportunities that build the future of America.

Don't let them get away with it! If you suspect waste, fraud or abuse, REPORT IT TODAY!

Call the
Office of Inspector
General Hotline:
1-800-MISUSED
I1-800-647-87331
www.ed.gov/misused.
Email: oig.hotline@ed.gov
Write: U.S. Department of Education,
Office of inspector General,
400 Maryland Avenue S.W.,
Washington, D.C 20202-1500

The Financial Aid Office has created a Facebook page! Get up to date information about grants, scholarships and loans. We will also be posting information about federal regulation changes, how to borrow student loans responsibly, and links to other helpful websites. Come like us on Facebook at https://www.facebook.com/avcfa?ref=hl



Antelope Valley College Financial Aid Office Facebook Page is for information purposes only. Due to federal privacy laws the Financial Aid Office will not be able to answer any personal account information on this page. If you have a question about your Financial Aid please log into your myAVC account at www.avc.edu.

The Financial Aid Office Facebook page will follow the terms and conditions of Facebook, these terms can be found at https://www.facebook.com/policies/. Any rude comments, bullying, or harassment will be reported and deleted.

## **Events Calendar:**

#### March: 5th Walk In Wednesdays: AVC Karaoke Student Lounge 4 p.m.—6 p.m. 6th Be Active, Live Healthy: Zumba Student Lounge 4:30 p.m.—5:30 p.m. 10th **Providence Blood Drive** Next to the Health Science Building 9 a.m.—3 p.m. 12th **Providence Blood Drive** Next to the Health Science Building 9 a.m.—3 p.m. Walk In Wednesdays: Spoken Word Night Student Lounge 4 p.m.—6 p.m. 14th ASL@AVC Silent Game Night Cafeteria 5:30 p.m.—8:30 p.m. 18th **Spring Fest** Location TBA Time TBA 19th Walk In Wednesday: Outdoor Movie Fine Arts Ouad 4 p.m.—6 p.m. 20th **Spring Fest** Location TBA Time TBA Be Active, Live Healthy: Insanity Student Lounge 4:30 p.m. to 5:30 p.m. Walk In Wednesdays: Movie 26th **Marathon Night** Student Lounge 4 p.m.—6 p.m. **Cosmic Bowling with ASO** 28th Brunswick Sands Bowl

Please watch for our emails and flyers.
Events days, times, and locations may change throughout the semester.

(Off of Sierra HWY)

11 p.m.—1 a.m.

### April:

Spring Break
March 31st—April 5th

7th Red Cross Blood Drive
Next to the Health Science Building
9 a.m.—3 p.m.

8th Red Cross Blood Drive
Next to the Health Science Building
9 a.m.—3 p.m.

9th Walk In Wednesdays: AVC Karaoke Student Lounge 4 p.m.—6 p.m.

10th Be Active, Live Healthy: Boot Camp Student Lounge 4:30 p.m.—5:30 p.m.

11th ASL@AVC Silent Game Night Student Lounge 5:30 p.m.—8:30 p.m.

14th Take Back the Night Fine Arts Quad 5 p.m.—6:30 p.m.

15th **Grad Finale** Student Lounge 2 p.m.—7 p.m.

Job Placements Annual Job Fair
Fine Arts Quad
10 a.m.—2 p.m.

Walk In Wednesdays: Spoken Word Night

Library Plaza 4 p.m.—6 p.m.

22nd **Tolerance Week** Student Lounge Time TBA

23rd **Tolerance Week** Student Lounge Time TBA

Walk In Wednesdays: Sex Signals

Cafeteria 4 p.m.—6 p.m.

24th Tolerance Week Student Lounge Time TBA

Be Active, Live Healthy: Piyo (Pilates/

**Yoga)**Student Lounge

4:30 p.m. to 5:30 p.m. **Community Day** 

30th Community Day
Behind the Library
10 a.m.—1 p.m.

Walk In Wednesdays: Movie Night

Student Lounge 4 p.m.—6 p.m.

# WALK IN WEDNESDAYS

Looking for something fun to do on a Wednesday Night?

Student Activities
Council invites you to
join us for Walk In
Wednesdays. Every
Wednesday, from
4 p.m.—6 p.m..

Every Wednesday is a different activity, we are hosting Movie Nights, Karaoke, and Spoken Word Nights. Come join us for free food, refreshments and fun.

Brought to you by: Student Activities Council and ASO

## health 0

In the March Issue of AVC Student Health 101

The 10-Dollar Challenge:
How to eat healthfully on a budget
Failure is a Part of Success:

How to feel empowered and move forward!

and move forward!

Tone Up With Tech:

Innovative tools to help you hit your fitness goals

**Stand Out From The Crowd:** 

5 questions to answer in your cover letter

Creating Your Own Happiness: Realize the joys of being single Optimize Your Idle Time: Tips for making the most of your commute

Don't forget to like us on Facebook!

https://www.facebook.com/ AVCStudentHealth101

Brought to you by: Student Health Services