

Nutrition and Dietetics for Transfer (AA-T) 25-26



ABOUT THIS MAJOR

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T in Nutrition and Dietetics) degree offers students a fundamental knowledge of Nutrition and

Dietetics and its relation to science, technology, and engineering. Students will enhance their problem solving and critical thinking skills by applying mathematical models to real world problems or utilizing mathematical objects and theorems to evaluate the validity of a statement or to prove mathematical statements. For more information, visit the [Health and Safety Sciences](#) division.

TO EARN A DEGREE A STUDENT MUST COMPLETE THE FOLLOWING:

- [1] Completion of a minimum of 60-semester units or 90 quarter units of degree applicable courses
- [2] A minimum of 18-semester units in a major
- [3] Completion of Cal-GETC General Education Requirements
- [4] Minimum overall grade point average of 2.0
- [5] A C or better in all courses required for the major

AST- Nutrition and Dietetics

[Total Units Required in the major 28-29]

Required Courses, complete ALL courses (total 13 units)	
NF100 - Nutrition	3
CHEM120 - General Chemistry	5
BIOL204 - General Microbiology	5

Required CHEM course, choose one (Total 5 units)	
CHEM110 - General Chemistry	5
CHEM110H - General Chemistry-Honors	5

Required PSYC course, choose one (Total 3 units)	
PSYCC1000 - Introduction to Psychology	3
PSYCC1000H - Introduction to Psychology - Honors	3

Required Electives List A: Select (4-5 units) from the following	
CHEM210 - Organic Chemistry	5
BIOL201 - General Human Anatomy	4
BIOL202 - General Human Physiology	4
STATC1000 - Introduction to Statistics	4
STATC1000H - Introduction to Statistics - Honors	4
MATH116 - Introduction to Statistics Using R	4

Required Electives List B, complete course (total 3 units)	
NF103 - Principles of Food Preparation	3

RECOMMENDED PATHWAY

Associate of Science in Nutrition and Dietetics for Transfer

The Recommended Plan of Study is determined by the discipline faculty. Take classes in Summer or Intersession if needed to complete your degree in a timely manner!

Fall/Spring: Max 19 units | Summer: Max 9 units | Intersession: Max 6 units

Major ■

General Education ●

Electives ▲

SEMESTER 1

Course Advisement	Units
■ CHEM 110 OR CHEM 110H	5
■ PSYC1000 or PSYC1000H	3
● CAL-GETC GE AREA 1C: ORAL COMMUNICATION	3
● Cal-GETC GE AREA 1A: ENGLC1000 {FORMALLY ENGL 101}	3
▲ GENERAL ELECTIVE	1
Total Semester Units	15

SEMESTER 2

Course Advisement	Units
■ CHEM 120	5
■ NF 100	3
■ Required Elective List A: STATC1000 OR STATC1000H or MATH 116	4
● Cal-GETC GE AREA 5B : Biol 101/lab (rec.)	4
Total Semester Units	15

SEMESTER 3

Course Advisement	Units
■ Required Elective: NF 103	3
● CAL-GETC GE AREA 1B: Critical Thinking	3
● CAL-GETC GE AREA 3A: Arts	3
▲ GENERAL ELECTIVE	3
▲ GENERAL ELECTIVE	3
Total Semester Units	15

SEMESTER 4

Course Advisement	Units
■ BIOL 204	5
● Cal-GETC GE AREA 3B: Humanities	3
● Cal-GETC GE AREA 6: Ethnic Studies	3
● Cal-GETC GE AREA 4: Social & Behavioral Science	3
▲ GENERAL ELECTIVE	1
Total Semester Units	15
Total Degree units	60

COUNSELING NOTE SECTION

Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Title 5, Section 55200(d)

Application for Graduation:

Antelope Valley College awards degrees three times annually following the Fall, Spring, and summer semesters. Students must apply for graduation to earn their degree or certificate. Applications are due by September 6 for spring/summer graduates and by February 14 for fall graduates.

AVC 25-26 CATALOG: [ACADEMIC POLICIES](#)

INFORMATION and RESOURCES

Tutoring Assistance
Transfer Center
Basic Needs

Career Center
Office of Students with Disabilities
Financial Aid

AVC Student Health Services
Palmdale Center
Counseling Division

TRANSFER BEGINS DAY 1

The State requires ALL STUDENTS to have a Comprehensive Education Plan. You MUST make a counseling appointment as soon as enrollment is established to receive your plan. Stop by the Counseling Center or call 661-722-6300 x 6338 to schedule an appointment.

					2025-2026 Cal-GETC (California General Education Transfer Curriculum)				
					Advising Form Effective Fall 2025 - Summer 2026				
GE AREA	COMPLETED	IN PROGRESS	NEED		The California General Education Transfer Curriculum (Cal-GETC) is the singular general education pathway for California Community College (CCC) students to fulfill lower-division general education requirements necessary for transfer and admission to both the California State University (CSU) and the University of California (UC). It is also accepted by some private / independent or out-of-state universities. Please refer to the back page for additional information.				
					AREA 1: ENGLISH COMMUNICATION				
					3 courses, one in each area (1a, 1b, 1c): 9 semester or 12 quarter units				
1A					Area 1A English Composition: ENGL C1000, C1000H				
1B					Area 1B Critical Thinking and Composition: ENGL C1001, C1001H, 102, 102H; PHIL 201				
1C					Area 1C Oral Communication: COMM C1000, C1000H				
					AREA 2: MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING				
					1 course, 3 semester or 4 quarter units				
2A					MATH 110, 116, 124, 128, 140, 148, 150, 150H, 160, 220, 230, 250; STAT C1000, C1000H				
					AREA 3: ARTS AND HUMANITIES				
					2 courses (one course from 3A, one from the 3B), 6 semester units or 8 quarter units				
3A					ARTS: ART 100, 101, 101H, 102, 103, 104, 106; DA 101, 113; ENGL 235; FTV 101, 107, 108, 201, 203; MUS 101, 101H, 105, 106, 110; MUSC 102, 103, 107, 108, 109; THA 101, 101H, 110, 111, 225				
3B					HUMANITIES: CHIN 102; COMM 114, 217; ENGL 221, 222, 225, 227, 230, 231, 235, 242, 253, 253H, 256, 257, 259, 265, 279; FREN 102, 201, 202, 203; FTV 201, 203, 251; GER 102, 201, 202; HIST 104, 105, 107, 107H, 108, 108H, 110H, 111H, 113, 115, 119; LATN 102, 201; PHIL 105, 105H, 106, 108, 109, 130, 140; PHOT 107; SPAN 110SS, 201, 202, 203, 210SS, 220SS; THA 239, 239H				
					AREA 4: SOCIAL AND BEHAVIORAL SCIENCE				
					2 courses from two academic disciplines, 6 semester units or 8 quarter units				
4					AJ 206; ANTH 102, 103, 110, 112, 112H, 140; BUS 212; CFE 102, 103; ECON 100, 101, 101H, 102, 102H, 110; DFST 105, 106, 110; GEOG 105, 106, 110; HIST 104, 105, 107, 107H, 108, 108H, 110, 110H, 111, 111H, 113, 114, 116, 118, 119; POLS C1000, C1000H, 103, 200, 201, 202, 203; PSY 200, 201, 212, 230, 232, 233, 234, 235, 236; PSYC C1000, C1000H; SOC 101, 101H, 105, 110, 111, 112, 115, 116, 120, 200;				
4									
					AREA 5: PHYSICAL AND BIOLOGICAL SCIENCES				
					2 courses (one Physical Science {A} and one Biological Science {B}); at least one of the two courses must be associated with a Laboratory. 7 semester units or 9 quarter units # meets 5C requirement				
5A					A: PHYSICAL SCIENCES: ASTR 101, 101H; CHEM 101#, 102#, 110#, 120#, 210#, 220#; ERSC 101#; GEOG 101, 102; GEOL 101, 101H, 102; PHYS 101#, 102#, 110#, 120#, 211#; PSCI 101# #Lab included, satisfies 5C as well				
5B					B: BIOLOGICAL SCIENCES: ANTH 101, 101H; BIOL 101*#, 102#, 103#, 104, 104H, 110#, 120#, 201#, 202#, 204#, 205# *# Must register for required lab component (BIOL 101L) separately #Lab included, satisfies 5C as well				
5C					C: LABORATORY: ANTH 101L; ASTR 101L; BIOL 101L; GEOG 101L, 102L; GEOL 101L, 102L				
					AREA 6: ETHNIC STUDIES				
					1 course, 3 semester or 4 quarter units				
6					ENGL 257; ETHN 101, 102, 257EN				

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8/14/25, rev. 10/24/25 (Angie Gonzalez)